

This year consists of the following competitions:

| | | |
|-----------------|----------------|--|
| 5.2 | Tampere, FIN | 1 st Nordic Indoor Match (FIN-NOR-SWE only) |
| 22.5 | Selfoss, ISL | 15 th Nordic 10000m Challenge |
| 18.-19.6 | Sipoo, FIN | 39 th Nordic Junior Championships Combined Events |
| 3.-4.9 | København, DEN | 8 th Nordic U20 Match & Championships |
| 17.9 | Halden, NOR | 30 th Nordic Race Walking Championships |
| 12.11 | Uddevalla, SWE | 15 th Nordic Cross Country Championships |

1st Nordic Indoor Match (FIN-NOR-SWE only)

Pirkkahalli, Tampere, FIN (300m unbanked track) 5 Feb

Men

| <i>60 m</i> | 5 Feb | | |
|------------------------------|------------|-------------|--|
| 1 Jaysuma Saidy Ndure | NOR | 6.69 | |
| 2 Stefan Tärnhuvud | SWE | 6.80 | |
| 3 Jarkko Ruostekivi | FIN | 6.83 | |
| 4 Joni Rautanen | FIN | 6.88 | |
| 5 Tormod Hjortnæs Larsen | NOR | 6.90 | |
| 6 David Sennung | SWE | 6.93 | |

| <i>200 m</i> | 5 Feb | | |
|------------------------------|------------|--------------|--|
| 1 Jonathan Åstrand | FIN | 20.87 | |
| 2 Johan Wissman | SWE | 21.19 | |
| 3 Alexander Nordkvist | SWE | 21.27 | |
| 4 Visa Hingisto | FIN | 21.50 | |
| 5 Tormod Hjortnæs Larsen | NOR | 21.67 | |
| 6 Per Magnus Solli | NOR | 21.78 | |

| <i>400 m</i> | 5 Feb | | |
|---------------------------|------------|--------------|--|
| 1 Nil de Oliveira | SWE | 47.30 | |
| 2 Felix Francois | SWE | 48.01 | |
| 3 Mauritz Kåshagen | NOR | 48.76 | |
| 4 Ville Wendelin | FIN | 48.84 | |
| 5 Lars Eric Sæther | NOR | 49.09 | |
| 6 Santeri Tukia | FIN | 50.58 | |

| <i>800 m</i> | 5 Feb | | |
|-------------------------|------------|----------------|--|
| 1 Thomas Roth | NOR | 1:49:54 | |
| 2 Robin Rohlén | SWE | 1:50:04 | |
| 3 Anton Asplund | SWE | 1:50.20 | |
| 4 Tommy Granlund | FIN | 1:50.27 | |
| 5 Tuomo Salonen | FIN | 1:50.80 | |
| 6 Jørgen Hasle Johansen | NOR | 1:51.64 | |

Extra: Tommi Vilkkö, FIN DNF. Intermediate times: 400m Granlund 53.51

| <i>1500 m</i> | 5 Feb | | |
|---------------------------|------------|----------------|--|
| 1 Jonas Hamm | FIN | 3:45.49 | |
| 2 Johan Waldén | SWE | 3:45.74 | |
| 3 Johan Rogerstedt | SWE | 3:56.09 | |
| 4 Riku Marttinen | FIN | 3:46.61 | |
| 5 Thomas Solberg Eide | NOR | 3:48.24 | |
| 6 Vidar Dahle | NOR | 3:56.15 | |

Extra: Tommi Sundell, FIN DNF. Intermediate times: 800m Sundell 2:01.70, 1000m Sundell 2:33.33

| <i>3000 m</i> | 5 Feb | | |
|----------------------------|------------|----------------|--|
| 1 Niclas Sandells | FIN | 8:00.51 | |
| 2 Johan Wallerstein | SWE | 8:02.11 | |
| 3 Eric Senorski | SWE | 8:10.18 | |
| 4 Joachim Brøndbo | NOR | 8:31.44 | |
| 5 Jonas Harjamäki | FIN | 8:50:34 | |
| 6 Ola Sakshaug | NOR | 8:52.42 | |

Extra: Teppo Syrjälä, FIN DNF. Intermediate times: 1000m Syrjälä 2:43.09, 1500m Harjamäki 4:05.23, 2000m Sandells 5:26.88

| <i>60 m hurdles</i> | 5 Feb | | |
|-----------------------------|------------|-------------|--|
| 1 Joona-Ville Heinä | FIN | 7.87 | |
| 2 Vladimir Vukicevic | NOR | 7.95 | |
| 3 Annti Korkealaakso | FIN | 7.99 | |
| 4 Joakim Blaschke | SWE | 8.06 | |
| 5 Eivind Stavang | NOR | 8.13 | |
| 6 Rafael Askros | SWE | 8.15 | |

| <i>300 m hurdles</i> | 5 Feb | | |
|-----------------------------|------------|--------------|--|
| 1 Niclas Åkerström | SWE | 36.18 | |
| 2 Andreas Totsås | NOR | 36.71 | |
| 3 Oskari Mörö | FIN | 36.91 | |
| 4 Jussi Kanervo | FIN | 37.47 | |
| 5 Niklas Larsson | SWE | 37.50 | |
| 6 Øyvind Strømmen Kjerpeset | NOR | 37.56 | |

| <i>High jump</i> | 5 Feb | | |
|-------------------------|------------|-------------|--|
| 1 Osku Torro | FIN | 2.33 | |
| 2 Jussi Viita | FIN | 2.24 | |
| 3 Emil Svensson | SWE | 2.17 | |
| 3 Mehdi Alkhatib | SWE | 2.17 | |
| 5 Kristoffer Nilsen | NOR | 2.17 | |
| 6 Christian Bøe Helland | NOR | 2.10 | |

| Series | 1.95 | 2.00 | 2.05 | 2.10 | 2.14 | 2.17 | 2.20 | 2.22 | 2.24 | 2.26 | 2.28 | 2.30 | 2.33 | 2.35 |
|--------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1 | | | | | o | - | o | - | o | - | o | xxx | o | xxx |
| 2 | | | | | o | o | o | xo | - | - | xxx | | | |
| 3 | | | o | o | o | o | xxx | | | | | | | |
| 3 | | | o | o | o | o | xxx | | | | | | | |
| 5 | | o | o | o | o | xo | xxx | | | | | | | |
| 6 | o | o | o | o | xxx | | | | | | | | | |

| <i>Pole vault</i> | 5 Feb | | |
|---------------------------------|------------|-------------|--|
| 1 Melker Svärd-Jacobsson | SWE | 5.45 | |
| 2 Jere Bergius | FIN | 5.30 | |
| 3 Eemeli Salomäki | FIN | 5.30 | |
| 4 Deniz Mahshid | SWE | 4.95 | |
| 5 Kim Nes Leirvik | NOR | 4.85 | |
| 6 Eirik Greibrokk Dolve | NOR | 4.50 | |

| Series | 4.00 | 4.20 | 4.35 | 4.50 | 4.65 | 4.80 | 4.95 | 5.05 | 5.15 | 5.20 | 5.25 | 5.30 | 5.35 | 5.40 | 5.45 | 5.50 |
|--------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| 1 | | | | | | o | - | o | - | xo | - | - | o | xo | o | xxx |
| 2 | | | | | | | | o | - | - | - | o | - | - | - | Xxx |
| 3 | | | | | | | | o | - | - | - | xo | - | - | - | xxx |
| 4 | | | | | xo | o | o | xxx | | | | | | | | |
| 5 | | | o | - | o | xxx | | | | | | | | | | |
| 6 | o | o | o | o | xxx | | | | | | | | | | | |

| <i>Long jump</i> | 5 Feb | | |
|----------------------------|------------|-------------|--|
| 1 Michel Tornéus | SWE | 7.94 | |
| 2 Andreas Otterling | SWE | 7.89 | |
| 3 Petteri Lax | FIN | 7.82 | |
| 4 Tommi Evilä | FIN | 7.68 | |
| 5 Jonas Mögenburg | NOR | 7.37 | |
| 6 Rune Augdal | NOR | 7.05 | |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|------|------|------|------|------|------|
| 1 | 7.94 | X | X | 7.91 | 7.69 | 7.89 |
| 2 | 7.56 | X | 7.89 | 7.62 | 7.50 | 7.89 |
| 3 | X | X | 7.75 | X | X | 7.82 |
| 4 | 7.58 | 7.58 | 7.66 | 7.68 | 6.31 | 7.61 |
| 5 | X | 7.27 | - | 7.07 | 7.27 | 7.37 |
| 6 | X | 7.00 | X | X | 7.05 | 6.18 |
| | 7.45 | 7.42 | 7.47 | 7.41 | 7.66 | 7.43 |
| | 7.28 | 7.62 | 7.51 | 7.37 | 7.61 | 7.48 |

