

The Nordic records are the best national record of any of the 5 Nordic countries:  
[Denmark](#), [Finland](#), [Iceland](#), [Norway](#) or [Sweden](#).

## Men U20 Indoors

(Individual championship events only)

60 m	6.71	Juha Olava	FIN	Tampere, FIN	15.01.1989
	6.71	Patrik Lövgren	SWE	Växjö, SWE	06.03.1994
200 m	21.05	Karsten Warholm	NOR	Ulsteinvik, NOR	08.03.2015
400 m	47.25	Karsten Warholm	NOR	Bærum, NOR	14.02.2015
800 m	1:47.85	Andreas Kramer	SWE	Stockholm, SWE	17.02.2016
1500 m	3:44.01	Henrik Ingebrigtsen	NOR	Wien, AUT	02.02.2010
3000 m	8:02.15	Ari Paunonen	FIN	Turku, FIN	25.02.1977
60 m hurdles	7.64	Max Hrelja	SWE	Göteborg, SWE	18.02.2017
High jump	2.27	Patrik Sjöberg	SWE	Berlin, FRG	24.02.1984
	2.27	Jannick Klausen	DEN	Paris, FRA	04.03.2011
Pole vault	5.82	Armand Duplantis	SWE	New York, USA	11.03.2017
Long jump	7.85	Kenneth Kastrén	FIN	Tampere, FIN	19.02.1994
Triple jump	16.22	Claes Rahm	SWE	Malmö, SWE	18.02.1983
Shot put	21:47	Marcus Thomsen	NOR	Ballerup, DEN	27.12.2017
Heptathlon	5.788	Fredrick Ekholm	SWE	Växjö, SWE	10.02.2013
		(7.13-6.94-14.35-2.09-7.95-4.62-2:53.88)			