

This year consists of the following competitions:

9.2	Växjö, SWE	3 rd Nordic Indoor Match (FIN-NOR-SWE only)
4.5	Sandviken, SWE	17 th Nordic 10000m Challenge
8.-9.6	Huddinge, SWE	41 st Nordic Junior Championships Combined Events
17.-18.8	Espoo, FIN	10 th Nordic U20 Match & Championships
9.11	Reykjavik, ISL	17 th Nordic Cross Country Championships
Cancelled		Nordic Race Walking Championships

3rd Nordic Indoor Match (FIN-NOR-SWE only)

Telekonsult Arena, Växjö, SWE 9 Feb

Men

60 m				9 Feb
1	Odain Rose	SWE	6.69	
2	Jonathan Åstrand	FIN	6.80	
3	Stefan Tärnhuvud	SWE	6.84	
4	Markus Skyttä	FIN	6.91	
5	Philip Bjørnå Berntsen	NOR	6.93	
6	Peter Osazuwa	NOR	6.95	

200 m				9 Feb
Heat				
	A	B		
1	1	Jonathan Åstrand	FIN	20.72
2	2	Nil de Oliveira	SWE	21.21
3	1	Benjamin Olsen	SWE	21.61
4	2	Kasper Pöntinen	FIN	21.90
5	3	Eirik Tandberg	NOR	21.99
x		Øyvind S. Kjerpeset	NOR	DQ:R163.3a

400 m				9 Feb
1	Felix Francois	SWE	47.90	
2	Ville Wendelin	FIN	48.15	
3	Dennis Forsman	SWE	48.87	
4	Kristian Magnussen	NOR	49.34	
5	Ådne Svahn Dæhlin	NOR	49.36	
6	Antti Kokkonen	FIN	49.42	

800 m				9 Feb
1	Johan Rogestedt	SWE	1:49.30	
2	Thomas Roth	NOR	1:49.50	
3	Tuomo Salonen	FIN	1:51.42	
4	Ådne Svahn Dæhlin	NOR	1:52.96	
5	Ville Borgmästars	FIN	1:53.10	
6	Johan Svensson	SWE	1.53.33	
Extra: Tobias Åberg, SWE DNF				

1500 m				9 Feb
1	Ilari Piipponen	FIN	3:50.76	
2	Erik Udø Pedersen	NOR	3:51.33	
3	Panu Jantonen	FIN	3:51.58	
4	Staffan Ek	SWE	3:51.72	
5	Vegard Løberg Gjelsvik	NOR	3:58.73	
Karim Mohammadi, SWE DQ:R163.3a. Extra: Tobias Åberg, SWE DNF				

3000 m				9 Feb
1	Johan Hydén	SWE	8:03.00	
2	Olle Walleräng	SWE	8:04.12	
3	Hans Kristian Fløystad	NOR	8:10.15	
4	Halfdan-Emil Færø	NOR	8:28.39	
5	Arttu Vattulainen	FIN	8:29.87	
Extra: Fredrik Johansson, SWE DNF				

60 m hurdles				9 Feb
1	Vladimir Vukicevic	NOR	7.77	

2	Philip Nossmy	SWE	7.86
3	Joona-Ville Heimä	FIN	7.95
4	Filip Lööv	SWE	8.05
5	Jostein Andre Kvikstad	NOR	8.44
Jaako Malmivirta, FIN DNS			

High jump				9 Feb
1	Osku Torro	FIN	2.18	
2	Jussi Viita	FIN	2.14	
3	Christian Bøe Helland	NOR	2.14	
4	Kristoffer Nilsen	NOR	2.11	
5	Philip Frifelt-Lundqvist	SWE	2.11	
6	Jakob Torvaldsson	SWE	2.04	

Series	1.94	2.00	2.04	2.08	2.11	2.14	2.16	2.18	2.20	2.22	2.23	2.26	2.28	Jump order
1						o	-	xo	-	-	-	-	xxx	3
2					o	o	-	xxx						6
3	o	o	o	xo	xo	xxx	xxx							5
4	o	o	o	xo	o	xxx								2
5		o	xxo	xxx	xo	xxx								1
6		xo	o	xxx										4

