

## Indoor Match

### Men

60 m	6.66	Erik Hagberg	SWE	Bærum, NOR	2015	
200 m	20.72	Jonathan Åstrand	FIN	Växjö, SWE	2013	*
	20.87	Jonathan Åstrand	FIN	Tampere, FIN	2011	#
400 m	47.25	Karsten Warholm	NOR	Bærum, NOR	2015	*
	46.58	Benjamin Lobo Veder	DEN	Tampere, FIN	2017	#
800 m	1:48.39	Andreas Almgren	SWE	Bærum, NOR	2015	*
	1:49.54	Thomas Rooth	NOR	Tampere, FIN	2011	#
1500 m	3:44.00	Henrik Ingebrigtsen	NOR	Steinkjer, NOR	2012	*
	3:45.49	Jonas Hamm	FIN	Tampere, FIN	2011	#
3000 m	8:02.35	Thijs Nuihuis	DEN	Bærum, NOR	2015	*
	8:00.51	Niclas Sandells	FIN	Tampere, FIN	2011	#
60 m hurdles	7.71	Andreas Martinsen	DEN	Tampere, FIN	2017	
300 m hurdles=	36.18	Nicklas Åkerström	FIN	Tampere, FIN	2011	#
High jump	2.33	Osku Torro	FIN	Tampere, FIN	2011	
Pole vault	5.55	Melker Svärd-Jacobsson	SWE	Tampere, FIN	2014	
	5.55	Eirik Dolve	NOR	Tampere, FIN	2017	
Long jump	8.01	Andreas Otterling	SWE	Växjö, SWE	2016	
Triple jump	16.76	Simo Lipsanen	FIN	Tampere, FIN	2017	
Shot put	20.24	Leif Arrhenius	SWE	Växjö, SWE	2013	
4x200 m relay	1:24.59	Norway		Växjö, SWE	2016	*
4x300 m relay	2:14.84	Sweden		Tampere, FIN	2011	#
	2:15.28§	Norway		Tampere, FIN	2017	#

### Women

60 m	7.27	Ezinne Okparaebo	NOR	Steinkjer, NOR	2012	
200 m	23.30	Hanna-Mari Latvala	FIN	Växjö, SWE	2013	*
	23.55	Helene Rønningen	NOR	Tampere, FIN	2017	#
400 m	52.59	Sara Slott Petersen	DEN	Växjö, SWE	2016	*
	53.71	Josefin Magnusson	SWE	Tampere, FIN	2011	#
800 m	2:01.59	Anita Hinriksdóttir	ISL	Växjö, SWE	2016	*
	2:02.74	Stina Troest	DEN	Tampere, FIN	2017	#
1500 m	4:14.81	Linn Nilsson	SWE	Växjö, SWE	2016	*
	4:17.12	Charlotta Fougberg	SWE	Tampere, FIN	2017	#
3000 m	9:01.16	Sarah Lahti	SWE	Växjö, SWE	2016	*
	9:19.03	Ulrika Johansson	SWE	Tampere, FIN	2011	#
60 m hurdles	7.92	Christina Vukicevic	NOR	Tampere, FIN	2011	
300 m hurdles=	40.09	Stine Tomb	NOR	Tampere, FIN	2011	#
High jump	1.94	Sofie Skoog	SWE	Växjö, SWE	2016	
Pole vault	4.66	Angelica Bengtsson	SWE	Växjö, SWE	2016	
Long jump	6.52	Khaddi Sagnia	SWE	Växjö, SWE	2016	
Triple jump	13.89	Kristiina Mäkälä	FIN	Tampere, FIN	2017	
Shot put	16.81	Fanny Roos	SWE	Växjö, SWE	2016	
4x200 m relay	1:35.60	Norway		Växjö, SWE	2016	*
4x300 m relay	2:34.97	Norway		Tampere, FIN	2014	#
	2:35.26§	Norway		Tampere, FIN	2017	#

\* 200m banked track, # 300m unbanked track (oversized), = when included in the match,  
§ 250m+300m+300m+350m