Extra: Otto Kilpi, FIN 7.66, Roni Ollikainen, FIN 7.62

| <i>Triple jump</i> | | 5 Feb | |
|--------------------|--------------------------|------------|--------------|
| 1 | Aleksi Tammentie | FIN | 15.91 |
| 2 | Mathias Ström | SWE | 15.69 |
| 3 | Sindre Almsengen | NOR | 15.49 |
| 4 | Vetle Utsi Onstad | NOR | 15.12 |
| 5 | Moteba Mohamed | SWE | 14.88 |
| | Mikko Kivinen | FIN | DNS |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 15.79 | X | 15.89 | X | 15.91 | 15.87 |
| 2 | 15.39 | X | 15.55 | X | 15.69 | 15.67 |
| 3 | 15.24 | 15.41 | X | X | X | 15.49 |
| 4 | 15.12 | 14.86 | 14.95 | - | - | - |
| 5 | 14.79 | 14.85 | 14.88 | 14.59 | X | X |

| <i>Shot put</i> | | 5 Feb | |
|-----------------|--------------------------|------------|--------------|
| 1 | Tomas Söderlund | FIN | 17.96 |
| 2 | Henri Pakisjärvi | FIN | 17.42 |
| 3 | Stian Andersen | NOR | 17.20 |
| 4 | Axel Härstedt | SWE | 17.14 |
| 5 | Daniel Ståhl | SWE | 16.66 |
| 6 | Idar Grøneng Havn | NOR | 16.17 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 17.54 | 17.84 | 17.92 | X | X | 17.96 |
| 2 | X | 17.21 | X | 17.42 | X | X |
| 3 | X | 16.74 | 17.20 | 17.08 | X | X |
| 4 | 16.59 | 17.14 | X | X | X | X |
| 5 | X | 16.40 | 16.22 | 15.99 | 16.44 | 16.66 |
| 6 | X | 15.92 | 16.17 | 15.90 | 15.85 | 15.65 |

| <i>4x300 m relay</i> | | 5. Feb | | |
|----------------------|---------------|----------------|--|--|
| 1 | SWE | 2:14.84 | | (Niclas Åkerström, Alexander Nordkvist, Nil de Oliveira, Johan Wissman) |
| 2 | FIN | 2:18.26 | | (Jani Koskela, Ville Wendelin, Petteri Monni, Oskari Möro) |
| 3 | NOR | 2:20.61 | | (Andreas Totsås, Carl Emil Kåshagen, Mauritz Kåshagen, Lars Eric Sæther) |
| | FIN 19 | 2:21.34 | | (Jussi Kanervo, Mikko Laiho, Juuso Heino, Tuukka Salmi) |
| | FIN 17 | 2:26.66 | | (Erik Back, Jerri Råman, Ville Lampinen, Kalle Petrelius) |

| Points Men | Nation | Total |
|------------|--------|-------|
| | SWE | 115 |
| | FIN | 114 |
| | NOR | 68 |

Women

| <i>60 m</i> | | 5 Feb | |
|-------------|--------------------------|------------|-------------|
| 1 | Ezinne Okparaebor | NOR | 7.31 |
| 2 | Carolina Klüft | SWE | 7.45 |
| 3 | Lena Berntsson | SWE | 7.47 |
| 4 | Jenna Jokela | FIN | 7.60 |
| 5 | Jasmin Showlah | FIN | 7.64 |
| 6 | Marte Jørgensen | NOR | 7.80 |

| <i>200 m</i> | | 5 Feb | |
|--------------|------------------------------|------------|--------------|
| 1 | Ella Räsänen | FIN | 24.17 |
| 2 | Anna Hämäläinen | FIN | 24.52 |
| 3 | Elin Backman | SWE | 24.72 |
| 4 | Nina Brandt | NOR | 24.73 |
| 5 | Lena Berntsson | SWE | 24.95 |
| 6 | Julie Andrea Håskjold | NOR | 25.23 |

| <i>400 m</i> | | 5 Feb | |
|--------------|--------------------------|------------|--------------|
| 1 | Josefin Magnusson | SWE | 53.71 |
| 2 | Line Kloster | NOR | 54.46 |
| 3 | Lotta Lindsén | SWE | 55.27 |
| 4 | Aniinia Laitinen | FIN | 55.54 |
| 5 | Benedicte Hauge | NOR | 55.91 |
| 6 | Jeanine Nygård | FIN | 57.05 |

| <i>800 m</i> | | 5 Feb | |
|--------------|----------------------------|------------|----------------|
| 1 | Charlotte Schönbeck | SWE | 2:04.51 |
| 2 | Karin Storbacka | FIN | 2:05.91 |
| 3 | Suvi Selvenius | FIN | 2:06.62 |
| 4 | Elin Moraiti | SWE | 2:07.65 |
| 5 | Cecilie B. Isern | NOR | 2:12.82 |
| 6 | Veslemøy Ha usken | NOR | 2:24.79 |

Extra: Maria Valtanen, FIN DNF. Intermediate time 400m Valtanen 61.89

| <i>1500 m</i> | | 5 Feb | |
|---------------|----------------------------|------------|----------------|
| 1 | Heidi Eriksson | FIN | 4:20.76 |
| 2 | Viktoria Tegenfeldt | SWE | 4:23.01 |
| 3 | Kaisa Tyni | FIN | 4:29.23 |
| 4 | Elin Borglund | SWE | 4:31.71 |
| 5 | Sigrild Jervell Våg | NOR | 4:42.87 |
| 6 | Eira Jensen | NOR | 4:52.30 |

Extra: Suvi Selvenius, FIN DNF. Intermediate Times: 800m Eriksson 2:15.15, 1000m Eriksson 2:51.00

| <i>3000 m</i> | | 5 Feb | |
|---------------|-------------------------|------------|-----------------|
| 1 | Ulrika Johansson | SWE | 9:19.03 |
| 2 | Malin Liljestedt | SWE | 9:48.66 |
| 3 | Janica Mäkelä | FIN | 9:48.69 |
| 4 | Elina Lindgren | FIN | 9:50.43 |
| 5 | Ida Østerås | NOR | 10:00.54 |
| 6 | Ingeborg K. Lind | NOR | 10:17.66 |

Intermediate times: 1000m Johansson 3:07.05, 1500m Johansson 4:41.21, 2000m Johansson 6:16.03

| <i>60 m hurdles</i> | | 5 Feb | |
|---------------------|----------------------------|------------|-------------|
| 1 | Christina Vukicevic | NOR | 7.92 |
| 2 | Carolina Klüft | SWE | 8.26 |
| 3 | Nooralotta Neziro | FIN | 8.32 |
| 4 | Isabelle Pedersen | NOR | 8.38 |
| 5 | Emma Tuve sson | SWE | 8.40 |
| 6 | Oda Aidenpää | FIN | 8.43 |

| <i>300 m hurdles</i> | | 5 Feb | |
|----------------------|-------------------------|------------|--------------|
| 1 | Stine Tomb | NOR | 40.09 |
| 2 | Frida Persson | SWE | 41.43 |
| 3 | Emilia Granqvist | SWE | 41.43 |
| 4 | Noora Toivo | FIN | 41.62 |
| 5 | Emma Millard | FIN | 43.14 |
| 6 | Hege Vold | NOR | 43.89 |

| <i>High jump</i> | | 5 Feb | |
|------------------|------------------------|------------|-------------|
| 1 | Ebba Ljungmark | SWE | 1.91 |
| 2 | Tonje Angelsen | NOR | 1.88 |
| 3 | Øyunn Grindem | NOR | 1.88 |
| 4 | Laura Rautanen | FIN | 1.82 |
| 5 | Ellen Björklund | SWE | 1.82 |
| 6 | Elina Smolander | FIN | 1.76 |

| Series | 1.67 | 1.70 | 1.73 | 1.76 | 1.79 | 1.82 | 1.85 | 1.88 | 1.91 | 1.93 |
|--------|------|------|------|------|------|------|------|------|------|------|
| 1 | | | | | | XO | O | O | XO | XXX |
| 2 | | O | - | O | - | XO | O | O | XXX | |
| 3 | | | | | | O | O | XO | XXX | |
| 4 | | O | O | O | O | XXO | XXX | | | |
| 5 | | O | O | O | XO | XXO | XXX | | | |
| 6 | O | O | O | O | XXX | | | | | |

| <i>Pole vault</i> | | 5 Feb | |
|-------------------|---------------------------|------------|-------------|
| 1 | Malin Dahlström | SWE | 4.40 |
| 2 | Minna Nikkanen | FIN | 4.25 |
| 3 | Cathrine Larsåsen | NOR | 4.25 |
| 4 | Fanny Berglund | SWE | 4.10 |
| 5 | Tiina Taavitsainen | FIN | 3.80 |
| 6 | Julie Farseth Berg | NOR | 3.35 |

