

This year consists of the following competitions:

|          |                  |  |
|----------|------------------|--|
| 15.2     | Östersund, SWE   | 2 <sup>nd</sup> Nordic Indoor Race Walking Championships             |
| 12.-13.6 | Joensuu, FIN     | 2 <sup>nd</sup> Nordic Women's Cup & Nordic Pentathlon Championships |
| 17.-18.7 | Lyngby, DEN      | 5 <sup>th</sup> Nordic Junior Championships Combined Events          |
| 21.8     | Naantali, FIN    | 11 <sup>th</sup> Nordic Junior Race Walking Match                    |
| 21.-22.8 | Fredrikstad, NOR | 27 <sup>th</sup> Nordic Junior Match                                 |

Nordic Indoor Race Walking Championships

Ishallen, Östersund, SWE 15 Feb

Men

|               |                          |            |                |
|---------------|--------------------------|------------|----------------|
| <i>Senior</i> |                          | 15 Feb     | 5000m          |
| 1             | <b>Paavo Pohjolainen</b> | <b>FIN</b> | <b>21:37.0</b> |
| 2             | <b>Frank Pettersson</b>  | <b>SWE</b> | <b>21:42.0</b> |
| 3             | <b>Göran Aneheim</b>     | <b>SWE</b> | <b>21:54.0</b> |
| 4             | Owe Hemmingsson          | SWE        | 22:14.0        |
| 5             | Seppo Immonen            | FIN        | 22:30.0        |
| 6             | Stig Fröberg             | FIN        | 23:02.0        |
| 7             | Ragnar Hofnes            | NOR        | 23:52.0        |

|            |                          |            |                |
|------------|--------------------------|------------|----------------|
| <i>U20</i> |                          | 15 Feb     | 5000m          |
| 1          | <b>Bengt Simonsen</b>    | <b>SWE</b> | <b>21:10.0</b> |
| 2          | <b>Stefan Sjunnesson</b> | <b>SWE</b> | <b>21:48.0</b> |
| 3          | <b>Per Rasmussen</b>     | <b>SWE</b> | <b>23:51.0</b> |
| 4          | Matti Holmén             | FIN        | 23:57.0        |
| 5          | Martin Lingås            | NOR        | 24:10.0        |
| 6          | Knut Arne Strømøy        | NOR        | 26:38.0        |

|            |                        |            |                |
|------------|------------------------|------------|----------------|
| <i>U18</i> |                        | 15 Feb     | 3000m          |
| 1          | <b>Erling Andersen</b> | <b>NOR</b> | <b>13:31.0</b> |
| 2          | <b>Per Möller</b>      | <b>SWE</b> | <b>13:47.0</b> |
| 3          | <b>Arne Olsson</b>     | <b>SWE</b> | <b>13:59.0</b> |
| 4          | Lars Ove Moen          | NOR        | 14:17.0        |
| 5          | Stig Bergström         | SWE        | 14:47.0        |
| 6          | Lennart Johansson      | SWE        | 14:51.0        |
| 7          | Tore Strømøy           | NOR        | 14:54.0        |

Women

|               |                         |            |                |
|---------------|-------------------------|------------|----------------|
| <i>Senior</i> |                         | 15 Feb     | 3000m          |
| 1             | <b>Siw Gustavsson</b>   | <b>SWE</b> | <b>14:11.5</b> |
| 2             | <b>Elisabeth Olsson</b> | <b>SWE</b> | <b>14:12.0</b> |
| 3             | <b>Margareta Simu</b>   | <b>SWE</b> | <b>14:48.0</b> |

|            |                        |            |                |
|------------|------------------------|------------|----------------|
| <i>U20</i> |                        | 15 Feb     | 3000m          |
| 1          | <b>Monika Karlsson</b> | <b>SWE</b> | <b>15:02.0</b> |
| 2          | <b>Ann Jansson</b>     | <b>SWE</b> | <b>15:10.0</b> |
| 3          | <b>Thorill Gylder</b>  | <b>NOR</b> | <b>15:21.0</b> |
| 4          | Eva Eriksson           | SWE        | 15:52.0        |
| 5          | Sirkka Haataja         | FIN        | 15:57.0        |

Nordic Women's Cup (Guest nation: Hungary)

Joensuu, FIN 12-13 Jun

Women

|              |                       |     |      |
|--------------|-----------------------|-----|------|
| <i>100 m</i> |                       |     |      |
| 1            | Mona-Lisa Pursiainen  | FIN | 11.6 |
| 2            | Birthe Pedersen       | DEN | 12.1 |
| 3            | Ann-Margret Svenssohn | SWE | 12.1 |
| 4            | Irén Orosz            | HUN | 12.3 |
| 5            | Ann Synnøvn Moen      | NOR | 12.4 |
| 6            | María Guðjohnsen      | ISL | 13.1 |

|              |               |     |      |
|--------------|---------------|-----|------|
| <i>200 m</i> |               |     |      |
| 1            | Pirjo Häggman | FIN | 23.6 |
| 2            | Linda Haglund | SWE | 23.8 |

