

This year consists of the following competitions:

8.6	Vantaa, FIN	25 th Nordic Junior Race Walking Match
7.-8.7	Parkano, FIN	18 th Nordic Junior Championships Combined Events
21.-22.7	Bergen, NOR	41 st Nordic Junior Match U21

Nordic Junior Race Walking Match

Vantaa, FIN 8 Jun

Men

U20		8 Jun	10000m
1	Martin Hedlund	SWE	45:35.2
2	Pasi Vasara	FIN	45:43.3
3	Juha Kinnunen	FIN	46:09.7
4	Rasmus Friis	DEN	47:08.3
5	Martin Engelsviken	NOR	47:18.7
6	Arto Nikkarinen	FIN	48:02.9
7	Morten Lavik	NOR	48:22.9
8	Torben Kristiansen	NOR	48:27.3

9 Terje Bjørndal, NOR 50:02.9, 10 Jerker Samuelsson, SWE 50:35.3, 11 Tommy Romlund, DEN 53:03.4, Johan Hägg, SWE DQ

U18		8 Jun	5000m
1	Chris Langvik	NOR	21:54.8
2	Claus Jørgensen	DEN	22:03.4
3	Jacob Sørensen	DEN	22:34.8
4	Jani Lehtinen	FIN	22:35.8
5	Kim Lappalainen	FIN	22:42.4
6	Kristian Zetterström	SWE	23:24.7
7	Jussi Koski	FIN	23:27.5
8	Stian Enghaug	NOR	23:52.8

9 Kristian Langvad, DEN 23:59.0, 10 Magnus Redman, SWE 24:31.1, 11 Morten Jensen, NOR 25:47.9, 12 Karl Bjørned, SWE 26:01.1

U16		8 Jun	3000m
1	Arne-Johan Martinsen	NOR	13:05.5
2	Jan Haugland	NOR	13:11.3
3	Tobias Persson	SWE	13:26.5
4	Esa Kinnunen	FIN	13:48.1
5	Daniel Svensson	SWE	14:11.0
6	Lars Ole Hageskal	NOR	14:12.5
7	Jyrki Ikonen	FIN	15:06.3
8	Jani Wasström	FIN	15:19.4

9 Sune Kristiansen, DEN 15:29.4, 10 Kim Kruse, DEN 15:32.7, 11 Magnus Gustavsson, SWE 15:40.4, 12 Carsten Madsen, DEN 16:33.0

U14		8 Jun	3000m
1	Dan Kondrup	DEN	14:53.9
2	Marcus Sjöström	SWE	15:38.2
3	Mikko Lumilahti	FIN	15:42.0
4	Martin Tenggren	SWE	15:42.1
5	Karsten Godtfredsen	DEN	15:51.4
6	Marius Kristiansen	NOR	15:54.8
7	Timo Viljanen	FIN	16:05.5
8	Marko Lampila	FIN	16:28.4

9 Svein Erik Jensen, NOR 16:36.5, 10 Øyvind Bertelsen, NOR 16:48.2, Magnus Unger, SWE DQ

Women

U20		8 Jun	5000m
1	Mira Saastamoinen	FIN	24:19.8
2	Karianne Larsen	NOR	24:42.4
3	Anna Stafverfeldt	SWE	24:59.4
4	Armi Ylitalo	FIN	25:12.4
5	Milla Toivanen	FIN	25:25.0
6	Monica Andersson	SWE	25:53.8
7	Maria Jakobsen	NOR	26:33.1
8	Toril Liland	NOR	27:05.7

9 Helena Andersson, SWE 27:19.9

U18		8 Jun	5000m
1	María Gustavsson	SWE	24:35.3
2	Nina Johannessen	NOR	24:44.5
3	Sari Leppäaho	FIN	25:28.0
4	Åslaug Mostad	NOR	25:59.7
5	Carin Uhlin	SWE	26:38.9
6	Ann Cecilie Klaunes	NOR	28:14.4
7	Riikka Riipinen	FIN	29:51.9
8	Sanna Juntunen	FIN	32:04.5

U16		8 Jun	3000m
1	Jessica Franzén	SWE	14:20.8
2	Linda Tenggren	SWE	14:20.8
3	Ania Kondrup	DEN	14:22.7
4	Kristin Pedersen	NOR	15:06.4
5	Lisa Olsson	SWE	15:16.6
6	Laura Jaatinen	FIN	15:28.7
7	Anne Katrine Myren	NOR	15:34.7
8	Agnethe Lunde	NOR	15:50.9