9 Herta Heikkinen, FIN 4.638, 10 Ida Otstavel, FIN 4,83, 11 Camilla Lipczak Nielsen, DEN 3.995, 12 Mette Graversgaard, DEN 3.984, Guro Forbord Anderssen, DNF (100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 500g, 800m)

| | | | | | | | |
|----|-------|------|-------|-------|------|-------|---------|
| 1 | 13.98 | 1.67 | 13.90 | 25.84 | 5.63 | 34.67 | 2:24.28 |
| | 981 | 818 | 793 | 811 | 738 | 565 | 766 |
| | +0,5 | | | +2,0 | +1,9 | | |
| 2 | 14.44 | 1.67 | 12.59 | 24.68 | 6.00 | 30.09 | 2:22.64 |
| | 917 | 818 | 700 | 916 | 850 | 478 | 788 |
| | +0,5 | | | +2,0 | +1,6 | | |
| 3 | 15.29 | 1.64 | 10.40 | 25.18 | 5.73 | 40.06 | 2:15.37 |
| | 804 | 783 | 556 | 870 | 768 | 668 | 888 |
| | +0,5 | | | +2,0 | +1,2 | | |
| 4 | 14.92 | 1.70 | 11.36 | 26.06 | 5.36 | 30.45 | 2:35.73 |
| | 852 | 855 | 610 | 792 | 660 | 485 | 623 |
| | +0,5 | | | +2,3 | +1,8 | | |
| 5 | 14.70 | 1.61 | 11.20 | 26.47 | 5.52 | 35.23 | 2:37.12 |
| | 882 | 747 | 608 | 757 | 706 | 576 | 606 |
| | +0,5 | | | +1,7 | -0,3 | | |
| 6 | 15.12 | 1.64 | 11.97 | 27.06 | 5.19 | 36.36 | 2:32.14 |
| | 826 | 783 | 659 | 707 | 612 | 598 | 666 |
| | +0,5 | | | +1,7 | -0,2 | | |
| 7 | 15.47 | 1.70 | 12.58 | 26.54 | 5.10 | 29.24 | 2:29.24 |
| | 781 | 855 | 700 | 751 | 587 | 462 | 702 |
| | +0,5 | | | +1,7 | -0,3 | | |
| 8 | 14.69 | 1.52 | 10.64 | 25.81 | 5.46 | 29.66 | 2:35.57 |
| | 883 | 644 | 517 | 814 | 659 | 470 | 625 |
| | +0,5 | | | +1,7 | +1,4 | | |
| 9 | 15.47 | 1.61 | 12.15 | 26.59 | 5.03 | 31.42 | 2:35.78 |
| | 781 | 747 | 671 | 746 | 567 | 604 | 622 |
| | +0,5 | | | +2,0 | -1,2 | | |
| 10 | 15.25 | 1.55 | 12.96 | 27.07 | 5.05 | 34.37 | 2:42.98 |
| | 809 | 678 | 718 | 706 | 573 | 560 | 539 |
| | +0,5 | | | +2,3 | +1,2 | | |
| 11 | 16.15 | 1.61 | 9.35 | 27.47 | 4.44 | 24.04 | 2:36.37 |
| | 696 | 747 | 487 | 673 | 413 | 364 | 615 |
| | +0,5 | | | +2,3 | +1,2 | | |
| 12 | 15.92 | 1.45 | 8.17 | 26.76 | 4.92 | 19.84 | 2:30.74 |
| | 724 | 610 | 610 | 732 | 538 | 286 | 684 |
| | +0,5 | | | +2,3 | +1,1 | | |
| | 14.49 | 1.49 | 11.91 | DNS | | | |
| | 910 | 610 | 655 | | | | |

High jump

| | 1.40 | 1.43 | 1.46 | 1.49 | 1.52 | 1.55 | 1.58 | 1.61 | 1.64 | 1.67 | 1.70 | 1.73 |
|----|------|------|------|------|------|------|------|------|------|------|------|------|
| 1 | | | | o | o | o | o | xo | xo | xxo | xxx | |
| 2 | o | . | o | - | o | o | o | o | xxo | o | xo | xxx |
| 3 | | | | | o | - | o | o | xo | xxx | | |
| 4 | | | | | | | xo | o | o | xo | o | xxx |
| 5 | | | o | o | o | xo | xo | o | xxx | | | |
| 6 | | | | | o | o | o | o | o | xxx | | |
| 7 | | | | | | | o | - | xxo | o | xo | xxx |
| 8 | | | xo | xxo | xxo | xxx | | | | | | |
| 9 | | | o | o | o | o | xxo | o | xxx | | | |
| 10 | | | o | o | o | xi | xxx | | | | | |
| 11 | | | | o | o | o | o | xo | xxx | | | |
| 12 | | | o | xxo | xxx | | | | | | | |
| | o | - | o | xxo | | | | | | | | |

Long jump

| | 5.33 | 5.55 | 5.63 | 11.62 | 13.00 | 13.98 | 20.20 | 34.67 | 31.58 |
|----|------|------|------|-------|-------|-------|-------|-------|-------|
| 1 | -0,6 | +1,7 | +1,9 | | | | | | |
| 2 | 5.85 | 5.80 | 6.00 | 11.89 | 11.78 | 12.59 | 28.64 | 30.09 | 29.85 |
| | +0,9 | 0,0 | +1,6 | | | | | | |
| 3 | 5.54 | X | 5.73 | 9.30 | 9.86 | 10.40 | 40.06 | 36.10 | 36-94 |
| | +0,1 | | +1,2 | | | | | | |
| 4 | X | X | 5.36 | 10.35 | 11.36 | 10.83 | 25.81 | X | 30.45 |
| | | | +0,8 | | | | | | |
| 5 | 5.29 | 5.50 | 5.52 | 9.24 | 9.56 | 11.20 | 30.32 | 30.34 | 35.23 |
| | +0,8 | +0,5 | -0,3 | | | | | | |
| 6 | 5.19 | X | X | 10.82 | 11.71 | 11.97 | 36.36 | 35.48 | 33.49 |
| | -0,2 | | | | | | | | |
| 7 | 5.10 | 4.73 | 5.02 | X | 12.58 | 12.51 | X | 29.24 | X |
| | -0,3 | +2,9 | +2,6 | | | | | | |
| 8 | 5.46 | X | 5.36 | 10.36 | 10.64 | 10.61 | 25.40 | 29.66 | 23.46 |
| | +1,4 | | 0,0, | | | | | | |
| 9 | X | 5.03 | X | 11.31 | 12.15 | 11.40 | 31.38 | 31.42 | 26.41 |
| | | -1,2 | | | | | | | |
| 10 | X | 4.92 | 5.05 | 12.22 | 12.49 | 12.86 | 30.66 | 32.46 | 34.37 |

Shot put

Javelin throw

| | | | | | | | | | | | | |
|----|------|------|------|------|-------|-------|-------|-------|-------|--|--|--|
| | +0,4 | +1,2 | | | | | | | | | | |
| 11 | 4.24 | 4.09 | 4.44 | 9:12 | 9.35 | 9.13 | 24.04 | 19.94 | 23.58 | | | |
| | +0,3 | +0,2 | +1,2 | | | | | | | | | |
| 12 | 4.70 | 4.73 | 4.92 | X | 8.17 | 7.88 | 19.84 | X | X | | | |
| | -0,2 | -0,7 | +1,1 | | | | | | | | | |
| | | | | | 11.91 | 11.75 | 11.67 | | | | | |

8th Nordic U20 Match & Championships

Østerbro, København, DEN 3-4 Sep

| Men | | | |
|-----|----------------------------|------------|-----------------|
| | 100 m | 3 Sep | -1,9 |
| 1 | Andreas Trajkovski | DEN | 10.83 |
| 2 | Odain Rose | SWE | 10.83 |
| 3 | Eetu Rantala | FIN | 10.84 |
| 4 | Jan Wocalevski | SWE | 10.91 |
| 5 | Salum Agezhe Kashafali | NOR | 11.04 |
| 6 | Even Pettersen | NOR | 11,09 |
| 7 | Markus Koivola | FIN | 11.18 |
| 8 | Kolbeinn Höður Gunnarsson | ISL | 11.34 |
| | 200 m | 4 Sep | -0,1 |
| 1 | Andreas Trajkovski | DEN | 21.79 |
| 2 | Sunday Ojuri | SWE | 21.99 |
| 3 | Jani Koskela | FIN | 22.07 |
| 4 | Eetu Rantala | FIN | 22.19 |
| 5 | Sondre Nyvold Lid | NOR | 22.22 |
| 6 | Even Pettersen | NOR | 22.24 |
| 7 | Viktor Jönsson | SWE | 22,46 |
| 8 | Ívar Kristinn Jasonarson | ISL | 11.72 |
| | 400 m | 3 Sep | |
| 1 | Sondre Nyvold Lid | NOR | 47.79 |
| 2 | Andreas Roth | NOR | 48.38 |
| 3 | Alexander Lesser | SWE | 49.07 |
| 4 | Ívar Kristinn Jasonarson | ISL | 49.25 |
| 5 | Eetu Viitala | FIN | 49.51 |
| 6 | Juuso Hassi | FIN | 49.77 |
| 7 | Patrick Sjöo | SWE | 49.85 |
| 8 | Emil Strøm | DEN | 50.47 |
| | 800 m | 4 Sep | |
| 1 | Johan Rogestedt | SWE | 1:50.41 |
| 2 | Håkon Mushom | NOR | 1:51.31 |
| 3 | Thomas Solberg Eide | NOR | 1:51.95 |
| 4 | Christoffer Ohlsson | SWE | 1:52.10 |
| 5 | Aki Haiko | FIN | 1:55.11 |
| 6 | Mihn Kyun Cho | DEN | 1:55.34 |
| 7 | Lauri Junnila | FIN | 1:56.78 |
| 8 | Frederik Fürstenberg | DEN | 1:57.28 |
| | 1500 m | 3 Sep | |
| 1 | Thomas Solberg Eide | NOR | 3:55.09 |
| 2 | Elmar Engholm | SWE | 3:56.78 |
| 3 | Kalle Keskipoikela | FIN | 4:00.58 |
| 4 | Elias Bjuhr | SWE | 4:02.51 |
| 5 | Ville Heikkilä | FIN | 4:04.46 |
| 6 | Ferdinand Kvan Edman | NOR | 4:05.69 |
| 7 | Zacharias Grassme | DEN | 4:07.27 |
| | Peter Glans | DEN | DNS |
| | 5000 m | 3 Sep | |
| 1 | Jepppe Harboe | DEN | 15:03.95 |
| 2 | Filip Johansson | SWE | 15:04.70 |
| 3 | Martti Siikalouma | FIN | 15:07.62 |
| 4 | Kristian Blummenfelt | NOR | 15:12.01 |

| | | | |
|---|-------------------|-----|----------|
| 5 | Peter Glans | DEN | 15:16.03 |
| 6 | Ahmed Muktar Adam | NOR | 15:25.79 |
| 7 | John Kingstedt | SWE | 15:27.98 |
| 8 | Jaakko Piesanen | FIN | 15:57.44 |