|   |                     |     |      |
|---|---------------------|-----|------|
| 3 | Irma Könye          | HUN | 24.4 |
| 4 | Ann Synnøvn Moen    | NOR | 24.7 |
| 5 | Lise Wilbek         | DEN | 24.7 |
| 6 | Ingunn Einarsdóttir | ISL | 25.2 |

|              |                       |     |      |
|--------------|-----------------------|-----|------|
| <i>400 m</i> |                       |     |      |
| 1            | Riitta Salin          | FIN | 51.6 |
| 2            | Éva Tóth              | HUN | 54.0 |
| 3            | Marianne Petersen     | DEN | 55.5 |
| 4            | Siri Bjelland         | NOR | 56.3 |
| 5            | Lillemor Rönbrandt    | SWE | 56.3 |
| 6            | Ragnhildur Pálsdóttir | ISL | 65.9 |

|              |                      |     |        |
|--------------|----------------------|-----|--------|
| <i>800 m</i> |                      |     |        |
| 1            | Magdolna Lázár       | HUN | 2:07.3 |
| 2            | Aila Wirkberg        | FIN | 2:09.6 |
| 3            | Åse Svinsholt        | NOR | 2:11.2 |
| 4            | Gunilla Lindh        | SWE | 2:11.5 |
| 5            | Kirsten Høiler       | DEN | 2:12.0 |
| 6            | Lilja Guðmundsdóttir | ISL | 2:13.2 |

|               |                      |     |        |
|---------------|----------------------|-----|--------|
| <i>1500 m</i> |                      |     |        |
| 1             | Nina Holmén          | FIN | 4:13.3 |
| 2             | Magdolna Lázár       | HUN | 4:16.9 |
| 3             | Eva Gustafsson       | SWE | 4:23.0 |
| 4             | Dorthe S. Rasmussen  | DEN | 4:25.1 |
| 5             | Lilja Guðmundsdóttir | ISL | 4:40.2 |
|               | Grete Waitz          | NOR | DNF    |

|               |                       |     |         |
|---------------|-----------------------|-----|---------|
| <i>3000 m</i> |                       |     |         |
| 1             | Nina Holmén           | FIN | 9:14.0  |
| 2             | Inger Knutsson        | SWE | 9:26.2  |
| 3             | Mona Kleppe           | NOR | 9:33.6  |
| 4             | Dorthe S. Rasmussen   | DEN | 9:35.0  |
| 5             | Sára Ligetkuti        | HUN | 9:36.0  |
| 6             | Ragnhildur Pálsdóttir | ISL | 10:28.2 |

|                      |                     |     |      |
|----------------------|---------------------|-----|------|
| <i>100 m hurdles</i> |                     |     |      |
| 1                    | Ilona Bruzsenyák    | HUN | 13.5 |
| 2                    | Helena Pihl         | SWE | 13.7 |
| 3                    | Ulla Lempiäinen     | FIN | 13.7 |
| 4                    | Helle Sichelau      | DEN | 13.9 |
| 5                    | Heidi Benserud      | NOR | 14.2 |
| 6                    | Ingunn Einarsdóttir | ISL | 14.3 |

|                     |                       |     |      |
|---------------------|-----------------------|-----|------|
| <i>400m hurdles</i> |                       |     |      |
| 1                   | Lotta Malmström       | SWE | 61.1 |
| 2                   | Hannele Parkkonen     | FIN | 62.0 |
| 3                   | Éva Mohácsi           | HUN | 62.4 |
| 4                   | Anne Karine Storsveen | NOR | 64.2 |
| 5                   | Anita Søllyst         | DEN | 66.3 |
|                     | Ingunn Einarsdóttir   | ISL | DNF  |

|                  |                   |     |      |
|------------------|-------------------|-----|------|
| <i>High jump</i> |                   |     |      |
| 1                | Susanne Sundqvist | FIN | 1.85 |
| 2                | Annette Tännander | SWE | 1.85 |
| 3                | Andrea Mátay      | HUN | 1.83 |

|   |                    |     |      |
|---|--------------------|-----|------|
| 4 | Grith Ejstrup      | DEN | 1.76 |
| 5 | Astrid Tveit       | NOR | 1.76 |
| 6 | Pórdís Gísladóttir | ISL | 1.73 |

**Long jump**

|   |                     |     |      |
|---|---------------------|-----|------|
| 1 | Ildikó Szabó        | HUN | 6.50 |
| 2 | Tuula Rautanen      | FIN | 6.22 |
| 3 | Dorthe Rasmussen    | DEN | 6.01 |
| 4 | Lena Johansson      | SWE | 5.87 |
| 5 | Åse Marit Staalesen | NOR | 5.80 |
| 6 | Erna Guðmundsdóttir | ISL | 5.54 |

**Shot put**

|   |                     |     |       |
|---|---------------------|-----|-------|
| 1 | Margit Irányi       | HUN | 16.71 |
| 2 | Ritva Metso         | FIN | 15.10 |
| 3 | Ingrid Wehmonen     | SWE | 14.72 |
| 4 | Eva Rønning         | NOR | 13.31 |
| 5 | Susanne Jensen      | DEN | 12.91 |
| 6 | Erna Guðmundsdóttir | ISL | 7.15  |