9 Niina Uusitalo, FIN 16:53.1, 10 Sanna Wakström, FIN 18:43.4

U14		8 Jun	3000m
1	Taru-Tuulikki Stenvall	FIN	14:39.6
2	Minna Haronoja	FIN	16:04.9
3	Charlotte Rolandsson	SWE	16:12.2
4	Bente Kristin Sjøreng	NOR	16:19.7
5	Camilla Waage-Ericson	SWE	16:44.1
6	Camilla Larsen	NOR	16:52.3
7	Lise Marie Trones	NOR	17:02.3
8	Anna Löwgren	SWE	17:06.0

9 Kirsi Flink, FIN 17:22.7

U21/U18	Nation	Total	Ungdom	Nation	Total
	FIN	43		SWE	48
	NOR	40		FIN	38
	SWE	39		NOR	36
	DEN	20		DEN	22

Nordic Junior Championships Combined Events

Parkano, FIN 7-8 Jul

Men

U23 Decathlon		7-8 Jul	
1	Jo Henning Hals Nilsen	NOR	6.811
2	Karl Bertrandt	SWE	6.734
3	Stefan Samuelsson	SWE	6.638
4	Rasmus Bohr	DEN	6.629

(100m, Long jump, Shot put 7,26kg, High jump, 400m, 100m hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

1	11.54	6.99	11.67	1.86	52.65	14.85	33.28	4.00	54.08	4:47.94
	-1,3	+1,4				+1,2				
2	11.78	6.58	11.19	1.89	51.54	16.31	37.50	4.00	54.38	4:31.74
	-1,3	+1,3				+1,2				
3	11.94	6.04	13.50	1.89	53.13	15.88	37.58	4.20	55.90	4:48.12
	-1,3	+1,5				+1,2				
4	11.88	6.75	12.40	1.86	51.30	14.82	39.34	3.20	42.70	4:33.23
	-1,3	+0,8				-1,2				

U21 Decathlon		7-8 Jul	
1	Robert Wärrff	SWE	7.104
2	Thomas Jørgensen	DEN	6.643
3	Sean Clancy	NOR	6.517
4	Lars Endre Kjølstad	NOR	6.510

R1 Stefan Myntti, FIN DNF, R2 Mikko Valle, FIN DNF, R3 Svend Hansen, DEN DNF,

R4 Juha Laasanen, FIN DNF
(100m, Long jump, Shot put 6kg, High jump, 400m, 100m hurdles 100cm, Discus 1.75kg, Pole vault, Javelin throw 800g, 1500m)

1	11.40	7.30	13.51	1.92	51.92	15.29	38.00	3.90	54.72	4:53.36
	+1,3	+1,5			+0,9					
2	12.05	6.64	11.64	1.74	53.51	16.29	39.34	4.80	59.68	5:07.30
	+1,3	-1,2			+0,9					
3	11.80	6.60	11.55	1.95	52.06	17.18	35.98	4.10	47.26	4:42.50
	+1,3	+2,0			+0,9					
4	11.71	6.82	11.34	2.01	52.01	16.01	34.36	3.30	48.44	4:45.41
	+1,3	+1,5			+0,9					
R1	11.56	6.31	9.25	1.86	DNS					
	+1,3	+2,8								
R2	11.44	6.63	11.34	1.80	52.15	15.70	35.44	4.40	DNS	
	+1,3	+1,7			+0,9					
R4	11.32	6.85	11.38	1.86	50.51	DNS				
	+1,3	+2,8								

U19 Decathlon

7-8 Jul

1	Jarkko Finni	FIN	7.862
2	Mikael Hoffer	SWE	6.847
3	Patrik Stenström	SWE	6.650
4	Joakim Svensson	SWE	6.416
5	Ole Christian Strømberg	NOR	6.408
6	Janne Werner	FIN	6.058
7	Stein Tjelta	NOR	5.791
8	Håkon Havnås	NOR	5.679

9 Lasse Ringhofer, DEN 5.538, Kari Salminen, FIN DNF, Rasmus Johnsen, DEN DNF
(110m hurdles 100cm, Discus 1,75kg, Pole Vault, Javelin throw 700g, 300m, 100m, Long jump, Shot put 6,25kg, High jump, 1000m)

