

This year consists of the following competitions:

23.2	Turku, FIN	1 st Nordic Indoor Race Walking Championships
25.6	Oslo, NOR	1 st Nordic Women's Cup
24.-25.8	Täby, SWE	25 th Nordic Junior Match
24.-25.8	Fredrikstad, NOR	2 nd Nordic Junior Championships Combined Events
14.9	Hallstavik, SWE	9 th Nordic Junior Race Walking Match

Nordic Indoor Race Walking Championships

Turku, FIN 23 Feb

Men

<i>Senior</i>		23 Feb	5000m
1	Hans Tenggren	SWE	21:39.4
2	Kjell Lund	NOR	22:13.9
3	Paavo Pohjolainen	FIN	22:30.0
4	Owe Hemmingsson	SWE	22:36.2
5	Tomas Glans	SWE	23:06.0
6	Dag Gaassand	NOR	23:36.0
7	Ole David Jensen	DEN	23:42.0
8	Eslo Pakarinen	FIN	24:10.0

<i>U20</i>		23 Feb	5000m
1	Reima Salonen	FIN	22:44.0
2	Stig Fröberg	FIN	23:04.2
3	Frank Pettersson	SWE	23:11.1
4	Ronny Nilsson	SWE	23:33.0
5	Leif Karlsson	SWE	23:46.0
6	Brian Niemann	DEN	24:32.0
7	Risto Pitkänen	FIN	27:03.0

<i>U18</i>		23 Feb	3000m
1	Bengt Simonsen	SWE	13:15.0
2	Lennart Methner	SWE	13:24.0
3	Matti Holmén	FIN	13:50.0
4	Lars-Erik Wall	SWE	13:54.2
5	Allan Nyring	DEN	15:19.0
6	Jyrki Kähkönen	FIN	15:21.0
7	Aksel V. Bendtsen	DEN	16:16.0
8	Jouni Neuvonen	FIN	17:37.0

Women

<i>Senior</i>		23 Feb	3000m
1	Margareta Simu	SWE	14:51.7
2	Elisabeth Olsson	SWE	14:59.0
3	Britt Homqvist	SWE	15:44.0
4	Riita Immonen	FIN	16:55.6
5	Merja Immonen	FIN	17:29.0
6	Kaija Lento	FIN	19:10.0

<i>U19</i>		23 Feb	3000m
1	Siw Gustavsson	SWE	15:05.9
2	Monika Karlsson	SWE	15:07.8
3	Annika Blomberg	SWE	15:34.9
4	Taina Havisto	FIN	16:20.6
5	Anne Fröberg	FIN	16:29.0
6	Eija Huovinen	FIN	16:43.0
7	Bente Skærlund	DEN	16:45.0
8	Ulla Kristiansen	DEN	16:47.9
9	Laila Nielsen, DEN		17:08.0

Nordic Women's Cup (Guest nation: West Germany)

Bislett, Oslo, NOR 25 Jun

Women

<i>100 m</i>			
1	Annegret Richter	FRG	11.3
2	Linda Haglund	SWE	11.5
3	Mona-Lisa Pursiainen	FIN	11.5
4	Val Sejerø	DEN	12.1
5	Turid Bjørkli	NOR	12.3
6	Ingunn Einarsdóttir	ISL	12.5

<i>200 m</i>			
1	Annegret Richter	FRG	23.4
2	Tuula Rautanen	FIN	24.4
3	Anne-Margret Utterberg	SWE	24.6
4	Elin Bjørлие	NOR	25.5
5	Marianne Petersen	DEN	25.7
6	Erna Guðmundsdóttir	ISL	26.2

<i>400 m</i>			
1	Riitta Salin	FIN	51.5
2	Hildegard Falck	FRG	53.2
3	Lotta Malmström	SWE	54.9
4	Jette Riisberg	DEN	55.1
5	Tone Rolland	NOR	55.2
6	Sigrún Sveinsdóttir	ISL	61.6

<i>800 m</i>			
1	Gisela Klein	FRG	2:03.4
2	Gunilla Lindh	SWE	2:05.0
3	Birgitte Jennes	DEN	2:05.7
4	Heidi Vien	NOR	2:06.5
5	Lilja Guðmundsdóttir	ISL	2:16.5
6	Irma Laurila	FIN	2:21.0

<i>1500 m</i>			
1	Grete Andersen	NOR	4:12.4
2	Ellen Wellmann	FRG	4:17.6
3	Loa Olafsson	DEN	4:27.9
4	Helena Sellergren	SWE	4:30.2
5	Pirjo Vihonen	FIN	4:33.6
6	Anna Haraldsdóttir	ISL	5:02.5

<i>3000 m</i>			
1	Nina Holmén	FIN	9:13.8
2	Eva Gustafsson	SWE	9:16.2
3	Gudrun Hodey	FRG	9:17.6
4	Wenche Sjørum	NOR	9:25.4
5	Dorthe Rasmussen	DEN	10:13.2
6	Ragnhildur Pálsdóttir	ISL	10:28.2

<i>100 m hurdles</i>			
1	Silvia Kempin	FRG	13.7
2	Margit Hansen	DEN	13.8
3	Ulla Lempiäinen	FIN	14.2

