

## Men Senior Indoors

The Nordic records are the best national record of any of the 5 Nordic countries:  
[Denmark](#), [Finland](#), [Iceland](#), [Norway](#) or [Sweden](#).

## Men Senior Indoors

(Individual championship or Nordic indoor match events only)

60 m	6.55	Jaysuma Saidy Ndure	NOR	Gent, BEL	24.02.2008
200 m	20.51	Geir Moen	NOR	Liévin, FRA	19.02.1995
400 m	45.59	Jimisola Laursen	SWE	Wien, AUT	03.03.2002
800 m	1:42.67	Wilson Kipketer	DEN	Paris, FRA	09.03.1997
1500 m	3:37.69	Kalle Berglund	SWE	Birmingham, GBR	18.02.2017
3000 m	7:44.76	Mogens Guldberg	DEN	Sevilla, ESP	28.02.1991
5000 m	13:39.71	Mustafa Mohamed	SWE	Stockholm, SWE	14.07.2006
60 m hurdles	7.54	Robert Kronberg	SWE	Lisboa, POR	09.03.2001
High jump	2.41	Patrik Sjöberg	SWE	Piraeus, GRE	01.02.1987
Pole vault	5.83	Jani Lehtonen	FIN	Stockholm, SWE	08.03.1994
Long jump	8.30	Michel Tornéus	SWE	Praha, CZE	06.03.2015
Triple jump	17.83	Christian Olsson	SWE	Budapest, HUN	07.03.2004
Shot put	22.09	Mika Halvari	FIN	Tampere, FIN	07.02.2000
Heptathlon	6.293	Jón Arnar Magnússon	ISL	Maebashi, JPN	06.03.1999
		(6.99-7.69-16.08-2.02-8.09-5.00-2:39.55)			
4x200 m relay	1:24.59	Norway		Växjö, SWE	13.02.2016
		(Karsten Warholm, Jonathan Tetteh Quarcoo, Even Meinseth, Jaysuma Saidy Ndure)			