1	11.19	7.23	15.23	1.85	46.96	14.53	43.06	4.60	62.48	4:39.1
5	11.61	6.73	13.02	1.79	54.06	16.01	43.94	3.00	57.08	5:15.0
7	12.64	6.09	11.77	1.88	55.83	16.26	36.48	3.60	38.82	5:05.4
8	12.53	5.72	10.09	1.73	54.08	16.45	33.60	3.80	38.72	4:36.8

U17 Nonathlon

7-8 Jul

1	Riku Aakkula	FIN	5.857
2	Christer Holger	SWE	5.697
3	Teemu Jutila	FIN	5.684
4	Andreas Johansson	SWE	5.499
5	Jacob Kunst	DEN	5.208
6	Niklas Pihl	SWE	5.141
7	Benjamin Jensen	NOR	4.959

R1 Oskar Fidjestøl, NOR DNF, Jouni Maunuksela, FIN DNF
(110m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 700g, 300m, 100m, Long jump, Shot put 5,5kg, High jump, 1000m)

1	14.68	47.72	3.70	55.00	12.16	1.83	14.08	5.99	3:02.3
7	14.74	30.66	3.40	42.56	12.44	1.80	9.83	5.91	2:54.5
R1	15.31	39.58	2.90	35.04	12.23	1.65	12.49	2.90	DNS

Women

U21 Heptathlon

7-8 Jul

1	Camilla Norell	SWE	5.062
2	Åsa Hallström	SWE	5.009
3	Birgit Brosø	NOR	4.979
4	Lone Nielsen	DEN	4.976
5	Minna Kemilä	FIN	4.951
6	Monica Penne	NOR	4.776
7	Tove Bäckman	FIN	4.632
8	Ann-Christin Forsman	FIN	4.603

9 Anneli Svärd, SWE 4.542
(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1	15.15	1.59	12.31	25.70	5.93	33.90	2:35.0
3	16.31	1.68	13.42	27.13	5.28	33.12	2:18.59
6	15.23	1.53	10.52	25.85	5.41	35.64	2:31.22

U19 Heptathlon

7-8 Jul

1	Maria Richtnér	SWE	5.018
2	Marvi Väyrynen	FIN	4.947
3	Anna Wiklund	SWE	4.906

4	Elisabet Hallerbäck	SWE	4.842
5	Sandra Midtveit	NOR	4.522
6	Katariina Nuutinen	FIN	4.479
7	Henriette Lykke	DEN	4.466
8	Gry Marita Braut	NOR	4.352

(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 500g, 800m)

1	15.07	1.59	10.34	26.58	5.54	39.54	2:22.2
5	15.51	1.59	10.61	27.73	5.50	33.90	2:41.9
8	16.51	1.59	9.98	27.33	5.36	28.88	2:33.7

U17 Heptathlon

7-8 Jul

1	My Kilman	SWE	5.131
2	Katja Pettinen	FIN	5.067
3	Christina Holm	DEN	5.007
4	Tanja Longe	NOR	4.983
5	Anne Gro Rosseland	NOR	4.747
6	Petra Eklund	SWE	4.703
7	Maria Lissamre	SWE	4.674
8	Aija Kortesoja	FIN	4.511

9 Dorthe Damsgaard, DEN 4.409, 10 Maria Bäckström, FIN 4.321
(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 600g, 800m)

1	14.45	1.60	13.40	25.80	4.92	34.70	2:21.2
4	14.33	1.69	12.72	26.96	5.54	26.52	2:32.4
5	14.97	1.57	13.02	27.80	5.19	44.28	2:50.1

Nordic Junior Match

Fana Stadion, Bergen, NOR

21-22 Jul

Men

100 m

-0,60

1	Torbjörn Eriksson	SWE	10.61
2	Jari Saarinen	FIN	10.79
3	Torbjörn Mårtensson	SWE	10.79
4	Jari Haverinen	FIN	10.80
5	Einar Þór Einarsen	ISL	10.95
6	Eivind Seland	NOR	10.99
7	Ronny Urke	NOR	11.06

100 m Extra heat:

-0,5

1	Peter Oldin	SWE	10.74
2	Per Ivar Sivle	NOR	10.97
3	Henrik Wistam	SWE	10.98
4	Lasse Juusela	FIN	11.14
5	Mika Kulmela	FIN	11.21
6	Thomas Johansson	SWE	11.48

