

This year consists of the following competitions:

|           |                 |  |
|-----------|-----------------|--|
| 3.6       | Sandefjord, NOR | 4 <sup>th</sup> Nordic 10000m Challenge                          |
| 2.7       | Lapinlahti, FIN | Nordic Junior Race Walking Match (FIN-NOR-SWE only)              |
| 15.-16.7  | Geithus, NOR    | 28 <sup>th</sup> Nordic Junior Championships Combined Events     |
| 29.-30.7  | Göteborg, SWE   | 2 <sup>nd</sup> Nordic U23 Championships                         |
| 26.-27.8  | Borgarnes, ISL  | 51 <sup>st</sup> Nordic Junior Match                             |
| 16.10     | København, DEN  | 20 <sup>th</sup> Nordic Race Walking Championships Log Distances |
| 21.-22.10 | Vallensbæk, DEN | 22 <sup>nd</sup> Nordic Race Walking Championships               |
| 19.11     | København, DEN  | 4 <sup>th</sup> Nordic Cross Country Championships               |

Nordic 10000 m Challenge \*

Bugårdsparken, Sandefjord, NOR 3 Jun

\* This competition was also the Norwegian national championships

Men

| Senior |                        | 3 Jun      |                 |
|--------|------------------------|------------|-----------------|
| 1      | <b>Erik Sjöqvist</b>   | <b>SWE</b> | <b>29:13.16</b> |
| 2      | <b>Janne Holmén</b>    | <b>FIN</b> | <b>29:14.85</b> |
| 3      | <b>Flemming Bjerre</b> | <b>DEN</b> | <b>29:18.92</b> |
| 4      | Klaus Hansen           | DEN        | 29:21.15        |
| 5      | Jussi Utriainen        | FIN        | 29:21.99        |
| 6      | Knut Erik Rame         | NOR        | 29:25.07        |
| 7      | Svein Inge Buhaug      | NOR        | 29:27.73        |
| 8      | Jonas Hagelin          | SWE        | 28:42.63        |

9 Joakim Johansson, SWE 30:00.09, 10 Tesfaye Bekele, NOR 30:07.97, 11 Knut Aalien, NOR 30:27.59, 12 Sonni Thelmark, DEN 30:27.76, 13 Gunnar Osmundsen, NOR 30:31.59, 14 Rolf Knudsen, DEN 30:36.42, 15 Runar Höiom, SWE 30:41.53, 16 Toni Paunonen, FIN 30:42.68, 17 Martin Söderberg, SWE 32:05.80

Extra: Jan Felde, NOR 30:46.70, Bjarte Vik, NOR 31:18.41, Johnny Skaar, NOR 31:28.40, Svein Oskar Nedregård, NOR 34:32.61

Women

| Senior |                             | 3 Jun      |                 |
|--------|-----------------------------|------------|-----------------|
| 1      | <b>Gunhild Halle Haugen</b> | <b>NOR</b> | <b>32:24.06</b> |
| 2      | <b>Bente Landøy</b>         | <b>NOR</b> | <b>33:32.46</b> |
| 3      | <b>Maria Söderström</b>     | <b>FIN</b> | <b>34:48.19</b> |
| 4      | Eva Conradi                 | NOR        | 34:56.31        |
| 5      | Catarina Asph               | SWE        | 35:06.57        |
| 6      | Tonje Sekse                 | NOR        | 35:21.52        |
| 7      | Kirsi Mattila               | FIN        | 35:24.36        |
| 8      | Majja Kukkokovi             | FIN        | 35:43.90        |

9 Susanne Wiström, SWE 36:15.15, Veslemøy Hausken, NOR DNF

Extra: Ana Dias, POR 32:04.81, Natalie Harvey, AUS 32:07.44

Nordic Junior Race Walking Match (FIN-NOR-SWE only)

Lapinlahti, FIN 2 Jul

Men

| U21 |                       | 2 Jul 10000m |                |
|-----|-----------------------|--------------|----------------|
| 1   | <b>Erik Tysse</b>     | <b>NOR</b>   | <b>43:34.0</b> |
| 2   | <b>Snorre Utaker</b>  | <b>NOR</b>   | <b>44:43.3</b> |
| 3   | <b>Antti Kempas</b>   | <b>FIN</b>   | <b>45:08.8</b> |
| 4   | Eero Turpeinen        | FIN          | 45:51.0        |
| 5   | John-Christian Scheie | NOR          | 46:22.7        |

| U18 |                          | 2 Jul 5000m |                |
|-----|--------------------------|-------------|----------------|
| 1   | <b>Jarkko Kinnunen</b>   | <b>FIN</b>  | <b>22:04.9</b> |
| 2   | <b>Sigbjørn Sandberg</b> | <b>NOR</b>  | <b>22:43.0</b> |
| 3   | <b>Pekka Vuori</b>       | <b>FIN</b>  | <b>22:51.5</b> |
| 4   | Janne Meriläinen         | FIN         | 23:46.9        |
| 5   | Ludvig Jansson           | SWE         | 24:25.1        |
| 6   | Thomas Elholm            | NOR         | 26:08.1        |
| 7   | Bjørn Ove Øiness         | NOR         | 26:14.1        |
| 8   | Michael Bentgsson        | SWE         | 27:01.1        |

9 Fredrik Hermansson, SWE 28:33.9

| U16 |                        | 2 Jul 3000m |                |
|-----|------------------------|-------------|----------------|
| 1   | <b>Asko Ala-Petäys</b> | <b>FIN</b>  | <b>14:46.4</b> |
| 2   | <b>Ato Ibáñez</b>      | <b>SWE</b>  | <b>15:03.7</b> |
| 3   | <b>Tommi Nurmi</b>     | <b>FIN</b>  | <b>15:32.7</b> |
| 4   | Richard Hermansson     | SWE         | 18:31.5        |

Derek Lange FIN DQ

Women

| U21 |                              | 2 Jul 5000m |                |
|-----|------------------------------|-------------|----------------|
| 1   | <b>Anne Haaland Simonsen</b> | <b>NOR</b>  | <b>22:57.3</b> |
| 2   | <b>Tiina Muinonen</b>        | <b>FIN</b>  | <b>23:26.9</b> |
| 3   | <b>Sandra Eriksson</b>       | <b>SWE</b>  | <b>24:25.0</b> |
| 4   | Benedicte Bergli             | NOR         | 24:47.7        |
| 5   | Marja Penttinen              | FIN         | 25:32.0        |
| 6   | Johanna Ellefsen Rostad      | NOR         | 25:46.2        |
| 7   | Jenni Lahtinen               | SWE         | 26:43.8        |
| 8   | Anna Nilsson                 | SWE         | 30:30.2        |

U18

| U18 |                         | 2 Jul 5000m |                |
|-----|-------------------------|-------------|----------------|
| 1   | <b>Mirke Hämäläinen</b> | <b>FIN</b>  | <b>25:52.2</b> |
| 2   | <b>Suvi Päälylsaho</b>  | <b>FIN</b>  | <b>26:40.4</b> |
| 3   | <b>Sofia Andersson</b>  | <b>SWE</b>  | <b>26:44.6</b> |
| 4   | Marika Ojanperä         | FIN         | 27:18.1        |
| 5   | Bodil Stillesjö         | SWE         | 27:54.9        |
| 6   | Maria Nilsson           | SWE         | 28:54.7        |
| 7   | Nina Bergli             | NOR         | 31:40.9        |

U16

| U16 |                             | 2 Jul 3000m |                |
|-----|-----------------------------|-------------|----------------|
| 1   | <b>Sonja Korpela</b>        | <b>FIN</b>  | <b>14:33.0</b> |
| 2   | <b>Tiina-Liisa Soikkeli</b> | <b>FIN</b>  | <b>15:40.5</b> |
| 3   | <b>Emelie Mattsson</b>      | <b>SWE</b>  | <b>15:40.7</b> |
| 4   | Marie Olsson                | SWE         | 15:57.0        |
| 5   | Lina Frost                  | SWE         | 16:43.6        |
| 6   | Jonna Ranta                 | FIN         | 16:43.8        |

| Points Overall | Nation | Total |
|----------------|--------|-------|
|                | FIN    | 60    |
|                | NOR    | 31    |
|                | SWE    | 31    |

Nordic Junior Championships Combined Events

Furumo, Geithus, NOR 15-16 Jul

Men

| U23 Decathlon |                                | 15-16 Jul  |              |
|---------------|--------------------------------|------------|--------------|
| 1             | <b>Henri Kokkonen</b>          | <b>FIN</b> | <b>7.533</b> |
| 2             | <b>Jukka Väkeväinen</b>        | <b>FIN</b> | <b>7.116</b> |
| 3             | <b>Knut Harald Sommerfeldt</b> | <b>NOR</b> | <b>5.407</b> |
|               | Vegard Sellæg                  | NOR        | DNF          |

(100m, Long jump, Shot put 7,26kg, High jump, 400m, 110 hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

|   |       |      |       |      |       |       |       |      |       |         |
|---|-------|------|-------|------|-------|-------|-------|------|-------|---------|
| 1 | 11.04 | 7.15 | 14.24 | 1.92 | 50.68 | 14.97 | 37.25 | 4.53 | 58.60 | 4:49.01 |
|   | +1,1  | +0,9 |       |      |       |       |       |      | -0,8  |         |
| 2 | 11.58 | 6.74 | 12.18 | 1.98 | 50.41 | 15.87 | 34.98 | 4.53 | 48.97 | 4:25.12 |
|   | +1,1  | -2,0 |       |      |       |       |       |      | -0,8  |         |
| 3 | 11.63 | 6.33 | 13.08 | 1.80 | 53.28 | 16.27 | 38.09 | NM   | 59.15 | DNF     |

+1,1 -0,2 -0,8  
11.47 6.20 12.43 1.86 54.92 DNS  
+1,1 +0,4

| <i>U21 Decathlon</i> |                         | 15-16 Jul  |              |
|----------------------|-------------------------|------------|--------------|
| <b>1</b>             | <b>Teemu Rautiainen</b> | <b>FIN</b> | <b>6.734</b> |
| <b>2</b>             | <b>Henrik Baker</b>     | <b>DEN</b> | <b>6.449</b> |
| <b>3</b>             | <b>Mikkel Larsen</b>    | <b>DEN</b> | <b>5.998</b> |

(100m, Long jump, Shot put, High jump, 400m, 100m hurdles, Discus, Pole vault, Javelin throw, 1500m)

1 11.66 6.79 12.75 1.92 53.32 15.87 33.38 4.43 61.33 5:25.13  
-1,7 +2,0 +0,3  
2 11.85 5.94 11.49 1.95 52.23 15.33 32.74 3.83 50.89 4:48.22  
-1,7 +1,4 +0,3  
3 11.66 6.16 10.57 1.68 52.44 16.32 28.46 4.13 36.66 4:27.19  
-1,7 +0,2 +0,3

| <i>U19 Decathlon</i> |                                 | 15-16 Jul  |              |
|----------------------|---------------------------------|------------|--------------|
| <b>1</b>             | <b>Hans Olav Uldal</b>          | <b>NOR</b> | <b>6.910</b> |
| <b>2</b>             | <b>Kimmo Lehtinen</b>           | <b>FIN</b> | <b>6.812</b> |
| <b>3</b>             | <b>Ville Välimäki</b>           | <b>FIN</b> | <b>6.695</b> |
| <b>4</b>             | <b>Christoffer Thomée</b>       | <b>SWE</b> | <b>6.369</b> |
| <b>5</b>             | <b>Björn Lundin</b>             | <b>SWE</b> | <b>6.336</b> |
| <b>6</b>             | <b>Jónas Lynur Hallgrímsson</b> | <b>ISL</b> | <b>6.013</b> |
| <b>7</b>             | <b>Daniel Hansson</b>           | <b>SWE</b> | <b>5.915</b> |
| <b>8</b>             | <b>Björn Sigurd Sommerfeldt</b> | <b>NOR</b> | <b>5.698</b> |

Mikko Halvari, FIN DNF, Gert Skals, DEN DNF  
(100m, Long jump, Shot put 6,25kg, High jump, 400m, 110m hurdles 100cm, Discus 1,75kg, Pole Vault, Javelin throw 800g, 1500m)

1 11.56 6.76 12.51 1.84 51.50 15.58 43.40 4.03 49.96 4:46.67  
+0,3 +0,6 +0,3  
2 11.71 6.82 12.78 1.96 55.97 15.70 36.98 4.63 49.95 4:54.15  
+0,3 +1,2 +0,3  
3 11.50 6.92 13.52 1.81 53.24 15.63 35.01 4.33 48.91 5:07.12  
+1,3 -0,3 +0,3  
4 12,44 6,69 12,84 1,84 54,41 15,90 35,03 3,73 51,90 4:42.23  
+1,3 +1,5 0,0  
5 11.53 6.00 12.41 1.72 51.44 15.35 31.73 4.03 47.33 4:56.32  
+0,3 +0,4 +0,3  
6 11.70 6.75 12.72 NM 53.18 15.57 37.50 4.03 48.27 4:46.88  
+0,3 +0,4 +0,3  
7 12.23 6.48 9-78 1.99 55.30 16.53 31.14 3.53 46.52 4:57.31  
+1,3 -0,4 0,0  
8 12.08 6.43 11.04 1.72 54.07 16.60 31.76 3.53 40.00 5:03.81  
+1,3 +1,8 0,0  
11.70 6.67 12.08 1.81 54.34 DNF 46.22 4.53 DNS  
+0,3 -0,4  
12.09 DNS  
+1,3

| <i>U17 Nonathlon</i> |                             | 15-16 Jul  |              |
|----------------------|-----------------------------|------------|--------------|
| <b>1</b>             | <b>Eirik Ruud</b>           | <b>NOR</b> | <b>5.444</b> |
| <b>2</b>             | <b>Oskar Edqvist</b>        | <b>SWE</b> | <b>5.396</b> |
| <b>3</b>             | <b>Espen Næss</b>           | <b>NOR</b> | <b>5.233</b> |
| <b>4</b>             | <b>Ólafur Dan Hreinsson</b> | <b>ISL</b> | <b>5.155</b> |

