

This year consists of the following competitions:

3.-4.7	København, DEN	5 th Nordic Junior Championships Combined Events
8.7	Härnösand, SWE	12 th Nordic Race Walking Championships
8.7	Härnösand, SWE	12 th Nordic Race Walking Championships Long distances
4.-5.8	Oslo, NOR	30 th Nordic Junior Match
1.9	Bergen, NOR	14 th Nordic Junior Race Walking Match
9.9	Östhammar, SWE	17 th Nordic Marathon Championships

Nordic Junior Championships Combined Events

Østerbro, København, DEN 3-4 Jul

Men

U21 Decathlon			
			3-4 Jul
1	Gudmund Olsen	NOR	7.060
2	Þorsteinn Þórssón	ISL	6.807
3	Esa Viitosalo	FIN	6.807
4	Keijo Törmälä	FIN	6.688
5	Tom Olav Jensen	DEN	6.646
6	Thorwald Svensson	SWE	6.610
7	Lars Hansen	NOR	6.391
8	Erlend Gjøen	NOR	6.391

9 Per Peterson, SWE 6.367, 10 Kjell Nilsson, SWE 6.251, 11 Kalle Ristola, FIN 6.182

1	11.7	6.72	13.48	1.92	52.7	16.0	43.83	3.50	60.40	4:38.0
2	11.5	6.39	12.70	1.92	52.2	16.1	35.43	3.90	50.07	4:37.7
3	11.8	6.71	11.24	1.92	52.0	16.2	34.67	4.00	57.38	4:39.6
4	11.4	6.17	12.21	1.77	52.3	16.0	32.06	3.90	67.59	4:50.0
5	11.3	6.00	10.36	1.92	51.3	16.0	34.86	3.40	56.67	4:29.6
6	12.1	6.19	14.55	1.89	54.2	16.0	39.68	3.50	53.72	4:46.1
7	11.7	6.69	11.35	1.92	53.8	15.8	33.64	3.20	46.34	4:42.2
8	11.6	6.56	10.11	1.83	51.2	16.3	28.25	3.90	39.96	4:21.2
11	11.3	6.62	12.46	1.80	56.6	17.6	38.14	3.10	54.32	5:11.8

U19 Decathlon			
			3-4 Jul
1	Bo Rasmussen	DEN	6.771
2	Anders Öberg	SWE	6.770
3	Anders Nyberg	SWE	6.742
4	Jukka Ylinen	FIN	6.660
5	Max Eriksen	DEN	6.640
6	Janne Boström	FIN	6.615
7	Einar Hesselberg	NOR	6.473
8	Peter Lindmark	SWE	6.392

9 Ole Gran, NOR 6.294, 10 Morten Blumensaat, DEN 6.227, Edgar Leistad, NOR DNF

1	11.7	6.07	12.81	1.83	51.5	16.9	39.34	3.70	52.68	4:18.1
2	11.5	6.32	14.43	1.89	54.6	16.6	45.08	3.60	48.20	4:45.5
3	11.3	6.21	13.79	1.80	53.6	15.7	36.16	3.80	55.64	4:50.5
4	11.5	6.83	12.50	1.89	54.5	15.0	34.05	3.40	56.29	5:00.5
6	11.8	6.39	10.89	1.95	52.4	16.5	34.10	3.80	52.30	4:31.5
7	11.5	6.70	11.03	1.89	50.5	15.5	34.45	3.20	36.35	4:42.0
9	11.9	6.25	15.00	1.80	54.7	17.4	41.81	3.40	40.80	4:53.4

Women

U19 Pentathlon			
			3-4 Jul
1	Ann-Sofi Stener	SWE	3.863
2	Meike Traxler	SWE	3.817
3	Anne Brit Skjæveland	NOR	3.645
4	Susanne Lorentzon	SWE	3.635
5	Unni Heimli	NOR	3.567
6	Marjo Matikainen	FIN	3.530
7	Hanne Søndergård	DEN	3.447
8	Irene Larsen	DEN	3.389

9 Nina Helen Eilertsen, NOR 3.379, 10 Sigriður Kjartansdóttir, ISL 3.338

1	14.8	9.51	1.73	5.73	2:25.2
2	15.3	10.40	1.73	5.55	2:24.1
3	15.4	9.22	1.67	5.52	2:27.4
5	15.7	9.47	1.61	5.22	2:21.9
6	16.1	10.68	1.55	5.10	2:21.0
9	16.5	7.74	1.67	4.98	2:21.1

