

This year consists of the following competitions:

24.5	Rauma, FIN	18 <sup>th</sup> Nordic Marathon Championships
27.-28.6	Otaniemi, FIN	9 <sup>th</sup> Nordic Junior Championships Combined Events
25.-26.7	Sistranda, NOR	13 <sup>th</sup> Nordic Race Walking Championships
25.-26.7	Sistranda, NOR	13 <sup>th</sup> Nordic Race Walking Championships Long Distances
1.8	Vadstena, SWE	16 <sup>th</sup> Nordic Junior Race Walking Match
1.-2.8	Lappeenranta, FIN	32 <sup>nd</sup> Nordic Junior Match U21

Nordic Marathon Championships

Rauma, FIN 24 May

Men

Senior

1	<b>Pertti Tiainen</b>	<b>FIN</b>	<b>2:16:33</b>
2	<b>Jan-Ivar Westlund</b>	<b>SWE</b>	<b>2:19:04</b>
3	<b>Jukka Toivola</b>	<b>FIN</b>	<b>2:19:18</b>
4	Håkan Spik	FIN	2:20:00
5	Martin Hafström	SWE	2:20:57
6	Arne Stigsen	DEN	2:22:08
7	Jan-Erik Viholmen	NOR	2:22:23
8	Bengt Nordqvist	SWE	2:23:09

9 Johnny Nylén, SWE 2:23:20, 10 Risto Laitinen, FIN 2:23:43, 11 Asle Olsen, NOR 2:25:26, 12 Atle Fosse, NOR 2:27:07, 13 Kjell Åge Gotvassli, NOR 2:30:35

Nordic Junior Championships Combined Events

Otaniemi, FIN 27-28 Jun

Men

U21 Decathlon

27-28 Jun

1	<b>Henrik Broman</b>	<b>FIN</b>	<b>7.075</b>
2	<b>Kai Veiksola</b>	<b>FIN</b>	<b>6.842</b>
3	<b>Peter Lindmark</b>	<b>SWE</b>	<b>6.496</b>
4	Pasi Mäenpää	FIN	6.383
5	Björn Svensson	SWE	6.327
6	Ståle Opdal	NOR	5.808
7	Bo Rasmussen	DEN	5.754
8	Arne Sundlöf	SWE	5.122

(100m, Long jump, Shot put 7,257kg, High jump, 400m, 100m hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

1	11.58	6.83	11.70	2.05	50.58	16.21	35.72	4.10	50.06	4:33.27
	-2,0	0,0			-0,5					
2	12.10	6.65	10.87	1.93	53.07	16.36	35.80	4.40	58.36	4:32.17
	-0,5	+1,1			-1,3					
3	12.30	6.56	11.75	2.05	56.11	16.42	36.14	3.80	60.36	4:44.67
	-2,0	-0,1			-1,3					
4	11.78	6.36	9.07	2.01	52.10	16.42	31.36	3.40	57.46	4:37.68
	-2,0	-0,4			-1,3					
5	11.58	6.31	9.74	1.85	50.77	16.59	28.26	4.10	43.62	4:37.03
	-0,5	-0,1			-1,3					
6	12.15	6.10	12.54	1.77	56.83	17.21	40.92	3.20	43.86	5:15.64
	-2,0	+0,1			-1,3					
7	12.11	6.03	11.89	1.81	54.00	17.57	35.48	4.00	51.20	DNF
	-2,0	+0,6			-0,5					
8	12.44	NM	11.98	1.77	54.86	16.75	39.96	3.80	51.34	DNF
	-0,5				-1,3					

U19 Decathlon

27-28 Jun

1	<b>Lars Warming</b>	<b>DEN</b>	<b>6.992</b>
2	<b>Mikael Olander</b>	<b>SWE</b>	<b>6.870</b>
3	<b>Morten Blumensaat</b>	<b>DEN</b>	<b>6.838</b>
4	Kent Johansen	DEN	6.836
5	Raimo Kuoppa-aho	FIN	6.703
6	Gunnar Ageskär	SWE	6.681
7	Erkka Noponen	FIN	6.657
8	Peder Bengtsson	SWE	6.402