(100m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 600g, 100m, High jump, Shot put 5,5kg, Long jump, 1000m)

1 14.44 24.00 4.13 44.92 12.32 1.86 13.05 6.08 2:55.15  
+0,1 -0,2  
2 14.35 31.73 3.13 46.09 11.94 1.74 12.53 6.42 2:52.91  
+0,1 -0,2  
3 15.26 27.22 2.83 58.96 12.81 1.77 11.45 6.10 2:54.02  
4 15.38 33.79 3.53 45.56 12.60 1.74 11.69 6.01 2:52.09

## Women

| <i>U23 Heptathlon</i> |                         | 15-16 Jul  |              |
|-----------------------|-------------------------|------------|--------------|
| <b>1</b>              | <b>Jeanette Hansson</b> | <b>SWE</b> | <b>4.960</b> |
| <b>2</b>              | <b>Hildegunn Holten</b> | <b>NOR</b> | <b>4.513</b> |

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw, 800m)

1 15.03 1.60 10.22 27.07 5.96 32.39 2:23.48  
+0,2 -0,6 +0,3

2 15.51 1.51 10.83 27.25 5.22 34.01 2:32.80  
+0,2 -0,6 +0,5

| <i>U21 Heptathlon</i> |                      | 15-16 Jul  |              |
|-----------------------|----------------------|------------|--------------|
| <b>1</b>              | <b>Niina Kelo</b>    | <b>FIN</b> | <b>5.728</b> |
| <b>2</b>              | <b>Sanna Saarman</b> | <b>FIN</b> | <b>5.718</b> |
| <b>3</b>              | <b>Salla Käppi</b>   | <b>FIN</b> | <b>5.699</b> |
| <b>4</b>              | <b>Ida Sjöling</b>   | <b>SWE</b> | <b>4.904</b> |
| <b>5</b>              | <b>Jenny Jansson</b> | <b>SWE</b> | <b>4.856</b> |
| <b>6</b>              | <b>Eva Olofsson</b>  | <b>SWE</b> | <b>4.647</b> |
| <b>7</b>              | <b>Lene Berger</b>   | <b>NOR</b> | <b>4.556</b> |

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1 14.45 1.72 14.65 26.45 5.48 50.63 2:23.82  
-0,7 -0,9 +0,6  
2 13.91 1.69 12.67 25.99 6.01 43.18 2:21.73  
-0,7 -0,9 +0,9  
3 14.13 1.75 12.43 26.12 5.69 47.18 2:22.94  
-0,7 -0,9 +0,5  
4 15.29 1.63 10.62 26.77 5.52 33.67 2:23.56  
-0,7 -0,9 -0,3  
5 15.28 1.63 11.68 26.73 5.61 34.78 2:37.08  
-0,7 -0,9 +0,5  
6 14.87 1.54 10.61 25.65 4.83 26.92 2:22.28  
+0,2 -0,6 +0,3  
7 16.00 1.60 9.34 26.59 5.28 29.04 2:23.31  
+0,2 -0,6 -0,1

| <i>U19 Heptathlon</i> |                           | 15-16 Jul  |              |
|-----------------------|---------------------------|------------|--------------|
| <b>1</b>              | <b>Carolina Klüft</b>     | <b>SWE</b> | <b>5.764</b> |
| <b>2</b>              | <b>Jenniina Halkoaho</b>  | <b>FIN</b> | <b>5.259</b> |
| <b>3</b>              | <b>Nadja Casadei</b>      | <b>SWE</b> | <b>5.215</b> |
| <b>4</b>              | <b>Elin Marvik</b>        | <b>NOR</b> | <b>4.851</b> |
| <b>5</b>              | <b>Camilla Hatlen</b>     | <b>NOR</b> | <b>4.660</b> |
| <b>6</b>              | <b>Jóhanna Ingadóttir</b> | <b>ISL</b> | <b>4.535</b> |
| <b>7</b>              | <b>Karina Johansen</b>    | <b>DEN</b> | <b>4.324</b> |

Anna Mörstam, SWE DNF  
(100m hurdles, High jump, Shot put, 200m, Long jump, Javelin throw, 800m)

1 17.02 1.85 11.81 24.47 6.23 44.39 2:16.54  
+0,1 -0,5 -0,3  
2 14.58 1.64 10.99 25.52 5.60 35.78 2:19.64  
+0,1 -0,5 +0,8  
3 14.81 1.70 11.33 25.31 5.40 29.93 2:16.53  
+0,1 -0,5 +0,3  
4 15.78 1.67 11.51 27.23 5.11 39.89 2:28.14  
-0,1 -0,9 -0,1  
5 14.69 1.52 10.88 26.22 5.47 26.89 2:32.70  
-0,1 -0,9 +0,6  
6 15.68 1.61 10.23 26.97 5.17 33.39 2:35.54  
-0,1 -0,9 +0,2  
7 16.53 1.64 10.00 26.51 4.79 26.24 2:29.53  
+0,1 -0,5 +0,6  
16.67 DNS  
-0,1

| <i>U17 Heptathlon</i> |                                   | 15-16 Jul  |              |
|-----------------------|-----------------------------------|------------|--------------|
| <b>1</b>              | <b>Suvi Kattilakoski</b>          | <b>FIN</b> | <b>5.061</b> |
| <b>2</b>              | <b>Mikaela Bernhardsson</b>       | <b>SWE</b> | <b>4.984</b> |
| <b>3</b>              | <b>Jessica Rydin</b>              | <b>SWE</b> | <b>4.984</b> |
| <b>4</b>              | <b>Thale Glomsrød</b>             | <b>NOR</b> | <b>4.753</b> |
| <b>5</b>              | <b>Sofia Klüft</b>                | <b>SWE</b> | <b>4.481</b> |
| <b>6</b>              | <b>Tina Kolstad</b>               | <b>NOR</b> | <b>4.154</b> |
| <b>7</b>              | <b>Kristína Birna Ólafsdóttir</b> | <b>ISL</b> | <b>4.142</b> |
| <b>8</b>              | <b>Stine Renate Simensen</b>      | <b>NOR</b> | <b>4.142</b> |

(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 600g, 800m)

1 14.52 1.50 12.50 26.52 5.54 39.41 2:27.82  
+0,4 +0,4 +0,4  
2 15.03 1.53 11.75 26.46 5.49 39.79 2:27.15  
+0,4 +0,4 +0,5  
3 15.64 1.62 11.72 25.71 5.47 27.73 2:32.81  
+0,4 +0,4 +1,0  
4 14.64 1.65 9.85 25.63 5.25 26.70 2:31.39

|         |      |       |       |      |               |
|---------|------|-------|-------|------|---------------|
| +0,4    | +0,4 | +0,4  |       |      |               |
| 5 14.86 | 1.65 | 9.92  | 27.45 | 5.45 | 27.82 2:46.02 |
| -0,2    | -0,5 | +0,7  |       |      |               |
| 6 16.75 | 1.44 | 11.59 | 27.81 | 4.62 | 32.91 2:29.22 |
| -0,2    | -0,5 | +0,5  |       |      |               |
| 7 15.96 | 1.56 | 10.19 | 27.37 | 4.91 | 23.85 2:36.35 |
| -0,2    | -0,5 | +0,2  |       |      |               |
| 8 16.31 | 1.56 | 11.62 | 29.41 | 5.02 | 27.01 2:53.27 |
| -0,2    | -0,5 | +0,6  |       |      |               |

## Nordic U23 Match

Göteborg, SWE 29-30 Jul

### Men

|                      |                           |            |                 |
|----------------------|---------------------------|------------|-----------------|
| <b>100 m</b>         |                           | 29 Jul     | +0,1            |
| <b>1</b>             | <b>Tuomas Näsi</b>        | <b>FIN</b> | <b>10.63</b>    |
| <b>2</b>             | <b>Christofer Sandin</b>  | <b>SWE</b> | <b>10.69</b>    |
| <b>3</b>             | <b>Martin Rypdal</b>      | <b>NOR</b> | <b>10.70</b>    |
| 4                    | Mikael Ahl                | SWE        | 10.74           |
| 5                    | Nghi Tran                 | FIN        | 10.87           |
| 6                    | Maciek Musial             | NOR        | 10.95           |
| <b>200 m</b>         |                           | 30 Jul     | -0,1            |
| <b>1</b>             | <b>Martin Rypdal</b>      | <b>NOR</b> | <b>21.50</b>    |
| <b>2</b>             | <b>Christofer Sandin</b>  | <b>SWE</b> | <b>21.76</b>    |
| <b>3</b>             | <b>Ville Salmi</b>        | <b>FIN</b> | <b>21.86</b>    |
| 4                    | Jan Christian Torvestad   | NOR        | 21.95           |
| 5                    | Nghi Tran                 | FIN        | 21.98           |
|                      | Mikael Ahl                | SWE        | DNF             |
| <b>400 m</b>         |                           | 29 Jul     |                 |
| <b>1</b>             | <b>Yngve Sundsfjord</b>   | <b>NOR</b> | <b>47.94</b>    |
| <b>2</b>             | <b>Juha Yli-Arvela</b>    | <b>FIN</b> | <b>48.38</b>    |
| <b>3</b>             | <b>Magnus Norberg</b>     | <b>SWE</b> | <b>48.41</b>    |
| 4                    | Thomas Byrberg            | SWE        | 48.43           |
| 5                    | Einar Inge Aasen          | NOR        | 48.45           |
| 6                    | Mikko Karppi              | FIN        | 48.93           |
| <b>800 m</b>         |                           | 30 Jul     |                 |
| <b>1</b>             | <b>Rickard Pell</b>       | <b>SWE</b> | <b>1:50.20</b>  |
| <b>2</b>             | <b>Fredrik Karlsson</b>   | <b>SWE</b> | <b>1:50.52</b>  |
| <b>3</b>             | <b>Jon Are Sundland</b>   | <b>NOR</b> | <b>1:50.73</b>  |
| 4                    | Vesa Kukkamo              | FIN        | 1:52.69         |
| 5                    | Terje Krangsås            | NOR        | 1:53.06         |
| 6                    | Olli Rantamäki            | FIN        | 1:54.06         |
| <b>1500 m</b>        |                           | 29 Jul     |                 |
| <b>1</b>             | <b>Jari Matinlauri</b>    | <b>FIN</b> | <b>3:49.75</b>  |
| <b>2</b>             | <b>John Laselle</b>       | <b>SWE</b> | <b>3:50.25</b>  |
| <b>3</b>             | <b>Michael Öhman</b>      | <b>SWE</b> | <b>3:50.29</b>  |
| 4                    | Mikael Talasjoki          | FIN        | 3:53.91         |
| 5                    | Björn Margeirsson         | ISL        | 3:58.45         |
| 6                    | Kjetil Magne Dørheim Hals | NOR        | 4:02.51         |
| 7                    | Lars Kristian Tveter      | NOR        | 4:10.78         |
| <b>5000 m</b>        |                           | 30 Jul     |                 |
| <b>1</b>             | <b>Jussi Utriainen</b>    | <b>FIN</b> | <b>14:15.04</b> |
| <b>2</b>             | <b>Björn Bergström</b>    | <b>SWE</b> | <b>14:22.65</b> |
| <b>3</b>             | <b>Simo Wannas</b>        | <b>FIN</b> | <b>14:25.01</b> |
| 4                    | Ingemund Askeland         | NOR        | 15:00.20        |
| 5                    | Björn Margeirsson         | ISL        | 15:08.02        |
| 6                    | Kjetil Magne Dørheim Hals | NOR        | 15:17.97        |
| 7                    | Jan Amnéus                | SWE        | 15:17.56        |
| <b>110 m hurdles</b> |                           | 29 Jul     | -1,0            |
| <b>1</b>             | <b>Marko Ritola</b>       | <b>FIN</b> | <b>14.33</b>    |
| <b>2</b>             | <b>Joni Myllyntaus</b>    | <b>FIN</b> | <b>14.46</b>    |
| <b>3</b>             | <b>Paul Ragnvaldsson</b>  | <b>SWE</b> | <b>14.87</b>    |

|   |                       |     |       |
|---|-----------------------|-----|-------|
| 4 | Erik Svensson         | SWE | 14.89 |
| 5 | Vegar Sellæg          | NOR | 14.94 |
| 6 | Ingvi Sturla Þórisson | ISL | 15.02 |