Pole vault				9 Feb
1	Eemili Salomäki	FIN	5.29	
2	Melker Svärd-Jacobsson	SWE	5.23	
3	Carl Sténson	SWE	5.15	
4	Olli Rannikko	FIN	5.07	
5	Odd Eiken	NOR	4.83	
6	Eirik Greibrokk Dolve	NOR	4.83	

Series	4.47	4.65	4.83	4.95	5.07	5.15	5.23	5.29	5.35	5.61	Jump order
1					o	-	xo	-	xxx		5
2					xo	-	o	-	xxx		6
3			o	o	xxo	o	xxx				3
4					xo	x-	xx				2
5	o	o	o	xxx							1
6	xo	xxo	xxo	xxx							4

Long jump				9 Feb
1	Michel Tornéus	SWE	7.94	
2	Arttu Halmela	FIN	7.71	
3	Otto Kilpi	FIN	7.54	
4	Andreas Otterling	SWE	7.39	
5	Karsten Warholm	NOR	7.08	
6	Ingar Kiplesund	NOR	6.94	

Series	1	2	3	4	5	6	Jump order
1	7.93	X	X	7.94	X	X	5
2	X	7.55	7.58	X	7.71	7.51	4
3	7.54	X	X	X	X	X	2
4	7.28	7.23	X	7.39	5.55	7.38	1
5	6.96	X	6.91	X	7.07	7.08	3
6	6.73	6.79	5.55	6.94	5.39	5.93	6

Triple jump				9 Feb
1	Sindre Almsengen	NOR	16.05	
2	Mathias Ström	SWE	15.88	
3	Moteba Mohamed	SWE	15.76	
4	Daniel Sjöling	FIN	14.89	
5	Jonathan Varela Byrkjenes	NOR	14.83	
6	Tomi Litendal	FIN	14.76	

Series	1	2	3	4	5	6	Jump order
1	15.42	15.91	X	16.05	15.27	X	5
2	15.88	15.88	15.79	15.74	X	15.63	4
3	15.76	15.54	X	X	14.21	15.67	1
4	14.54	14.82	14.64	X	X	14.89	3

5	14.71	X	-	X	14.11	14.83	2
6	14.63	14.74	14.76	14.54	14.67	X	6

Shot put

9 Feb								
1	Leif Arrhenius	SWE	20.24					
2	Tomas Söderlund	FIN	18.32					
3	Daniel Ståhl	SWE	17.61					
4	Stian Andersen	NOR	17.34					
5	Arttu Kangas	FIN	17.19					
6	Lars Vikan Rise	NOR	15.51					

Series	1	2	3	4	5	6	Throw order
1	18.81	19.27	20.24	19.71	X	19.29	5
2	18.32	X	X	X	X	18.16	4
3	X	17.61	X	X	X	17.43	2
4	16.78	17.26	17.34	X	X	X	6
5	16.71	X	X	17.19	X	X	1
6	14.75	X	15.51	X	X	X	3

4x200 m relay

9. Feb			
1	SWE	1:25.65	(Tom Kling Baptiste, Benjamin Olsson, Johan Wissman, Nil de Oliveira)
2	FIN	1:26.69	(Kasper Röntinen, Joona-Ville Heinä, Antto Kokkonen, Jonathan Åstrand)
3	NOR	1:26.82	(Øyvind S. Kjerpeset, Tormod Hjortnæs Larsen, Eirik Tanberg, Håkon Morken)

Points Men	Nation	Total
	SWE	109
	FIN	92
	NOR	68

Women

60 m

9 Feb								
1	Ezinne Okparaebo	NOR	7.30					
2	Hanna-Maari Latvala	FIN	7.36					
3	Maria Räsänen	FIN	7.52					
4	Freja Jernstig	SWE	7.56					
5	Folake Akinyemi	NOR	7.58					
6	Pernilla Nilsson	SWE	7.60					

200 m

9 Feb								
Heat								
A B								
1	1	Hanna-Maria Latvala	FIN	23.30				
2	2	Irene Ekelund	SWE	23.57				
3	1	Pernilla Nilsson	SWE	24.04				
4	3	Elisabeth Slettum	NOR	24.09				
5	2	Maria Räsänen	FIN	24.42				
6	3	Nina Katrine Brandt	NOR	24.53				