9 Roar Haugland, NOR 6.376, R1 Sakari Palomäki, FIN DNF, R2 Robert Ekpete, NOR DNF, R3 Morten Mathisen, NOR DNF

(110m hurdles 100cm, Discus 1,75kg, Pole Vault, Javelin throw 800g, 300m, 100m,

Long jump, Shot put 6,25kg, High jump, 1000m)

1	11.24	6.62	12.19	1.89	50.06	14.85	35.82	3.80	46.36	4:39.32
	0,0	+0,2			-2,8					
2	12.09	6.15	14.97	1.81	54.15	16.70	46.10	4.00	64.14	4:51.55
	0,0	0,0			0,0					
3	11.65	6.45	11.63	1.85	51.43	15.49	36.90	3.60	56.86	4:29.14
	0,0	-0,2			0,0					
4	12.11	6.34	11.61	1.89	50.67	16.47	30.40	4.10	64.56	4:20.87
	0,0	-0,2			-2,8					
5	12.25	6.04	13.53	1.81	53.23	16.29	39.98	4.10	57.10	4:37.56
	0,0	+0,5			0,0					
6	11.87	6.43	12.59	1.93	52.78	17.04	39.64	4.50	41.00	4:47.10
	0,0	-0,2			0,0					
7	11.68	6.80	11.10	1.81	50.70	14.75	31.74	3.50	44.58	4:26.94
	0,0	0,0			-2,8					
8	11.76	6.15	12.43	1.81	53.18	15.96	35.20	4.10	42.88	4:54.01
	0,0	-0,2			-2,8					
9	12.07	6.40	1.60	2.01	53.89	15.95	36.02	3.70	44.00	5:01.28
	0,0	+0,5			-2,8					
R1	11.70	6.27	12.74	1.81	51.66	DNF				
	0,0	+0,4								
R2	11.97	6.16	DNF							
R3	11.55	DNF								

U17 Octathlon

27-28 Jun

1	<b>Hans-Christian Larsen</b>	<b>DEN</b>	<b>5.439</b>
2	<b>Petri Keskitalo</b>	<b>FIN</b>	<b>5.273</b>
3	<b>Magnus Carlsson</b>	<b>SWE</b>	<b>5.215</b>
4	Ulf Sedlacek	SWE	5.186
5	Per Vidar Engblom	NOR	5.095
6	Stefan Blomqvist	SWE	4.830
7	Jari Montonen	FIN	4.793
8	Arne Dahl	NOR	4.779

9 Mikko Vehanen, FIN 4.645, R1 Iver Hytten, NOR DNF (100m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 600g, 300m, 100m, Long jump, Shot put 5,44kg, High jump, 1000m)

1	14.91	35.24	3.70	59.26	5.97	13.12	1.78	2:49.58
	-2,2				0,0			
2	14.45	36.82	3.20	59.30	6.16	13.11	1.82	3:09.17
	-2,2				+0,4			
3	15.17	39.20	3.40	51.52	6.13	10.28	1.82	2:47.98
	-4,5				-0,5			
4	14.41	28.06	4.00	38.22	6.61	10.75	1.82	2:46.48
	-2,2				-0,2			
5	15.71	42.38	3.30	47.80	5.36	12.24	1.98	3:02.23
	-2,2				0,0			
6	15.73	36.80	3.30	39.44	5.64	13.88	1.82	3:08.64
	-2,2				-0,2			
7	15.52	40.34	3.10	65.52	5.49	13.56	1.62	3:30.90
	-4,5				+0,3			
8	14.91	35.94	3.30	34.38	5.73	10.33	1.78	2:47.54
	-4,5				-0,1			
9	14.71	40.08	2.80	42.18	5.74	11.62	1.70	3:10.57
	-4,5				+0,3			
R1	16.53	37.18	2.80	50.54	5.15	DNF		

Women

U21 Heptathlon

27-28 Jun

1	<b>Anita Sølyst</b>	<b>DEN</b>	<b>5.113</b>
2	<b>Anne Brit Skjæveland</b>	<b>NOR</b>	<b>5.022</b>
3	<b>Mirja-Liisa Järvenpää</b>	<b>FIN</b>	<b>4.992</b>
4	Eva Liljeberg	SWE	4.939
5	Karin Lindqvist	SWE	4.913