**Discus throw**

|   |                      |     |       |
|---|----------------------|-----|-------|
| 1 | Gabriella Varga      | HUN | 54.84 |
| 2 | Sinikka Riihelä      | FIN | 50.62 |
| 3 | Ulla Buuts           | SWE | 44.88 |
| 4 | Ingerid Qvale        | NOR | 44.76 |
| 5 | Maibritt Bogs        | DEN | 41.70 |
| 6 | Lilja Guðmundsdóttir | ISL | 20.00 |

**Javelin throw**

|   |                      |     |       |
|---|----------------------|-----|-------|
| 1 | Anne Gro Harby       | NOR | 55.10 |
| 2 | Arja Mustakallio     | FIN | 52.32 |
| 3 | Márta Paulanyi       | HUN | 50.90 |
| 4 | Nina Carstensen      | DEN | 45.14 |
| 5 | Åsa Westman          | SWE | 44.60 |
| 6 | Lilja Guðmundsdóttir | ISL | 21.18 |

**4x100m**

|   |     |      |  |
|---|-----|------|--|
| 1 | SWE | 45.6 | (Linda Haglund, Malin Michaelson, Lena Möller, Ann-Margret Svenssohn)            |
| 2 | HUN | 46.5 | (Anikó Milassin, Irma Könye, Ildikó Szabó, Irén Orosz)                           |
| 3 | FIN | 46.9 | (Tuula Rautanen, Mona-Lisa Pursiainen, Pirjo Häggman, Ulla Lax)                  |
| 4 | DEN | 47.4 | (Dorthe Rasmussen, Connie Søltoft, Lise Wilbek, Lis Jensen)                      |
| 5 | NOR | 47.7 | (Turid Bjørkli, Eva Seim, Mona Evjen, Ann Synnøvn Moen)                          |
| 6 | ISL | 49.4 | (Erna Guðmundsdóttir, Ingunn Einarsdóttir, Pórdís Gísladóttir, María Guðjohnsen) |

**4x400m**

|   |     |        |   |
|---|-----|--------|---|
| 1 | HUN | 3:39.8 | (Rozália Hálmosi, Klára Sebök, Irma Könye, Éva Tóth)                        |
| 2 | FIN | 3:43.5 | (Marika Lindholm, Mona-Lisa Pursiainen, Yvonne Hannus, Barbro Lindström)    |
| 3 | SWE | 3:44.5 | (Lillemor Rönnbrandt, Eva Petterson, Lotta Malmström, Anne Arén)            |
| 4 | NOR | 3:46.6 | (Gretha Gustavson, Annlaug Drange, Siri Bjelland, Hanne-Keth Qvale)         |
| 5 | DEN | 3:50.5 | (Lise Kristiansen, Annelise Christensen, Jette Riisberg, Marianne Petersen) |
|   | ISL | DNS    |   |

| Points Men | Nation | Total |
|------------|--------|-------|
|            | FIN    | 68    |
|            | SWE    | 57    |
|            | NOR    | 42    |
|            | DEN    | 41    |
|            | ISL    | 14    |

**Pentathlon**

|   |                     |     |       |
|---|---------------------|-----|-------|
| 1 | Margit Papp         | HUN | 4.225 |
| 2 | Helena Pihl         | SWE | 4.081 |
| 3 | Heidi Benserud      | NOR | 3.999 |
| 4 | Helle Zichlau       | DEN | 3.897 |
| 5 | Tuula Kivi          | FIN | 3.641 |
| 6 | Erna Guðmundsdóttir | ISL | 3.596 |

Extra: Cecil Tidemand Hansen, NOR 3.762, Dorthe Rasmussen, DEN 3.732

|    |      |      |       |      |      |
|----|------|------|-------|------|------|
| 1  | 14.7 | 1.73 | 14.03 | 5.83 | 25.9 |
| 2  | 13.9 | 1.69 | 10.60 | 5.83 | 25.8 |
| 3  | 14.5 | 1.73 | 10.12 | 5.95 | 26.3 |
| 4  | 14.4 | 1.55 | 11.07 | 5.79 | 25.8 |
| 5  | 16.2 | 1.55 | 13.97 | 5.34 | 27.6 |
| 6  | 14.7 | 1.55 | 8.98  | 5.25 | 25.8 |
| E1 | 15.4 | 1.60 | 14.18 | 5.36 | 28.0 |
| E2 | 14.6 | 1.69 | 6.89  | 5.57 | 25.0 |