400 m

9 Feb								
1	Moa Hjelmer	SWE	53.50					
2	Ella Räsänen	FIN	53.52					
3	Line Kloster	NOR	54.27					
4	Josefin Magnusson	SWE	54.85					
5	Anniina Laitinen	FIN	54.95					
6	Stine Tomb	NOR	56.18					

800 m

9 Feb								
1	Louvisa Lindh	SWE	2:05.91					
2	Trine Mjåland	NOR	2:08.92					
3	Sara Kuivisto	FIN	2:09.26					
4	Ida Fillingsnes	NOR	2:09.89					
5	Tova Eurén	SWE	2:10:12					
6	Jenni Kvioja	FIN	2:13.52					

Extra: Emilie Krook, SWE, DNF

1500 m

9 Feb								
1	Johanne Lehtinen	FIN	4:17.16					
2	Kristine Eikrem Engeset	NOR	4:19.46					
3	Charlotte Schönbeck	SWE	4:23.78					

4	Ingeborg Løvnes	NOR	4:24.14				
5	Minna Nummela	FIN	4:24.68				
6	Linn Nilsson	SWE	4:25.00				

Extra: Agnes Sjöström, SWE DNF

3000 m

9 Feb								
1	Charlotta Fougberg	SWE	9:26.89					
2	Agnes Sjöström	SWE	9:34.43					
3	Minna-Maria Kangas	FIN	9:35.77					
4	Ninna Haka-Risku	FIN	9:42.90					
5	Kristine Helle	NOR	9:44.22					
6	Karianne G. Sjøfting	NOR	10:19.05					

Extra: Jeri Emeru, SWE DNF

60 m hurdles

9 Feb								
1	Isabelle Pederssen	NOR	8.20					
2	Lotta Harala	FIN	8.32					
3	Elisa Leinonen	FIN	8.37					
4	Tale Ørving	NOR	8.51					
5	Maja Rogemyr	SWE	8.59					
6	Malin Eriksson	SWE	8.63					

High jump

9 Feb								
1	Emma Green Tregaro	SWE	1.89					
2	My Nordström	SWE	1.85					
3	Senni Ronkainen	FIN	1.82					
4	Katarina Mögenburg	NOR	1.79					
5	Elina Smolander	FIN	1.75					
6	Martine Bye	NOR	1.71					

Series	1.59	1.65	1.71	1.75	1.79	1.82	1.85	1.87	1.89	1.92	Jump order
1						o	-	xxo	o	xxx	3
2					o	o	o	xxx			6
3				o	o	o	xxx	xxx			2
4				o	o	xo	xxx				4
5				o	xo	xxx					5
6	o	o	o	xxx							1

Pole vault

9 Feb								
1	Malin Dahström	SWE	4.35					
2	Minna Nikkanen	FIN	4.30					
3	Cathrine Larsåsen	NOR	4.18					
4	Alissa Söderberg	SWE	3.90					
5	Ida Beate Østhus	NOR	3.42					
	Eeva Niemelä	FIN	NM					

Series	3.42	3.60	3.78	3.90	4.02	4.10	4.18	4.24	4.30	4.35	4.40	Jump order
1					o	xo	-	o	-	o	xxx	5
2						o	o	o	xo	-	xxx	1
3					o	-	xo	-	xxx			6
4				o	o	xxx						2
5	o	xxx										3
6			xxx									4

Long jump

9 Feb								
1	Erica Jarder	SWE	6.32					
2	Jaana Sieviläinen	FIN	6.06					
3	Nadja Casadei	SWE	5.96					
4	Noora Pesola	FIN	5.93					
5	Ida Marcussen	NOR	5.70					
6	Lebe Secher Myrmel	NOR	5.69					

Series	1	2	3	4	5	6	Jump order
1	6.10	X	6.32	X	-	-	4
2	5.98	.599	X	6.06	6.04	X	6
3	5.80	X	5.84	5.96	5.86	5.84	1
4	5.90	5.87	X	5.78	5.93	5.88	3
5	5.67	5.70	5.62	4.39	-	4.20	5
6	5.69	5.65	5.66	5.57	5.48	5.63	2