6	Barbro Sjöberg	SWE	4.849
7	Vigdis Olden	NOR	4.780
8	Leena Koskimäki	FIN	4.755

9 Bjørg Storhaug, NOR 4.678

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1	15.33	9.11	1.60	26.49	5.51	34.56	2:15.96	
	-0,5			-1,0	+0,8			
2	15.37	9.49	1.76	26.36	5.27	27.40	2:23.92	
	0,0			-0,6	+1,2			
3	16.39	11.60	1.72	28.02	5.28	37.26	2:31.14	
	-0,5			-0,6	+0,9			
4	17.09	11.31	1.56	26.64	5.65	39.20	2:33.76	
	0,0			-0,6	+1,5			
5	15.88	10.72	1.56	27.20	5.10	39.84	2:27.96	
	0,0			-1,0	+1,1			
6	15.57	10.13	1.60	26.53	5.76	27.20	2:35.94	
	-0,5			-1,0	+0,9			
7	15.91	10.44	1.56	27.62	5.54	28.38	2:27.01	
	-0,5			-1,0	+0,7			
8	16.44	11.50	1.56	27.82	5.14	42.70	2:44.27	
	0,0			-0,6	+0,7			
9	17.03	11.17	1.56	27.85	5.26	34.06	2:33.22	
	0,0			-0,6	+0,9			

### U19 Heptathlon

27-28 Jun

1	Eva Karblom	SWE	5.248
2	Kristina Ponton	SWE	5.106
3	Annika Lorentzon	SWE	5.022
4	Soili Huotari	FIN	4.848
5	Riita Svala	FIN	4.613
6	Lene Aasheim	NOR	4.526
7	Kaisa Ilvesmäki	FIN	4.510

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1	15.07	11.93	1.68	25.49	6.13	32.38	2:47.70	
	-2,0			-0,3	+0,5			
2	14.99	10.07	1.64	25.72	5.71	29.30	2:29.68	
	-3,5			-0,3	+0,9			
3	14.50	10.15	1.64	26.11	5.70	25.70	2:33.52	
	-3,5			-1,0	+0,7			
4	15.49	12.09	1.64	27.08	5.43	26.82	2:41.33	
	-3,5			-1,0	+0,6			
5	16.87	12.92	1.64	27.89	5.27	30.74	2:56.55	
	-2,0			-0,3	+1,1			
6	16.81	9.26	1.56	28.40	5.12	28.62	2:22.17	
	-3,5			-1,0	+0,3			
7	16.63	9.80	1.56	28.97	5.22	36.68	2:39.13	
	-2,0			-0,3	+0,9			

### U17 Sixathlon

27-28 Jun

1	Maria Thuresson	SWE	4.418
2	Karin Grelsson	SWE	4.385
3	Ringa Ropo	FIN	4.338
4	Seija Leino	FIN	4.241
5	Saila Purho	FIN	4.174
6	Helena Hedlund	SWE	4.015
7	Siw Bakken	NOR	3.912
8	Kristin Lunner	NOR	3.906

(100m hurdles 76,2cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1	14.90	11.53	1.64	5.37	31.40	2:26.92	
	0,0			+1,1			
2	15.19	29.56	1.64	5.82	33.38	2:27.57	
	-0,5			+0,6			
3	15.53	10.62	1.76	5.65	30.76	2:38.64	
	-0,5			+0,8			
4	16.90	10.69	1.72	5.21	38.22	2:34.42	
	0,0			+0,5			
5	15.28	9.19	1.64	5.12	33.72	2:29.36	
	0,0			+0,3			
6	15.79	9.89	1.56	5.23	31.66	2:35.14	
	-0,5			+0,4			
7	17.55	10.92	1.52	5.10	36.06	2:36.80	

0,0				+0,3		
8	16.31	9.34	1.60	4.97	34.98	2:41.14
0,0				+1,1		

## Nordic Race Walking Championships Long distances

Sistranda, NOR 26 Jul

### Men

	Senior	26 Jul	50km
1	Reima Salonen	FIN	4:03:24
2	Bo Gustafsson	SWE	4:03:55
3	Max Sjöholm	SWE	4:10:49
4	Lars Ove Moen	NOR	4:15:53
5	Owe Hemmingsson	SWE	4:23:51
6	Harald Krokli	NOR	4:42:50

Per Møller, SWE DQ, Erling Andersen, NOR DNF, Stig Frøberg, FIN DNF, Tore Strømøy, NOR DNF, Matti Katila, FIN DNF