### 400 m hurdles

|          |                        |            |              |
|----------|------------------------|------------|--------------|
|          |                        | 30 Jul     |              |
| <b>1</b> | <b>Magnus Norberg</b>  | <b>SWE</b> | <b>51.65</b> |
| <b>2</b> | <b>Janne Mäkelä</b>    | <b>FIN</b> | <b>51.66</b> |
| <b>3</b> | <b>Ragnar Bergheim</b> | <b>NOR</b> | <b>52.89</b> |
| 4        | Michael Tomala         | NOR        | 53.50        |
| 5        | Jimmy Palm             | SWE        | 53.85        |
| 6        | Lassi Niemi            | FIN        | 54.13        |

### 3000 m steeplechase

|          |                       |            |                |
|----------|-----------------------|------------|----------------|
|          |                       | 29 Jul     |                |
| <b>1</b> | <b>Henrik Skoog</b>   | <b>SWE</b> | <b>8:40.27</b> |
| <b>2</b> | <b>Kim Bergdahl</b>   | <b>FIN</b> | <b>8:46.13</b> |
| <b>3</b> | <b>Tuomo Lehtinen</b> | <b>FIN</b> | <b>8:49.53</b> |
| 4        | Sveinn Margeirsson    | ISL        | 8:51.87        |
| 5        | Johan Olehäll         | SWE        | 9:21.32        |
| 6        | Jon Jåvoll Hagen      | NOR        | 9:25.12        |
| 7        | Kristian Jarnung      | NOR        | 9:33.79        |

### High jump

|          |                              |            |             |
|----------|------------------------------|------------|-------------|
|          |                              | 29 Jul     |             |
| <b>1</b> | <b>Toni Huikuri</b>          | <b>FIN</b> | <b>2.20</b> |
| <b>2</b> | <b>Einar Karl Hjartarson</b> | <b>ISL</b> | <b>2.20</b> |
| <b>3</b> | <b>Mika Kleimola</b>         | <b>FIN</b> | <b>2.10</b> |
| 4        | Andreas Aune Viken           | NOR        | 2.06        |
| 5        | Peter Blom                   | SWE        | 2.01        |
| 6        | Yannick Tregaro              | SWE        | 1.96        |
| 7        | Jens Møller Boeris           | DEN        | 1.96        |
| 8        | Marcus Nøstdahl              | NOR        | 1.91        |

### Pole vault

|          |                           |            |             |
|----------|---------------------------|------------|-------------|
|          |                           | 30 Jul     |             |
| <b>1</b> | <b>Viktor von Bothmer</b> | <b>SWE</b> | <b>5.45</b> |
| <b>2</b> | <b>Henrik Hallenbo</b>    | <b>SWE</b> | <b>5.04</b> |
| <b>3</b> | <b>Jukka Nurmela</b>      | <b>FIN</b> | <b>4.94</b> |
| 4        | Sami Liski                | FIN        | 4.94        |
| 5        | Maciek Musial             | NOR        | 4.84        |
| 6        | Sverre Helland            | NOR        | 4.24        |
|          | Thor Torp                 | DEN        | NM          |

Extra: Erik Svensson, SWE 4.74

### Long jump

|          |                             |            |                  |
|----------|-----------------------------|------------|------------------|
|          |                             | 29 Jul     |                  |
| <b>1</b> | <b>Simon Sundsten</b>       | <b>FIN</b> | <b>7.65 +1,0</b> |
| <b>2</b> | <b>Lars Jacob Woie</b>      | <b>NOR</b> | <b>7.37 +0,7</b> |
| <b>3</b> | <b>Finn Tysland Johnsen</b> | <b>NOR</b> | <b>7.32 +1,5</b> |
| 4        | Saku Kostet                 | FIN        | 7.19 +0,1        |
| 5        | Mathias Frykholm            | SWE        | 6.86             |
| 6        | Magnus Åhlén                | SWE        | 6.79             |

### Triple jump

|          |                         |            |              |
|----------|-------------------------|------------|--------------|
|          |                         | 30 Jul     |              |
| <b>1</b> | <b>Janne Harju</b>      | <b>FIN</b> | <b>15.53</b> |
| <b>2</b> | <b>Julius Anckar</b>    | <b>FIN</b> | <b>15.49</b> |
| <b>3</b> | <b>Lars Eric Sæther</b> | <b>NOR</b> | <b>15.13</b> |
| 4        | Yannick Tregaro         | SWE        | 15.13        |
| 5        | Elvir Rakovic           | SWE        | 14.72        |
| 6        | Henning Johansen        | NOR        | 14.09        |

### Shot put

|          |                         |            |              |
|----------|-------------------------|------------|--------------|
|          |                         | 30 Jul     |              |
| <b>1</b> | <b>Jimmy Nordin</b>     | <b>SWE</b> | <b>19.65</b> |
| <b>2</b> | <b>Anders Holmström</b> | <b>SWE</b> | <b>18.88</b> |
| <b>3</b> | <b>Gjørn Sørli</b>      | <b>NOR</b> | <b>18.27</b> |
| 4        | Mikko Rönkkö            | FIN        | 18.27        |
| 5        | Gaute Myklebust         | NOR        | 17.10        |
| 6        | Timo Kujala             | FIN        | 16.70        |

### Discus throw

|          |                     |            |              |
|----------|---------------------|------------|--------------|
|          |                     | 29 Jul     |              |
| <b>1</b> | <b>Petri Hakala</b> | <b>FIN</b> | <b>59.54</b> |

|   |                             |            |              |
|---|-----------------------------|------------|--------------|
| 2 | <b>Janne Hummastenniemi</b> | <b>FIN</b> | <b>56.53</b> |
| 3 | <b>Gjøran Sørli</b>         | <b>NOR</b> | <b>55.91</b> |
| 4 | Gaute Myklebust             | NOR        | 53.29        |
| 5 | Anders Holmström            | SWE        | 50.89        |
| 6 | Tobias Melin                | SWE        | 50.31        |
| 7 | Torben Wolf                 | DEN        | 49.38        |
| 8 | Oðinn Björn Þorsteinsson    | ISL        | 44.91        |

### Hammer throw

30 Jul

|   |                        |            |              |
|---|------------------------|------------|--------------|
| 1 | <b>Samu-Petri Simo</b> | <b>FIN</b> | <b>72.01</b> |
| 2 | <b>Jarkko Paljakka</b> | <b>FIN</b> | <b>70.76</b> |
| 3 | <b>Torben Wolf</b>     | <b>DEN</b> | <b>66.29</b> |
| 4 | Mikael Holst           | SWE        | 54.83        |
| 5 | Steffan Kjellander     | SWE        | 54.83        |
| 6 | Jan Erik Hopen         | NOR        | 48.99        |
| 7 | Håvard Eide            | NOR        | 46.87        |

### Javelin throw

30 Jul

|   |                            |            |              |
|---|----------------------------|------------|--------------|
| 1 | <b>Andreas Thorkildsen</b> | <b>NOR</b> | <b>73.18</b> |
| 2 | <b>Jarkko Koski-Vähälä</b> | <b>FIN</b> | <b>72.61</b> |
| 3 | <b>Marko Kantanen</b>      | <b>FIN</b> | <b>70.32</b> |
| 4 | Pasi Mäntylä               | SWE        | 66.97        |
| 5 | Paul A. Solberg            | NOR        | 62.73        |
| 6 | Mattias Voss               | SWE        | 61.44        |

### 4x100 m relay

29 Jul

|   |            |              |   |
|---|------------|--------------|---|
| 1 | <b>SWE</b> | <b>40.69</b> | (Daniel Nunez, Christoffer Sandin, Magnus Åhlén, Mikael Ahl)            |
| 2 | <b>NOR</b> | <b>40.95</b> | (Jan Christian Torvestad, Joachim Wiborg, Maciek Musial, Martin Rypdal) |
| 3 | <b>FIN</b> | <b>DQ</b>    | (Nghì Tran, Esa Liukkonen, Markus Pöyhönen, Tuomas Näsi)                |

### 4x400 m relay

30 Jul

|   |            |                |  |
|---|------------|----------------|--|
| 1 | <b>SWE</b> | <b>3:12.84</b> | (Fredrik Karlsson, Magnus Åhlén, Thomas Byrberg, Magnus Norberg) *     |
| 2 | <b>FIN</b> | <b>3:13.16</b> | (Kari Rissanen, Mikko Karpi, Juha Sipilä, Juha Yli-Arvela) *           |
| 3 | <b>NOR</b> | <b>3:13.41</b> | (Einar Inge Aasen, Eystein Lyshom, Jon Are Sundland, Yngve Sundsfjord) |

\* Running order may be different.

| Points | Men | Nation | Total |
|--------|-----|--------|-------|
|        |     | SWE    | 154   |
|        |     | FIN    | 134   |
|        |     | NOR    | 101   |

## Women

### 100 m

29 Jul

-2,2

|   |                           |            |              |
|---|---------------------------|------------|--------------|
| 1 | <b>Lena Berntsson</b>     | <b>SWE</b> | <b>12.11</b> |
| 2 | <b>Veronica Fransson</b>  | <b>SWE</b> | <b>12.11</b> |
| 3 | <b>Silja Úlfarsdóttir</b> | <b>ISL</b> | <b>12.30</b> |
| 4 | Anja Rantanen             | FIN        | 12.31        |
| 5 | Inger Elisabeth Tørre     | NOR        | 12.37        |
| 6 | Synnøve Jayne Andersen    | NOR        | 12.40        |
| 7 | Camilla Wirén             | FIN        | 12.76        |

### 200 m

30 Jul

-0,2

|   |                           |            |              |
|---|---------------------------|------------|--------------|
| 1 | <b>Lena Berntsson</b>     | <b>SWE</b> | <b>24.47</b> |
| 2 | <b>Silja Úlfarsdóttir</b> | <b>ISL</b> | <b>24.57</b> |
| 3 | <b>Veronica Fransson</b>  | <b>SWE</b> | <b>24.86</b> |
| 4 | Synnøve Jayne Andersen    | NOR        | 25.00        |
| 5 | Cecilie Ringvold          | NOR        | 25.87        |
| 6 | Mari Kiminkinen           | FIN        | 25.95        |
| 7 | Heidi Knuutila            | FIN        | 25.97        |

### 400 m

29 Jul

|   |                           |            |              |
|---|---------------------------|------------|--------------|
| 1 | <b>Andrea Geurtsen</b>    | <b>SWE</b> | <b>54.42</b> |
| 2 | <b>Silja Úlfarsdóttir</b> | <b>ISL</b> | <b>55.17</b> |
| 3 | <b>Nadja Petersen</b>     | <b>SWE</b> | <b>55.37</b> |

|   |                    |     |       |
|---|--------------------|-----|-------|
| 4 | Milla Kelo         | FIN | 56.00 |
| 5 | Heidi Knuutila     | FIN | 57.53 |
| 6 | Asborg Aanstad     | NOR | 57.55 |
| 7 | Hege Brekken Riise | NOR | 57.67 |

### 800 m

30 Jul

|   |                       |            |                |
|---|-----------------------|------------|----------------|
| 1 | <b>Kristin Roset</b>  | <b>NOR</b> | <b>2:06:03</b> |
| 2 | <b>Johanna Risku</b>  | <b>FIN</b> | <b>2:06.26</b> |
| 3 | <b>Carolina Nylén</b> | <b>SWE</b> | <b>2:06.96</b> |
| 4 | Hanna Karlsson        | SWE        | 2:09.82        |
| 5 | Liv-Miriam Nordtømme  | NOR        | 2:09.88        |
| 6 | Päivi Varis           | FIN        | 2:15.86        |

### 1500 m

29 Jul

|   |                        |            |                |
|---|------------------------|------------|----------------|
| 1 | <b>Johanna Risku</b>   | <b>FIN</b> | <b>4:21.34</b> |
| 2 | <b>Kristin Ahlepil</b> | <b>SWE</b> | <b>4:23.21</b> |
| 3 | <b>Hanna Karlsson</b>  | <b>SWE</b> | <b>4:28.38</b> |
| 4 | Suvi Myllymäki         | FIN        | 4:36.36        |
| 5 | Jofrid Risa            | NOR        | 4:37.24        |
| 6 | Grethe Lise Nygård     | NOR        | 4:49.76        |

### 5000 m

29 Jul

|   |                          |            |                 |
|---|--------------------------|------------|-----------------|
| 1 | <b>Susanne Wigene</b>    | <b>NOR</b> | <b>16:20.72</b> |
| 2 | <b>Linda Sjöström</b>    | <b>SWE</b> | <b>16:26.86</b> |
| 3 | <b>Pauliina Sormunen</b> | <b>FIN</b> | <b>17:29.91</b> |
| 4 | Susanna Wiström          | SWE        | 17:35.82        |
| 5 | Liisa Santaholma         | FIN        | 18:23.27        |
|   | Jofrid Risa              | NOR        | DNF             |

### 100 m hurdles

19 Jul

-0,4

|   |                         |            |              |
|---|-------------------------|------------|--------------|
| 1 | <b>Susanna Rajamäki</b> | <b>FIN</b> | <b>13.86</b> |
| 2 | <b>Maria Eriksson</b>   | <b>SWE</b> | <b>13.98</b> |
| 3 | <b>Milla Ranta</b>      | <b>FIN</b> | <b>14.45</b> |
| 4 | Thale Glomsrød          | NOR        | 14.77        |
| 5 | Jana Cagin              | SWE        | 14.78        |
| 6 | Camilla Gullhav Hatlen  |            | 14.85        |

