

This year consists of the following competitions:

24.7	Göteborg, SWE	8 <sup>th</sup> Nordic Race Walking Championships
25.7	Göteborg, SWE	8 <sup>th</sup> Nordic Race Walking Championships Long Distances
31.7-1.8	Karlskoga, SWE	22 <sup>nd</sup> Nordic Junior Match
11.9	Vretstorp, SWE	6 <sup>th</sup> Nordic Junior Race Walking Match

Nordic Race Walking Championships

Slottsskogsvallen, Göteborg, SWE 24 Jul

Men

<i>Senior</i>		24 Jul	20000m
1	<b>Hans Tenggren</b>	<b>SWE</b>	<b>1:32:24.0</b>
2	<b>Kåre Moen</b>	<b>SWE</b>	<b>1:34:51.0</b>
3	<b>Jan Rolstad</b>	<b>NOR</b>	<b>1:37:24.0</b>
4	Tomas Glans	SWE	1:38:02.0
5	Owe Hemmingsson	SWE	1:40:19.0
6	Kjell Lund	NOR	1:41:07.0
7	Lennart Back	SWE	1:43:35.0
8	Mogens Petersen	DEN	1:47:03.0

9 Niels Kristensen, DEN 1:47:36.0, 10 Pekka Pynnönen, FIN 1:48:09.0, 11 Milton Juul, DEN 1:50:39.0, 12 Peter Christiansen, DEN 1:52:33.0, 13 Juha Savinainen, FIN 1:55:40.0, 14 Seppo Immonen, FIN 1:59:06.0, 15 Kai P. Thomsen, DEN 2:00:00.0, Pauli Hokkanen, FIN DNF, Stefan Ingvarsson, SWE DNF

<i>U20</i>		24 Jul	10000m
1	<b>Arne Nilsson</b>	<b>SWE</b>	<b>46:39.0</b>
2	<b>Gunnar Lindholm</b>	<b>SWE</b>	<b>48:05.0</b>
3	<b>Kjell-Ivar Martinsen</b>	<b>NOR</b>	<b>48:22.0</b>
4	Lennart Lundgren	SWE	48:48.0
5	Dag Gaassand	NOR	49:09.0
6	Jan-Ivar Westlund	SWE	49:24.0
7	Lars Gunnar Simu	SWE	51:06.0
8	Reima Salonen	FIN	56:08.0

Bo Gustafsson, SWE DNF

Women

<i>Senior</i>		24 Jul	5000m
1	<b>Thorild Sarpebakken</b>	<b>NOR</b>	<b>25:25.0</b>
2	<b>Margareta Simu</b>	<b>SWE</b>	<b>26:15.0</b>
3	<b>Berit Jönsson</b>	<b>SWE</b>	<b>27:00.0</b>
4	Margareta Olsson	SWE	27:58.0
5	Eli Rolstad	NOR	28:15.0
6	Christine Thörnström	SWE	28:32.0
7	Ulla Svensson	SWE	28:44.0
8	Pia Jonsson	SWE	29:08.0

9 Karin Møller, DEN 29:25.0, 10 Liselotte Rasmussen, DEN 29:27.0

<i>U20</i>		10 Aug	5000m
1	<b>Elisabeth Olsson</b>	<b>SWE</b>	<b>25:47.0</b>
2	<b>Annika Blomberg</b>	<b>SWE</b>	<b>26:04.0</b>
3	<b>Siw Gustavsson</b>	<b>SWE</b>	<b>26:22.0</b>
4	Laila Jensen	NOR	26:34.0
5	Gerd Gylder	NOR	27:21.0
6	Helen Norberg	SWE	27:24.0
7	Kerstin Netz	SWE	27:40.0
8	Lena Bodin	SWE	28:14.0

9 Ida Skærland, DEN 29:51.0, 10 Pirkko Pollari, FIN 30:02.0, 11 Solveig Kristensen, DEN 30:39.0, 12 Kristina Rintala, FIN 32:37.0

Nordic Race Walking Championships Long distances

Slottsskogsvallen, Göteborg, SWE 25 Jul

Men

<i>Senior</i>		25 Jul	50km
1	<b>Örjan Andersson</b>	<b>SWE</b>	<b>4:21:36</b>
2	<b>Daniel Björkgren</b>	<b>SWE</b>	<b>4:28:12</b>
3	<b>Bo Fransson</b>	<b>SWE</b>	<b>4:29:16</b>
4	Sitg Lindberg	SWE	4:34:03
5	Leif Christensen	DEN	4:53:21