## Nordic Race Walking Championships

Sistranda, NOR 25-26 Jul

### Men

	Senior	25 Jul	20km
1	Erling Andersen	NOR	1:29:00
2	Roland Nilsson	SWE	1:29:50
3	Per Rasmussen	SWE	1:31:50
4	Lennart Methner	SWE	1:33:59
5	Cato Viken	NOR	1:38:49
6	Ragnar Hofnes	NOR	1:40:31
7	Kjell Tysse	NOR	1:45:53

Leif Christensen, DEN DNF, Trond Persson, NOR DNF, Stig-Olov Elofsson, SWE DNF

### U20

	25 Jul	10km	
1	Anders Hjelle	NOR	45:01
2	Tor-Ivar Guttulsrød	NOR	45:36
3	Erik Grinde	SWE	45:49
4	David Lillefosse	NOR	48:36
5	Gunnar Gundersen	NOR	50:14
6	Terje Melaa	NOR	51:26

Jan Kristiansen, DEN DNF

### Women

	Senior	26 Jul	10km
1	Frøydis Hilsen	NOR	49:18
2	Ann-Marie Larsson	SWE	50:14
3	Monika Karlsson	SWE	51:04
4	Sirkka Haataja	FIN	51:52
5	Nia Kjølberg	NOR	52:34
6	Helena Åström	FIN	54:32
7	Sølvi Furnes	NOR	55:11
8	Monica Robertsson	FIN	56:35

Lene Cassidy, DEN DNF, Thorill Gylder, NOR DNF, Line Viken, NOR DNF

### Senior

	25 Jul	5km	
1	Ann Jansson	SWE	23:57
2	Frøydis Hilsen	NOR	24:12
3	Berit Karlsson	SWE	24:39
4	Mia Kjølberg	NOR	25:18
5	Karin Jensen	DEN	26:58

### U20

	25 Jul	5km	
1	Vigdis Aarum	NOR	25:07
2	Linda Klaussen	NOR	25:40
3	Lisbeth Aalvik	NOR	26:06
4	Line Viken	NOR	26:23
5	Inger Westergren	SWE	26:59
6	Gunhild Kristiansen	DEN	27:09
7	Karin Persson	SWE	27:13
8	Anita Olsen	NOR	27:20

Nordic Junior Race Walking Match

Kungsvalla IP, Vadstena, SWE 1 Aug

Men

		1 Aug	10000m
<b>1</b>	<b>Jan Staaf</b>	<b>SWE</b>	<b>45:34.1</b>
<b>2</b>	<b>Anders Hjelle</b>	<b>NOR</b>	<b>45:48.9</b>
<b>3</b>	<b>Tor-Ivar Guttulsrød</b>	<b>NOR</b>	<b>46:51.8</b>
4	Cato Viken	NOR	47:12.1
5	Erik Grinde	SWE	47:53.6
6	Thomas Pomozi	SWE	50:09.1
7	Jari Paussonen	FIN	50:33.2
8	Jan Kristiansen	DEN	50:43.6

9 Jari Mantsinen, FIN 50:46.1, 10 Harri Lehtonen, FIN 52:07.9, 11 Tommy Bindsbøll, DEN 56:45.7, 12 Jesper Nøhr, DEN 60:22.8

		1 Aug	5000m
<b>1</b>	<b>Conny Aronsson</b>	<b>SWE</b>	<b>23:01.1</b>
<b>2</b>	<b>Vesa Puukari</b>	<b>FIN</b>	<b>23:07.6</b>
<b>3</b>	<b>David Lillefosse</b>	<b>FIN</b>	<b>23:23.1</b>
4	Pierre Ekwall	SWE	23:32.1
5	Petri Korpi	FIN	23:38.2
6	Håkan Stödberg	SWE	24:11.8
7	Gunnar Gundersen	NOR	24:37.2
8	Ari Kuusisto	FIN	24:54.2