### 400 m hurdles

30 Jul

|   |                              |            |              |
|---|------------------------------|------------|--------------|
| 1 | <b>Anja Rantanen</b>         | <b>FIN</b> | <b>58.23</b> |
| 2 | <b>Erica Mårtensson</b>      | <b>SWE</b> | <b>58.96</b> |
| 3 | <b>Caroline Gyllenhammar</b> | <b>SWE</b> | <b>59.60</b> |
| 4 | Margit Katrine Strand        | NOR        | 60.70        |
| 5 | Hege Olsen                   | NOR        | 62.47        |
| 6 | Marika Reeb                  | FIN        | 62.78        |

### 3000 m steeplechase

30 Jul

|   |                         |            |                 |
|---|-------------------------|------------|-----------------|
| 1 | <b>Susanne Wigene</b>   | <b>NOR</b> | <b>10:14.95</b> |
| 2 | <b>Kristina Ahlepil</b> | <b>SWE</b> | <b>10:34.42</b> |
| 3 | <b>Mira Tuominen</b>    | <b>FIN</b> | <b>10:57.50</b> |
| 4 | Eliisa Ahola            | FIN        | 11:13.49        |
| 5 | Sara Talia              | SWE        | 11:26.82        |
|   | Grethe Lise Nygård      | NOR        | DNF             |

### High jump

30 Jul

|   |                        |            |             |
|---|------------------------|------------|-------------|
| 1 | <b>Marianne Mattas</b> | <b>FIN</b> | <b>1.83</b> |
| 2 | <b>Mona Andreassen</b> | <b>NOR</b> | <b>1.73</b> |
| 3 | <b>Johanna Olander</b> | <b>SWE</b> | <b>1.70</b> |
| 4 | Lena Johansson         | SWE        | 1.70        |
| 5 | Synne Husby Rostad     | NOR        | 1.62        |
| 6 | Milla Kelo             | FIN        | 1.40        |

### Pole vault

29 Jul

|   |                          |            |             |
|---|--------------------------|------------|-------------|
| 1 | <b>Vala Flosadóttir</b>  | <b>ISL</b> | <b>4.20</b> |
| 2 | <b>Birgitta Ivanoff</b>  | <b>FIN</b> | <b>3.72</b> |
| 3 | <b>Hanna-Mia Persson</b> | <b>SWE</b> | <b>3.72</b> |
| 4 | Anita Tørring            | DEN        | 3.72        |

|   |                  |     |      |
|---|------------------|-----|------|
| 5 | Monica Grimstrud | NOR | 3.62 |
| 6 | Sofia Holand     | NOR | 3.12 |
| 7 | Maija Päivinen   | FIN | 2.92 |
| 8 | Linnéa Eriksson  | SWE | 2.52 |

*Long jump*

30 Jul

|   |                         |            |                  |
|---|-------------------------|------------|------------------|
| 1 | <b>Lene Berger</b>      | <b>NOR</b> | <b>5.81</b> -0,3 |
| 2 | <b>Hilde Røsvik</b>     | <b>NOR</b> | <b>5.60</b> +0,4 |
| 3 | <b>Sofia Gustavsson</b> | <b>SWE</b> | <b>5.56</b> +0,3 |
| 4 | Sanna-Kaisa Pakkanen    | FIN        | 5.53 +1,2        |
| 5 | Birgitta Ivanoff        | FIN        | 5.52 +0,4        |
| 6 | Marie Åhlander          | SWE        | 5.52 +1,0        |

*Triple jump*

29 Jul

|   |                             |            |                   |
|---|-----------------------------|------------|-------------------|
| 1 | <b>Marie Åhlander</b>       | <b>SWE</b> | <b>13.26</b> +1,6 |
| 2 | <b>Sanna Kaisa Pakkanen</b> | <b>FIN</b> | <b>12.44</b> +0,7 |
| 3 | <b>Åsa Lönn</b>             | <b>SWE</b> | <b>12.32</b> +1,6 |
| 4 | Maria Høgheim               | NOR        | 11.95 +1,7        |
| 5 | Heidi Karlstedt             | FIN        | 11.73 +2.1        |
| 6 | Hedvig Glomsrød             | NOR        | 11.63 +1,6        |

*Shot put*

29 Jul

|   |                         |            |              |
|---|-------------------------|------------|--------------|
| 1 | <b>Riita Pelli</b>      | <b>FIN</b> | <b>14.22</b> |
| 2 | <b>Susanna Rajamäki</b> | <b>FIN</b> | <b>13.92</b> |
| 3 | <b>Cecilia Nilsson</b>  | <b>SWE</b> | <b>13.22</b> |
| 4 | Britt Helen Thon        | NOR        | 12.71        |
| 5 | Annicka Petersson       | SWE        | 12.23        |
| 6 | Maren Ilsaas Romstad    | NOR        | 11.77        |

*Discus throw*

30 Jul

|   |                        |            |              |
|---|------------------------|------------|--------------|
| 1 | <b>Satu Järvenpää</b>  | <b>FIN</b> | <b>50.80</b> |
| 2 | <b>Agnete Johansen</b> | <b>NOR</b> | <b>49.31</b> |
| 3 | <b>Milla Kelo</b>      | <b>FIN</b> | <b>48.45</b> |
| 4 | Britt Helen Thon       | NOR        | 45.58        |
| 5 | Angela Åkeson          | SWE        | 43.99        |
| 6 | Guðleif Harðardóttir   | ISL        | 36.46        |
| 7 | Cecilia Nilsson        | SWE        | 33.83        |

*Hammer throw*

29 Jul

|   |                        |            |              |
|---|------------------------|------------|--------------|
| 1 | <b>Cecilia Nilsson</b> | <b>SWE</b> | <b>60.74</b> |
| 2 | <b>Johanna Rantti</b>  | <b>FIN</b> | <b>54.10</b> |
| 3 | <b>Eva Danielsen</b>   | <b>NOR</b> | <b>53.07</b> |
| 4 | Marjaana Rekikoski     | FIN        | 45.79        |
| 5 | Gudleif Hardardóttir   | ISL        | 44.19        |
| 6 | Marie Nyland           | NOR        | 42.03        |
| 7 | Annicka Petersson      | SWE        | 41.50        |

*Javelin throw*

29 Jul

|   |                         |            |              |
|---|-------------------------|------------|--------------|
| 1 | <b>Veera Oksanen</b>    | <b>FIN</b> | <b>54.70</b> |
| 2 | <b>Åsa Lindberg</b>     | <b>FIN</b> | <b>53.25</b> |
| 3 | <b>Annika Petersson</b> | <b>SWE</b> | <b>49.04</b> |
| 4 | Bodil Hjelmset          | NOR        | 46.47        |
| 5 | Jennie Niesel           | SWE        | 46.44        |
| 6 | Merete Knudsen          | NOR        | 42.76        |

*4x100 m relay*

29 Jul

|   |            |              |   |
|---|------------|--------------|---|
| 1 | <b>SWE</b> | <b>46.38</b> | (Veronica Svensson, Lena Berntsson, Maria Eriksson, Linda Storkull) *                 |
| 2 | <b>NOR</b> | <b>47.12</b> | (Inger Elisabeth Tørre, Cecilie Ringvold, Synnøve Jayne Andersen, Karen Helene Milli) |
| 3 | <b>FIN</b> | <b>47.30</b> | (Milla Ranta, Camilla Wirén, Anja Rantanen, Susanna Rajamäki)                         |

\* Running order may be different

*4x400 m relay*

30 Jul

|   |            |                |  |
|---|------------|----------------|--|
| 1 | <b>SWE</b> | <b>3:38.22</b> | (Andrea Geurtsen, Caroline Gyllenhammar, Erica Mårtensson, Nadja Petersen) |
|---|------------|----------------|--|

|   |            |                |  |
|---|------------|----------------|--|
| 2 | <b>FIN</b> | <b>3:38.55</b> | (Suvi Myllymäki, Heidi Knuutila, Milla Kelo, Anja Rantanen)        |
| 3 | <b>NOR</b> | <b>3:49.49</b> | (Margit Katrine Strand, Kristin Roset, Hege Riise, Asborg Aanstad) |

\* Running order may be different

| Points | Women | Nation | Total |
|--------|-------|--------|-------|
|        |       | SWE    | 145   |
|        |       | FIN    | 139   |
|        |       | NOR    | 106   |

## Nordic U21 Match

Skallagrimsvöllur, Borgarnes, ISL 26-27 Aug

### Men

**100 m** 26 Aug Heat A: +4,2  
Heat B: +3,6

| P | A | B |                        |            |              |
|---|---|---|------------------------|------------|--------------|
| 1 | 1 |   | <b>Johan Engberg</b>   | <b>SWE</b> | <b>10.44</b> |
| 2 | 2 |   | <b>Tomas Johansson</b> | <b>FIN</b> | <b>10.61</b> |
| 3 | 1 |   | <b>Peter Ahl</b>       | <b>SWE</b> | <b>10.62</b> |
| 4 | 3 |   | Morten Jensen          | DEN        | 10.67        |
| 5 | 2 |   | Aleksi Sillanpää       | FIN        | 10.70        |
| 6 | 4 |   | Andreas Kristiansen    | NOR        | 11.02        |
| 7 | 3 |   | Ívar Örn Indriðason    | ISL        | 11.05        |
| 8 | 4 |   | Simen Andersen         | NOR        | 11.06        |

**200 m** 27 Aug Heat A: +3,7  
Heat B: +4,4

| P | A | B |                          |            |              |
|---|---|---|--------------------------|------------|--------------|
| 1 | 1 |   | <b>Johan Engberg</b>     | <b>SWE</b> | <b>21.14</b> |
| 2 | 2 |   | <b>Tomas Johansson</b>   | <b>FIN</b> | <b>21.66</b> |
| 3 | 1 |   | <b>Mats-Johan Hagman</b> | <b>FIN</b> | <b>21.97</b> |
| 4 | 3 |   | Yngve Sundsfjord         | NOR        | 22.00        |
| 5 | 2 |   | Peter Ahl                | SWE        | 22.03        |
| 6 | 4 |   | Espen Gatzwiller         | DEN        | 22.12        |
| 7 | 3 |   | Rune Selstad             | NOR        | 22.49        |
| 8 | 4 |   | Óttar Jónsson            | ISL        | 22.91        |

**400 m** 26. aug

| P | A | B |                         |            |              |
|---|---|---|-------------------------|------------|--------------|
| 1 | 1 |   | <b>Yngve Sundsfjord</b> | <b>NOR</b> | <b>48.80</b> |
| 2 | 2 |   | <b>Andreas Rehnborg</b> | <b>SWE</b> | <b>48.84</b> |
| 3 | 3 |   | <b>Tommi Poussu</b>     | <b>FIN</b> | <b>49.41</b> |
| 4 | 4 |   | Björgvin Vikingsson     | ISL        | 49.84        |
| 5 | 1 |   | Johan Hed               | SWE        | 50.26        |
| 6 | 2 |   | Risto Koskelainen       | FIN        | 50.58        |
| 7 | 3 |   | Einar Inge Aasen        | NOR        | 51.40        |
| 8 | 4 |   | Henrik Therkildsen      | DEN        | 53.49        |

**800 m** 27 Aug

|   |                           |            |                |
|---|---------------------------|------------|----------------|
| 1 | <b>Mathias Björkqvist</b> | <b>SWE</b> | <b>1:55.19</b> |
| 2 | <b>Jon Andersson</b>      | <b>SWE</b> | <b>1:56.65</b> |
| 3 | <b>Jukka-Pekka Kauppi</b> | <b>FIN</b> | <b>1:57.13</b> |
| 4 | Andreas Rehnborg          | SWE        | 1:58.43        |
| 5 | Stig Vervik Ellingsen     | NOR        | 1:59.51        |
| 6 | Frederik C. Taarnhøj      | DEN        | 1:59.84        |
| 7 | Daði Rúnar Jónsson        | ISL        | 2:00.78        |
| 8 | Raymond Maudal            | NOR        | 2:03.71        |

**1500 m** 26 Aug

|   |                           |            |                |
|---|---------------------------|------------|----------------|
| 1 | <b>Mathias Björkqvist</b> | <b>FIN</b> | <b>4:09.59</b> |
| 2 | <b>Gustav Svedbrandt</b>  | <b>SWE</b> | <b>4:10.91</b> |
| 3 | <b>Odd Morten Brekke</b>  | <b>NOR</b> | <b>4:12.26</b> |
| 4 | Tero Tuominen             | FIN        | 4:15.05        |
| 5 | Kjetil M.D. Hals          | NOR        | 4:16.76        |
| 6 | Axel Lönnqvist            | SWE        | 4:17.12        |

|   |                           |     |         |
|---|---------------------------|-----|---------|
| 7 | Rasmus K. Larsen          | DEN | 4:19.51 |
| 8 | Stefán Ágúst Hafsteinsson | ISL | 4:27.31 |