U17 Pentathlon

			3-4 Jul
1	Saili Houtari	FIN	3.592
2	Annika Lorentzon	SWE	3.476
3	Helga Halldórsdóttir	ISL	3.457
4	Riita Svala	FIN	3.435
5	Karin Lindqvist	SWE	3.270
6	Ann D. Løkken	NOR	3.259
7	Eva Karblom	SWE	3.230
8	Lis Anker Møller	DEN	3.100

9 Linda Madsen, DEN 2.947, 10 Pia Thomsen, DEN 2.758, Kirsti Hesselberg, DNF
 1 14.8 11.32 1.57 5.52 2:42.5
 2 14.5 8.89 1.63 5.33 2:43.2
 3 14.6 8.59 1.51 5.15 2:25.3
 4 15.2 10.55 1.54 5.40 2:43.0

Nordic Race Walking Championships Long distances

Härnösand, SWE 8 Jul

Men

Senior			
			8 Jul 35km
1	Reima Salonen	FIN	2:34:54
2	Stig-Olov Elofsson	SWE	2:48:06
3	Per Rasmussen	SWE	2:56:06
4	Max Sjöholm	SWE	3:00:11
5	Göran Aneheim	SWE	3:01:53
6	Tommy Tindlund	NOR	3:11:11
7	Gösta Håkansson	SWE	3:23:24

Trond Persson, NOR DNF, Lars Ove Moen, NOR DNF

Nordic Race Walking Championships

Härnösand, SWE 8 Jul

Men

Senior			
			8 Jul 20km
1	Matti Katila	FIN	1:29:51
2	Leif Karlsson	SWE	1:30:41
3	Alf Brandt	SWE	1:32:40
4	Knut Arne Strømøy	NOR	1:37:54
5	Lars Gunnar Simu	SWE	1:40:57
6	Håkan Enström	SWE	1:41:40
7	Anders Hjelle	NOR	1:48:09
8	Arvid Bjørsvik	NOR	1:49:18

9 Bo Erik Isaks, SWE 1:49:24, 10 Thage Davidsson, SWE 1:50:22, 11 Arthur Lillefosse, NOR 1:51:08

U20

			8 Jul 10km
1	Erling Andersen	NOR	44:38
2	Petri Mäkelä	FIN	44:38
3	Torbörn Janse	SWE	45:17
4	Mikael Sandaeus	SWE	47:45
5	Mats Ohlander	SWE	47:55
6	Cato Viken	NOR	49:04
7	Åke Hedlund	SWE	49:35
8	Esben Aalvik	NOR	49:53

9 Tor-Ivar Guttuvsrød, NOR 51:48, 10 Christer Lundström, SWE 52:30, 11 Erik Grinde, SWE 52:52, 12 Tommy Bindesbøll, DEN 53:00, 13 Jan Kristiansen, DEN 54:18, Tore Strømøy, NOR DNF

Women

Senior			
			8 Jul 10000m
1	Thorill Gylder	NOR	49:55.0

2 Margaret Olsson SWE 51:30.0

Extra: Marion Fawkes, GBR 48:11.4 Judy Farr, GBR 50:52.0, Irene Bateman, GBR 50:40.0

<i>Senior</i>	8 Jul	5000m	
1 Ann Jansson SWE 24:19.0			
2 Elisabeth Olsson SWE 24:27.0			
3 Frøydis Hilsen NOR 25:02.0			
4 Margaret Simu SWE 25:17.0			
5 Siw Gustavsson SWE 25:25.0			
6 Mia Kjølberg NOR 25:31.0			
7 Gerd Gylder NOR 26:36.0			
8 Åsa Lundin SWE 27:58.0			

9 Laila Nielsen, DEN 28:55.0, 10 Ulla Kristiansen, DEN 29:32.0, 11 Gunilla Jansson, SWE 29:39.0

Extra: Carol Tyson, GBR 23:53.0

<i>U20</i>	8 Jul	5km	
1 Berit Karlsson SWE 25:50			
2 Charlotte Hansen DEN 27:09			
3 Tina Thomsen DEN 27:50			
4 Jeanette Hansen DEN 28:40			
5 Helena Åström FIN 29:48			

Randi Jensen, NOR DNF, Line Viken, NOR DNF

Nordic Junior Match

Stovner Stadion, Oslo, NOR 4-5 Aug

Men

<i>100 m</i>			
1 Anders Prytz SWE 10.8 1			
=2 Oddur Sigurðsson ISL 10.9 1			
=2 Jukka Sulalampi FIN 10.9 1			
=2 Åke Davidsson SWE 10.9 2			
5 Jens Arild Johannessen NOR 11.0 1			
6 Odd Erik Kristiansen NOR 11.1 2			
7 Jan Erik Ahlfors FIN 11.1 2			
8 Morten Hansen DEN 11.2 2			