200 m

+1,20

1	Torbjörn Eriksson	SWE	21.68
2	Jari Saarinen	FIN	21.71
3	Torbjörn Mårtensson	SWE	21.99
4	Jari Haverinen	FIN	21.99
5	Per Ivar Sivle	NOR	22.21
6	Eivind Seland	NOR	22.39
7	Einar Þór Einarsen	ISL	22.83

400 m

1	Kenneth Nielsen	NOR	48.74
2	Ole Chr. Alsand	NOR	48.96
3	Jörgen Hellman	SWE	49.04
4	Niclas Norling	SWE	49.27
5	Kent Alm	FIN	49.97
6	Tomi Savulainen	FIN	51.06

800 m

1	Vebjørn Rodal	NOR	1:56.41
2	Odd Magne Øgreid	NOR	1:56.61

3	Joakim Nilsson	SWE	1:56.63
4	Tom Kankare	FIN	1:57.34
5	Torbjörn Johansson	SWE	1:57.45
6	Finnbogi Gylfason	ISL	1:57.64
7	Lauri Hollo	FIN	1:57.86

1500 m

1	Jim Svenøy	NOR	3:49.95
2	Rickard Mattsson	SWE	3:50.13
3	Patrik Johansson	SWE	3:51.32
4	Sami Alanen	FIN	3:51.35
5	Mikael Rönnholm	FIN	3:53.91
6	Bjørn Arild Bøhlegg	NOR	4:01.39

5000 m

1	Sannu Mäkinen	FIN	14:32.02
2	Jari Tuominen	FIN	14:42.25
3	Anders Aukland	NOR	14:43.89
4	Kent Claesson	SWE	14:50.87
5	Mikael Andersson	SWE	14:54.70
6	Vegard Iversen	NOR	14:58.04

110 m hurdles

			-0,3
1	Gaute Melby Gundersen	NOR	14.31
2	Claes Albihn	SWE	14.32
3	Kjetil Espetvedt	NOR	14.67
4	Ismo Hämeenniemi	FIN	14.86
5	Peter Engdahl	SWE	15.05
6	Niklas Henriksson	FIN	15.16
7	Helge Julius	DEN	15.84

400 m hurdles

1	Ismo Hämeenniemi	FIN	52.30
2	Fredrik Wallgren	SWE	52.42
3	Stefan Lithén	FIN	53.62
4	Håvard Moen	NOR	53.90
5	Peter Wallin	SWE	54.40
6	Terje Engebretsen	NOR	54.54

2000 m steeplechase

1	Ville-Veikko Sainio	FIN	5:47.53
2	Veli-Matti Ranta	FIN	5:50.92
3	Göran Kronquist	SWE	5:54.09
4	Geir Skari	NOR	5:58.79
5	Julius Solheim	NOR	6:01.08
6	Patrik Sundvisson	SWE	6:02.03

High jump

1	Mats Kollbrink	SWE	2.17
2	Patrick Thavelin	SWE	2.14
3	Kimmo Mylläri	FIN	2.11
4	Steinar Hoen	NOR	2.11
5	Tommy Heino	FIN	2.05
6	Trond Erik Nilsen	NOR	2.05

Pole vault

1	Olli-Pekka Mattila	FIN	5.10
2	Trond Barthel	NOR	5.00
3	Markku Sipilä	FIN	4.80
4	Erik Noaksson	SWE	4.80
5	Sverre Vange	DEN	4.80
6	Kristian Haga	NOR	4.00
	Martin Eriksson	SWE	NM

Long jump

1	Mattias Sunneborn	SWE	7.40
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2	Petter Oldin	SWE	7.40
3	Gjørn Moen	NOR	7.35
4	Tommi Kotanen	FIN	7.08
5	Janne Kinnunen	FIN	7.05
6	Ketil Espetvedt	NOR	6.72

Triple jump

1	Mikael Bergeby	SWE	15.13
2	Tuomo Okkonen	FIN	15.12
3	Sigurd Njerve	NOR	14.99
4	Kjetil Hanstveit	NOR	14.93
5	Mikael Larsson	SWE	14.92
6	Janne Kinnunen	FIN	14.60

Shot put

1	Mika Halvari	FIN	17.99
2	Markus Koistinen	FIN	17.35
3	Mikael Henriksson	SWE	15.53
4	Kai Dagfinn Stenhjem	NOR	15.14
5	Gunnar Axlid	SWE	14.99
6	Gjermund Henriksen	NOR	14.59
7	Bjarki Viðarson	ISL	14.11