**5000 m** 27 Aug

|          |                           |            |                 |
|----------|---------------------------|------------|-----------------|
| <b>1</b> | <b>Turo Inkiläinen</b>    | <b>FIN</b> | <b>15:02.00</b> |
| <b>2</b> | <b>Ingemund Askeland</b>  | <b>NOR</b> | <b>15:10.58</b> |
| <b>3</b> | <b>Ørjan Lunde</b>        | <b>NOR</b> | <b>15:16.78</b> |
| 4        | Anders Ejby-Ernst         | DEN        | 15:37.78        |
| 5        | Mikko Upola               | FIN        | 15:38.50        |
| 6        | Johan Lindberg            | SWE        | 15:41.26        |
| 7        | Björn Ahlepil             | SWE        | 16:43.90        |
|          | Stefán Ágúst Hafsteinsson | ISL        | DNF             |

**110 m hurdles** 26 Aug Heat A: +5,4 Heat B: +4,4

**Heat**

|          |          |                             |            |              |  |
|----------|----------|-----------------------------|------------|--------------|--|
| <b>P</b> | <b>A</b> | <b>B</b>                    |            |              |  |
| <b>1</b> | <b>1</b> | <b>Juha Sonck</b>           | <b>FIN</b> | <b>14.41</b> |  |
| <b>2</b> | <b>2</b> | <b>Mikael Jakobsson</b>     | <b>SWE</b> | <b>14.52</b> |  |
| <b>3</b> | <b>3</b> | <b>Ingi Sturla Þórisson</b> | <b>ISL</b> | <b>14.57</b> |  |
| 4        | 1        | Rafael Skros                | SWE        | 14.62        |  |
| 5        | 4        | Magnus Husby Rostad         | NOR        | 14.71        |  |
| 6        | 2        | Henrik Baker                | DEN        | 14.87        |  |
| 7        | 3        | Jarmo Uutela                | FIN        | 15.11        |  |
| 8        | 4        | Andreas Aune Viken          | NOR        | 15.21        |  |

**400 m hurdles** 27 Aug

**Heat**

|          |          |                            |            |              |  |
|----------|----------|----------------------------|------------|--------------|--|
| <b>P</b> | <b>A</b> | <b>B</b>                   |            |              |  |
| <b>1</b> | <b>1</b> | <b>Ragnar Bergheim</b>     | <b>NOR</b> | <b>54.47</b> |  |
| <b>2</b> | <b>2</b> | <b>Kalle Simpanen</b>      | <b>FIN</b> | <b>54.64</b> |  |
| <b>3</b> | <b>3</b> | <b>Björgvin Víkingsson</b> | <b>ISL</b> | <b>55.38</b> |  |
| 4        | 1        | Björn Pettersen            | NOR        | 55.73        |  |
| 5        | 2        | Andreas Rehnborg           | SWE        | 56.01        |  |
| 6        | 4        | Joachim Ögren              | SWE        | 56.75        |  |
| 7        | 3        | Jarkko Rajala              | FIN        | 57.46        |  |
| 8        | 4        | Mikkel Larsen              | DEN        | 58.60        |  |

**3000 m steeplechase** 26 Aug

|          |                        |            |                |
|----------|------------------------|------------|----------------|
| <b>1</b> | <b>Jukka Keskisalo</b> | <b>FIN</b> | <b>9:07.44</b> |
| <b>2</b> | <b>Trond Idland</b>    | <b>NOR</b> | <b>9:23.29</b> |
| <b>3</b> | <b>Björn Ahlepihl</b>  | <b>SWE</b> | <b>9:23.95</b> |
| 4        | Johan Lindberg         | SWE        | 9:33.97        |
| 5        | Bjørnar Kristensen     | NOR        | 9:35.51        |
| 6        | Benjamin Wolthers      | DEN        | 9:43.43        |
| 7        | Eemeli Saarelna        | FIN        | 10:00.81       |

**10000 m Walk** 26 Aug

|          |                       |            |                 |
|----------|-----------------------|------------|-----------------|
| <b>1</b> | <b>Erik Tysse</b>     | <b>NOR</b> | <b>42:17.08</b> |
| <b>2</b> | <b>Viktor Jansson</b> | <b>SWE</b> | <b>45:07.56</b> |
| <b>3</b> | <b>Antti Kempas</b>   | <b>FIN</b> | <b>45:30.08</b> |
| 4        | John-Christian Scheie | NOR        | 45:39.48        |
| 5        | Eero Turpeinen        | FIN        | 47:36.46        |
| 6        | Ludvig Jansson        | SWE        | 47:52.20        |

**High jump** 27 Aug

|          |                              |            |             |
|----------|------------------------------|------------|-------------|
| <b>1</b> | <b>Einar Karl Hjartarson</b> | <b>ISL</b> | <b>2.10</b> |
| <b>2</b> | <b>Heikki Taneli</b>         | <b>FIN</b> | <b>2.07</b> |
| <b>3</b> | <b>Erik Sikström</b>         | <b>SWE</b> | <b>2.04</b> |
| =4       | Haakon Asmyhr                | NOR        | 1.98        |
| =4       | Jarkko Vähälä                | FIN        | 1.98        |
| 6        | Andreas Aune Viken           | NOR        | 1.95        |
| 7        | Jens Møller Boeris           | DEN        | 1.90        |
|          | Oscar Jonsson                | SWE        | DNS         |

Series 1.80 1.85 1.90 1.95 1.98 2.01 2.04 2.07 2.10 2.20

|   |  |  |   |   |   |   |     |  |     |
|---|--|--|---|---|---|---|-----|--|-----|
| 1 |  |  |   |   |   |   |     |  | xxx |
| 2 |  |  | o | - | - | o | xxx |  |     |

|    |   |   |     |     |     |     |   |    |
|----|---|---|-----|-----|-----|-----|---|----|
| 3  |   |   |     | xxo | o   | xxo | x | xx |
| =4 |   |   | xo  | o   | xxo | xxx |   |    |
| =4 | o | - | o   | xo  | xxo | xxx |   |    |
| 6  |   |   | o   | -   | xxx |     |   |    |
| 7  |   |   | xxo | xxx |     |     |   |    |

**Pole vault** 26 Aug

|          |                           |            |             |
|----------|---------------------------|------------|-------------|
| <b>1</b> | <b>Mikko Latvala</b>      | <b>FIN</b> | <b>4.90</b> |
| <b>2</b> | <b>Fredrik Skoglund</b>   | <b>SWE</b> | <b>4.80</b> |
| <b>3</b> | <b>Alhaji Jeng</b>        | <b>SWE</b> | <b>4.60</b> |
| 4        | Teemu Juhola              | FIN        | 4.40        |
| 5        | Geir Ove Rasmussen        | NOR        | 4.20        |
| 6        | Sverre Helland            | NOR        | 4.20        |
| 7        | Thomas Offersen           | DEN        | 4.00        |
| 8        | Jónas Hlynur Hallgrímsson | ISL        | 3.80        |

Series 3.80 4.00 4.20 4.30 4.40 4.50 4.60 4.70 4.75 4.80 4.85 4.90 4.95

|   |     |     |     |     |   |    |    |   |   |   |   |     |
|---|-----|-----|-----|-----|---|----|----|---|---|---|---|-----|
| 1 |     |     |     |     | o | -  | xo | - | - | - | o | -   |
| 2 |     | o   | -   | o   | - | o  | -  | x | - | o | - | xxx |
| 3 |     |     |     | o   | - | o  | -  | - | x | - | x | x   |
| 4 | o   | o   | xo  | xxo | o | x- |    |   |   |   |   |     |
| 5 | o   | o   | o   | xxx |   |    |    |   |   |   |   |     |
| 6 | o   | o   | xxo | xxx |   |    |    |   |   |   |   |     |
| 7 | o   | xo  | x-  |     |   |    |    |   |   |   |   |     |
| 8 | xxo | xxx |     |     |   |    |    |   |   |   |   |     |

**Long jump** 26. aug

|          |                           |            |             |
|----------|---------------------------|------------|-------------|
| <b>1</b> | <b>Anton Andersson</b>    | <b>SWE</b> | <b>7.72</b> |
| <b>2</b> | <b>David Frykholm</b>     | <b>SWE</b> | <b>7.70</b> |
| <b>3</b> | <b>Tommi Evilä</b>        | <b>FIN</b> | <b>7.58</b> |
| 4        | Morten Jensen             | DEN        | 7.49        |
| 5        | Finn Tysland Johnsen      | NOR        | 7.34        |
| 6        | Antti Rintakoski          | FIN        | 7.21        |
| 7        | Jónas Hlynur Hallgrímsson | ISL        | 6.88        |
| 8        | Lars Jacob Woie           | NOR        | 6.39        |

Series 1 2 3 4 5 6

|   |      |      |       |      |      |      |
|---|------|------|-------|------|------|------|
| 1 | 4.26 | 7.21 | 67.64 | 2.64 | 7.72 | 7.18 |
|   | +4,6 | +3,1 | +3,1  | +3,0 | +5,1 | +4,7 |
| 2 | 7.45 | 7.22 | 7.45  | 7.48 | 4.76 | 7.70 |
|   | +4,7 | +3,5 | +3,5  | +2,2 | +4,2 | +4,4 |
| 3 | 7.36 | 7.43 | 7.29  | 7.55 | 7.37 | 7.58 |
|   | +4,3 | +4,4 | +3,3  | +4,0 | +3,7 | +4,4 |
| 4 | X    | 7.49 | X     | -    | -    | 7.39 |
|   |      | +3,5 |       |      |      | +3,3 |
| 5 | X    | X    | 7.34  | 5.36 | X    | 5.21 |
|   |      |      | +4,2  | +2,5 |      | +4,5 |
| 6 | 7.18 | X    | 7.21  | X    | X    | X    |
|   | +3,0 |      | +3,6  |      |      |      |
| 7 | 6.88 | X    | 6.39  | -    | -    | -    |
|   | +3,5 |      | +3,0  |      |      |      |
| 8 | X    | X    | 6.39  | X    | X    | X    |
|   |      |      | +4,2  |      |      |      |

**Triple jump** 27 Aug

|          |                           |            |              |
|----------|---------------------------|------------|--------------|
| <b>1</b> | <b>Anton Andersson</b>    | <b>SWE</b> | <b>16.27</b> |
| <b>2</b> | <b>Antti Rintakoski</b>   | <b>FIN</b> | <b>15.60</b> |
| <b>3</b> | <b>David Frykholm</b>     | <b>SWE</b> | <b>15.14</b> |
| 4        | Sauli Leino               | FIN        | 15.07        |
| 5        | Thomas Flensburg Madsen   | DEN        | 14.72        |
| 6        | Hans Olav Uldal           | NOR        | 14.35        |
| 7        | Jónas Hlynur Hallgrímsson | ISL        | 14.27        |
| 8        | Lars Ytterhaug            | NOR        | 14.26        |

Series 1 2 3 4 5 6

|   |       |       |       |       |       |       |
|---|-------|-------|-------|-------|-------|-------|
| 1 | 16.05 | X     | 15.93 | 16.10 | 15.92 | 16.27 |
|   | +4,6  |       | +2,2  | +3,7  | +2,9  | +3,9  |
| 2 | 13.20 | 15.60 | 15.42 | 15.53 | 15.56 | X     |
|   | +4,5  | +3,1  | +1,9  | +3,7  | +2,9  |       |
| 3 | X     | 14.08 | X     | 14.57 | 14.94 | 15.14 |
|   |       | +2,6  |       | +3,7  | +3,0  | +3,1  |
| 4 | X     | 13.84 | 14.57 | 15.07 | X     | X     |
|   |       | +2,4  | +3,5  | +2,9  |       |       |
| 5 | X     | 14.72 | 14.67 | 14.47 | 14.27 | -     |
|   |       | +3,3  | +1,8  | +2,9  | +4,0  |       |
| 6 | 14.35 | 14.29 | X     | X     | -     | X     |
|   | +6,6  | +3,4  |       |       |       |       |
| 7 | 14.11 | 14.13 | X     | X     | 14.27 | 14.27 |
|   | +3,7  | +4,1  | +3,0  | +3,9  |       |       |
| 8 | 14.05 | 14.26 | 13.98 | 13.95 | 14.18 | 14.03 |
|   | +3,3  | +3,0  | +3,0  | +3,5  | +4,4  | +2,5  |

|                 |                              |                  |
|-----------------|------------------------------|------------------|
| <i>Shot put</i> |                              | 26 aug           |
| <b>1</b>        | <b>Teijo Kööpikkä</b>        | <b>FIN 17.83</b> |
| <b>2</b>        | <b>Seppo Kujala</b>          | <b>FIN 16.35</b> |
| <b>3</b>        | <b>Stein Syversen</b>        | <b>NOR 15.40</b> |
| 4               | Johan Persson                | SWE 15.14        |
| 5               | David Johansson              | SWE 14.93        |
| 6               | Rune Johansen                | NOR 14.18        |
| 7               | Esben Nicolaisen             | DEN 13.93        |
| <b>8</b>        | <b>Vigfús Dan Sigurðsson</b> | <b>ISL 12.50</b> |

|               |          |          |          |          |          |          |
|---------------|----------|----------|----------|----------|----------|----------|
| <i>Series</i> | <u>1</u> | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> | <u>6</u> |
| 1             | X        | X        | X        | 17.83    | 17.43    | X        |
| 2             | 16.23    | X        | 16.35    | X        | X        | -        |
| 3             | 15.23    | 15.40    | 15.02    | 15.04    | X        | 14.01    |
| 4             | 15.14    | 14.77    | 14.50    | X        | 14.59    | X        |
| 5             | 14.28    | 14.55    | 14.77    | 14.57    | 14.93    | X        |
| 6             | 13.64    | 13.86    | X        | 14.18    | X        | X        |
| 7             | 12.98    | 13.93    | X        | X        | 13.15    | 13.76    |
| 8             | 12.50    | X        | X        | X        | X        | X        |