Triple jump

9 Feb								
1	Elina Torro	FIN	13.13					
2	Angelica Ström	SWE	13.13					
3	Inger Anne Frøysedal	NOR	12.92					
4	Sanna Nygård	FIN	12.79					

5	Jasmin Sabir	SWE	12.71				
6	Amalie Tefre Skage	NOR	11.96				
Series	1	2	3	4	5	6	Jump order
1	X	13.13	X	12.96	13.03	12.98	5
2	X	12.41	12.88	12.88	13.13	12.69	6
3	12.22	12.76	12.92	X	X	X	4
4	X	12.42	X	12.79	X	X	2
5	12.58	12.56	12.47	12.71	12.62	X	3
6	X	11.96	X	X	-	-	1

Shot put 9 Feb

1	Catarina Andersson	SWE	16.54
2	Helene Engman	SWE	15.96
3	Kristin Sundsteigen	NOR	14.50
4	Suvi Helin	FIN	14.42
5	Hennariikka Järvinen	FIN	13.92
6	Silje Nordahl Disserud	NOR	12.62

Series	1	2	3	4	5	6	Throw order
1	15.07	X	X	16.54	15.96	16.53	2
2	15.67	15.71	15.87	X	15.96	X	5
3	14.50	14.38	X	14.33	14.32	X	6
4	X	14.42	X	X	X	X	1
5	13.89	13.59	13.59	13.92	X	13.79	4
6	11.89	12.56	12.62	12.49	X	12.33	3

4x200 m relay 9. Feb

1	NOR	1:35.81	(Folake Akinyemi, Elisabeth Slettum, Nina K. Brandt, Line Kloster)
2	FIN	1:36.13	(Lotta Harala, Anniina Laitinen, Ella Räsänen, Hanna-Maari Latvala)
	SWE	DQ:R163.2	(Josefin Magnusson, Moa Hjelmner, Frida Persson, Lynette Morgan)

Points Men	Nation	Total
	SWE	104
	FIN	92
	NOR	75

17th Nordic 10000 m Challenge

BJ Arena, Sandviken, SWE 4 May

Men

Senior	4 May
1	Ørjan Grønnevig NOR 29:57.84
2	Eirik Gramstad NOR 30:02.72
3	Michael Nilsen DEN 30:08.93
4	Marius Vedvik NOR 30:18.13
5	Fredrik Uhrbom SWE 30:20.79
6	David Nilsson SWE 30:32.24
7	Jesper Faurschou DEN 30:36.33
8	Andreas Åhwall SWE 30:41.40

Extra: Meberhatom Yamana, SWE 31:46.59, Arne Mjelde Sæther, NOR 33:01.39, Johnny Purvis, USA DNF, Lars Södergård, SWE DNS

Women

Senior	4 May
1	Simone Glad DEN 33:58.76
2	Frida Lundén SWE 34:29.78
3	Cecilia Kleist SWE 34:46.38
4	Hilde Aasheim NOR 35:08.29
5	Tine Pallsgaard DEN 36:03.33
6	Kirsten Pettersson DEN 36:24.74

Karianne Søfting, NOR DNF

Extra: Hanna Lindholm, SWE 35:48.45, Nina Persson, SWE 35:50.75, Sanna Mustonen, SWE DNF

41st Nordic Junior Championships Combined Events

Källbrinks IP, Huddinge, SWE 8-9 Jun

Men

U23 Decathlon	8-9 Jun
1	Jusso Hassi FIN 7.289
2	Otto Ylöstalo FIN 7.033

3	Jostein Kvikstad	NOR	6.837
4	Ingi Rúnar Kristinsson	ISL	6.780
5	Herman Þor Haraldsson	ISL	5.933

(100m, Long jump, Shot put 7,26kg, High jump, 400m, 110 hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