Discus throw

1	Johannes Kerälä	FIN	49.12
2	Vesa Sairanen	FIN	48.98
3	Magnus Offnegårdh	SWE	48.40
4	Fredrik Mäkk	SWE	44.64
5	Einar Kristian Tveitå	NOR	42.14
6	Ole Chr. Strømberg	NOR	37.50
7	Bjarki Viðarson	ISL	35.20

Hammer throw

1	Juha Paasonen	FIN	66.52
2	Sören Olsson	SWE	62.88
3	Tero Tallinen	FIN	59.66
4	Tomas Sjöström	SWE	58.12
5	Jon Sandhaug	NOR	53.02
6	Jan Strøm	DEN	52.70
7	Ken-Rune Holvik	NOR	52.66

Javelin throw

1	Jarkko Heimonen	FIN	72.54
2	Joakim Nilsson	SWE	72.20
3	Tommi Viskanen	FIN	71.76
4	André Solstrand	NOR	68.40
5	Johan Helge	SWE	67.28
6	Kent Fossheim	NOR	60.72
7	Jan Bielecki	DEN	57.62
Ex	Jarkko Kokko	FIN	70.25

4x100 m relay

1	SWE	40.96	(Torbjörn Mårtensson, Alexander Milic, Patrik Strenius, Torbjörn Eriksson)
2	FIN	41.23	(Mika Kulmala, Jari Saarinen, Lasse Juusela, Jari Haverinen)
3	NOR	41.81	(Ronny Urke, Gaut Melby Gundersen, Eivind Seland, Per Ivar Sivle)

4x400 m relay

1	SWE	3:13.46	(Jörgen Hellman, Niclas Norling, Henrik Wistam, Torbjörn Eriksson)
2	NOR	3:13.74	(Ole Chr. Alsand, Odd Magne Øgreid, Vebjørn Rodal, Kenneth Nielsen)
3	FIN	3:18.40	(Tomi Savolainen, Ismo Hämeenniemi, Stefan Lithén, Kent Alm)

Points Men	Nation	Total
	SWE	146,5

FIN 146,5
NOR 106

Women

<i>100 m</i>			
			-1,9
1	Victoria Ljungberg	SWE	12.14
2	Dzifa Mac-Kwashie	SWE	12.26
3	Eli Føleide	NOR	12.33
4	Sonja Rehn	FIN	12.44
5	Outi Tiilikainen	FIN	12.51
6	Guðrún Arnardóttir	ISL	12.53
7	Anne Line Raddum	NOR	12.80

<i>100 m Extra heat:</i>			
			+0,7
1	Charlotta Vöcks	SWE	12.08
2	Therese Olofsson	SWE	12.16
3	Virpi Pyrhönen	FIN	12.35
4	Niina Aatsinki	FIN	12.40
5	Rita Rosseland	NOR	12.86

<i>200 m</i>			
			-0,3
1	Charlotta Vöcks	SWE	24.74
2	Dzifa Mac-Kwashie	SWE	24.82
3	Virpi Pyrhönen	FIN	25.16
4	Kaja Jansen	NOR	25.28
5	Satu Jääskeläinen	FIN	25.36
6	Anne Line Raddum	NOR	25.44
Ex	Riitta-Liisa Bovellan	FIN	25.67

<i>400 m</i>			
1	Satu Jääskeläinen	FIN	55.10
2	Monica Lundgren	SWE	55.57
3	Mari Bjone	NOR	56.14
4	Åsa Broskog	SWE	56.30
5	Amy Lindholm	FIN	56.43
6	Tone Strømme	NOR	59.93

<i>800 m</i>			
1	Grete Slettom	NOR	2:08.70
2	Monika Lundgren	SWE	2:09.11
3	Marijo Piipponen	FIN	2:10.06
4	Madeleine Alsgren	SWE	2:10.12
5	Sanna Saarijärvi	FIN	2:11.93
6	Friða R. Þórðardóttir	ISL	2:14.61
7	Brit Olsson	NOR	2:25.73

<i>1500 m</i>			
1	Monika Rönnholm	FIN	4:27.94
2	Trine Pilskog	NOR	4:30.65
3	Malin Öhlund	SWE	4:30.81
4	Pauliina Jolanki	FIN	4:32.72
5	Erica Andersson	SWE	4:33.44
6	Frida R. Þórdardóttir	ISL	4:34.10
7	Vibeke Tegneby	NOR	4:34.49