<i>200 m</i>			
1 Oddur Sigurðsson ISL 21.4 1			
=2 Sven Nylander SWE 21.7 1			
=2 Dan Orbe SWE 21.7 2			
4 Kimmo Saaristo FIN 21.8 1			
5 Tore Bergan NOR 22.3 1			
6 Morten Røraas NOR 22.5 2			
7 Morten Hansen DEN 22.5 2			
8 Jan Erik Ahlfors FIN 22.7 2			

<i>400 m</i>			
1 Christer Gullstrand SWE 46.8 1			
2 Oddur Sigurðsson ISL 47.6 1			
=3 Jouko Hassi FIN 48.6 1			
=3 Claés Berlin SWE 48.6 2			
5 Jyrki Isotalo FIN 48.8 2			
6 Ole Christensen DEN 49.1 2			
7 Sindre Ryan NOR 49.2 2			
8 Bent Evensen NOR 50.1 1			

<i>800 m</i>			
1 Roald Holten NOR 1:50.6			
2 Juha Moilanen SWE 1:50.8			
3 Lars-Åke Joelsson SWE 1:51.3			
4 Juha Korsumäki FIN 1:51.3			
5 Jukka Klemola FIN 1:52.6			
6 Eirik Lager NOR 1:53.5			
7 Henning Brandt DEN 1:55.5			
8 Egill Eiðsson ISL 1:58.1			

1500 m

1 Johnny Krohn SWE 3:47.2			
2 Niels Kim Hjort DEN 3:47.2			
3 Lars Sörensen FIN 3:49.4			
4 Tommy Ekblom FIN 3:49.9			
5 Per Erling Kristoffersen NOR 3:50.9			
6 Jan Persson SWE 3:51.5			
7 Rune Skotheim NOR 3:56.8			
8 Brynjúlfur Hilmarsson ISL 4:13.9			

5000 m

1 Bo Orrsveden SWE 14:08.5			
2 Henrik Jørgensen DEN 14:11.1			
3 Jarl Gaute Aase NOR 14:15.3			
4 Lars Erik Nilsson SWE 14:21.3			
5 Raimo Keiski FIN 14:22.5			
6 Vesa Kähkölä FIN 14:27.4			
7 Rune Skotheim NOR 15:20.6			
8 Brynjúlfur Hilmarsson ISL 19:31.2			

110 m hurdles

1 Sven Nylander SWE 14.60 1			
2 Petter Hesselberg NOR 14.72 1			
3 Hannu Pärssinen FIN 14.91 1			
4 Kristoffer Wessmark SWE 15.25 2			
5 Trond Knaplund NOR 15.35 2			
6 Tapio Kallio FIN 15.46 2			
7 Bjørn Knudsen DEN 15.62 1			
8 Stefán Stefánsson ISL 16.81 2			

400m hurdles

1 Christer Gullstrand SWE 50.7 1			
2 Kenneth Pettersson SWE 51.4 2			
3 Petter Hesselberg NOR 52.5 1			
4 Jouko Hassi FIN 53.2 1			
5 Juha Paananen FIN 54.3 2			
6 Dag Ove Flatjord NOR 54.5 2			
7 Tom O. Jensen DEN 56.8 1			
8 Stefán Stefánsson ISL 60.1 2			

2000m steeplechase

1 Ilkka Äyräväinen FIN 5:34.6			
2 Anders Carlsson SWE 5:35.6			
3 Hans Segerfeldt SWE 5:38.4			
4 Kajo Mononen FIN 5:47.4			
5 Thomas Nielsen DEN 5:50.4			
6 Øyvind Gausvik NOR 6:00.8			
7 Torgeir Markhus NOR 6:10.2			
8 Óskar Guðmundsson ISL 6:41.7			

High jump

1 Seppo Haavisto FIN 2.12			
2 Jan-Erik Grundberg SWE 2.06			
3 Guðmundur Guðmundsson ISL 2.03			
4 Leon Axen DEN 2.03			
5 Bengt Ström SWE 2.03			
6 Teuvo Saarentola FIN 2.00			
7 Lars E. Drevvatne NOR 1.95			
8 Geir Vollstad NOR 1.95			

Pole vault

1 Timo Kuusisto FIN 4.70			
2 Robert Gamba SWE 4.60			
3 Ari Himma FIN 4.60			
4 Per Åke Tärnell SWE 4.60			

5	Poul Højbjerg	DEN	4.30
6	Trond Skramstad	NOR	4.00
7	Inge Vennatrø	NOR	4.00
8	Þorsteinn Þórsson	ISL	4.00

Long jump

1	Harri Rekola	FIN	7.25
2	Hannu Puhakka	FIN	7.11
3	Håkan Widlund	SWE	7.10
4	Terje Grime	NOR	7.06
5	Max Eriksen	DEN	6.94
6	Joakim Bring	SWE	6.92
7	Morten Røraas	NOR	6.55
8	Stefán Stefánsson	ISL	6.42