**Nordic Junior Championships Combined Events**

Lyngby, DEN 17-18 Jul

**Men**

**U21 Decathlon**

17-18 Jul

|   |                     |     |       |
|---|---------------------|-----|-------|
| 1 | Thomas Larsson      | SWE | 7.344 |
| 2 | Kari-Pekka Lax      | FIN | 7.114 |
| 3 | Henning Hofstad     | NOR | 6.649 |
| 4 | Mikkel Sørensen     | DEN | 6.423 |
| 5 | Þráinn Hafsteinsson | ISL | 6.332 |
| 6 | Keijo Alaspää       | FIN | 6.220 |
| 7 | Esa Kaihlajärvi     | FIN | 6.093 |
| 8 | Bjørn Gulbrandsen   | NOR | 5.756 |

|   |      |      |       |      |      |      |       |      |       |        |
|---|------|------|-------|------|------|------|-------|------|-------|--------|
| 1 | 10.9 | 7.02 | 12.06 | 1.78 | 48.6 | 15.9 | 37.46 | 3.80 | 62.24 | 4:25.2 |
| 2 | 11.4 | 6.37 | 13.40 | 1.81 | 50.7 | 14.9 | 40.22 | 4.30 | 50.74 | 4:46.0 |
|   |      | +0,7 |       |      | +3,2 |      |       |      |       |        |
| 3 | 11.4 | 6.88 | 10.36 | 1.93 | 52.7 | 15.9 | 33.03 | 4.20 | 46.00 | 4:55.3 |
|   |      | +0,3 |       |      |      |      |       |      |       |        |
| 4 | 11.6 | 6.43 | 11.72 | 1.96 | 52.9 | 16.3 | 31.29 | 3.30 | 47.65 | 4:38.5 |
| 6 | 11.4 | 6.36 | 11.52 | 1.75 | 52.5 | 16.9 | 30.68 | 3.30 | 54.98 | 4:51.5 |
|   |      | +0,3 |       |      | +2,9 |      |       |      |       |        |
| 7 | 11.3 | 6.24 | 10.70 | 1.69 | 51.7 | 17.3 | 8.97  | 3.40 | 47.48 | 4:35.5 |
|   |      | +0,3 |       |      | +3,2 |      |       |      |       |        |
| 8 | 12.2 | 5.78 | 11.35 | 1.63 | 58.0 | 16.2 | 35.42 | 3.40 | 53.66 | 4:54.4 |

**U19 Decathlon**

17-18 Jul

|    |                      |     |        |
|----|----------------------|-----|--------|
| 1  | Veijo Vannesluoma    | FIN | 6.786  |
| 2  | Henrik Petersen      | DEN | 6.683  |
| 3  | Tor Skotaam          | NOR | 6.640  |
| 4  | Johan Eklund         | SWE | 6.330* |
| 5  | Teddy Jonassen       | SWE | 6.523  |
| 6  | Haakon Hellenes      | NOR | 6.517  |
| 7  | Tapani Saarentola    | FIN | 6.477  |
| 8  | Esa Jokinen          | FIN | 6.211  |
| 9  | Øystein Gulbrandsen  | NOR | 6.206  |
| 10 | Hans Eriksson        | SWE | 6.128  |
| 11 | Mogens Maltby        | DEN | 6.006  |
| 12 | Ásgeir Þor Eiríksson | ISL | 5.646  |
| 13 | Jouko Suomalainen    | FIN | 5.507  |

\* Result possible 6.530 or 6.630

**Shot 6,25kg.**

|    |      |      |       |      |      |       |       |      |       |        |
|----|------|------|-------|------|------|-------|-------|------|-------|--------|
| 1  | 11.4 | 6.41 | 13.12 | 1.76 | 53.9 | 17.0  | 37.03 | 4.60 | 55.26 | 4:47.9 |
|    |      | +0,4 | +3,0  |      | +2,1 |       |       |      |       |        |
| 3  | 11.8 | 6.29 | 14.29 | 1.82 | 54.9 | 16.3  | 43.25 | 3.60 | 49.09 | 4:42.6 |
| 4  | 11.6 | 6.30 | ?     | 1.91 | 53.0 | 15.9  | 32.00 | 3.60 | 51.52 | 4:51.1 |
| 6  | 11.8 | 6.12 | 13.27 | 1.79 | 52.6 | 16.3w | 38.06 | 3.50 | 44.79 | 4:26.2 |
| 7  | 11.5 | 6.37 | 11.53 | 1.85 | 52.6 | 15.9  | 31.96 | 3.40 | 47.14 | 4:28.0 |
|    |      | +0,4 |       |      | +2,1 |       |       |      |       |        |
| 8  | 11.6 | 6.62 | 13.24 | 1.82 | 51.1 | 17.0w | 34.15 | NM   | 58.74 | DNF    |
|    |      | +1,4 |       |      | +3,3 |       |       |      |       |        |
| 9  | 11.5 | 6.78 | 13.17 | 1.82 | 54.6 | 16.2w | 29.83 | 3.60 | 44.04 | 5:20.4 |
| 10 | 11.3 | 5.57 | 11.84 | 1.82 | 54.9 | 17.2  | 33.16 | 3.10 | 53.02 | 5:10.7 |
| 13 | 11.6 | 6.26 | 11.19 | 1.70 | 56.1 | 17.6  | 33.93 | NM   | 57.12 | 4:44.1 |
|    |      | +0,8 |       |      | +3,9 |       |       |      |       |        |

In addition some decathletes also contested 7,257kg shot, with adjusted results for the decathlon.

|   |        |       |
|---|--------|-------|
| 1 | 6.676p | 11.45 |
|---|--------|-------|

|    |        |       |
|----|--------|-------|
| 3  | 6.508p | 12.24 |
| 6  | 6.456p | 12.33 |
| 4  | 6.426p | 11.20 |
| 7  | 6.371p | 10.03 |
| 9  | 6.154p | 12.38 |
| 10 | 5.540p | NM    |