110 m hurdles

| | | | |
|---|----------------------|------------|--------------|
| | | 4 Sep | -1,5 |
| 1 | Jussi Kanervo | FIN | 14.04 |
| 2 | Elmo Lakka | FIN | 14.38 |
| 3 | Anton Levin | SWE | 14.47 |
| 4 | Anders Leifsson | SWE | 14.47 |
| 5 | Marius Bakken Støle | NOR | 14.99 |
| 6 | Christoffer Durafour | DEN | 15.27 |
| 7 | Emil Strøm | DEN | 15.89 |
| 8 | Markus Loftås | NOR | 16.40 |

400 m hurdles

| | | | |
|---|--------------------------|------------|--------------|
| | | 3 Sep | |
| 1 | Oskari Möror | FIN | 51.84 |
| 2 | Don-Zheni Ekoebve | FIN | 52.60 |
| 3 | Markus Loftås | NOR | 52.85 |
| 4 | Marius Bakken Støle | NOR | 53.73 |
| 5 | Nicolai Hartling | DEN | 53.81 |
| 6 | Hampus Widlund | SWE | 54.29 |
| 7 | Anton Nilsson | SWE | 54.40 |
| 8 | Joachim Larsen | DEN | 56.91 |

3000 m steeplechase

| | | | |
|---|-----------------------------|------------|----------------|
| | | 4 Sep | |
| 1 | Elmar Engholm | SWE | 9:05.69 |
| 2 | Albin Olausson | SWE | 9:15.93 |
| 3 | Ferdinand Kvan Edman | NOR | 9:21.07 |
| 4 | Vega rd Løberg Gjelsvik | NOR | 9:24.96 |
| 5 | Kasper Skov | DEN | 9:51.81 |
| 6 | Ossi Hakulinen | FIN | 10:19.22 |
| 7 | Frederik Christensen | DEN | 10:22.17 |
| 8 | Anton Haapanen | FIN | 10:42.21 |

5000 m Walk

| | | | |
|---|------------------------------|------------|-----------------|
| | | 4 Sep | |
| 1 | Anders Hansson | SWE | 22:42.97 |
| 2 | Joakim Sælen | NOR | 23:25.88 |
| 3 | Syver Andersen Morvik | NOR | 24:24.08 |
| 4 | Juss o Juokas | FIN | 24:42.83 |
| 5 | Fredrik Sandmer | SWE | 25:08.10 |
| | Aleksi Ojala | FIN | DQ |

High jump

| | | | |
|---|--------------------------|------------|-------------|
| | | 3 Sep | |
| 1 | Erik Liberg | SWE | 2.07 |
| 2 | Markus Kaurto | FIN | 2.05 |
| 3 | Arlind Shaluni | SWE | 2.03 |
| 4 | Charles Kamau | DEN | 2.01 |
| 4 | Richard Östman | FIN | 2.01 |
| 6 | Jens Kristian Andenæs | NOR | 1.93 |
| 7 | Sindre Gelius Eikje | NOR | 1.90 |
| | Hreinn Heiðar Jóhannsson | ISL | NM |

| | | | | | | | | | | | |
|--------|------|------|------|------|------|------|------|------|------|------|------|
| Series | 1.80 | 1.85 | 1.90 | 1.93 | 1.96 | 1.99 | 2.01 | 2.03 | 2.05 | 2.07 | 2.09 |
| 1 | | | o | o | o | o | o | o | o | o | xxx |
| 2 | | | | o | o | xxo | xo | xo | xo | xxx | |
| 3 | | | | o | o | o | o | o | o | xxx | |
| 4 | | | | o | o | o | o | xxx | | | |
| 4 | | | | o | o | o | o | xxx | | | |
| 6 | o | - | o | o | xxx | | | | | | |
| 7 | | o | xxx | xxx | | | | | | | |
| | | | xxx | | | | | | | | |

Pole vault

| | | | |
|---|---------------------------|------------|-------------|
| | | 4 Sep | |
| 1 | Per Magne Florvaag | NOR | 4.85 |
| 2 | Arvid Lindahl | SWE | 4.85 |
| 3 | Jaakko Sihvonen | FIN | 4.75 |
| 4 | Simon Gyllensten | SWE | 4.75 |
| 5 | Andreas Rønning | DEN | 4.55 |

| | | | |
|---|------------------------|-----|------|
| 6 | Ingi Rúnar Kristinsson | ISL | 4.45 |
| 7 | Eirik Greinrokk Dolve | NOR | 4.35 |
| | Sami Jaatinen | FIN | NM |

| | | | | | | | | | |
|--------|------|------|------|------|------|------|------|------|------|
| Series | 3.80 | 4.20 | 4.35 | 4.45 | 4.55 | 4.65 | 4.75 | 4.85 | 4.95 |
| 1 | | | | o | - | xo | - | o | xxx |
| 2 | | | | | | o | o | xxx | xxx |
| 3 | | | | o | o | o | o | xxx | |
| 4 | | | | | | | xxx | - | xxx |
| 5 | | | o | xxx | o | xxx | | | |
| 6 | | xo | xxx | o | xxx | | | | |
| 7 | o | - | xxx | xx | | | | | |
| | | | xxx | | | | | | |

Long jump

| | | | |
|---|--------------------------|------------|-------------|
| | | 3 Sep | |
| 1 | Andreas Andersson | SWE | 7.12 |
| 2 | Filip Hjort | SWE | 6.99 |
| 3 | Frederik Thomsen | DEN | 6.95 |
| 4 | Jarmo Kaleva | FIN | 6.95 |
| 5 | Samuli Pitkänen | FIN | 6.87 |
| 6 | Martin Roe | NOR | 6.72 |
| 7 | Philip Bay Andersen | NOR | 6.53 |
| 8 | Juan Ramon Borges Bosque | ISL | 6.29 |

| | | | | | | |
|--------|------|------|------|------|------|------|
| Series | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 6.83 | - | 7.01 | 7.12 | X | 7.02 |
| | +0,2 | | -2,1 | -1,8 | | -0,7 |
| 2 | 6.50 | 6.63 | 6.90 | 6.99 | 6.89 | 6.99 |
| | -3,2 | -1,6 | -1,3 | -1,4 | -1,0 | -1,0 |
| 3 | 6.53 | 6.86 | 6.84 | 6.95 | 6.76 | 6.83 |
| | +0,2 | -1,1 | +0,9 | -1,9 | +0,1 | +1,0 |
| 4 | 6.75 | 6.86 | - | 6.95 | X | 6.65 |
| | -0,6 | -0,3 | | -0,5 | | -0,7 |
| 5 | 4.48 | 6.72 | 6.51 | 6.87 | 6.83 | 6.81 |
| | -0,9 | -1,1 | -0,6 | +0,8 | -0,5 | -0,6 |
| 6 | 6.55 | 6.66 | 6.61 | 6.53 | 6.72 | 6.72 |
| | -0,2 | -0,9 | +1,6 | -0,8 | -0,7 | +0,1 |
| 7 | - | - | 6.53 | X | 2.19 | X |
| | | | +1,0 | | -1,6 | |
| 8 | - | 2.89 | 2.59 | X | 6.29 | 5.94 |
| | | +0,2 | -0,2 | | -1,6 | +0,1 |

Triple jump

| | | | |
|---|-----------------------|------------|--------------|
| | | 4 Sep | |
| 1 | Dastid Selmani | SWE | 14.85 |
| 2 | Jesper Vestbø | NOR | 14.56 |
| 3 | Sadeeh Mbye | SWE | 14.46 |
| 4 | Samuli Pitkänen | FIN | 14.36 |
| 5 | Tommi Huoponen | FIN | 14.08 |
| 6 | Jannick Bagge | DEN | 13.95 |
| 7 | Jacob Bo Hedeager | DEN | 13.79 |
| 8 | Karsten Warholm | NOR | 13.76 |

| | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|
| Series | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 14.27 | X | 14.57 | X | X | 14.85 |
| | 0,0 | | -0,9 | | | +1,4 |
| 2 | 14.37 | 14.46 | X | 14.56 | 14.38 | 14.37 |
| | +1,1 | -0,7 | | -0,8 | +1,3 | +0,4 |
| 3 | X | 14.19 | 14.46 | 14.20 | 14.23 | X |
| | | 0,0 | +1,6 | -0,8 | +0,3 | |
| 4 | 13.81 | 14.14 | 14.36 | X | X | - |
| | -0,1 | +1,1 | +3,8 | | | |
| 5 | X | 13.50 | X | 13.81 | 13.89 | 14.08 |
| | | -0,4 | | -0,2 | -0,9 | 0,0 |
| 6 | X | X | X | X | 13.95 | X |
| | | | | | 0,0 | |
| 7 | 13.32 | 13.79 | 13.79 | X | 13.31 | 13.73 |
| | -0,3 | 0,0 | +2,5 | | 0,0 | +1,0 |
| 8 | 13.75 | 13.58 | 13.66 | X | 13.76 | 13.59 |
| | 0,0 | -1,7 | -0,7 | | -0,6 | 0,0 |