Triple jump

1	Olli Pousi	FIN	15.82
2	Markku Rokala	FIN	15.30
3	Joakim Brink	SWE	14.98
4	Terje Grime	NOR	14.29
5	Olof Nyström	SWE	14.13
6	Peder Dalby	DEN	14.11
7	Guðmundur Nikulásson	ISL	13.79
8	Bjørn R. Martinsen	NOR	13.72

Shot put

1	Anders Jönsson	SWE	17.37
2	Stefan Fernholm	SWE	17.33
3	Trond Ulleberg	NOR	16.12
4	Jan Sagedal	NOR	16.09
5	Óskar Reykdalsson	ISL	16.08
6	Jan Hansen	DEN	15.84
7	Seppo Isohookana	FIN	15.51
8	Jari Kuoppa	FIN	15.46

Discus throw

1	Göran Svensson	SWE	53.60
2	Kåre Sagedal	NOR	49.22
3	Lars Danielsson	SWE	48.46
4	Seppo Paavola	FIN	48.10
5	Dag Thomassen	NOR	47.50
6	Mikko Vanni	FIN	46.84
7	Vésteinn Hafsteinsson	ISL	44.66
8	Claus Bahrt	DEN	43.42

Hammer throw

			7,26kg
1	Torbjörn Peterson	SWE	57.10
2	Tore Johnsen	NOR	55.94
3	Vidar Andersen	NOR	55.02
4	Ahti Peiponen	FIN	54.06
5	Tore Gustavsson	SWE	53.54
6	Raimo Ahola	FIN	49.30
7	Benny Lorentzen	DEN	48.50
8	Þorstein Þórsson	ISL	19.90

Javelin throw

1	Arto Härkönen	FIN	80.60
2	Juha Hentunen	FIN	76.10
3	Ronnie Melkerson	SWE	68.52
4	Jan Holm	SWE	68.12
5	Cato Fjellheim	NOR	67.74
6	Mogens Haltby	DEN	65.24
7	Sigurður Einarsson	ISL	59.40
8	Frode Stormyr	NOR	20.38

4x100m

1	SWE	41.2	(Åke Davidsson, Mikael Ahlin, Dan Orbe, Anders Prytz)
2	NOR	41.5	(Jens Arild Johannessen, Odd Erik Kristiansen, Tore Bergan, Arne Hafstad)
3	FIN	41.6	(Jukka Sulalampi, Kimmo Saaristo, Keijo Ronkainen, Jan-Erik Ahlfors)
4	DEN/ISL	43.7	(Lars Neumann, Morten F-Hansen, Guðmundur Nikulásson, Guðny Tómasson)

4x400m

1	SWE	3:11.1	(Claés Berlin, Stefan Axelsson, Erik Josjö, Christer Gullstrand)
2	FIN	3:13.1	(Kimmo Saaristo, Kimmo Lindeman, Jari Rinne, Jyrki Isotalo)
3	NOR	3:19.7	(Bent Evensen, Per Larsen, Sindre Ryan, Roald Holten)
4	DEN/ISL	3:25.6	(Ole Christensen, Bent Vogn, Guðny Tomassen, Þorsteinn Þórsson)

Points	Men	Nation	Total
		SWE	239,5
		FIN	185,5
		NOR	138
		DEN/ISL	104

Nordic Junior Race Walking Match

Skansemyren, Bergen, NOR 1 Sep
Men

U20

		1 Sep	10000m
1	Erling Andersen	NOR	41:42.0
2	Jan Staaf	SWE	46:34.0
3	Lennart Johansson	SWE	46:53.0
4	Tommy Tindlund	NOR	46:59.0
5	Thomas Pomozi	SWE	47:00.0
6	Tore Strømøy	NOR	48:12.0
7	Lars Nielsen	DEN	51:08.0
8	Jan Madsen	DEN	52:03.0

U18

		1 Sep	5000m
1	Anders Hjelle	NOR	22:17.0
2	Mikael Sandaeus	SWE	22:34.0
3	Conny Lundquist	SWE	22:36.0
4	Cato Viken	NOR	22:59.0
5	Esben Aalvik	NOR	23:14.0
6	Niclas Nordenström	SWE	23:59.0
7	Jan Kristiansen	DEN	25:13.0