|                     |                        |                  |
|---------------------|------------------------|------------------|
| <i>Discus throw</i> |                        | 27 Aug           |
| <b>1</b>            | <b>Mikko Kyyrö</b>     | <b>FIN 55.45</b> |
| <b>2</b>            | <b>Staffan Jönsson</b> | <b>SWE 50.65</b> |
| <b>3</b>            | <b>Johan Persson</b>   | <b>SWE 49.26</b> |
| 4                   | Rune Johansen          | NOR 47.54        |
| 5                   | Harri Martti           | FIN 47.29        |
| 6                   | Christian Nordgård     | NOR 47.13        |
| 7                   | Martin Roald           | DEN 36.80        |

|               |          |          |          |          |          |          |
|---------------|----------|----------|----------|----------|----------|----------|
| <i>Series</i> | <u>1</u> | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> | <u>6</u> |
| 1             | X        | 55.36    | 53.53    | 51.98    | 55.45    | X        |
| 2             | 45.23    | 47.70    | 50.65    | 48.18    | 47.28    | 40.77    |
| 3             | X        | X        | 46.25    | 49.26    | X        | 43.11    |
| 4             | 44.22    | X        | X        | 47.54    | X        | X        |
| 5             | 33.88    | 47.29    | 46.02    | X        | X        | X        |
| 6             | 46.09    | 45.43    | 45.37    | X        | X        | 47.13    |
| 7             | X        | X        | X        | X        | 34.75    | 36.80    |

|                     |                       |                  |
|---------------------|-----------------------|------------------|
| <i>Hammer throw</i> |                       | 26 aug           |
| <b>1</b>            | <b>Jari Polvi</b>     | <b>FIN 61.65</b> |
| <b>2</b>            | <b>Antti Vierula</b>  | <b>FIN 59.46</b> |
| <b>3</b>            | <b>Tomas Pyka</b>     | <b>SWE 53.17</b> |
| 4                   | Gunnar Åsvestad       | NOR 49.96        |
| 5                   | Emil Wickman          | SWE 48.60        |
| 6                   | Vigfús Dan Sigurðsson | ISK 45.17        |
| 7                   | Stein Harald Sundal   | NOR 41.88        |

|               |          |          |          |          |          |          |
|---------------|----------|----------|----------|----------|----------|----------|
| <i>Series</i> | <u>1</u> | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> | <u>6</u> |
| 1             | 56.83    | 61.28    | 61.65    | 60.41    | 59.68    | 59.60    |
| 2             | 56.23    | 59.46    | X        | X        | 58.14    | X        |
| 3             | 48.93    | 50.66    | X        | 48.52    | 50.60    | 53.17    |
| 4             | X        | X        | X        | 46.04    | 49.96    | 46.80    |
| 5             | 39.75    | 47.15    | 44.59    | X        | 48.60    | X        |
| 6             | 45.17    | 44.70    | X        | 42.87    | X        | X        |
| 7             | X        | X        | 41.88    | X        | X        | 37.35    |

|                      |                            |                  |
|----------------------|----------------------------|------------------|
| <i>Javelin throw</i> |                            | 26 Aug           |
| <b>1</b>             | <b>Andreas Thorkildsen</b> | <b>NOR 74.71</b> |
| <b>2</b>             | <b>Pasi Kuusinen</b>       | <b>FIN 71.25</b> |
| <b>3</b>             | <b>Mikael Snällfot</b>     | <b>SWE 67.48</b> |
| 4                    | Mattias Eriksson           | SWE 66.35        |
| 5                    | Harri Hietala              | FIN 65.59        |
| 6                    | Paul A. Solberg            | NOR 64.13        |
| 7                    | Claus Borggreen            | DEN 50.37        |
| 8                    | Einar Karl Hjartarson      | ISL 46.57        |

|               |          |          |          |          |          |          |
|---------------|----------|----------|----------|----------|----------|----------|
| <i>Series</i> | <u>1</u> | <u>2</u> | <u>3</u> | <u>4</u> | <u>5</u> | <u>6</u> |
| 1             | X        | X        | 67.97    | 72.50    | 71.18    | 74.71    |
| 2             | 68.66    | X        | 71.25    | 67.50    | -        | 69.18    |
| 3             | 63.39    | X        | X        | X        | 67.48    | 65.00    |
| 4             | 64.22    | X        | 66.35    | -        | X        | -        |
| 5             | 64.91    | 65.59    | 64.78    | -        | X        | 64.37    |
| 6             | 62.58    | 63.00    | 59.92    | 63.91    | 64.13    | 61.69    |
| 7             | X        | X        | X        | 47.00    | 47.73    | 50.37    |
| 8             | X        | X        | X        | 46.57    | X        | X        |

|                      |            |   |
|----------------------|------------|---|
| <i>4x100 m relay</i> |            | 26 Aug  |
| <b>1</b>             | <b>SWE</b> | <b>42.10</b>  |
|                      |            | (Rafael Skros, Peter Ahl, Johan Hed, Johan Engberg) |

|          |            |              |  |
|----------|------------|--------------|--|
| <b>2</b> | <b>FIN</b> | <b>42.31</b> | (Jukka Tilus, Aleksii Sillanpää, Mats-Johan Hagman, Tomas Johansson)                 |
| <b>3</b> | <b>DEN</b> | <b>42.91</b> | (Morten Jensen, Espen Gatzwiller, Thomas Flensburg Madsen, Steffen Jørgensen)        |
| 4        | NOR        | 43.82        | (Simen Andersen, Rune Selstad, Andreas Kristiansen, Lats Jakob Woie)                 |
|          | ISL        | DNF          | (Óttar Jónsson, Ívar Örn Indriðason, Ingi Sturla Þórisson, Sigurður Arnar Björnsson) |

|                      |            |                |   |
|----------------------|------------|----------------|---|
| <i>4x400 m relay</i> |            | 18. Aug        |   |
| <b>1</b>             | <b>FIN</b> | <b>3:21.68</b> | (Sauli Pahlman, Ari Kauppinen, Risto Koskelainen, Tommi Poussu)         |
| <b>2</b>             | <b>SWE</b> | <b>3:22.36</b> | (Johan Hed, Axel Lönnquist, Joachim Ögren, Andreas Rehnberg)            |
| <b>3</b>             | <b>NOR</b> | <b>3:25.06</b> | (Eystein Lysholm, Rune Selstad, Yngve Sundsfjord, Ragnar Bergheim)      |
| 4                    | DEN/ISL    | 3:36.07        | (Henrik Therkildsen, Mikkel Larsen, Óttar Jónsson, Björgvin Víkingsson) |

|                   |               |              |
|-------------------|---------------|--------------|
| <i>Points Men</i> | <i>Nation</i> | <i>Total</i> |
|                   | FIN           | 230,5        |
|                   | SWE           | 211          |
|                   | NOR           | 157,5        |
|                   | DEN/ISL       | 91           |

### Women

|              |            |                        |                  |
|--------------|------------|------------------------|------------------|
| <i>100 m</i> |            | 26 aug                 | Heat A: +4,7     |
| <i>Heat</i>  |            |                        | Heat B: +3,9     |
| <b>P</b>     | <b>A B</b> |                        |                  |
| <b>1</b>     | <b>1</b>   | <b>Linda Fernström</b> | <b>SWE 11.66</b> |
| <b>2</b>     | <b>2</b>   | <b>Elina Lax</b>       | <b>FIN 11.77</b> |
| <b>3</b>     | <b>1</b>   | <b>Susanna Kallur</b>  | <b>SWE 11.81</b> |
| 4            | 2          | Silja Úlfarsdóttir     | ISL 11.81        |
| 5            | 3          | Anne Cathrine Bakken   | NOR 12.04        |
| 6            | 3          | Synnøve J. Andersen    | NOR 12.12        |
| 7            | 4          | Katja Salivaara        | FIN 12.13        |
| 8            | 4          | Sille Søndergaard      | DEN 12.14        |

|              |            |                           |                  |
|--------------|------------|---------------------------|------------------|
| <i>200 m</i> |            | 27 Aug                    | Heat A: +3,7     |
| <i>Heat</i>  |            |                           | Heat B: +2,3     |
| <b>P</b>     | <b>A B</b> |                           |                  |
| <b>1</b>     | <b>1</b>   | <b>Jenny Kallur</b>       | <b>SWE 24.14</b> |
| <b>2</b>     | <b>2</b>   | <b>Silja Úlfarsdóttir</b> | <b>ISL 24.25</b> |
| <b>3</b>     | <b>1</b>   | <b>Helene Nordquist</b>   | <b>SWE 25.11</b> |
| 4            | 3          | Synnøve Jayne Andersen    | NOR 25.35        |
| 5            | 2          | Anne Cathrine Bakken      | NOR 25.43        |
| 6            | 4          | Katja Salivaara           | FIN 25.48        |
| 7            | 3          | Pamela Lindfors           | FIN 25.59        |
| 8            | 4          | Rikke Sørensen            | DEN 25.81        |

|              |            |                           |                  |
|--------------|------------|---------------------------|------------------|
| <i>400 m</i> |            | 26 Aug                    | Heat B: +2,3     |
| <i>Heat</i>  |            |                           |                  |
| <b>P</b>     | <b>A B</b> |                           |                  |
| <b>1</b>     | <b>1</b>   | <b>Silja Úlfarsdóttir</b> | <b>ISL 56.45</b> |
| <b>2</b>     | <b>2</b>   | <b>Helene Nordqvist</b>   | <b>SWE 56.64</b> |
| <b>3</b>     | <b>3</b>   | <b>Suvi Myllymäki</b>     | <b>FIN 56.75</b> |
| 4            | 1          | Hanna Petersson           | SWE 57.56        |
| 5            | 2          | Michala Bluhm             | DEN 58.54        |
| 6            | 4          | Tina Stilson              | NOR 58.84        |
| 7            | 3          | Annika Rikberg            | FIN 59.18        |
| 8            | 4          | Hanne Ringnes             | NOR 60.81        |

|              |                             |                    |
|--------------|-----------------------------|--------------------|
| <i>800 m</i> |                             | 27 Aug             |
| <b>1</b>     | <b>Mari Järvenpää</b>       | <b>FIN 2:14.10</b> |
| <b>2</b>     | <b>Suvi Myllymäki</b>       | <b>FIN 2:15.19</b> |
| <b>3</b>     | <b>Liv-Miriam Nordtømme</b> | <b>NOR 2:15.67</b> |
| 4            | Linda Olsson                | SWE 2:16.95        |
| 5            | Alvilde Ossum               | NOR 2:18.13        |
| 6            | Silla Duhrop                | DEN 2:19.17        |

|   |                       |     |         |
|---|-----------------------|-----|---------|
| 7 | Sandra Pode           | SWE | 2:20.42 |
| 8 | Eva Rós Stefánsdóttir | ISL | 2:30.71 |

1500 m

26 Aug

|   |                           |            |                |
|---|---------------------------|------------|----------------|
| 1 | <b>Mari Järvenpää</b>     | <b>FIN</b> | <b>4:30.83</b> |
| 2 | <b>Minna Järvenpää</b>    | <b>FIN</b> | <b>4:33.43</b> |
| 3 | <b>Madeleine Mattsson</b> | <b>SWE</b> | <b>4:37.39</b> |
| 4 | Ida Nilsson               | SWE        | 4:39.72        |
| 5 | Liv-Miriam Nordtømme      | NOR        | 4:41.57        |
| 6 | Laila Laursen             | DEN        | 4:46.03        |
| 7 | Mari L. Papsdorff         | NOR        | 4:56.25        |
| 8 | Borghildur Valgeirsdóttir | ISL        | 5:10.94        |

3000 m

27 Aug

|   |                       |            |                 |
|---|-----------------------|------------|-----------------|
| 1 | <b>Ida Nilsson</b>    | <b>SWE</b> | <b>10:18.53</b> |
| 2 | <b>Laila Laursen</b>  | <b>DEN</b> | <b>10:23.92</b> |
| 3 | <b>Mia Larsson</b>    | <b>SWE</b> | <b>10:31.74</b> |
| 4 | Anette Björkgård      | FIN        | 10:33.34        |
| 5 | Päivi Lehto           | FIN        | 10:51.86        |
| 6 | Anne Haaland Simonsen | NOR        | 10:57.44        |
| 7 | Gígja Gunnlaugsdóttir | ISL        | 11:34.94        |
|   | Laila Selbæk          | NOR        | DNS             |

100 m hurdles

26 Aug

Heat A: +4,5  
Heat B: +5,3

Heat

| P  | A | B |                          |            |              |
|----|---|---|--------------------------|------------|--------------|
| 1  | 1 |   | <b>Susanna Kallur</b>    | <b>SWE</b> | <b>13.09</b> |
| 2  |   | 1 | <b>Jenny Kallur</b>      | <b>SWE</b> | <b>13.70</b> |
| 3  |   | 2 | <b>Sanna Saarman</b>     | <b>FIN</b> | <b>13.76</b> |
| 4  | 2 |   | Jaana Jokihaara          | FIN        | 13.83        |
| 5  | 3 |   | Camilla Gullhav Hatlen   | NOR        | 13.94        |
| =6 | 4 |   | Anne K. Andersen         | DEN        | 14.78        |
| =6 |   | 3 | Tine Borge               | NOR        | 14.78        |
| 8  |   | 4 | Anna Margrét Ólafsdóttir | ISL        | 15.50        |