6	Olavi Väisänen	FIN	5:10:00
Tore Brustad, NOR DNF, Paavo Saira, FIN DNF, Allan Hagström, SWE DNF, Paavo Pohjolainen, FIN DNF			

Nordic Junior Match (FIN-NOR-SWE only)

Nobelstadion, Karlskoga, SWE 31 Jul -1 Aug

Men

100 m

1	Bo Söderberg	SWE	10.7
2	Audun Garshol	NOR	10.9
3	Peter Hoogveen	SWE	11.0
4	Antti Rajamäki	FIN	11.1
5	Tore Bjelland	NOR	11.3
6	Risto Nieminen	FIN	11.3

200 m

1	Bo Söderberg	SWE	21.5
2	Audun Garshol	NOR	21.8
3	Antti Rajamäki	FIN	21.8
4	Lars Stubbendorf	SWE	21.9
5	Tore Bjelland	NOR	22.4
6	Paavo Luhtasela	FIN	50.2

400 m

1	Lars Stubbendorf	SWE	48.2
2	Kai Korhonen	FIN	49.2
3	Jan Skaarud	NOR	49.3
4	Markku Taskinen	FIN	49.4
5	Baard-Inge Tronsmo	NOR	50.1
6	Christer Gustafsson	SWE	50.2

800 m

1	Jörgen Wiklander	SWE	1:53.7
2	Markku Taskinen	FIN	1:54.2
3	Sven Johan Svensen	NOR	1:54.8
4	Stellan Lundqvist	SWE	1:55.4
5	Jan Skaarud	NOR	1:58.3
6	Reijo Raitio	FIN	1:58.9

1500 m

1	Stefan Nilsson	SWE	3:51.5
2	Svein Berg	NOR	3:51.9
3	Claes Hagman	SWE	3:53.0
4	Juhani Huhtinen	FIN	3:54.5
5	Matthias Lorentzen	NOR	3:55.2
6	Raimo Kivinen	FIN	3:58.3

5000 m

1	Raimo Kivinen	FIN	14:41.8
2	Juhani Huhtinen	FIN	14:55.2
3	Svein Berg	NOR	15:11.2
4	Helge Knudsen	NOR	15:17.4
5	Peter Söderström	SWE	15:10.4
6	Jan-Arne Nilsson	SWE	16:06.4

110 m hurdles

1	Bo Sterner	SWE	14.9
2	Raimo Alanen	FIN	15.0

3	Arvid Dahm	NOR	15.2
4	Ulf Borg	SWE	15.3
=5	Heikki Tervonen	FIN	16.0
=5	Arne Steinsvåg	NOR	16.0

#### 400m hurdles

1	Raimo Alanen	FIN	54.1
2	Markku Viinanen	FIN	54.5
3	Ulf Norman	SWE	55.6
4	Roger Aaserud	NOR	56.1
5	Thomas Olsson	SWE	56.5
6	Thor Smith	NOR	59.0

#### 2000m steeplechase

1	Kari Kataja	FIN	5:54.6
2	Reijo Raitio	FIN	5:54.6
3	Ottar Haugen	NOR	5:58.8
4	Christer Axelsson	SWE	5:59.8
5	Timo Takala	SWE	6:01.4
6	Edgar Ebbesvik	NOR	6:05.8

#### High jump

1	Rune Almén	SWE	2.14
2	Johannes Lahti	FIN	2.07
3	Ingemar Nyman	SWE	2.01
4	Paavo Pihlaja-Aho	FIN	2.01
5	Per Erling Eide	NOR	1.98
6	Rolf Omar Olsen	NOR	1.95

#### Pole vault

1	Roger Thorstenson	SWE	4.50
2	Jukka Peltomäki	FIN	4.30
3	Jouni Mäkinen	SWE	4.20
4	Tor Skjetne	NOR	4.05
5	Ari Harjula	FIN	4.05
6	Reidar Aarskog	NOR	4.05

#### Long jump

1	Dag Birkeland	NOR	7.61
2	Jan Cronborn	SWE	7.24
3	Risto Laihorinne	FIN	7.24
4	Johnny Haugen	NOR	7.22
5	Ulf Borg	SWE	7.22
6	Simo Lämsä	FIN	6.94

#### Triple jump

1	Stefan von Gerich	FIN	15.37
2	Mikael Bernhardt	SWE	15.36
3	Pekka Suvitie	FIN	15.09
4	Sigurd Langeland	NOR	15.06
5	Dag Røberg	NOR	14.53
6	Björn-Erik Öberg	SWE	14.51