9 Kim sørensen, DEN 26:10.7, 10 Pål Tangen, NOR 26:48.7, 11 Tonny Simonsen, DEN 27:43.8, 12 Henrik Carl, DEN 30:49.7

		1 Aug	3000m
<b>1</b>	<b>Ola Wikström</b>	<b>SWE</b>	<b>13:28.1</b>
<b>2</b>	<b>Terje Melaa</b>	<b>NOR</b>	<b>13:38.5</b>
<b>3</b>	<b>Stefan Johansson</b>	<b>SWE</b>	<b>14:00.8</b>
4	Olov-Håkan Aronsson	SWE	14:14.3
5	Sverre Jensen	NOR	14:35.4
6	Brian Nielsen	DEN	15:22.8
7	Arto Hokkanen	FIN	15:27.4
8	Jouni Itkonen	FIN	16:14.9

9 Timo Tarkkanen, FIN 16:51.5, 10 Harry Geertsma, DIN 18:01.1, 11 Klaus Hansen, DEN 21:09.7

		1 Aug	3000m
<b>1</b>	<b>Magnus Morenius</b>	<b>SWE</b>	<b>15:05.1</b>
<b>2</b>	<b>Göran Lindé</b>	<b>SWE</b>	<b>15:14.8</b>
<b>3</b>	<b>Erik Furnes</b>	<b>NOR</b>	<b>15:23.3</b>
4	Frede Lamo	NOR	15:56.9
5	Kjell Morten Brendøy	NOR	16:03.4
6	Mika Sipilä	FIN	16:30.8
7	Lars-Leo Lundberg	SWE	16:42.3
8	Hannu Niemi	FIN	16:56.5

9 Preben Kristiansen, DEN 17:19.5, 19 Steen Jørgensen, DEN 17:51.2, 11 Janne Puukari, FIN 19:09.3, 12 Jan Sørensens, DEN 19:41.0

Women

		1 Aug	5000m
<b>1</b>	<b>Inger Westergren</b>	<b>SWE</b>	<b>25:53.8</b>
<b>2</b>	<b>Line Viken</b>	<b>NOR</b>	<b>26:02.8</b>
<b>3</b>	<b>Helena Åström</b>	<b>FIN</b>	<b>26:03.0</b>
4	Kari Persson	SWE	26:17.0
5	Linda Klausen	NOR	26:18.3
6	Sølvi Furnes	NOR	27:39.0
7	Gunhild Kristiansen	DEN	27:57.5
8	Monica Back	SWE	28:59.4

9 Vivi Ovesen, DEN 29:24.3, 10 Susanna Lamminsivu, FIN 31:22.1, 11 Satu-Sari Suominen, FIN 32:37.7

		1 Aug	5000m
<b>1</b>	<b>Vigdis Aarum</b>	<b>NOR</b>	<b>25:44.1</b>
<b>2</b>	<b>Lisbeth Aalvik</b>	<b>NOR</b>	<b>25:54.8</b>
<b>3</b>	<b>Ing-Marie Bäcklin</b>	<b>SWE</b>	<b>26:00.0</b>
4	Ragni Jensen	NOR	26:29.4

5	Britt-Marie Helmin	SWE	26:50.1
6	Veronica Öqvist	SWE	27:22.1
7	Annette Grønbaek	DEN	28:45.2
8	Helle Jørgensen	DEN	28:58.0

9 Minna Astola, FIN 30:46.3, 10 Pirjo Kytölä, FIN 3:30.0, 11 Tuija Murto, FIN 31:50.4, 12 Annette Jensen, DEN 32:00.5

		1 Aug	3000m
<b>1</b>	<b>Åsa-Maria Sehlin</b>	<b>SWE</b>	<b>15:03.0</b>
<b>2</b>	<b>Silvia Isaksson</b>	<b>SWE</b>	<b>15:10.5</b>
<b>3</b>	<b>Kristin Andreassen</b>	<b>NOR</b>	<b>15:34.2</b>
4	Anna-Lena Eriksson	SWE	15:35.1
5	Ann Jeanette Pettersen	NOR	15:35.6
6	Torunn Syvertsen	NOR	15:55.9
7	Jytte Kristiansen	DEN	17:06.2
8	Pia Paju	FIN	17:55.1