400 m hurdles

27 Aug

Heat

| P | A | B |                        |            |              |
|---|---|---|------------------------|------------|--------------|
| 1 | 1 |   | <b>Tea Hytönen</b>     | <b>FIN</b> | <b>62.81</b> |
| 2 |   | 2 | <b>Eva Olofsson</b>    | <b>SWE</b> | <b>62.83</b> |
| 3 |   | 1 | <b>Sinikka Leminen</b> | <b>FIN</b> | <b>63.14</b> |
| 4 |   | 2 | Ulrika Johansson       | SWE        | 63.68        |
| 5 | 3 |   | Ellen Strøm            | NOR        | 64.45        |
| 6 | 4 |   | Rikke Sørensen         | DEN        | 64.45        |
| 7 |   | 3 | Tine Borge             | NOR        | 66.25        |
| 8 |   | 4 | Ylfa Jónsdóttir        | ISL        | 66.54        |

2000 m steeplechase

27 Aug

|   |                          |            |                |
|---|--------------------------|------------|----------------|
| 1 | <b>Ragnhild Kvarberg</b> | <b>NOR</b> | <b>7:05.92</b> |
| 2 | <b>Mira Tuominen</b>     | <b>FIN</b> | <b>7:10.27</b> |
| 3 | <b>Sara Forsström</b>    | <b>FIN</b> | <b>7:14.85</b> |
| 4 | Helle Nielsen            | DEN        | 7:18.02        |
| 5 | Rebecka Johansson        | SWE        | 7:20.18        |
| 6 | Frida Skarin             | SWE        | 7:37.01        |
| 7 | Mari L. Papsdorff        | NOR        | 7:40.00        |

5000 m walk

26 Aug

|   |                              |            |                 |
|---|------------------------------|------------|-----------------|
| 1 | <b>Anne Haaland Simonsen</b> | <b>NOR</b> | <b>23:09.75</b> |
| 2 | <b>Tiina Muinonen</b>        | <b>FIN</b> | <b>24:41.35</b> |
| 3 | <b>Sandra Eriksson</b>       | <b>SWE</b> | <b>24:56.07</b> |
| 4 | Benedikte Bergli             | NOR        | 25:28.59        |
| 5 | Jenni Lahtinen               | FIN        | 26:22.19        |
| 6 | Sofie Andersson              | SWE        | 26:55.45        |

High jump

26 Aug

|   |                        |            |             |
|---|------------------------|------------|-------------|
| 1 | <b>Hanna Mikkonen</b>  | <b>FIN</b> | <b>1.74</b> |
| 2 | <b>Jenny Isgren</b>    | <b>SWE</b> | <b>1.74</b> |
| 3 | <b>Mona Andreassen</b> | <b>NOR</b> | <b>1.71</b> |
| 4 | Marie Norrman          | SWE        | 1.71        |
| 5 | Laura Virtanen         | FIN        | 1.68        |
| 6 | Anne Gerd Eieland      | NOR        | 1.65        |
| 7 | Íris Svavarsdóttir     | ISL        | 1.65        |
| 8 | Anne Christiansen      | DEN        | 1.60        |

| Series | 1.55 | 1.60 | 1.65 | 1.68 | 1.71 | 1.74 | 1.77 |
|--------|------|------|------|------|------|------|------|
| 1      |      |      | o    | -    | xo   | o    | xxx  |
| 2      |      |      | o    | o    | o    | xo   | xxx  |
| 3      |      | xo   | xo   | xo   | xo   | xxx  |      |
| 4      |      |      | o    | o    | xxo  | xxx  |      |
| 5      |      |      | o    | o    | xo   | xxx  |      |
| 6      |      |      |      | o    | xxx  |      |      |
| 7      | o    | o    | xo   | xxx  |      |      |      |
| 8      | o    | o    | xxx  |      |      |      |      |

Pole vault

27 Aug

|    |                               |            |             |
|----|-------------------------------|------------|-------------|
| 1  | <b>Annamari Leminen</b>       | <b>FIN</b> | <b>3.50</b> |
| 2  | <b>Malin Ericsson</b>         | <b>SWE</b> | <b>3.40</b> |
| 3  | <b>Hanna Virtanen</b>         | <b>FIN</b> | <b>3.30</b> |
| =4 | Monica Grimsrud               | NOR        | 3.20        |
| =4 | Linda Persson                 | SWE        | 3.20        |
| 6  | Sofia Holand                  | NOR        | 3.10        |
| 7  | Karen Marie Kristoffersen     | DEN        | 3.00        |
| 8  | Aðalheiður María Vigfúsdóttir | ISL        | 2.90        |

| Series | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.35 | 3.40 | 3.45 | 3.50 | 3.55 |
|--------|------|------|------|------|------|------|------|------|------|------|------|
| 1      | o    | -    | xxo  | -    | o    | -    | -    | xo   | -    | o    | -    |
| 2      |      | xo   | -    | o    | o    | -    | -    | xo   | -    | -    | xxx  |
| 3      |      |      | o    | -    | o    | o    | -    | xxx  |      |      |      |
| =4     |      |      | o    | o    | xo   | xxx  |      |      |      |      |      |
| =4     |      |      | o    | o    | xo   | xxx  |      |      |      |      |      |
| 6      | o    | -    | o    | o    | xxx  |      |      |      |      |      |      |
| 7      | o    | o    | xo   | xxx  |      |      |      |      |      |      |      |
| 8      | o    | o    | xxx  |      |      |      |      |      |      |      |      |

Long jump

27 Aug

|   |                        |            |             |
|---|------------------------|------------|-------------|
| 1 | <b>Pamela Lindfors</b> | <b>FIN</b> | <b>6.33</b> |
| 2 | <b>Heli Paloranta</b>  | <b>FIN</b> | <b>6.17</b> |
| 3 | <b>Lina Quick</b>      | <b>SWE</b> | <b>6.13</b> |
| 4 | Lene Berger            | NOR        | 5.77        |
| 5 | Sofie Andersson        | SWE        | 5.70        |
| 6 | Lotte Thiesen          | DEN        | 5.50        |
| 7 | Hilde Røsvik           | NOR        | 5.44        |
| 8 | Guðný Eyþórsdóttir     | ISL        | 4.97        |

| Series | 1    | 2    | 3    | 4    | 5    | 6    |
|--------|------|------|------|------|------|------|
| 1      | X    | 6.26 | 6.21 | 6.20 | 6.08 | 6.33 |
|        |      | +6,0 | +5,0 | +2,9 | +3,9 |      |
| 2      | 5.92 | 6.05 | 6.17 | 3.30 | X    | X    |
|        | +4,0 | +3,3 | +5,6 | +3,8 |      |      |
| 3      | 5.99 | 5.89 | 6.05 | 5.93 | 5.86 | 6.13 |
|        | +4,5 | +5,0 | +5,4 | +3,6 | +3,4 | +4,4 |
| 4      | X    | 5.72 | 5.77 | 3.94 | 5.32 | 5.61 |
|        |      | +4,3 | +5,7 | +3,6 | +2,6 | +5,3 |
| 5      | 5.69 | X    | 5.70 | 5.53 | X    | 5.70 |
|        | +4,8 |      | +5,9 | +5,0 |      | +4,9 |
| 6      | X    | 5.39 | 5.30 | 5.01 | 5.50 | X    |
|        |      | +4,9 | +4,6 | +3,3 | +4,0 |      |
| 7      | X    | X    | X    | X    | 5.44 | X    |
|        |      |      |      |      | +3,6 |      |
| 8      | 4.97 | X    | X    | X    | X    | -    |
|        | +5,2 |      |      |      |      |      |

Triple jump

26 Aug

|   |                       |            |              |
|---|-----------------------|------------|--------------|
| 1 | <b>Niina Kelo</b>     | <b>FIN</b> | <b>12.72</b> |
| 2 | <b>Heli Paloranta</b> | <b>FIN</b> | <b>12,53</b> |
| 3 | <b>Helena Rönner</b>  | <b>SWE</b> | <b>12.45</b> |
| 4 | Sara Brankell         | SWE        | 12.34        |
| 5 | Lotte Thiesen         | DEN        | 12.01        |
| 6 | Maria Høgheim         | NOR        | 11.83        |
| 7 | Hilde Røsvik          | NOR        | 11.48        |
| 8 | Þórunn Erlingsdóttir  | ISL        | 10.81        |

| Series | 1     | 2     | 3     | 4     | 5     | 6     |
|--------|-------|-------|-------|-------|-------|-------|
| 1      | 12.24 | 12.29 | 12.38 | 12.31 | 12.42 | 12.72 |
|        | +3,1  | +3,1  | +3,2  | +3,7  | +3,5  | +2,5  |



|   |               |               |               |               |               |               |
|---|---------------|---------------|---------------|---------------|---------------|---------------|
| 2 | X             | 12.48<br>+2,7 | 12.53<br>+3,0 | X             | 12.44<br>+3,0 | X             |
| 3 | X             | X             | 12.39<br>+2,5 | 12,45<br>+3,3 | X             | 12.35         |
| 4 | 12.06<br>+2,8 | 12.34<br>+2,4 | 12.02<br>+3,2 | X             | 12.33<br>+2,7 | 12.22<br>+2,9 |
| 5 | X             | 11.77<br>+3,5 | 11.89<br>+2,9 | 11.57<br>+2,7 | 12.01<br>+3,3 | 11.74<br>+4,1 |
| 6 | 11.82<br>+4,1 | 11.53<br>+3,0 | X             | X             | X             | 11.83<br>+1,5 |
| 7 | 11.47<br>+2,9 | X             | X             | X             | 11.48<br>+3,7 | 11.38<br>+3,4 |
| 8 | 10.50<br>+2,5 | 10.81<br>+3,2 | 10.70<br>+2,8 | X             | X             | 9.06<br>+2,6  |

**Shot put** 27 aug

|   |                         |            |              |
|---|-------------------------|------------|--------------|
| 1 | <b>Niina Kelo</b>       | <b>FIN</b> | <b>14.14</b> |
| 2 | <b>Helmi Leppänen</b>   | <b>FIN</b> | <b>13.74</b> |
| 3 | <b>Britt Helen Thon</b> | <b>NOR</b> | <b>13.25</b> |
| 4 | Anna-Karin Svensson     | SWE        | 12.38        |
| 5 | Karin Larsson           | SWE        | 12.36        |
| 6 | Meiken Greve            | DEN        | 11.14        |
| 7 | Mona Holm               | NOR        | 11.14        |
| 8 | Rósa Jónsdóttir         | ISL        | 10.71        |

| Series | 1     | 2     | 3     | 4     | 5     | 6     |
|--------|-------|-------|-------|-------|-------|-------|
| 1      | 13.93 | 14.00 | X     | 14.13 | X     | 14.14 |
| 2      | 13.74 | 12.83 | 13.18 | 13.23 | 13.66 | 13.25 |
| 3      | 12.18 | 12.22 | 12.58 | 12.61 | 13.25 | 12.78 |
| 4      | 12.05 | X     | X     | 11.81 | X     | 12.38 |
| 5      | 11.96 | 12.33 | 12.36 | X     | 11.50 | 11.91 |
| 6      | 11.14 | 10.94 | X     | X     | X     | 10.69 |
| 7      | 11.14 | X     | 10.73 | 10.89 | 10.65 | X     |
| 8      | 10.22 | X     | X     | 10.24 | 10.50 | 10.71 |

**Discus throw** 26 Aug

|   |                        |            |              |
|---|------------------------|------------|--------------|
| 1 | <b>Niina Kelo</b>      | <b>FIN</b> | <b>50.53</b> |
| 2 | <b>Agnete Johansen</b> | <b>NOR</b> | <b>46.43</b> |
| 3 | <b>Pauliina Aalto</b>  | <b>FIN</b> | <b>45.67</b> |
| 4 | Veronica Karlsson      | SWE        | 45.30        |
| 5 | Britt Helen Thon       | NOR        | 44.55        |
| 6 | Anna-Karin Svensson    | SWE        | 38.73        |
| 7 | Ásdís Hjálmsdóttir     | ISL        | 34.50        |
| 8 | Nina Kristiansen       | DEN        | 32.09        |

| Series | 1     | 2     | 3     | 4     | 5     | 6     |
|--------|-------|-------|-------|-------|-------|-------|
| 1      | 46.22 | 48.89 | 49.82 | 50.53 | 48.88 | X     |
| 2      | 46.40 | X     | X     | 46.43 | X     | X     |
| 3      | X     | 42.30 | 45.67 | 41.43 | X     | 45.15 |
| 4      | 43.15 | X     | 43.96 | 45.30 | X     | X     |
| 5      | 44.55 | 43.62 | X     | X     | X     | 43.51 |
| 6      | X     | 35.59 | 37.04 | X     | 38.73 | 36.18 |
| 7      | 34.50 | X     | X     | 31.25 | X     | 33.92 |
| 8      | 32.09 | 31.56 | X     | 31.07 | X     | X     |