1	11.24	6.83	13.46	1.91	50.14	15.37	41.47	4.23	56.48	4:50.64
	808	774	695	723	808	805	694	682	685	615
2	11.51	6.80	13.35	1.91	51.37	15.36	33.08	4.13	51.96	4:29.65
	750	767	689	723	753	807	525	654	618	747
3	11.59	6.80	11.59	1.91	50.61	15.36	40.07	3.23	53.99	4:35.28
	734	767	582	723	787	807	666	413	648	710
4	11.68	6.70	13.72	1.70	51.71	16.98	44.53	4.53	44.80	4:42.35
	715	743	711	544	737	626	757	769	512	666
5	11.81	6.58	10.67	1.91	53.37	17.86	34.57	3.13	44.98	4:50.47
	689	716	526	723	666	538	555	389	515	616

Wind: 100m -0,9 100m hurdles +0,9

High jump

	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94
1			o	xo	o	o	xo	xxo	xxx
2			o	-	o	o	o	xo	xxx
3	o	o	o	o	o	o	xxo	xo	xxx
4	xo	xxx							
5	o	-	o	o	xo	o	o	o	xxx

Pole vault

	2.83	2.93	3.03	3.13	3.23	3.33	3.83	4.03	4.13	4.23	4.33	4.43	4.53	4.63
1								o	xo	o	xo	xxx		
2								xo	xo	xxx				
3					o	xxx								
4									o	-	o	xo	xxo	xxx
5	xo	o	xo	xo	xxx									

Long jump

	6.83	X	X	13.46	12.86	X	36.42	41.47	41.33	56.48	51.06	49.34
1							+1,0					
	6.80	X	X	13.35	12.93	X	33.08	X	32.05	51.32	51.96	51.68
2							+1,4					
	6.73	6.80	X	X	11.35	11.59	32.68	40.07	38.66	53.99	X	48.08
3							+1,4	+0,9				
	6.70	X	X	10.58	10.67	10.25	44.53	42.94	X	42.56	44.07	44.80
4							+0,2					
	6.58	X	13.05	13.54	13.72	X	31.27	34.57	44.91	40.53	44.98	
5							+1,5					

U20 Decathlon

	8-9 Jun
1	Fredrick Ekholm SWE 7.532
2	Elmo Savola FIN 7.242
3	Fredrik Samuelsson SWE 7.221
4	Victor Ivarsson SWE 7.037
5	Tuomo Marttila FIN 6.866
6	Aleksi Tuonen FIN 6.716
7	Krister Blær Jónsson ISL 5.964
8	Rasmus Stene NOR 5.840

(100m, Long jump, Shot put 6kg, High jump, 400m, 100m hurdles 100cm, Discus 1.75kg, Pole vault, Javelin throw 800g, 1500m)

1	11.08	7.19	13.65	2.05	50.78	14.24	39.54	4.33	47.15	4:47.01
	843	859	707	850	779	944	655	711	547	637
2	11.08	6.97	13.33	1.87	52.16	14.75	34.66	4.33	61.03	4:53.23
	743	807	687	687	718	880	557	711	753	599
3	11.34	6.90	13.47	1.99	51.75	15.16	39.60	4.23	49.02	4:40.58
	786	790	696	794	736	830	656	682	574	677
4	11.06	6.94	13.42	1.90	50.48	15.04	42.57	3.73	39.01	4:43.63
	847	799	693	714	793	845	717	543	428	658
5	11.52	6.44	13.64	1.72	54.08	15.46	40.46	4.43	62.16	5:01.23
	748	684	796	560	636	795	674	740	770	553
6	11.21	6.45	12.48	1.78	51.16	15.21	36.38	4.03	54.95	5:09.64
	714	686	636	610	762	824	591	626	662	505
7	11.69	6.37	11.53	1.81	52.36	16.23	29.18	3.03	45-62	4:50.20
	713	668	578	636	709	707	448	3.64	524	617
8	11.75	6.34	12.20	1.78	52.65	15.67	34.27	NM	52.94	4:52.94
	701	661	619	610	697	770	549	o	632	601

Wind: 100 m +1,3 110 m hurdles -0,7

Points Men	Nation	Day 1	Day 2	Total
	FIN	111	113	224
	SWE	80	118	198
	NOR	79	84,5	163,5
	DEN/ISL	74	51,5	125,5