9 Kristin Ääri, FIN 18:00.2, 10 Tuija Murto, FIN 19:47.7, 11 Annette Hansen, DEN 21:01.1

		1 Aug	2000m
<b>1</b>	<b>Madelein Svensson</b>	<b>SWE</b>	<b>10:05.2</b>
<b>2</b>	<b>Signe Furuheim</b>	<b>NOR</b>	<b>10:10.4</b>
<b>3</b>	<b>Christine Tømmernes</b>	<b>NOR</b>	<b>10:29.8</b>
4	Mona Iversen	NOR	10:40.8
5	Helena Nilsson	SWE	10:46.4
6	Marianne Jakobsson	SWE	11:06.4
7	Niina Paju	FIN	11:34.9
8	Maarika Hällström	SWE	12:33.9

9 Tiina Tarkkanen, FIN 12:49.8, 10 Ann Spandet, DEN 13:26.7, 11 Pia Jensen, DEN 13:48.1

U21/U17	Nation	Total	Ungdom	Nation	Total
	SWE	123		SWE	109
	NOR	101		NOR	108
	FIN	56		FIN	62
	DEN	33		DEN	36

Nordic Junior Match

Kimpinen, Lappeenranta, FIN 1-2 Aug

Men

		1 Aug	-1,2
<b>1</b>	<b>Per-Ola Olsson</b>	<b>SWE</b>	<b>10.94</b>
<b>2</b>	<b>Tore Bergan</b>	<b>NOR</b>	<b>11.15</b>
<b>3</b>	<b>Trond Haugvaldstad</b>	<b>NOR</b>	<b>11.15</b>
4	Peter Andersson	SWE	11.26
5	Ilari Jauro	FIN	11.29
6	Bjørn Søndergård	DEN	11.34
7	Jari Wuolle	FIN	11.46
8	Guðni Tómasson	ISL	11.73

		2 Aug	0,0
<b>1</b>	<b>Eric Josjö</b>	<b>SWE</b>	<b>21.21</b>
<b>2</b>	<b>Per-Ola Olsson</b>	<b>SWE</b>	<b>21.26</b>
<b>3</b>	<b>Juha Pyy</b>	<b>FIN</b>	<b>21.97</b>
4	Trond Haugvaldstad	NOR	21.98
5	Tore Bergan	NOR	21.99
6	Jukka Horppu	FIN	22.35
7	Lars Warming	DEN	22.39
8	Egill Eiðsson	ISL	22.57

		1 Aug	
<b>1</b>	<b>Eric Josjö</b>	<b>SWE</b>	<b>46.66</b>
<b>2</b>	<b>Jari Rinne</b>	<b>FIN</b>	<b>47.92</b>
<b>3</b>	<b>Jukka Horppu</b>	<b>FIN</b>	<b>48.46</b>
4	Tore Bergan	NOR	48.47
5	Egill Eiðsson	ISL	48.47
6	Henrik K. Hansen	DEN	49.22
7	Jone Stangeland	NOR	49.89
8	Håkan Johansson	SWE	50.26