## Women

| <i>U19 Pentathlon</i> |                            |            |              |
|-----------------------|----------------------------|------------|--------------|
| 17-18 Jul             |                            |            |              |
| 1                     | <b>Heidi Benserud</b>      | <b>NOR</b> | <b>4.063</b> |
| 2                     | <b>Dorthe A. Rasmussen</b> | <b>DEN</b> | <b>4.058</b> |
| 3                     | <b>Lise Wilbek</b>         | <b>DEN</b> | <b>4.000</b> |
| 4                     | Åsa Svernlung              | SWE        | 3.825        |
| 5                     | Tuula Kivi                 | FIN        | 3.815        |
| 6                     | Anne Karine Storsveen      | NOR        | 3.770        |
| 7                     | Erna Guðmundsdóttir        | ISL        | 3.643        |

|   |      |       |      |      |      |
|---|------|-------|------|------|------|
| 1 | 14.1 | 10.40 | 1.67 | 5.87 | 25.4 |
| 2 | 13.9 | 7.81  | 1.70 | 5.99 | 24.3 |
| 3 | 14.2 | 8.23  | 1.76 | 5.58 | 24.5 |

| <i>U17 Pentathlon</i> |                            |            |              |
|-----------------------|----------------------------|------------|--------------|
| 17-18 Jul             |                            |            |              |
| 1                     | <b>Susanne Lorentzon</b>   | <b>SWE</b> | <b>3.718</b> |
| 2                     | <b>Hilde Fredriksen</b>    | <b>NOR</b> | <b>3.626</b> |
| 3                     | <b>Grete Bjørdalsbakke</b> | <b>NOR</b> | <b>3.590</b> |
| 4                     | Tuula Korte                | FIN        | 3.430        |
| 5                     | Tuija Raukko               | FIN        | 3.388        |
| 6                     | Annica Sjösten             | SWE        | 3.370        |
| 7                     | Lone Pedersen              | DEN        | 3.227        |
| 8                     | Anita Sølyst               | DEN        | 3.138        |

|   |                    |       |      |      |      |
|---|--------------------|-------|------|------|------|
| 9 | Anne Tiitinen, FIN | 3.058 |      |      |      |
| 2 | 14.9               | 8.64  | 1.58 | 5.45 | 25.8 |
| 3 | 16.1               | 9.75  | 1.70 | 5.33 | 26.9 |
| 6 | 16.0               | 8.86  | 1.52 | 5.26 | 26.4 |
| 7 | 16.8               | 11.12 | 1.49 | 5.04 | 28.3 |
| 8 | 16.6               | 7.73  | 1.55 | 5.02 | 27.3 |

## Nordic Junior Race Walking Match

Naantali, FIN 21 Aug

### Men

| <i>U20</i>  |                          |            |                |
|-------------|--------------------------|------------|----------------|
| 21 Aug 10km |                          |            |                |
| 1           | <b>Bengt Simonsen</b>    | <b>SWE</b> | <b>44:04.6</b> |
| 2           | <b>Stefan Sjunnesson</b> | <b>SWE</b> | <b>46:55.0</b> |
| 3           | <b>Alf Brandt</b>        | <b>SWE</b> | <b>47:45.0</b> |
| 4           | Knut Arne Strømøy        | NOR        | 49:25.0        |
| 5           | Matti Holmén             | FIN        | 50:25.0        |
| 6           | Martin Lingås            | NOR        | 50:35.0        |
| 7           | Lars Ove Moen            | NOR        | 51:06.0        |
| 8           | Allan Nyiring            | DEN        | 51:26.0        |

9 Aksel V. Bendtsen, DEN 53:16.0

| <i>U18</i> |                          |            |                |
|------------|--------------------------|------------|----------------|
| 21 Aug 5km |                          |            |                |
| 1          | <b>Erling Andersen</b>   | <b>NOR</b> | <b>23:38.4</b> |
| 2          | <b>Arne Olsson</b>       | <b>SWE</b> | <b>23:54.0</b> |
| 3          | <b>Christer Svensson</b> | <b>SWE</b> | <b>24:13.0</b> |
| 4          | Tore Strømøy             | NOR        | 24:31.0        |
| 5          | Christer Nykvist         | SWE        | 24:54.0        |
| 6          | Tommy Tindlund           | NOR        | 25:47.0        |
| 7          | Jouni Neuvonen           | FIN        | 28:48.8        |

| <i>U16</i>   |                          |            |                |
|--------------|--------------------------|------------|----------------|
| 21 Aug 3000m |                          |            |                |
| 1            | <b>Lennart Johansson</b> | <b>SWE</b> | <b>13:39.4</b> |
| 2            | <b>Jan Staaf</b>         | <b>SWE</b> | <b>13:50.0</b> |
| 3            | <b>Stig Bergström</b>    | <b>SWE</b> | <b>13:58.0</b> |
| 4            | Lars Nielsen             | DEN        | 14:03.0        |
| 5            | Dag Ove Sæle             | NOR        | 14:27.0        |
| 6            | Odd Haldgeir Larsen      | NOR        | 14:28.0        |
| 7            | Bjarne Jensen            | DEN        | 15:22.0        |

|   |  |            |                |
|---|--|------------|----------------|
| 8 | <b>Bjørn Henriksen</b>   | <b>NOR</b> | <b>15:39.0</b> |
| 9 | Arto Paalanen, FIN 17:13.0, 10 Heikki Härmä, FIN 17:18.0, 11 Jari Salonen, FIN 17:42.0, Jan Madsen, DEN DQ |            |                |