<i>3000 m</i>			
1	Hanna Nikkanen	FIN	9:27.12
2	Brynhild Synstnes	NOR	9:32.21
3	Pernilla Eriksson	SWE	9:42.26
4	Merja Takamäki	FIN	9:47.79
5	Maria Lundgren	SWE	9:53.16
6	Veslemøy Hausken	NOR	10:21.44

<i>100 m hurdles</i>			
			+1,8
1	Guðrun Arnardóttir	ISL	14.11
2	Lotta Johansson	SWE	14.11

3	Anna Ilomäki	FIN	14.21
4	Vera Pedersen	NOR	14.29
5	Maria Robertsson	SWE	14.39
6	Anne C. Karlsen	NOR	14.40
7	Peppi Oksava	FIN	14.61
8	Þuríður Ingvarsdóttir	ISL	15.36

<i>100 m hurdles Extra Heat</i>			
			+0,83
1	Guðrún Arnardóttir	ISL	14.12
2	Anne C. Karlsen	NOR	14.29
3	Vera Pedersen	NOR	14.31
4	Þuríður Ingvarsdóttir	ISL	15.12
5	Gudrun Nilsen	NOR	15.79
	Rita Rosseland	NOR	DNF

<i>400 m hurdles</i>			
1	Frida Johansson	SWE	57.64
2	Catarina Widing	SWE	59.21
3	Silje Rasmussen	NOR	59.33
4	Mari Bjone	NOR	59.44
5	Stiina Rossi	FIN	61.30
6	Mariita Säätelä	FIN	61.63
7	Helen Ómarsdóttir	ISL	62.91

<i>High jump</i>			
1	Reeta Laaksonen	FIN	1.80
2	Minna Kemilä	FIN	1.80
3	Inger Lill van der Blom	NOR	1.76
4	Åse Sjögren	SWE	1.73
5	Ulrika Olsson	SWE	1.73
6	Tone Haugland	NOR	1.73
7	Þóra Einarsdóttir	ISL	1.70

<i>Long jump</i>			
1	Erica Johansson	SWE	6.34
2	Virpi Tapanainen	FIN	6.02
3	Eli Føleide	NOR	5.88
4	Minna Kemilä	FIN	5.82
5	Merethe Myrvang	NOR	5.76
6	Kristina Funke	SWE	5.68
Ex	Rita Rosseland	NOR	5.68

<i>Shot put</i>			
1	Marika Tuliniemi	FIN	15.92
2	Linda-Marie Mårtensson	SWE	14.50
3	Minna Nousiainen	FIN	14.49
4	Malin Strand	SWE	13.83
5	Birgit Brosø	NOR	13.69
6	Siv Olafsen	NOR	11.83
Ex	Rita Rosseland	NOR	12.01

<i>Discus throw</i>			
1	Kati Siltovuori	FIN	49.88
2	Diana Back	FIN	49.12
3	Annika Larsson	SWE	48.56
4	Maria Sjöln	SWE	45.46
5	Anne-Marte Bakken	NOR	38.68
6	Erica Longe	NOR	37.82
Ex	Niita Veikkolainen	FIN	50.06

<i>Javelin throw</i>			
1	Heli Rantanen	FIN	56.28
2	Malin Nilsson	SWE	51.68
3	Heli Tolkkinen	FIN	50.88
4	Nina Dubowski	NOR	46.98

5	Hege Fjær	NOR	42.90
6	Petra Eriksson	SWE	42.64

4x100 m relay

1	SWE	46.68	(Dzifa Mac-Kwashie, Erica Johansson, Therese Olofsson, Charlotte Vöcks)
2	FIN	46.70	(Sonja Rehn, Outi Tiilikainen, Niina Aatsinki, Virpi Pyrhönen)
3	NOR	46.70	(Vera Pedersen, Kaja Jansen, Anne Line Raddum, Eli Føleide)

4x400 m relay

1	FIN	3:41.80	(Riita-Liisa Bovellan, Stiina Rossi, Amy Lindholm, Satu Jääskeläinen)
2	SWE	3:42.76	(Åsa Broskog, Maria Robertsson, Camilla Johansson, Frida Johansson)
3	NOR	3:43.68	(Silje Rasmussen, Grete Slettom, Brit Olsson, Mari Bjone)

Points Women	Nation	Total
	FIN	119
	SWE	119
	NOR	74