<i>800 m</i>				1 aug	
1	<b>Jan Persson</b>	<b>SWE</b>	<b>1:49.97</b>		
2	<b>Morten Warland</b>	<b>NOR</b>	<b>1:50.37</b>		
3	<b>Eero Kytölä</b>	<b>FIN</b>	<b>1:51.17</b>		
4	Jukka Moilanen	SW	1:51.23		
5	John Backe-Bogstad	NOR	1:52.39		
6	Anders Vedel	DEN	1:53.19		
7	Markus Renvall	FIN	1:54.38		
8	Magnús Haraldsson	ISL	1:57.34		
<i>1500 m</i>				2 aug	
1	<b>Jan Persson</b>	<b>SWE</b>	<b>3:45.17</b>		
2	<b>Morten Warland</b>	<b>NOR</b>	<b>3:45.57</b>		
3	<b>Ronny Olsson</b>	<b>SWE</b>	<b>3:58.68</b>		
4	Pekka Valimäki	FIN	3:50.97		
5	Jens Østengård	DEN	3:51.78		
6	Antti Pihlakoski	FIN	3:52.29		
7	Inge Kolstad	NOR	3:53.42		
8	Magnús Haraldsson	ISL	4:12.76		
<i>5000 m</i>				2 Aug	
1	<b>Ole Hansen</b>	<b>DEN</b>	<b>14:25.83</b>		
2	<b>Lars-Erik Nilsson</b>	<b>SWE</b>	<b>14:26.26</b>		
3	<b>Tuomo Sainio</b>	<b>FIN</b>	<b>14:26.60</b>		
4	Per-Ole Holmnäs	FIN	14:30.06		
5	Thorsten Jakobsson	SWE	14:41.07		
6	Helge Dolsvåg	NOR	14:50.75		
7	Kim Taylor	DEN	14:55.47		
8	Terje Sejrup	NOR	15:33.22		
<i>110 m hurdles</i>				1 Aug	-1,7
1	<b>Timo Kuittinen</b>	<b>FIN</b>	<b>14.73</b>		
2	<b>Erkka Noponen</b>	<b>FIN</b>	<b>14.82</b>		
3	<b>Robert Ekpete</b>	<b>NOR</b>	<b>14.98</b>		
4	Erik S. Jensen	DEN	15.08		
5	Ulf Johansson	SWE	15.19		
6	Roger Ellström	SWE	15.19		
7	Per O. Nicolaisen	NOR	15.47		
8	Stefán Stefánsson	ISL	15.80		
<i>400 m hurdles</i>				2 Aug	
1	<b>Tomas Nyberg</b>	<b>SWE</b>	<b>51.98</b>		
2	<b>Timo Kuittinen</b>	<b>FIN</b>	<b>52.90</b>		
3	<b>Jari-Pekka Mikkola</b>	<b>FIN</b>	<b>52.97</b>		
4	Per Handberg	DEN	53.20		
5	Jan Viberg	SWE	53.44		
6	Tomm Wisløff	NOR	53.76		
7	Tor Gjesdal	NOR	55.67		
8	Stefán Stefánsson	ISL	57.347		
<i>2000 m steeplechase</i>					
1	<b>Kari Hänninen</b>	<b>FIN</b>	<b>5:44.49</b>		
2	<b>Hannu Avikainen</b>	<b>FIN</b>	<b>5:46.45</b>		
3	<b>Timo Järvinen</b>	<b>SWE</b>	<b>5:48.15</b>		
4	Paul Skei	NOR	5:50.16		
5	Håkan Mattisson	SWE	5:53.17		
6	Espen Borge	NOR	5:57.58		
7	Jan Vegeberg	DEN	5:58.16		
8	Peter Gylling	DEN	6:08.70		
<i>High jump</i>				1 Aug	
1	<b>Patrik Sjöberg</b>	<b>SWE</b>	<b>2.19</b>		
2	<b>Tomas Eriksson</b>	<b>SWE</b>	<b>2.16</b>		
3	<b>Jan Hegland</b>	<b>NOR</b>	<b>2.16</b>		
4	Kari Miettunen	FIN	2.10		

5	René Tyranski-Nielsen	DEN	2.10
=6	Matti Luostarinen	FIN	2.07
=6	Arne Simonsen	NOR	2.07
8	Unnar Vilhjálmsson	ISL	1.90

<i>Pole vault</i>				2 Aug	
1	<b>Asko Peltoniemi</b>	<b>FIN</b>	<b>5.10</b>		
2	<b>Pentti Pesonen</b>	<b>FIN</b>	<b>5.00</b>		
3	<b>Gunnar Ageskär</b>	<b>SWE</b>	<b>4.60</b>		
4	Ulf Hammarberg	SWE	4.50		
5	Martin Lind	DEN	4.15		
6	Robert Kristensen	NOR	4.00		
7	Sigurður Magnússon	ISL	3.85		
8	Geir Martinsen	NOR	3.70		

<i>Long jump</i>				2 aug	
1	<b>Ari Lahti</b>	<b>FIN</b>	<b>7.36</b>	-0,7	
2	<b>Jyrki Hyttinen</b>	<b>FIN</b>	<b>7.28</b>	+1,8	
3	<b>Björn Johansson</b>	<b>SWE</b>	<b>7.19</b>	+1,3	
4	Tomm Wisløff	NOR	7.13	+1,6	
5	Kristján Harðarsson	ISL	7.12	0,0	
6	Jari Lepistö	FIN	7.01	+1,2	
7	Peter Dalby	DEN	6.96	0,0	
8	Stein Eriksen	NOR	5.97	0,0	