Shot put

| | | | |
|---|-------------------------|------------|--------------|
| | | 3 Sep | 6 kg |
| 1 | Arttu Kangas | FIN | 18.78 |
| 2 | Arwid Koskinen | SWE | 18.35 |
| 3 | Ville Savolainen | FIN | 17.96 |
| 4 | Niklas Lindstedt | SWE | 16.98 |
| 5 | Sven Martin Skagestad | NOR | 16.51 |
| 6 | Christoffer Mikkelsen | DEN | 16.23 |
| 7 | Martin Hansen Lillevik | NOR | 15.57 |
| 8 | Sindri Lárusson | ISL | 15.04 |

| | | | | | | |
|--------|-------|-------|---|---|---|-------|
| Series | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 18.13 | 18.78 | X | X | X | 18.66 |

| | | | | | | |
|---|-------|-------|-------|-------|-------|-------|
| 2 | 18.35 | X | 17.94 | X | 18.20 | X |
| 3 | X | 17.75 | 17.39 | 17.77 | 17.96 | 17.95 |
| 4 | 16.98 | X | X | X | X | 16.85 |
| 5 | X | 15.05 | 16.03 | 15.88 | 16.35 | 16.51 |
| 6 | X | 15.59 | 16.23 | 14.52 | X | X |
| 7 | X | X | X | 15.57 | X | X |
| 8 | X | 14.42 | X | 14.08 | X | 15.04 |

Discus throw 4 Sep 1,75kg

| | | | |
|---|-------------------------|------------|--------------|
| 1 | Daniel Ståhl | SWE | 57.66 |
| 2 | Søren Børsting | DEN | 53.44 |
| 3 | Micael Ljungberg | SWE | 52.13 |
| 4 | Teemu Poikolainen | FIN | 51.33 |
| 5 | Kalle Kivioja | FIN | 50.98 |
| 6 | Martin Roe | NOR | 45.60 |
| 7 | Ingi Rúnar Kristinsson | ISL | 44.15 |
| 8 | Martin Hansen Lillevik | NOR | 40.43 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 54.36 | 56.70 | X | 55.61 | 56.53 | 57.66 |
| 2 | 47.59 | 53.44 | 52.89 | 48.82 | X | 51.31 |
| 3 | 59.35 | 49.45 | X | 49.47 | 48.96 | 52.13 |
| 4 | 48.45 | 50.80 | 50.95 | 51.33 | 50.78 | X |
| 5 | 50.98 | 49.59 | 48.48 | 50.83 | 50.95 | X |
| 6 | 39.67 | X | 45.02 | X | 45.60 | X |
| 7 | 44.15 | 42.59 | 42.86 | X | 37.67 | 43.50 |
| 8 | X | X | X | X | 40.43 | X |

Hammer throw 3 Sep 6 kg

| | | | |
|---|------------------------|------------|--------------|
| 1 | Ilmari Lahtinen | FIN | 73.15 |
| 2 | Juho Saarikoski | FIN | 71.60 |
| 3 | Oscar Vestlund | SWE | 68.82 |
| 4 | Matthias Hansson-Berg | SWE | 62.54 |
| 5 | Kjetil Røste Ringen | NOR | 62.42 |
| 6 | Jørgen Olsen Austnes | NOR | 62.40 |
| 7 | Hilmar Örn Jónsson | ISL | 55.47 |
| 8 | Jona than Sand Groves | DEN | 48.21 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | X | 64.00 | 69.38 | 73.15 | 70.08 | X |
| 2 | 70.91 | 71.00 | X | 71.60 | 67.80 | 70.79 |
| 3 | X | 65.91 | X | 68.82 | 67.77 | 68.02 |
| 4 | X | 62.42 | 61.10 | X | 60.70 | 62.54 |
| 5 | 62.42 | 62.06 | X | X | 60.95 | 61.39 |
| 6 | 61.34 | 57.66 | 61.08 | 59.48 | 62.40 | X |
| 7 | 54.55 | X | 54.43 | X | 52.37 | 55.47 |
| 8 | X | 47.19 | X | 46.06 | 48.21 | 47.70 |

Javelin throw 4 Sep 0,8 kg

| | | | |
|---|------------------------------|------------|--------------|
| 1 | Størk Avelsgaard Lien | NOR | 67.63 |
| 2 | Tuukka Taitonen | FIN | 67.13 |
| 3 | Sebastian Thörngren | SWE | 65.99 |
| 4 | Johan Carlqvist | SWE | 64.59 |
| 5 | Jarmo Marttila | FIN | 63.88 |
| 6 | Martin Roe | NOR | 63.54 |
| 7 | Andreas Berthelsen | DEN | 58.68 |
| 8 | Sindri Hrafn Guðmundsson | ISL | 56.66 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 64.24 | 56.15 | 63.50 | 61.90 | 67.17 | 67.63 |
| 2 | 65.09 | 62.90 | X | 67.13 | X | 63.27 |
| 3 | 65.99 | 60.90 | X | 64.24 | 63.86 | X |
| 4 | 63.01 | 64.59 | 60.58 | X | X | 64.34 |
| 5 | 63.88 | X | 59.75 | 58.53 | X | 57.38 |
| 6 | 55.28 | 57.94 | 59.41 | 59.73 | 60.46 | 63.54 |
| 7 | 52.76 | 52.59 | 45.73 | 58.68 | 52.83 | 51.89 |
| 8 | X | 53.35 | X | 54.65 | 56.66 | X |

4x100 m relay 3 Sep

| | | | |
|---|------------|--------------|---|
| 1 | FIN | 41.61 | (Markus Koivola, Elmo Lakka, Jussi Kanervo, Eetu Rantala) |
| 2 | DEN | 41.72 | (Andreas Trajkovski, Morten Dalgaard Madsen, Mikkel Brich Dam, Frederik Thomsen) |
| 3 | NOR | 42.10 | (Even Pettersen, Henrik Overvåg, Martin Roe, Salum Agezhe Kashafali) |
| 4 | ISL | 42.64 | (Kolbeinn Höður Gunnarsson, Ívar Kristinn Jasonarson, Ingi Rúnar Kristinsson, Juan Ramon Borges Bosque) |
| | SWE | DQ | (Andreas Engwall, Sunday Ojuri, Jan Wocialewski, Odain Rose) |

4x400 m relay 4 Sep

| | | | |
|---|------------|----------------|---|
| 1 | NOR | 3:13.84 | (Sondre Nyvold Lid, Per Magne Florvaag, Roald Frøskeland, Andreas Roth) |
| 2 | FIN | 3:17.93 | (Jani Koskela, Oskari Mörrö, Eetu Viitala, Juuso Hassi) |
| 3 | SWE | 3:19.51 | (Axel Bergrahm, Alexander Lesser, Christoffer Ohlsson, Patrick Sjöö) |
| 4 | DEN | 3:21.85 | (Emil Strøm, Mihn Kyun Cho, Martin Kristensen, Nicolai Hartling) |
| 5 | ISL | 3:22.00 | (Kolbeinn Höður Gunnarsson, Ívar Kristinn Jasonarson, Ingi Rúnar Kristinsson, Juan Ramon Borges Bosque) |

| Points Men | Nation | |
|------------|---------|-------|
| | SWE | 219 |
| | FIN | 188,5 |
| | NOR | 171 |
| | DEN/ISL | 109,5 |

Women

100 m 3 Sep -0,3

| | | | |
|---|---------------------------|------------|--------------|
| 1 | Caroline Sandsjoe | SWE | 11.92 |
| 2 | Nooralotta Neziiri | FIN | 12.12 |
| 3 | Maria Räsänen | FIN | 12.17 |
| 4 | Astrid Mangen Cederkvist | NOR | 12.24 |
| 5 | Linnea Alstermark | SWE | 12.31 |
| 6 | Annelouise V. Jensen | DEN | 12.33 |
| 7 | Eline Breilid | NOR | 12.61 |
| 8 | Dóra Hlin Loftsdóttir | ISL | 12.94 |

200 m 4 Sep -0,7

| | | | |
|---|---------------------------------|------------|--------------|
| 1 | Astrid Mangen Cederkvist | NOR | 24.69 |
| 2 | Maria Räsänen | FIN | 24.96 |
| 3 | Marie Sønnerfors | SWE | 24.98 |
| 4 | Annelouise V. Jensen | DEN | 25.04 |
| 5 | Hanna Adriansson | SWE | 25.10 |
| 6 | Siv Krakeli Sneen | NOR | 25.29 |
| 7 | Arna S. Guðmundsdóttir | ISL | 25.77 |
| 8 | Jonna Julin | FIN | 26.00 |

400 m 3 Sep

| | | | |
|---|------------------------------|------------|--------------|
| 1 | Aino Paunonen | FIN | 55.64 |
| 2 | Julie Andrea Håskjold | NOR | 55.90 |
| 3 | Jonna Julin | FIN | 56.40 |
| 4 | Arna S. Guðmundsdóttir | ISL | 56.42 |
| 5 | Vendela Mi ndelöf | SWE | 57.10 |
| 6 | Vilde Svortevik | NOR | 57.65 |
| 7 | Anna Thestrup Andersen | DEN | 59.91 |
| 8 | Ewa Marcinkiewicz | SWE | 60.03 |

800 m 3 Sep

| | | | |
|---|----------------------------|------------|----------------|
| 1 | Anita Hinriksdóttir | ISL | 2:08.64 |
| 2 | Zenitha Eriksson | SWE | 2:09.63 |
| 3 | Sofie Näslund | SWE | 2:10.29 |
| 4 | Dagmar Fæster Olsen | DEN | 2:11.85 |
| 5 | Frida Thorsås | NOR | 2:14.22 |
| 6 | Ida Holm | SWE | 2:14.73 |
| 7 | Aurora Holopainen | FIN | 2:15.64 |
| 8 | Veronica Undseth | NOR | 2:19.72 |