#### Shot put

1	Reijo Ståhlberg	FIN	17.85
2	Jukka Tapio	FIN	17.53
3	Hans Höglund	SWE	17.16
4	Svein Austenå	NOR	15.29
5	Olav Dille	SWE	14.86
6	Per Erling Eide	NOR	13.01

#### Discus throw

1	Thomas Andersson	SWE	50.68
2	Christer Högrelius	SWE	50.56
3	Markku Tuokko	FIN	49.68

4	Øystein Bjørbæk	NOR	48.92
5	Bo Sterner	SWE	47.26
6	Ottar Kosberg	NOR	43.54

#### Hammer throw

			7,26kg
1	Heikki Kangas	FIN	59.02
2	Esko Koskinen	FIN	56.72
3	Christer Höglund	SWE	47.84
4	Ingvar Pettersson	SWE	46.80
5	Stig Lien	NOR	40.14
6	Helge Lorentzen	NOR	35.32

#### Javelin throw

1	Aimo Puska	FIN	74.72
2	Jan-Olof Damgren	SWE	73.66
3	Seppo Hovinen	FIN	72.10
4	Helge Lorentzen	NOR	65.44
5	Sture Barsjö	SWE	64.38
6	Steinar Hagen	NOR	61.94

#### 4x100m

1	SWE	41.5	(Bo Linghagen, Bertil Anderson, Bo Söderberg, Peter Hoogeveen)
2	NOR	41.6	(Eddy Hansen, Tore Bjelland, Audun Garshol, Dag Birkeland)
3	FIN	42.3	

#### 4x400m

1	SWE	3:16.5	(Lars-Olof Adebahr, Christer Gustafsson, Jörgen Wiklander, Lars Stubbendorf)
2	FIN	3:19.0	
3	NOR	3:25.7	(Nils Kristen Olsen, Atle Halvorsen, Baard-Inge Tronsmo, Jan Skaarud)

<b>Points Men</b>	<b>Nation</b>	<b>Total</b>
	FIN	150,5
	SWE	146
	NOR	95,5

### Nordic Junior Race Walking Match

Idrottsplats, Vretstorp, SWE 11 Sep

<b>Men</b>			
	<b>U20</b>	11 Sep	10000m
1	<b>Arne Nilsson</b>	<b>SWE</b>	<b>45:56.0</b>
2	<b>Gunnar Lindholm</b>	<b>SWE</b>	<b>46:27.0</b>
3	<b>Kjell-Ivar Martinsen</b>	<b>NOR</b>	<b>46:53.0</b>
4	Lennart Lundgren	SWE	49:01.0
5	Ragnar Hofnes	NOR	49:18.0
6	Dag Gaassand	NOR	50:01.0
7	Tord Olofsson	SWE	50:29.0
8	Immo Rintala	FIN	54:27.0

9 Stig Fröberg, FIN 59:50.0, 10 Kari Linnakaari, FIN 60:02.0

	<b>U18</b>	11 Sep	5000m
1	<b>Göran Carlstedt</b>	<b>SWE</b>	<b>23:24.0</b>
2	<b>Bo Gustafsson</b>	<b>SWE</b>	<b>23:25.0</b>
3	<b>Ronny Nilsson</b>	<b>SWE</b>	<b>23:33.0</b>
4	Helge Sandvik	NOR	24:14.0
5	Kåre Sandvik	NOR	24:21.0
6	Reima Salonen	FIN	24:33.0
7	Lars Gunnar Simu	SWE	24:33.0
8	Trond Persson	SWE	24:33.0

9 Finn Kronvold, NOR 26:50.0, 10 Kai Sahlberg, FIN 29:35.0, 11 Sauli Raumanen, FIN 30:36.0

<b>Women</b>			
	<b>U19</b>	11 Sep	5000m
1	<b>Siw Gustavsson</b>	<b>SWE</b>	<b>25:23.0</b>
2	<b>Elisabeth Olsson</b>	<b>SWE</b>	<b>25:41.0</b>
3	<b>Berit Jönsson</b>	<b>SWE</b>	<b>26:13.0</b>

4	Gerd Gylder	NOR	26:23.0
5	Laila Jensen	NOR	26:38.0
6	Lena Bodin	SWE	26:48.0
7	Ingela Rådestad	NOR	27:39.0
8	Thorill Gylder	NOR	28:24.0

9 Ann Mari Persson, NOR 29:02.0, 10 Pirkko Pollari, FIN 29:04.0, 11 Riitta Immonen, FIN 29:04.0, 12 Anne Fröberg, FIN 33:00.0

Nation	Total
SWE	74
NOR	45
FIN	19