<i>Triple jump</i>				1 Aug	
1	<b>Claes Rahm</b>	<b>SWE</b>	<b>15.46</b>	+2,0	
2	<b>Peter Dalby</b>	<b>DEN</b>	<b>15.26</b>	+0,8	
3	<b>Olavi Kinnunen</b>	<b>FIN</b>	<b>15.22</b>	+2,9	
4	Arne Holm	SWE	14.99	-0,3	
5	Harri Pesonen	FIN	14.97	+2,4	
6	Birger Søyland Nielsen	NOR	14.72	+3,9	
7	Atle Frøysland	NOR	14.41	+2,5	
8	Guðmundur Nikulásson	ISL	14.15	+2,7	

<i>Shot put</i>				2 Aug	
1	<b>Trond Ulleberg</b>	<b>NOR</b>	<b>17.07</b>		
2	<b>Arne Pedersen</b>	<b>NOR</b>	<b>16.71</b>		
3	<b>Jan Hansen</b>	<b>DEN</b>	<b>16.25</b>		
4	Janne Ronkainen	FIN	16.11		
5	Sören Tallhem	SWE	15.11		
6	Kari Juhela	FIN	14.98		
7	Kjell Sjöberg	SWE	14.71		
8	Pétur Guðmundsson	ISL	13.82		

<i>Discus throw</i>				1 Aug	
1	<b>Arne Pedersen</b>	<b>NOR</b>	<b>55.12</b>		
2	<b>Olav Jensen</b>	<b>NOR</b>	<b>53.52</b>		
3	<b>Lars Sundin</b>	<b>SWE</b>	<b>52.68</b>		
4	Juhani Aaltonen	FIN	51.98		
5	Harri Saari	FIN	48.38		
6	Jan-Holger Hansen	DEN	47.16		
7	Bo Henriksson	SWE	46.06		
8	Klaus Jacob Jensen	DEN	45.92		

<i>Hammer throw</i>				1 Aug	
1	<b>Tore Gustafsson</b>	<b>SWE</b>	<b>64.12</b>		
2	<b>Tore Johnsen</b>	<b>NOR</b>	<b>63.26</b>		
3	<b>Mikko Välimäki</b>	<b>FIN</b>	<b>62.60</b>		
4	Martti Jantunen	FIN	60.00		
5	Fred Schumacher	SWE	58.90		
6	Åge Bjørn Jacobsen	DEN	55.60		
7	Per Nielsen	DEN	48.08		
8	Trond Ulleberg	NOR	45.52		

<i>Javelin throw</i>		2 Aug	
1	<b>Tapio Korjus</b>	<b>FIN</b>	<b>75.46</b>
2	<b>Tapio Suomalainen</b>	<b>FIN</b>	<b>74.94</b>
3	<b>Jørgen Jelstrøm</b>	<b>DEN</b>	<b>74.00</b>
4	Sören Tallhem	SWE	73.82
5	Petter Borglund	SWE	69.26
6	Øystein Slettevold	NOR	64.58
7	Frank Ottersen	NOR	62.96
8	Klaus Jacob Jensen	DEN	61.78

<i>4x100 m relay</i>		1 Aug	
1	<b>SWE</b>	<b>41.44</b>	(Peter Andersson, Mikael Landberg, Johan Lindgren, Per-Ola Olsson)
2	<b>NOR</b>	<b>42.09</b>	(Kjell Rommetveit, Trond Haugvaldstad, Tore Bergan, Ole Petter Bakken)
3	<b>FIN</b>	<b>42.21</b>	(Juha Pyy, Ilari Jauro, Jouni Myllymäki, Jari Wuolle)
4	DEN/ISL	42.65	(Bjørn Søndergård, Lars Warming, Erik Jensen, Hans Jacobsen)

<i>4x400 m relay</i>		2 Aug	
1	<b>SWE</b>	<b>3:12.44</b>	(Hans Dahlin, Håkan Johansson, Per-Ola Olsson, Eric Josjö)
2	<b>NOR</b>	<b>3:17.24</b>	(Jone Stangeland, Frode Hansen, Tomm Wisløff, Tore Bergan)
3	<b>FIN</b>	<b>3:18.38</b>	(Martti Salonen, Jouni Törrönen, Sakari Syväoja, Christian Jansson)
4	DEN/ISL	3:21.44	(Henrik K. Hansen, Per Handberg, Lars Warming, Jens Østengård)

Points Men	Nation	Total
	SWE	210
	FIN	199,5
	NOR	152,5
	DEN/ISL	100