Women

100 m		17. aug	-0,2
1	Milja Thureson	FIN	11.91
2	Elise Malmberg	SWE	11.99
3	Sara Söderberg	SWE	12.20
4	Anniina Kortetmaa	FIN	12.24
5	Nadia Akpana Assa	NOR	12.34
6	Helene Rønningen	NOR	12.39
7	Martha Traore	DEN	12.59
8	Andrea Torfadóttir	ISL	12.95

200 m		18. aug	-0,4
1	Milja Thureson	FIN	24.09
2	Ella Räsänen	FIN	24.45
3	Vilde Jakobsen Svortevik	NOR	24.46
4	Arna Stefanía Guðmundsdóttir	ISL	24.69
5	Sara Söderberg	SWE	24.87
6	Caroline Kihlbom	SWE	25.03
7	Mette Graversgaard	DEN	25.24
8	Mari Forbord Anderssen	NOR	25.28

400 m		17. aug	
1	Björg Gunnarsdóttir	ISL	55.90
2	Betty Strandberg	SWE	56.44
3	Anne Sofia Kirkegaard	DEN	56.60
4	Klara Helander	SWE	57.05
5	Emilia Borgmästars	FIN	57.06
6	Sara Dorthea Jensen	NOR	57.47
7	Mette Paavolainen	FIN	58.34
8	Renate Lie	NOR	58.59

800 m		17. aug	
1	Anita Hinriksdóttir	ISL	2:03.94
2	Aurora Selstad Dybedokken	NOR	2:08.79
3	Dagmar Fæster Olsen	DEN	2:11.33
4	Frida Thorsås	NOR	2:12.57
5	Eveliina Määttänen	FIN	2:12.90
6	Josefine Malmberg	SWE	2:13.11
7	Elin Axelsson	SWE	2:15.72
8	Roosa Lahtinen	FIN	2:16.80

1500 m		18. aug	
1	Anita Hinriksdóttir	ISL	4:18.18
2	Sarah Lahti	SWE	4:22.11
3	Aurora Selstad Dybedokken	NOR	4:24.09
4	Line K. Schulz	DEN	4:27.48
5	Hedda Bångman	SWE	4:34.82
6	Elisabeth Angell Bergh	NOR	4:34.88
7	Saara Nikander	FIN	4:35.80
8	Emilia Maaskola	FIN	4:55.86

3000 m		17. aug	
1	Oona Kettunen	FIN	9:19.09
2	Sarah Lahti	SWE	9:26.02
3	Maria Larsen	DEN	9:38.32
4	Minttu Hukka	FIN	9:39.99
5	Hedda Bångman	SWE	9:43.13
6	Kristiane Width	NOR	9:50.94
7	Ida Meli Narbuvooll	NOR	10:11.31

100 m hurdles		18. aug	-1,5
1	Reetta Hurske	FIN	14.05
2	Oona Hujanen	FIN	14.12
3	Sofia Mossberg	SWE	14.18
4	Arna Stefanía Guðmundsdóttir	ISL	14.46
5	Kristi Strømmen Kjerpeset	NOR	14.55
6	Mari Forbord Anderssen	NOR	14.60
7	Mette Graversgaard	DEN	14.95
8	Josefin Palm	SWE	DNF

400 m hurdles		17. aug	
1	Vilde Jakobsen Svortevik	NOR	59.13
2	Oona Hujanen	FIN	59.57
3	Johanna Holmen Svensson	SWE	59.66
4	Eveliina Määttänen	FIN	59.66
5	Sofia Johnsson	SWE	60.56
6	Nora Kollerød Wold	NOR	62.57
7	Helene S. Welin	DEN	63.27

2000 m steeplechase		18. aug	
1	Oona Kettunen	FIN	6:21.33
2	Minttu Hukka	FIN	6:39.63
3	Isabell Nordstet	SWE	7:02.13
4	Mari Aarskog Nesse	NOR	7:09.42
5	Caroline Tauson	DEN	7:12.42
6	Amanda Trense	SWE	7:21.01
7	Nora Kollerød Wold	NOR	DNF