1500 m 4 Sep

| | | | |
|---|----------------------------|------------|----------------|
| 1 | Frida Berge | NOR | 4:27.14 |
| 2 | Mari Rantanen | FIN | 4:27.92 |
| 3 | Anita Hinriksdóttir | ISL | 4:28.59 |
| 4 | Ingeborg Løvnes | NOR | 4:32.85 |
| 5 | Ida Holm | SWE | 4:33.67 |
| 6 | Sofie Lövdahl | FIN | 4:35.26 |

| | | | |
|---|-------------------|-----|---------|
| 7 | Katrine Reinholdt | DEN | 4:39.55 |
| 8 | Julia Nilsson | SWE | 4:49.19 |

| | | | | |
|---------------|----------------------------|------------|----------------|-------|
| <i>3000 m</i> | | | | 3 Sep |
| 1 | Meri Rantanen | FIN | 9:23.68 | |
| 2 | Viivi Rantanen | FIN | 9:45.35 | |
| 3 | Frida Berge | NOR | 9:52.00 | |
| 4 | Frida Kristiansson | SWE | 9:58.96 | |
| 5 | Karoline Egeland Skatteboe | NOR | 10:00.20 | |
| 6 | Emilia Ohlin | SWE | 10:07.56 | |
| 7 | Josefine Thestrup | DEN | 10:17.56 | |
| 8 | Josefine Rytter | DEN | 10:26.68 | |

| | | | | | |
|----------------------|----------------------------|------------|--------------|-------|------|
| <i>100 m hurdles</i> | | | | 4 Sep | -2,5 |
| 1 | Nooralotta Neziri | FIN | 14.06 | | |
| 2 | Ida Hansen | SWE | 14.44 | | |
| 3 | Charlotte Skogström | SWE | 14.56 | | |
| 4 | Tiina Säily | FIN | 14.66 | | |
| 5 | Agathe Holtan Wathne | NOR | 14.68 | | |
| 6 | Eline Breilid | NOR | 14.78 | | |
| 7 | Mathilde Heltbech | DEN | 15.00 | | |
| 8 | María R. Gunnlaugsdóttir | ISL | 15.20 | | |

| | | | | |
|----------------------|---------------------------------|------------|--------------|-------|
| <i>400 m hurdles</i> | | | | 3 Sep |
| 1 | Ewa Marciekiewicz | SWE | 60.15 | |
| 2 | Vilde Svortevik | NOR | 61.01 | |
| 3 | Stefania Valdemarsdóttir | ISL | 61.41 | |
| 4 | Solveig Lie Onstad | NOR | 62.91 | |
| 5 | Siri Heiskanen | FIN | 62.98 | |
| 6 | Celine Fogde | FIN | 63.79 | |
| 7 | Madeleine Eriksson | SWE | 64.28 | |
| 8 | Nanna Boholm | DEN | 64.35 | |

| | | | | |
|----------------------------|---------------------------|------------|----------------|-------|
| <i>2000 m steeplechase</i> | | | | 4 Sep |
| 1 | Viivi Rantanen | FIN | 6:45.13 | |
| 2 | Ida Østerås | NOR | 6:48.22 | |
| 3 | Frida Kristiansson | SWE | 6:52.36 | |
| 4 | Camilla Richardsson | FIN | 7:05.09 | |
| 5 | Aurora Selstad Dybedokken | NOR | 7:10.83 | |
| 6 | Caroline Tauson | DEN | 7:13.48 | |
| 7 | Laura Lambæk Knudsen | DEN | 7:34.20 | |
| 8 | Malin Strand | SWE | 7:34.45 | |

| | | | | |
|--------------------|------------------------------|------------|-----------------|-------|
| <i>3000 m walk</i> | | | | 4 Sep |
| 1 | Annika Norman | SWE | 14:49.87 | |
| 2 | Sanna Mäenpää | FIN | 15:51.72 | |
| 3 | Kristiane Rygg | NOR | 16:13.07 | |
| 4 | Maria Aydin | SWE | 16:52.38 | |
| 5 | Laura A. Danielsen | DEN | 17:43.44 | |
| 6 | Ingeborg Marie Johansen Wåde | NOR | 20:00.11 | |
| | Felicia Hogrell | SWE | DNS | |

| | | | | |
|------------------|----------------------------|------------|-------------|-------|
| <i>High jump</i> | | | | 4 Sep |
| 1 | Senni Ronkainen | FIN | 1.81 | |
| 2 | Anne Engen Andersen | NOR | 1.77 | |
| 3 | Caroline Andersson | SWE | 1.75 | |
| 4 | Elisa Oksanen | FIN | 1.75 | |
| 5 | Sofie Björklund | SWE | 1.71 | |
| 6 | Sofie Albrechtsen | DEN | 1.69 | |
| 7 | Martine Bye | NOR | 1.69 | |
| 8 | Sandra B. Christensen | DEN | 1.69 | |

| | | | | | | | | | | | | |
|--------|------|------|------|------|------|------|------|------|------|------|------|------|
| Series | 1.55 | 1.60 | 1.63 | 1.66 | 1.69 | 1.71 | 1.73 | 1.75 | 1.77 | 1.79 | 1.81 | 1.83 |
| 1 | | | | | | | | | | | | xxx |
| 2 | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | |

| | | | | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--|--|-----|-----|
| 6 | | | | | | | | | | | xxx | |
| 7 | | | | | | | | | | | | xxx |
| 8 | | | | | | | | | | | | xxx |

| | | | | |
|-------------------|------------------------|------------|-------------|-------|
| <i>Pole vault</i> | | | | 3 Sep |
| 1 | Michaela Meijer | SWE | 4.26 | |
| 2 | Line R. Jensen | DEN | 3.75 | |
| 2 | Emmi Manninen | FIN | 3.75 | |
| 4 | Jatta Salmela | FIN | 3.65 | |
| 4 | Sophie Jensen | SWE | 3.65 | |
| 6 | Lene Retzius | NOR | 3.65 | |
| 7 | Julie Farseth Berg | NOR | 3.55 | |
| 8 | Arna Ýr Jónsdóttir | ISL | 3.45 | |

| | | | | | | | | | | | |
|--------|------|------|------|------|------|------|------|------|------|------|------|
| Series | 3.00 | 3.20 | 3.35 | 3.45 | 3.55 | 3.65 | 3.75 | 3.85 | 4.05 | 4.26 | 4.36 |
| 1 | | | | | | | | | | | |
| 2 | | | | | | | | | | | |
| 2 | | | | | | | | | | | |
| 4 | | | | | | | | | | | |
| 4 | | | | | | | | | | | |
| 6 | | | | | | | | | | | |
| 7 | | | | | | | | | | | |
| 8 | | | | | | | | | | | |

| | | | | |
|------------------|-----------------------------------|------------|------------------|-------|
| <i>Long jump</i> | | | | 4 Sep |
| 1 | Sveinbjörg Zophoniasdóttir | ISL | 6.08 +1,9 | |
| 2 | Tiia Mäki | FIN | 5.94 -0,7 | |
| 3 | Elina Kostainen | FIN | 5.80 +1,1 | |
| 4 | Sara Kviberg | SWE | 5.67 -0,1 | |
| 5 | Emma Ehrlin | SWE | 5.56 -0,9 | |
| 6 | Martha Traouré | DEN | 5.51 -1,7 | |
| 7 | Maria Elisabeth Lavelle | NOR | 5.43 -0,3 | |
| 8 | Chiamaka Okparaebo | NOR | 5.33 +0,3 | |

| | | | | | | |
|---------------------|------|------|------|------|------|------|
| Series | 1 | 2 | 3 | 4 | 5 | 6 |
| No wind information | | | | | | |
| 1 | X | 6.08 | X | - | - | - |
| 2 | X | X | X | X | 5.84 | 5.87 |
| 3 | X | 5.66 | X | 5.80 | X | X |
| 4 | X | 5.57 | 5.57 | 5.67 | 5.62 | 5.51 |
| 5 | 5.49 | 3.90 | X | 5.56 | 5.56 | X |
| 6 | X | 5.40 | 5.50 | 5.20 | 5.49 | 5.51 |
| 7 | 5.18 | 5.28 | X | 5.43 | 5.29 | 5.24 |
| 8 | 5.33 | X | X | X | X | X |

| | | | | |
|--------------------|---------------------------|------------|--------------|-------|
| <i>Triple jump</i> | | | | 3 Sep |
| 1 | Kristiina Mäkelä | FIN | 13.04 | |
| 2 | Jasmin Sabir | SWE | 12.28 | |
| 3 | Laetitia Kim Bruun | DEN | 12.11 | |
| 4 | Andrea Breilid | NOR | 11.89 | |
| 5 | Louise Arvidsson | SWE | 11.88 | |
| 6 | Dóróthea Jóhannesdóttir | ISL | 11.88 | |
| 7 | Chiamaka Okparaebo | NOR | 11.63 | |
| 8 | Petra Mäenpää | FIN | 11.47 | |

| | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|
| Series | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 12.87 | 12.79 | 13.04 | 12.80 | 12.93 | 12.82 |
| | +0,1 | -1,0 | +1,1 | * | * | +0,4 |
| 2 | 12.28 | X | 12.02 | X | X | 11.98 |
| | +0,5 | | -0,3 | | | +2,1 |
| 3 | X | 12.11 | X | X | 11.25 | 12.11 |
| | | -0,6 | | | +0,6 | 0,0 |
| 4 | 11.89 | 11.69 | X | 11.61 | X | X |
| | 0,0 | -1,2 | | +1,0 | | |
| 5 | 11.61 | 11.85 | 11.59 | 11.88 | 11.71 | 11.63 |
| | +1,3 | +1,1 | -1,7 | -1,7 | -2,0 | +0,7 |
| 6 | 11.39 | X | 11.45 | X | X | 11.88 |
| | -0,2 | | -2,2 | | | +0,5 |
| 7 | 11.63 | 11.56 | X | X | X | X |
| | +1,1 | -1,9 | | | | |
| 8 | X | 11.44 | 11.34 | 11.31 | 11.45 | 11.47 |
| | | +0,5 | +0,4 | -0,3 | -0,4 | +0,2 |