### *U14*

| 21 Aug 3000m |                        |            |               |
|--------------|------------------------|------------|---------------|
| 1            | <b>Kai Simonsen</b>    | <b>DEN</b> | <b>9:30.8</b> |
| 2            | <b>Kent Karlsson</b>   | <b>SWE</b> | <b>9:36.0</b> |
| 3            | <b>Conny Lundquist</b> | <b>SWE</b> | <b>9:41.0</b> |
| 4            | Thomas Pomozi          | SWE        | 9:42.0        |
| 5            | Ådne Lunde             | NOR        | 9:45.0        |
| 6            | Bjørn Rundsveen        | NOR        | 9:46.0        |
| 7            | Ole Martin Gjersvik    | NOR        | 10:03.0       |
| 8            | Brian Nielsen          | DEN        | 10:45.0       |

9 Ari Hamnström, FIN 10:54.0, 10 Bjarne Olesen, DEN 11:04.0, 11 Petro Kaunistmaa, FIN 11:22.0, 12 Esa Pakarinen, FIN 11:57.0

## Women

### *U19*

| 21 Aug 5km |                        |            |                |
|------------|------------------------|------------|----------------|
| 1          | <b>Thorill Gylder</b>  | <b>NOR</b> | <b>24:33.8</b> |
| 2          | <b>Monika Karlsson</b> | <b>SWE</b> | <b>24:52.0</b> |
| 3          | <b>Ann Jansson</b>     | <b>SWE</b> | <b>25:30.0</b> |
| 4          | Karin Stiberg          | SWE        | 26:23.0        |
| 5          | Sirkka Haataja         | FIN        | 26:24.0        |
| 6          | Frøydis Hilsen         | NOR        | 26:30.0        |
| 7          | Berit Flåmo            | NOR        | 29:10.0        |
| 8          | Satu Hamström          | FIN        | 33:40.0        |

### *U17*

| 21 Aug 5km |                        |            |                |
|------------|------------------------|------------|----------------|
| 1          | <b>Mia Kjølberg</b>    | <b>NOR</b> | <b>25:30.8</b> |
| 2          | <b>Eva Karlsson</b>    | <b>SWE</b> | <b>25:58.0</b> |
| 3          | <b>Maria Hellström</b> | <b>SWE</b> | <b>26:19.0</b> |
| 4          | Gunn Ingrid Sæle       | NOR        | 27:12.0        |
| 5          | Tone Rundsveen         | NOR        | 27:23.0        |
| 6          | Laila Nielsen          | DEN        | 27:46.0        |
| 7          | Eva Broman             | SWE        | 27:55.0        |
| 8          | Tina Thomsen           | DEN        | 27:58.0        |

9 Jaana Lappeteläinen, FIN 31:00.0

### *U15*

| 21 Aug 3000m |                             |            |                |
|--------------|-----------------------------|------------|----------------|
| 1            | <b>Britt-Marie Carlsson</b> | <b>SWE</b> | <b>15:00.0</b> |
| 2            | <b>Berit Karlsson</b>       | <b>SWE</b> | <b>15:15.0</b> |
| 3            | <b>Karin Persson</b>        | <b>SWE</b> | <b>15:40.0</b> |
| 4            | Charlotte Hansen            | DEN        | 16:18.0        |
| 5            | Monica Kanne                | NOR        | 16:32.0        |
| 6            | Gunn Ramsjø                 | NOR        | 16:42.0        |
| 7            | Annette Andersen            | DEN        | 16:42.0        |
| 8            | Heidi Madsen                | DEN        | 16:55.0        |

9 Gitte Jacobsen, DEN 16:59.0, 10 Helena Åström, FIN 18:53.0

### *U13*

| 21 Aug 2000m |                            |            |                |
|--------------|----------------------------|------------|----------------|
| 1            | <b>Ann-Iren Guttulsrød</b> | <b>NOR</b> | <b>10:13.6</b> |
| 2            | <b>Marie Andersson</b>     | <b>SWE</b> | <b>10:38.0</b> |
| 3            | <b>May Lisbeth Larsen</b>  | <b>NOR</b> | <b>10:40.0</b> |
| 4            | Gisela Ivansson            | SWE        | 10:43.0        |
| 5            | Maj Eriksson               | SWE        | 10:50.0        |
| 6            | Janicke Gjelsvik           | NOR        | 11:21.0        |
| 7            | Jeanette Hansen            | DEN        | 11:31.0        |
| 8            | Hanna Andersen             | DEN        | 11:32.0        |