3000 m walk		18. aug	
1	Erika Parviainen	FIN	14:32.73
2	Lena Tomas	SWE	14:57.15
3	Tiia Kuikka	FIN	15:21.93
4	Delicia Hogrell	SWE	16:58.30
5	Vilde Karlsen	NOR	17:09.62
6	Ida Steinstad	NOR	18:25.69

High jump		18. aug	
1	Evelina Erlandsson	SWE	1.77
2	Heidi Erkinheimo	FIN	1.75
3	Heta Tuuri	FIN	1.71
4	Malin Wiseth	NOR	1.73
5	Anne Engen Andersen	NOR	1.69
6	Sandra B. Christensen	DEN	1.66
7	Lisa Engman	SWE	1.66

Series	1.50	1.55	1.60	1.63	1.66	1.69	1.71	1.73	1.75	1.77	1.80
1					o	o	o	o	o	xo	xxx
2								o	-	xo	xxx
3							o	-	o	xxx	
4					o	o	o	o	xo	xxx	
5					o	o	xo	xxx			
6			o	o	o	xxx					
7						xo	xxx				

Pole vault		17. aug	
1	Aino Siitonen	FIN	3.80
2	Rosanna Ojala	FIN	3.70
3	Paula Nedberge Llano	NOR	3.60
4	Hanna Jansson	SWE	3.60
5	Denise Eriksson	SWE	3.55
6	Amalie Bang Petersen	DEN	3.50
7	Karoline Weea Johansen	NOR	3.30
8	Bogey Ragnheiður Leósdóttir	ISL	3.20

Series	2.50	2.70	2.90	3.00	3.10	3.20	3.30	3.35	3.40	3.45	3.50	3.55	3.60	3.65	3.70	3.75
1											o	-	-	o	-	-
2		o	---													
3							o	-	o	-o	-	-	o	-	o	xxx
4									o	o	-	-	o	-	xxx	
									o	o	-	-	xxo	-	xxx	

2	ISL	3:46.28	(Arna Stefanía Guðmundsdóttir, Anita Hinriksdóttir, Björg Gunnarsdóttir, Dórothea Jóhannesdóttir)	
3	FIN	3:46.67	(Eveliina Määttänen, Mette Paavolainen, Emilia Borgmästars, Oona Hujanen)	
4	NOR	3:47.10	(Sara Dorthea Jensen, Frida Thorsås, Renate Lie, Vilde Svortevik)	
5	DEN	3:53.70	(Dagmar Fæster Olsen, Sarah Michelsen, Bianca Svendsen, Anna Sofie Kirkegaard)	

Points Women	Nation	Day 1	Day 2	Total
	FIN	106	113	219
	SWE	99	99	198
	NOR	80	76	156
	DEN/ISL	61	53	114

17th Nordic Cross Country Championships

Laugardalur, Reykjavik, ISL 9 Nov

Men

	Senior	9. nov.	9 km
1	Abdi Hakin Ulad	DEN	26:38
2	Ørjan Grønnevig	NOR	26:41
3	Michael Nielsen	DEN	26:54
4	Johan Larsson	SWE	26:56
5	Eirik Gramstad	NOR	27:15
6	Audun Nordtveit	NOR	27:18
7	Lars Södergard	SWE	27:23
8	Kári Steinn Karlsson	ISL	27:24

9 Jesper Farschou, DEN 27:31, 10 Johan Bugge, NOR 27:33, 11 Johan Damkjær, DEN 27:45, 12 Marius Vedvik, NOR 27:52, 13 Andreas Åhwall, SWE 28:04, 14 Þorbergur Ingi Jónsson, ISL 28:09, 15 Peter Glans, DEN 28:18, 16 Björn Margeirsson, ISL 28:46, 17 Ármann Eydal Albertsson, ISL 28:55, 18 Andreas Jansson, SWE 29:38, 19 Arnar Pétursson, ISL 29:47

Teams: 1 NOR 23p (Grønnevig, Gramstad, Nordtveit, Bugge), 2 DEN 24p (Ulad, Nielsen, Farschou, Damkjær), 3 SWE 42p (Larsson, Södergard, Åhwall, Jansson), 4 ISL 55p (Karlsson, Hónsson, Margeirsson, Albertsson)