* = No wind information

| | | | | | |
|-----------------|-----------------------------------|------------|--------------|-------|------|
| <i>Shot put</i> | | | | 4 Sep | 4 kg |
| 1 | Johanna Larsson | SWE | 13.95 | | |
| 2 | Aliisa Alanne | FIN | 13.34 | | |
| 3 | Minna-Marjatta Liimatainen | FIN | 13.28 | | |
| 4 | Camilla Rønning | NOR | 12.92 | | |
| 5 | Hanna Bengtsson | SWE | 12.53 | | |

| | | | |
|---|------------------|-----|-------|
| 6 | Marte Rygg Årdal | NOR | 11.61 |
| 7 | Maria Aagaard | DEN | 10.98 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 13.08 | 13.89 | 13.95 | 13.52 | 13.37 | 13.53 |
| 2 | 13.06 | 12.88 | 12.82 | 13.34 | 13.01 | 12.93 |
| 3 | 11.80 | 13.28 | X | 13.10 | X | X |
| 4 | 12.39 | X | X | 12.92 | 12.55 | 12.00 |
| 5 | 12.05 | X | 12.45 | 12.53 | X | - |
| 6 | 11.61 | X | 11.58 | X | X | 11.30 |
| 7 | 10.91 | 10.90 | 10.98 | 10.50 | 10.49 | 10.25 |

| <i>Discus throw</i> | | 3 Sep | 1 kg |
|---------------------|---------------------------|------------|--------------|
| 1 | Heidi Schmidt | SWE | 48.62 |
| 2 | Julia Wiberg | SWE | 45.97 |
| 3 | Solveig Fredriksen | NOR | 44.41 |
| 4 | Hanna Rintamäki | FIN | 44.32 |
| 5 | Kaisa Ilonen | FIN | 42.39 |
| 6 | Marte Rygg Årdal | NOR | 41.62 |
| 7 | Tenna Riber | DEN | 34.40 |
| 8 | Louise Odgaard | DEN | 33.43 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 47.28 | X | X | 48.62 | X | X |
| 2 | 45.35 | 45.97 | 45.77 | X | X | 44.25 |
| 3 | X | 40.05 | 42.80 | 44.37 | X | 44.41 |
| 4 | 40.92 | 42.98 | 44.05 | 43.51 | 44.32 | 41.77 |
| 5 | 40.52 | X | 42.39 | 41.57 | X | X |
| 6 | 36.69 | 38.17 | 41.62 | X | 40.74 | 40.24 |
| 7 | 29.15 | 30.65 | X | 32.20 | 34.40 | 34.36 |
| 8 | X | 33.43 | 32.83 | 33.40 | X | 31.60 |

| <i>Hammer throw</i> | | 4 Sep | 4 kg |
|---------------------|-------------------------|------------|--------------|
| 1 | Marte Rygg Årdal | NOR | 59.21 |
| 2 | Elina Uustalo | FIN | 57.48 |
| 3 | Malin Johansson | SWE | 56.06 |
| 4 | Ilse Kaaja | FIN | 55.41 |
| 5 | Solveig Fredriksen | NOR | 51.87 |
| 6 | Linn Johnsson | SWE | 51.01 |
| 7 | Louise Odgaard | DEN | 45.54 |
| 8 | Celina Julin | DEN | 42.32 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 54.74 | 57.19 | 57.84 | 59.21 | 55.73 | 57.55 |
| 2 | 55.57 | 57.48 | X | X | X | 56.28 |
| 3 | X | 56.06 | X | X | 54.84 | X |
| 4 | 55.41 | 55.29 | 51.91 | 52.36 | 53.99 | 54.08 |
| 5 | 57.37 | 51.87 | 48.53 | X | X | X |
| 6 | X | 48.47 | X | X | X | 51.01 |
| 7 | X | X | 43.78 | 44.98 | 45.36 | 45.54 |
| 8 | X | X | X | 42.32 | X | 40.47 |

| <i>Javelin throw</i> | | 3 Sep | 0,6 kg |
|----------------------|------------------------------|------------|--------------|
| 1 | Jenni Kangas | FIN | 49.65 |
| 2 | Ingeborg S. Rønningen | NOR | 48.40 |
| 3 | Matilda Elfgaard | SWE | 46.89 |
| 4 | Maria Børstad Jensen | NOR | 46.69 |
| 5 | Gabriella Sundin | SWE | 43.13 |
| 6 | María R. Gunnlaugsdóttir | ISL | 41.19 |
| 7 | Carita Lång | FIN | 40.91 |
| 8 | Maja Ilsøe | DEN | 31.51 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|-------|-------|-------|-------|-------|-------|
| 1 | 46.99 | 47.41 | 47.31 | 47.76 | 49.65 | X |
| 2 | 47.26 | X | 48.40 | 45.55 | X | X |
| 3 | X | 42.54 | 44.75 | 45.91 | 46.89 | 42.22 |
| 4 | 43.23 | 45.50 | 46.07 | 46.69 | 45.86 | 46.14 |
| 5 | 43.13 | 40.63 | X | 41.66 | 38.64 | 39.31 |
| 6 | 37.69 | 33.24 | 35.19 | 41.19 | 34.11 | 36.44 |
| 7 | X | X | 40.91 | 36.64 | X | 38.38 |
| 8 | 31.49 | X | 31.51 | X | X | X |

| <i>4x100 m relay</i> | | 3 Sep |
|----------------------|------------|--|
| 1 | SWE | 46.52 (Linnea Alstermark, Caroline Sandsjoe, Hanna Adriansson, Daniella Busk) |
| 2 | NOR | 46.75 (Siv Krakeli Sneen, Astrid Mangel Cederkvist, Julie Andrea Håskjold, Eline Breilid) |
| 3 | FIN | 46.76 (Maria Räsänen, Tiia Mäki, Maiju Pokkinen, Nooralotta Nezir) |

| | | | |
|---|-----|-------|--|
| 4 | DEN | 47.58 | (Rugiatu Kallon, Zarah Buchwald, Annelouise V. Jensen, Mathilde Kramer) |
| 5 | ISL | 48.49 | (Arna S. Guðmundsdóttir, Dórothea Jóhannesdóttir, Dóra Hlin Loftsdóttir, Sveinbjörg Zophoniasdóttir) |

| <i>4x400 m relay</i> | | 4 Sep |
|----------------------|------------|--|
| 1 | NOR | 3:46.96 (Julie Andrea Håskjold, Veronica Undseth, Frida Thorsås, Vilde Svortevik) |
| 2 | FIN | 3:47.64 (Aino Paunonen, Jemima Backman, Siiri Heiskanen, Zenitha Eriksson) |
| 3 | SWE | 3:47.72 (Therese Jernbeck, Jasmine Sabir, Ewa Marciekiewicz, Vendela Mindelöf) |
| 4 | ISL | 3:48.03 (Arna S. Guðmundsdóttir, Björg Gunnarsdóttir, Stefania Valdemarsdóttir, Anita Hinriksdóttir) |
| 5 | DEN | 4:01.19 (Dagmar Fæster Olsen, Nanna Boholm, Anna Thestrup Andersen, Katrine Reinholdt) |

| Points Women | Nation |
|--------------|---------------|
| | FIN 223 |
| | SWE 187,5 |
| | NOR 175 |
| | DEN/ISL 108,5 |

30th Nordic Race Walking Championships

Halden Stadion, Halden, NOR 17 Sep

Men

| <i>Senior</i> | | 17 Sep | 20.000m |
|---------------|------------------------|------------|-------------------|
| 1 | Heikki Kukkonen | FIN | 1:24:07.52 |
| 2 | Andreas Nielsen | DEN | 1:32:39.23 |
| 3 | Timo Viljanen | FIN | 1:33:28.74 |
| 4 | Christer Svensson | SWE | 1:37:18.35 |
| 5 | Fredrik Svensson | SWE | 1:39:38.31 |

| <i>U23</i> | | 17 Sep | 20.000m |
|------------|-----------------------|------------|-------------------|
| 1 | Matias Korpela | FIN | 1:30:35.57 |
| | Eemeli Kiiski | FIN | DQ |

| <i>U20</i> | | 17 Sep | 10.000m |
|------------|------------------------------|------------|-----------------|
| 1 | Anders Hansson | SWE | 47:14.17 |
| 2 | Joakim Sælen | NOR | 48:48.07 |
| 3 | Syver Andersen Morvik | NOR | 50:55.78 |
| 4 | Joni Rohiainen | FIN | 53:08.26 |
| | Aleksi Ojala | FIN | DQ |

| <i>U18</i> | | 17 Sep | 5.000m |
|------------|------------------------|------------|-----------------|
| 1 | Markus Kyrölä | FIN | 23:24.78 |
| 2 | Elmo Koivunen | FIN | 24:55.78 |
| 3 | Fredrik Sandmer | SWE | 25:23.26 |
| 4 | Anton Nicklasson | SWE | 26:11.51 |
| 5 | Petter Strømmen | NOR | 28:09.03 |
| 6 | Gorm Norheim | NOR | 28:09.03 |