9 Riita Phjolainen, FIN 12:01.6, 10 Janni Jensen, DEN 12:02.0, 11 Tarja Pakarinen, FIN 12:11.0, 12 Tarja Heiskala, FIN 14:39.0

| <i>U21/U17</i> | Nation | Total | Ungdom | Nation | Total |
|----------------|--------|-------|--------|--------|-------|
|                | SWE    | 120   |        | SWE    | 126   |
|                | NOR    | 107   |        | NOR    | 91    |
|                | FIN    | 31    |        | DEN    | 68    |
|                | DEN    | 21    |        | FIN    | 26    |

## Nordic Junior Match (FIN-NOR-SWE only)

Fredrikstad, NOR 21-22 Aug

### Men

**100 m**

|   |                |     |      |
|---|----------------|-----|------|
| 1 | Mikael Udd     | FIN | 10.8 |
| 2 | Ari Viitala    | FIN | 11.0 |
| 3 | Jan Axelsson   | SWE | 11.0 |
| 4 | Vidar Bråthen  | NOR | 11.1 |
| 5 | Mats Johansson | SWE | 11.2 |
| 6 | Petter Bogsti  | NOR | 11.2 |

**200 m**

|   |                 |     |      |
|---|-----------------|-----|------|
| 1 | Jukka Sulalampi | FIN | 21.9 |
| 2 | Mikael Udd      | FIN | 22.1 |
| 3 | Vidar Bråthen   | NOR | 22.2 |
| 4 | Ivar Lødemel    | NOR | 22.4 |
| 5 | Gunnar Ahlström | SWE | 23.0 |
|   | Jan Axelsson    | SWE | DQ   |

**400 m**

|   |                     |     |      |
|---|---------------------|-----|------|
| 1 | Jaakko Kemola       | FIN | 47.9 |
| 2 | Christer Gullstrand | SWE | 48.9 |
| 3 | Esa Merikallio      | FIN | 49.8 |
| 4 | Roy Hedgren         | NOR | 50.5 |
| 5 | Peter Landenmark    | SWE | 51.1 |
| 6 | Terje Hoffmann      | NOR | 51.5 |

**800 m**

|   |                     |     |        |
|---|---------------------|-----|--------|
| 1 | Ari Paunonen        | FIN | 1:52.5 |
| 2 | Björn Nilsson       | SWE | 1:53.0 |
| 3 | Jorma Härkönen      | FIN | 1:53.4 |
| 4 | Lars Ericsson       | SWE | 1:54.1 |
| 5 | Ove Lillebæk        | NOR | 1:54.7 |
| 6 | Per Øystein Saksvik | NOR | 1:55.2 |

**1500 m**

|   |                     |     |        |
|---|---------------------|-----|--------|
| 1 | Juhanni Sams        | FIN | 3:51.0 |
| 2 | Lars Ericsson       | SWE | 3:51.6 |
| 3 | Christer Ström      | SWE | 3:52.0 |
| 4 | Per Øystein Saksvik | NOR | 3:52.6 |
| 5 | Niilo Kemppe        | FIN | 3:52.8 |
| 6 | Anfin Rosendahl     | NOR | 3:53.8 |

**5000 m**

|   |                   |     |         |
|---|-------------------|-----|---------|
| 1 | Seppo Liuttu      | FIN | 14:42.6 |
| 2 | Juhani Holopainen | FIN | 14:43.6 |
| 3 | Lars Albertsson   | SWE | 14:45.4 |
| 4 | Mats Jansson      | SWE | 15:03.6 |
| 5 | Rolf Kr. Kolstad  | NOR | 15:18.4 |
| 6 | Jon E. Tellevik   | NOR | 15:23.8 |

**110 m hurdles**

|   |                   |     |      |
|---|-------------------|-----|------|
| 1 | Arto Bryggare     | FIN | 14.4 |
| 2 | Vidar Aardal      | NOR | 14.6 |
| 3 | Percy Pettersson  | SWE | 14.9 |
| 4 | Jan Erik Romar    | FIN | 15.0 |
| 5 | Einar Hernes      | NOR | 15.1 |
| 6 | Björn Wilhelmsson | SWE | 15.4 |

**400m hurdles**

|   |                     |     |      |
|---|---------------------|-----|------|
| 1 | Christer Gullstrand | SWE | 54.0 |
| 2 | Kenneth Pettersson  | SWE | 54.4 |
| 3 | Einar Hernes        | NOR | 54.8 |
| 4 | Ove Blomfelt        | FIN | 55.0 |
| 5 | Jouko Koivunen      | FIN | 55.2 |
| 6 | Olaf Johansen       | NOR | 55.4 |

**2000m steeplechase**

|   |                  |     |        |
|---|------------------|-----|--------|
| 1 | Lasse Johansson  | SWE | 5:50.2 |
| 2 | Pertti Miettinen | FIN | 5:53.6 |
| 3 | Lasse Mikkelsen  | FIN | 5:56.6 |
| 4 | Dennis Eriksson  | SWE | 5:56.8 |
| 5 | Arne Rikstad     | NOR | 5:59.2 |
| 6 | Torstein Brox    | NOR | 6:12.0 |