	U20	9. nov.	6 km
1	Erik Udø Pedersen	NOR	18:16
2	Anders Lund Hansen	DEN	18:17
3	Andreas Johansson	SWE	18:28
4	Vidar Johansson	SWE	18:30
5	Jacob Simonsen	DEN	18:32
6	Magnus Sirnes Hjellum	NOR	18:36
7	Jakob Dybdal Abrahamsen	DEN	18:39
8	Mikkel Dahl-Jessen	DEN	18:50

9 William Levay, SWE 18:57, 10 Joachim Weel Rosbo, DEN 19:01, 11 Kristian Tjørnholm, NOR 19:03, 12 Sæmundur Ólafsson, ISL 19:11, 13 Gustav Iden, NOR 19:25, 14 Ingvar Hjartarson, ISL 19:41, 15 Þór Daniel Hólm Friðbjörnsson, ISL 21:30, 16 Bjarki Freyr Rúnarsson, ISL 22:01, 17 David Erik Mollberg, ISL 22:14
Teams: 1 DEN 14p (Hansen, Simonsen, Abrahamsen), 2 SWE 16p (A. Johansson, V. Johansson, Levay), 3 NOR 18p (Pedersen, Hjellum, Tjørnholm), 4 ISL 41p (Ólafsson, Hjartarson, Friðbjörnsson)

Women

	Senior	9. nov.	7,5 km
1	Charlotta Fougberg	SWE	25:41
2	Inger Liv Bjerkrem Nilsen	NOR	25:43
3	Simone Glad	DEN	25:51
4	Cecilia Kleist	SWE	26:03
5	Hilde Aasheim	NOR	26:07
6	Louise Langelund Batting	DEN	26:18
7	Elin Borglund	SWE	26:21
8	Anne Kristine Nevin	NOR	26:38

9 Louise Kunø, DEN 26:45, 10 Louise Laursen, DEN 27:47, 11 Nanna Bagger, DEN 27:35, 12 Valborg Heinesen, FRO 27:39, 13 Arndis Ýr Hafþórsdóttir, ISL 28:09, 14 Friðardóttir, ISL 28:43, 15 Íris Anna Skúladóttir, ISL, 30:20, 16 María Kristin Gröndal, ISL 30:29, 17 Ebba Særún Brynjarsdóttir, ISL 31:22

Teams: 1 SWE 12p (Fougberg, Kleist, Borglund), 2 NOR 15p (Nilsen, Aasheim, Nevin), 3 DEN 18p (Glad, Batting, Kunø), 4 ISL 42 p (Hafþórsdóttir, Friðardóttir, Skúladóttir)

	U20	9. nov.	4,5 km
1	Heidi Mårtensson	NOR	15:07
2	Oona Kettunen	FIN	15:10
3	Sara Lahti	SWE	15:21
4	Anita Hinriksdóttir	ISL	15:37
5	Isabel Brauer	SWE	15:42
6	Saara Nikander	FIN	15:44
7	Live Solheimdal	NOR	15:48
8	María Larsen	DEN	15:51

9 Minttu Hukka, FIN 15:53, 10 Alberte Kjær Pedersen, DEN 15:53, 11 Josephine Thestrup, DEN 16:06, 12 Johanna Matintalo, FIN 16:11, 13 Elisabeth Angell Bergh, NOR 16:17, 14 Emma Hyypä, FIN 16:36, 15 Linn Söderholm, SWE 16:54, 16 Louise Rode, DEN 16:55, 17 Louise Høj Jensen, DEN 17:18, 18 Andrea Kolbeinsdóttir, ISL 17:39, 19 María Birkisdóttir, ISL 17:52, 20 Helga Guðný Elíasdóttir, ISL 17:57, 21 Málfriður Anna Eiriksdóttir, ISL 21:29

Teams: FIN 17p (Kettunen, Nikander, Hukka), 2 NOR 21p (Mårtensson, Solheimdal, Bergh), 3 SWE 23p (Lahti, Brauer, Söderholm), 4 DEN 29p (Larsen, Pedersen, Thestrup), 5 ISL 41p (Hinriksdóttir, Kolbeinsdóttir, Birkisdóttir)

Nordic Race Walking Championships

Cancelled