**Hammer throw** 27 Aug

|   |                               |            |              |
|---|-------------------------------|------------|--------------|
| 1 | <b>Kaisa Kiintonen</b>        | <b>FIN</b> | <b>56.64</b> |
| 2 | <b>Merja Korpela</b>          | <b>FIN</b> | <b>56.54</b> |
| 3 | <b>Eva Danielsen</b>          | <b>NOR</b> | <b>51.64</b> |
| 4 | Marie Hilmerson               | SWE        | 49.49        |
| 5 | Vanessa Mortensen             | DEN        | 46.82        |
| 6 | Mona Holm                     | NOR        | 44.92        |
| 7 | Charlotta Nilsson             | SWE        | 43.04        |
| 8 | Adalheidur María Vigfúsdóttir | ISL        | 32.33        |

| Series | 1     | 2     | 3     | 4     | 5     | 6     |
|--------|-------|-------|-------|-------|-------|-------|
| 1      | 56.30 | 55.74 | 55.13 | 56.64 | 55.08 | X     |
| 2      | X     | 54.63 | X     | 52.77 | 54.39 | 56.54 |
| 3      | 50.85 | X     | X     | 51.52 | 51.64 | 50.82 |
| 4      | 48.25 | X     | 48.63 | X     | 48.65 | 49.49 |
| 5      | X     | X     | 43.68 | X     | 46.82 | 44.66 |
| 6      | 41.19 | 39.66 | 44.35 | X     | 44.92 | X     |
| 7      | X     | 43.04 | X     | X     | X     | X     |
| 8      | X     | 30.19 | 31.12 | 32.33 | X     | 30.02 |

**Javelin throw** 27 aug

|   |                           |            |              |
|---|---------------------------|------------|--------------|
| 1 | <b>Sini Koivula</b>       | <b>FIN</b> | <b>49.70</b> |
| 2 | <b>Niina Kelo</b>         | <b>FIN</b> | <b>45.82</b> |
| 3 | <b>Mikaela Wieslander</b> | <b>SWE</b> | <b>44.15</b> |
| 4 | Merete Knudsen            | NOR        | 41.70        |

|   |                               |     |       |
|---|-------------------------------|-----|-------|
| 5 | Sigrún Fjeldsted Sveinsdóttir | ISL | 41.05 |
| 6 | Signe Bech                    | DEN | 40.66 |
| 7 | Brigitta Lado                 | SWE | 40.55 |
| 8 | Ida Tangen                    | NOR | 37.05 |

| Series | 1     | 2     | 3     | 4     | 5     | 6     |
|--------|-------|-------|-------|-------|-------|-------|
| 1      | 49.58 | X     | X     | 49.70 | 48.21 | X     |
| 2      | 45.74 | 44.16 | X     | 45.82 | X     | X     |
| 3      | 44.15 | 41.71 | X     | X     | 40.50 | X     |
| 4      | 36.63 | X     | 40.59 | 41.70 | 38.63 | 41.38 |
| 5      | 38.48 | X     | X     | 41.05 | X     | X     |
| 6      | 36.88 | 38.48 | 40.66 | 39.39 | X     | 38.54 |
| 7      | 40.37 | X     | X     | X     | X     | 40.55 |
| 8      | X     | 35.89 | 37.00 | 36.85 | 37.05 | X     |

**4x100 m relay** 26 aug

|   |            |              |  |
|---|------------|--------------|--|
| 1 | <b>SWE</b> | <b>46.46</b> | (Emelie Barenfeld, Jenny Kallur, Susanna Kallur, Linda Fernström)                        |
| 2 | <b>NOR</b> | <b>47.61</b> | (Karen H. Milli, Cecilie Ringvold, Anne Cathrine Bakken, Synnøve J. Andersen)            |
| 3 | <b>DEN</b> | <b>48.00</b> | (Sille Søndergaard, Michala Bluhm, Louise Højland, Lotte Thiesen)                        |
| 4 | FIN        | 48.14        | (Heli Paloranta, Tea Hytönen, Katja Salivaara, Elina Lax)                                |
| 5 | ISL        | 49.39        | (Anna Margrét Ólafsdóttir, Silja Úlfarsdóttir, Guðný Eyþórsdóttir, Þórunn Erlingsdóttir) |

**4x400 m relay** 27 Aug

|   |            |                |  |
|---|------------|----------------|--|
| 1 | <b>FIN</b> | <b>3:49.62</b> | (Annika Rikberg, Minna Järvenpää, Mari Järvenpää, Suvi Myllymäki)            |
| 2 | <b>SWE</b> | <b>3:53.47</b> | (Hanna Petersson, Helene Nordquist, Maria Åhr, Ulrika Johansson)             |
| 3 | <b>NOR</b> | <b>3:58.73</b> | (Tina Stilson, Alvilde Ossum, Hanne Ringnes, Tine Borge)                     |
| 4 | DEN/ISL    | 3:59.88        | (Rikke Sørensen, Michala Bluhm, Silja Úlfarsdóttir, Hafðis Ósk Pétursdóttir) |

| Points Women | Nation  | Total |
|--------------|---------|-------|
|              | FIN     | 246   |
|              | SWE     | 207,5 |
|              | NOR     | 147   |
|              | DEN/ISL | 92,5  |

## Nordic Race Walking Championships Long distances

København, DEN 16 Oct

### Men

| Senior |                         | 16 Oct     | 50km           |
|--------|-------------------------|------------|----------------|
| 1      | <b>Fredrik Svensson</b> | <b>SWE</b> | <b>4:05:48</b> |
| 2      | <b>Bengt Bengtsson</b>  | <b>SWE</b> | <b>4:07:57</b> |
| 3      | <b>Jacob Sørensen</b>   | <b>DEN</b> | <b>4:20:13</b> |
| 4      | Christer Svensson       | SWE        | 4:33:27        |
| 5      | Ulf-Peter Sjöholm       | SWE        | 4:45:59        |

Hans Dahlén, SWE DQ, Birger Fält, SWE DNS, Trond Nymark, DNS, Hans Christensen, DEN DNS, Erik Tysse, NOR DNS, Bo Gustafsson, SWE DNS, Jean-Claude Grivel, DEN DNF

### Women

| Senior |                              | 16 oct     | 20km           |
|--------|------------------------------|------------|----------------|
| 1      | <b>Anne Haaland Simonsen</b> | <b>NOR</b> | <b>1:38:15</b> |
| 2      | <b>Monica Svensson</b>       | <b>SWE</b> | <b>1:40:30</b> |
| 3      | <b>Outi Sillanpää</b>        | <b>FIN</b> | <b>1:40:50</b> |
| 4      | Elin Cesilie Loftesnes       | NOR        | 1:45:01        |
| 5      | Nilda Mena                   | SWE        | 1:48:59        |

Siw Vera, SWE DQ, Magdalena Jacobsson, SWE DNF

## Nordic Race Walking Championships

Vallensbæk, DEN 21-22 Oct

### Men

| Senior |                        |            | 20km           |
|--------|------------------------|------------|----------------|
| 1      | <b>Bengt Bengtsson</b> | <b>SWE</b> | <b>1:31:18</b> |
| 2      | <b>Erik Tysse</b>      | <b>NOR</b> | <b>1:32:17</b> |
| 3      | <b>Birger Fält</b>     | <b>SWE</b> | <b>1:33:33</b> |
| 4      | Arturo Orozco          | DEN        | 1:37:32        |
| 5      | Félix Gómez            | DEN        | 1:56:31        |

6 Ole David Jensen DEN 2:02:01

Jani Lehtinen, FIN DNF, Claus Jørgensen, DEN DNF

*Junior*

20km

1 John-Christian Scheie NOR 1:45:35  
2 Thomas Elholm NOR 1:55:16

Women

*Senior*

10km

1 Anne Haaland Simonsen NOR 48:06  
2 Monica Svensson SWE 48:34  
3 Hanne Liland NOR 49:59  
4 Elin Cesilie Loftesnes NOR 50:19  
5 Heidi Lindewall FIN 52:48

*Junior*

10km

1 Johanna Ellefsen Rostad NOR 54:35  
2 Jenni Lahtinen FIN 55:22

Nordic Cross Country Championships

Bernstorffparken, København, DEN 19 Nov

Men

*Senior*

19 Nov 9 km

1 Dennis Jensen DEN 26:26  
2 Erik Sjöqvist SWE 26:31  
3 Knut Erik Rame NOR 26:32  
4 Carsten Jørgensen DEN 26:33  
5 Henrik Skoog SWE 25:36  
6 Steen Walter DEN 26:51  
7 Ulrik Bohnsen DEN 26:52  
8 Marko Kotila FIN 27:06

9 Turo Inkiläinen, FIN 27:08, 10 Mustafa Mohamed, SWE 27:09, 11 Jussi Utraiainen, FIN 27:13, 12 Jari Matinlauri, FIN 27:23, 13 Klaus Hansen, DEN 27:24, 14 Kristian Algers, SWE 27:25, 15 Sonni Thelmark, DEN 27:27, 16 Terje Aggvin, NOR 27:35, 17 Karl Johan Rasmussen, NOR 27:37, 18 Göran Axelsson, SWE 27:57, 19 Knut Aalien, NOR 28:10, 20 Svein Ove Risa, NOR 28:17, 21 Trond Idland, NOR 28:24

Teams:

1 DEN 18p (Dennis Jensen, Carsten Jørgensen, Steen Walter, Ulrik Bohnsen)  
2 SWE 31p (Erik Sjöqvist, Henrik Skoog, Mustafa Mohamed, Kristian Algers)  
3 FIN 40p (Marko Kotila, Turo Inkiläinen, Jussi Utraiainen, Jari Matinlauri)  
4 NOR 55p (Knut Erik Rame, Terje Aggvin, Karl Johan Rasmussen, Knut Aalien,)

*U20*

19 Nov 6 km

1 Ingemund Askeland NOR 19:18  
2 Erik Emilsson SWE 19:23  
3 Jukka Keskiälo FIN 19:30  
4 Mats Granström SWE 19:31  
5 Henrik Nyström SWE 19:46  
6 Odd M. Brekke NOR 19:56

7 Oskar Käck SWE 20:03

8 Bjørnar Kristensen NOR 20:06

9 Kjetil Hals, NOR 20:08, 10 Martin Jørgensen, DEN 20:12, 11 Casper Hunnerup, DEN 20:15, 12 David Lind, SWE 20:21, 13 Henrik Them Andersen, DEN 20:25, 14 Matti Luokkanen, FIN 20:30, 15 Geir Eklund, NOR 20:35, 16 Aki Mustonen, FIN 20:40, 17 Ulrik Heitmann, DEN 21:04, 18 Juuso Lehtinen, FIN 21:10, 19 Mikkel Black Christensen, DEN 21:22

Teams:

1 SWE 11p (Erik Emilsson, Mats Granström, Henrik Nyström)  
2 NOR 15 p (Ingemund Askeland, Odd M. Brekke, Bjørnar Kristensen)  
3 FIN 33p (Jukka Keskiälo, Matti Luokkanen, Aki Mustonen)  
4 DEN 34p (Martin Jørgensen, Casper Hunnerup, Henrik Them Andersen)

Women

*Senior*

19 Nov 4,5 km

1 Gunhild Halle Haugen NOR 14:29  
2 Malin Öhrn SWE 14:43  
3 Linda Stjörström SWE 14:50  
4 Nina Christensen DEN 14:54  
5 Catarina Asph SWE 15:06  
6 Kristina Rebane SWE 15:10  
7 Heidi Pedersen DEN 15:22  
8 Camilla Benjaminsson SWE 15:29

9 Bettina Romer Jensen, DEN 15:30, 10 Hanne Baltzersen, DEN 15:33, 11 Heidi Jensen, DEN 15:41.12 Maria Söderström, SWE 15:43, 13 Mari Niskanen, FIN 15:53, 14 Ann-Catrin Nordman, FIN 16:05

Teams:

1 SWE 10p (Malin Öhrn, Linda Stjörström, Catarina Asph)  
2 DEN 20p (Nina Christensen, Heidi Pedersen, Bettina Romer Jensen)  
3 FIN 39p (Mare Söderström, Mari Niskanen, Ann-Catrin Nordman)

*U20*

19 Nov 4,5 km

1 Ida Nilsson SWE 14:55  
2 Johann Nilsson SWE 15:13  
3 Mia Larsson SWE 15:19  
4 Isabelle Ahlström SWE 15:22  
5 Elina Lindgren FIN 15:25  
6 Laila K. Laursen DEN 15:29  
7 Ragnhild Kvarberg NOR 15:40  
8 Ulla Tuimala FIN 15:43

9 Anni Tuimala, FIN 15:44, 10 Annukka Ylikantola, FIN 15:45, 11 Louise Mørch, DEN 15:53, 12 Magdalena Ottersten, SWE 16:09, 13 Anna Holm Jørgensen, DEN 16:15, 14 Louise Brasen, DEN 16:33, 15 Pia Folsing, DEN 17:06

Teams:

1 SWE 6p (Ida Nilsson, Johanna Nilsson, Mia Larsson)  
2 FIN 22p (Elina Lindgren, Ulla Tuimala, Anni Tuimala)  
3 DEN 30p (Laila K. Laursen, Louise Mørch, Anna Holm Jørgensen)