**High jump**

|    |                          |     |      |
|----|--------------------------|-----|------|
| 1  | Jan Olsson               | SWE | 2.04 |
| =2 | Finn Georg Kristoffersen | NOR | 2.04 |
| =2 | Jan-Erik Kronman         | FIN | 2.04 |
| 4  | Seppo Peltola            | FIN | 2.01 |
| 5  | Tor Haugland             | NOR | 1.98 |
| 6  | Leif Andersson           | SWE | 1.95 |

**Pole vault**

|   |                      |     |      |
|---|----------------------|-----|------|
| 1 | Miro Zalar           | SWE | 4.60 |
| 2 | Rolf Jonasson        | SWE | 4.50 |
| 3 | Ari Vähännikkilä     | FIN | 4.30 |
| 4 | Helge Haapakoki      | FIN | 4.30 |
| 5 | Tom H. Olsen         | NOR | 4.00 |
| 6 | Casper Vogt-Svendsen | NOR | 3.60 |

**Long jump**

|   |                  |     |      |
|---|------------------|-----|------|
| 1 | Pertti Raitainen | FIN | 7.33 |
| 2 | Arto Ikonen      | FIN | 7.00 |
| 3 | Vidar Aasland    | NOR | 6.98 |
| 4 | Ulf Persson      | SWE | 6.98 |
| 5 | Anders Malmborg  | SWE | 6.87 |
| 6 | Finn Pedersen    | NOR | 6.25 |

**Triple jump**

|   |                   |     |        |
|---|-------------------|-----|--------|
| 1 | Hannu Puhakka     | FIN | 15.66w |
| 2 | Johan Brink       | SWE | 15.21w |
| 3 | Bengt-Göran Klaar | SWE | 14.96w |
| 4 | Kjell Bårdsen     | NOR | 14.93w |
| 5 | Bjørn Gausland    | NOR | 14.85w |
| 6 | Ari Vähä-Ojala    | FIN | 14.83w |

**Shot put**

|   |                   |     |       |
|---|-------------------|-----|-------|
| 1 | Aulis Toivonen    | FIN | 16.81 |
| 2 | Kari Töyrylä      | FIN | 16.47 |
| 3 | Ole Haugom        | NOR | 16.17 |
| 4 | Lennart Flyman    | SWE | 15.65 |
| 5 | Karl Erik Matsson | SWE | 15.19 |
| 6 | Svein Inge Valvik | NOR | 14.23 |

**Discus throw**

|   |                   |     |       |
|---|-------------------|-----|-------|
| 1 | Ari Huuonen       | FIN | 54.90 |
| 2 | Pasi Porola       | FIN | 53.54 |
| 3 | Svein Inge Valvik | NOR | 53.44 |
| 4 | Ole Haugom        | NOR | 50.40 |
| 5 | Uno Vesterlund    | SWE | 49.90 |
| 6 | Roger Axelsson    | SWE | 48.18 |

**Hammer throw**

|   |                   |     |        |
|---|-------------------|-----|--------|
|   |                   |     | 7,26kg |
| 1 | Jostein Aukland   | NOR | 60.54  |
| 2 | Anders Hoff       | NOR | 57.84  |
| 3 | Esa Paasonen      | FIN | 57.08  |
| 4 | Jouno Olkkonen    | FIN | 56.18  |
| 5 | Anders Gustavsson | SWE | 53.80  |
| 6 | Thomas Lindell    | SWE | 49.58  |

**Javelin throw**

|   |                  |     |       |
|---|------------------|-----|-------|
| 1 | Reidar Lorentzen | NOR | 73.74 |
|---|------------------|-----|-------|

|   |                   |     |       |
|---|-------------------|-----|-------|
| 2 | Pentti Sinersaari | FIN | 72.98 |
| 3 | Olavi Kolehmainen | SWE | 71.56 |
| 4 | Per Erling Olsen  | NOR | 71.30 |
| 5 | Arto Härkönen     | FIN | 69.36 |
| 6 | Jan Skoog         | SWE | 65.20 |

**4x100m**

|   |     |      |   |
|---|-----|------|---|
| 1 | FIN | 42.4 | (Ari Viitala, Jukka Sulalampi, Hannu Puroila, Mikael Udd)                   |
| 2 | SWE | 43.1 | (Björn Wilhelmsson, Mats Johansson, Jan Axelsson, Christer Gullstrand)      |
| 3 | NOR | 43.6 | (Elias Skotvoll, Odd Erik Kristiansen, Petter Bogsti, Finn Hagemann Monsen) |

**4x400m**

|   |     |        |   |
|---|-----|--------|---|
| 1 | FIN | 3:20.8 | (Hannu Puroila, Ari Viitala, Esa Marikallio, Jaakko Kemala) |
| 2 | NOR | 3:21.8 | (Ivar Lødemel, Bo Breigan, Terje Hoffmann, Roy Hedgren)     |
| 3 | SWE | 3:22.2 | (Larsson, Pär Wallin, Gunnar Ahlström, Peter Landenmark)    |

| Points | Men | Nation | Total |
|--------|-----|--------|-------|
|        |     | FIN    | 172,5 |
|        |     | SWE    | 120   |
|        |     | NOR    | 98,5  |