U16

		1 Sep	3000m
1	Håkan Stödberg	SWE	13:34.0
2	David Lillefosse	NOR	14:10.0
3	Roland Karlsson	SWE	14:28.0
4	Mikael Bergdahl	SWE	14:29.0
5	Gunnar Gundersen	NOR	15:04.0
6	Hans-Normann Gaassand	NOR	15:10.0
7	Fritz Iversen	DEN	16:04.0
8	Kim Sørensen	DEN	17:47.0

9 Jan Sørensen, DEN 19:29.0

U14

		1 Sep	3000m
1	Ola Wikström	SWE	13:56.0
2	Stefan Johansson	SWE	14:22.0
3	Anders Holmberg	SWE	14:29.0
4	Terje Melaa	NOR	14:34.0
5	Brian Nielsen	DEN	15:37.0
6	Tonny Simonsen	DEN	15:38.0
7	Vegard Lunde	NOR	16:17.0
8	Brynjar Reppe	NOR	16:32.0

9 Preben Kristiansen, DEN 19:04.0

Women

U19		1 Sep	5000m
1	Britt-Marie Carlsson	SWE	23:52.0
2	Berit Karlsson	SWE	25:42.0
3	Jeanette Öqvist	SWE	26:09.0
4	Tina Thomsen	DEN	27:00.0
5	Hilde Friis	NOR	28:07.0
6	Elisabeth Lie	NOR	28:19.0
7	Heidi Madsen	NOR	28:45.0

U17		1 Sep	5000m
1	Line Viken	NOR	25:28.0
2	Inger Westergren	SWE	25:58.0
3	Lena Lindberg	SWE	26:14.0
4	Linda Klausen	NOR	26:20.0
5	Charlotte Hansen	DEN	26:42.0
6	Gisela Ivansson	SWE	27:14.0
7	Janicke Gjelsvik	NOR	29:04.0
8	Vivi Ovesen	DEN	30:01.0

U15		1 Sep	3000m
1	Lisbeth Aalvik	NOR	14:43.0
2	Monica Gunnarsson	SWE	14:57.0
3	Annika Larsson	SWE	15:20.0
4	Vigdis Aarum	NOR	15:25.0
5	Ragni Jensen	NOR	15:51.0
6	Diana Forsgren	SWE	15:57.0
7	Jeanette Hansen	DEN	16:02.0
8	Anne Mette Herning	DEN	17:20.0

9 Annette Grønbaek, DEN 17:31.0

U13		1 Sep	2000m
1	Silvia Isaksson	SWE	9:59.0
2	Åsa-Maria Sehlin	SWE	10:10.0
3	Bjørge Alise Antonsen	NOR	10:22.0
4	Susanne Larsson	SWE	10:36.0
5	Mona Lamo	NOR	11:02.0
6	Nina Arnesen	NOR	11:24.0
7	Bente Nielsen	DEN	12:13.0
8	Anita Nissen	DEN	12:35.0

9 Laila Hansen, DEN 12:40.0

U21/U17	Nation	Total	Ungdom	Nation	Total
	SWE	83		SWE	91
	NOR	72		NOR	65
	DEN	21		DEN	28

Nordic Marathon Championships

Östhammar, SWE 9 Sep

Men

Marathon			
1	Håkan Spik	FIN	2:14:47.5
2	Matti Karkilainen	FIN	2:15:28.9
3	Kjell Erik Ståhl	SWE	2:16:48.3
4	Ove Malmqvist	SWE	2:17:09.2
5	Bo Engwall	SWE	2:18:08.3
6	Arne Stigsen	DEN	2:18:13.6
7	Svein Arve Pedersen	NOR	2:18:56.7
8	Bent Natvig	NOR	2:20:05.1

9 Bjarne Brøndum, DEN 2:20:31.6, 10 Svend E. Kristensen, DEN 2:21:13.0, 11 Kjell Åge Gotvassli, NOR 2:22:41.1, 12 Vilho Pajanan, FIN 2:23:27.8, 13 Ingolf Wallestad, NOR 2:23:39.6, 14 Peter Tössberg, SWE 2:23:45.8, 15 Martti Kiiholma, FIN 2:24:18.6, 16 Stefan Öberg, SWE 2:24:19.3, 17 Jorma Sippola, FIN 2:24:49.7, 18 Lars Overskov, DEN 2:25:23.8, 19 Hannu Sorasalmi, FIN 2:26:31, 20 Stig Orre, FIN 2:32.15, Carl-Magnus Bergh, SWE DNF, Jouni Kortelainen, FIN DNF, Lars Enqvist, SWE DNF, Nils-Bertil Karlsson, SWE DNF