Women

| <i>Senior</i> | | 17 Sep | 10.000, |
|---------------|--------------------------|------------|-----------------|
| 1 | Mari Olsson | SWE | 47:25.72 |
| 2 | Merete Helgheim | NOR | 49:54.61 |
| 3 | Marika Peltoniemi | FIN | 49:54.61 |
| 4 | Ellinor Hogrell | SWE | 55:26.77 |
| | Karoliina Kaasolainen | FIN | DQ |

| <i>U23</i> | | 17 Sep | 10.000m |
|------------|-------------------------|------------|-----------------|
| 1 | Mikaela Löfbacka | FIN | 52:01.93 |

| <i>U20</i> | | 17 Sep | 5.000m |
|------------|----------------------------|------------|-----------------|
| 1 | Camilla Richardsson | FIN | 25:07.52 |
| 2 | Annika Norrman | FIN | 25:14.03 |
| 3 | Maria Aydin | SWE | 29:54.56 |

| U18 | | 17 Sep | 5.000m |
|------------|---------------------------|------------|-----------------|
| 1 | Erika Parviainen | FIN | 24:15.78 |
| 2 | Sini Jussila | FIN | 25:54.45 |
| 3 | Felicia Hogrell | SWE | 29:39.78 |
| 4 | Nashieli Karlström | SWE | 29:59.02 |

| Points | Nation |
|--------|--------|
| | FIN 92 |
| | SWE 60 |
| | NOR 32 |
| | DEN 14 |

15th Nordic Cross Country Championships

| | |
|-----------------------|---------------|
| Uddevallå, SWE | 12 Nov |
| Men | |

| Senior | | 12 Nov | 9 km |
|---------------|------------------------|------------|--------------|
| 1 | Urige Buta | NOR | 26:51 |
| 2 | Mikael Ekvall | SWE | 27:09 |
| 3 | Audun Nordtveit | NOR | 27:11 |
| 4 | Jerker Lysell | SWE | 27:12 |
| 5 | Øystein Sylta | NOR | 27:16 |
| 6 | Andreas Åhwall | SWE | 27:19 |
| 7 | Ørjan Grønnevig | NOR | 27:21 |
| 8 | Michael Nielsen | DEN | 27:26 |

9 Jesper Faurshou, DEN 27:27, 10 Asbjørn Ellefsen Persen, NOR 27:29, 11 Johan Damkjær, DEN 27:31, 12 Hans Kristian Fløystad, NOR 27:34, 13 Eric Senorski, SWE 27:36, 14 Jonas Harjamäki, FIN 27:42, 15 Abdi Hakin Ulad, DEN 27:44, 16 Eirik Gramstad, NOR 27:45, 17 Anton Danielsson, SWE 27:46, 18 Jarkko Järvenpää, FIN 27:47, 19 Ole Hesselbjerg, DEN 27:54, 20 Johan Larsson, SWE 27:56, 21 Jussi Utriainen, FIN 28:07, 22 Brian Lindbjerg, DEN 28:15, 23 Antti Pekka Niinistö, FIN 28:19, 24 David Nilsson, SWE 28:51, 25 Oskari Pennanen, FIN 29:00, Extra: Olle Kalered, SWE 27:39, Robin Lindgren, SWE 28:25, Lars Södergård, SWE 28:30, Patrik Andersson, SWE 28:42

Teams: 1 NOR 14p (Urige Buta, Audun Nordtveit, Øystein Sylta, Ørjan Grønnevig, 2 SWE 25p (Mikael Ekvall, Jerker Lysell, Andreas Åhwall, Eric Senorski), 3 DEN 43p (Michael Nielsen, Jesper Faurshou, Johan Damkjær, Abdi Hakin Ulad), 4 FIN 76p (Jonas Harjamäki, Jarko Järvenpää, Jussi Utriainen, Antti Pekka Niinistö)

| U20 | | 12 Nov | 6 km |
|------------|-----------------------------|------------|--------------|
| 1 | Jepppe Harboe | DEN | 18:36 |
| 2 | Kristian Blummenfelt | NOR | 18:37 |
| 3 | Mads Tærsebøl | DEN | 18:37 |
| 4 | Johan Rogestedt | SWE | 18:38 |
| 5 | Ferdinand Kvan Edman | NOR | 18:41 |
| 6 | Peter Glans | DEN | 18:44 |
| 7 | Martti Siikaluoama | FIN | 18:46 |
| 8 | Filip Johansson | SWE | 18:52 |

9 Erik Udø Pedersen, NOR 18:53, 10 Jacob Østergaard Markussen, DEN 18:54, 11 Jørgen Frost Bø, NOR 18:55, 12 Harald Kårbø, NOR 18:56, 13 Alexander Palm, SWE 19:01, 14 Elmar Engholm, SWE 19:06, 15 Juho Jumisko, FIN 19:07, 16 John Kingstedt, SWE 19:12, 17 Marius Vedvik, NOR 19:18, 18 Carl Senorski, SWE 19:39, 19 Jaako Piesanen, FIN 19:42, 20 Sindre Løchting, NOR 19:45, 21 Ville Heikkilä, FIN 19:51, Albin Olausson, SWE DNF, Zacharias Grassme, DEN DNF

Teams: 1 DEN 10p (Jepppe Harboe, Mads Tærsebøl, Peter Glans), 2 NOR 16p (Kristian Blummenfeldt, Ferdinand Kvan Edman, Erik Udø Pedersen), 3 SWE 25p (Johan Rogestedt, Filip Johansson, Alexander Palm), 4 FIN 41p (Martti Siikaluoama, Juho Jumisko, Jaako Piesanen)

Women

| Senior | | 12 Nov | 7,5 km |
|---------------|----------------------------------|------------|--------------|
| 1 | Tone Hjalmarson | NOR | 25:46 |
| 2 | Johanna Lehtinen | FIN | 25:52 |
| 3 | Kirsten Marathon Melkevik | NOR | 26:00 |
| 4 | Elina Lindgren | FIN | 26:12 |
| 5 | Louise Wiker | SWE | 26:18 |
| 6 | Meraf Bahta | SWE | 26:21 |
| 7 | Charlotta Fougberg | SWE | 26:22 |
| 8 | Christina Bus Holth | NOR | 26:24 |

9 Hanna Bartholomew, SWE 26:34, 10 Veronika Blom, NOR 26:42, 11 Cecilia Kleist, SWE 26:47, 12 Hilde Aasheim, NOR 26:56, 13 Sanni Klemelä, FIN 26:58, 14 Maja

Alm, DEN 27:03, 15 Signe Sjøes, DEN 27:12, 16 Simone Glad, DEN 27:17, 17 Katarina Skräddar, FIN 27:21, 18 Maria Borglund, SWE 27:40, 19 Louise Nilsson, SWE 28:03.

Extra: Lena Eliasson, SWE 26:29, Elin Borglund 28:40

Teams: 1 NOR 12p (Tone Hjalmarson, Kirsten Marathon Melkevik, Christina Bus Holth), 2 SWE 18p (Louise Wiker, Meraf Bahta, Charlotta Fougberg), 3 FIN 19p (Johanna Lehtinen, Elina Lindgren, Sanni Klemelä), 4 DEN 45p (Maja Alm, Signe Sjøes, Simone Glad).

| U20 | | 12 Nov | 4,5 km |
|------------|-----------------------------------|------------|--------------|
| 1 | Vivi Rantanen | FIN | 15:51 |
| 2 | Sarah Lahti | SWE | 15:56 |
| 3 | Oona Kettunen | FIN | 16:05 |
| 4 | Lina Alaintalo | SWE | 16:15 |
| 5 | Karoline Egeland Skatteboe | NOR | 16:16 |
| 6 | Ida Østerås | NOR | 16:16 |
| 7 | Anette Haukilahti | FIN | 16:17 |
| 8 | Sigridd Jervell Våg | NOR | 16:20 |

9 Josefine Rytter, DEN 16:21, 10 Anna B. Mikkelsen, DEN 16:29, 11 Heidi Mårtensson, NOR 16:36, 12 Kristine Helle, NOR 16:38, 13 Ilona Välimäki, FIN 16:39, 14 Frida Kristiansson, SWE 16:40, 15 Caroline Tauson, DEN 16:45, 16 Amanda Lönnqvist, SWE 16:51, 17 Ida Meli Narbuvooll, NOR 16:54, 18 Line Kalstrup Schulz, DEN 16:55, 19 Maria Larsson, SWE 16:58, 20 Amelie Andersson, SWE 17:00, 21 Laura Lambæk Knudsen, DEN 17:18, 22 Rebekka Fugløy, DEN 17:42. Extra: Rebecka Andersson, SWE 17:07, Malin Strand, SWE 17:42

Teams: 1 FIN 11p (Vivi Rantanen, Oona Kettunen, Anette Haukilahti), 2 NOR 19p (Karoline Egeland Skatteboe, Ida Østerås, Sigridd Jervell Våg), 3 SWE 20p (Sarah Lahti, Lina Alaintalo, Frida Kristiansson), 4 DEN 34p (Josefine Rytter, Anna B. Mikkelsen, Caroline Tauson)