4	Carin Sällström	SWE	14.7
5	Gro Næsheim	NOR	14.9
6	Ingunn Einarisdóttir	ISL	15.0

High jump

1	Karin Wagner	FRG	1.79
2	Grith Ejstrup	DEN	1.79
3	Astrid Tveit	NOR	1.76
4	Susanne Sundqvist	FIN	1.76
5	Ann-Ewa Karlsson	SWE	1.73
6	Lára Sveinsdóttir	ISL	1.55

Long jump

1	Pirkko Helenius	FIN	6.42
2	Margot Eppinger	FRG	6.10
3	Berit Berthelsen	NOR	6.05
4	Lis Jensen	DEN	5.95
5	Kicki Egebo	SWE	5.78
6	Lára Sveinsdóttir	ISL	5.13

Shot put

1	Ritva Metso	FIN	15.87
2	Eva Wilms	FRG	15.48
3	Ingrid Wehmonen	SWE	15.18
4	Eva Fodor	NOR	13.41
5	Susanne Jensen	DEN	13.00
6	Guðrún Ingólfsdóttir	ISL	11.45

Discus throw

1	Liesel Westermann	FRG	55.42
2	Ulla Buuts	SWE	47.90
3	Ritva Metso	FIN	46.26
4	Helle Schou Jeppesen	DEN	43.96
5	Ann Kristin Granrud	NOR	41.22
6	Guðrún Ingólfsdóttir	ISL	33.54

Javelin throw

1	Amelie Koloska	FRG	57.36
2	Arja Mustakallio	FIN	55.04
3	Nina Carstensen	DEN	48.54
4	Åsa Westman	SWE	48.50
5	Inger Lise Ramton	NOR	45.46
6	Lilja Guðmundsdóttir	ISL	23.40

4x100m

1	FRG	44.9	
2	SWE	46.1	(Inger Nilsson, Lena Wallin, Ann-Margret Utterberg, Linda Haglund)
3	DEN	46.5	
4	NOR	47.3	(Nina Liverød, Eva Seim, Turid Bjørkli, Tone Rolland) *
5	ISL	50.2	
	FIN	DNF	

* Running order may be different

4x400m

1	FRG	3:36.6	
2	SWE	3:44.0	(Ann-Charlotte Hesse, Carin Hjertstrand, Ann-Margret Utterberg, Lotta Malmström)
3	DEN	3:45.1	
4	NOR	3:46.0	(Toril Husby, Tone Rolland, Else Karin Systad, Annlaug Drange)
5	FIN	3:51.0	
6	ISL	4:20.9	

* Running order may be different

Points	Men	Nation	Total
		FRG	78
		SWE	55
		FIN	54

DEN	48
NOR	42
ISL	16

Nordic Junior Match (FIN-NOR-SWE only)

Tibblevallen, Täby, SWE 24-25 Aug

Men

100 m

1	Martin Orbe	SWE	11.1
2	Lars Hammar	SWE	11.4
3	Widar Bråthen	NOR	11.4
4	Terho Kaikkonen	FIN	11.4
=5	Lars Os	NOR	11.5
=5	Petri Kaatrakoski	FIN	11.5

200 m

1	Martin Orbe	SWE	22.2
2	Bo Åke Persson	SWE	22.9
3	Widar Bråthen	NOR	23.1
4	Terho Kaikkonen	FIN	23.1
5	Elias Skotvoll	NOR	23.2
6	Petri Kaatrakoski	FIN	23.3

400 m

1	Bo Åke Persson	SWE	48.2
2	Jaakko Kemola	FIN	48.4
3	Roy Hedgren	NOR	48.9
4	Kjell Erik Almeland	NOR	49.3
5	Urban Rickardsson	SWE	49.5
6	Jahn-Ove Eriksson	FIN	50.1

800 m

1	Christer Larsson	SWE	1:51.0
2	Juhani Sams	FIN	1:51.1
3	Jouni Kareinen	FIN	1:52.3
4	Per Øystein Saksvik	NOR	1:52.4
5	Mickey Johansson	SWE	1:54.1
6	Bjarte Sleire	NOR	1:54.9

1500 m

1	Christer Larsson	SWE	3:55.4
2	Eero Kinaret	FIN	3:55.5
3	Markku Laine	FIN	3:55.7
4	Bjarte Sleire	NOR	3:55.9
5	Sievert Ahxner	SWE	3:56.4
6	Stig Roar Husby	NOR	3:57.2

5000 m

1	Åge Jarness	NOR	14:38.8
2	Knut Røthe	NOR	14:39.8
3	Ismo Toukonen	FIN	14:44.6
4	Anders Gärdeborn	SWE	14:52.6
5	Hasse Svens	SWE	15:03.4
6	Heino Lipsanen	FIN	15:49.6

110 m hurdles

1	Reijo Byman	FIN	14.9
2	Lennart Karlsson	SWE	15.5
3	Lars Söderlund	SWE	15.7
4	Helge Tryti	NOR	15.8
5	Harri Alanen	FIN	15.9
6	Odd Ivar Sjøvik	NOR	16.5

400m hurdles

1	Mats Svensson	SWE	53.2
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2	Roy Hedgren	NOR	54.2
3	Kari Lindberg	FIN	54.4
4	Sture Lageroos	FIN	54.6
5	Alf Sunesson	SWE	54.7
6	Bjørn Rolland	NOR	56.7

2000m steeplechase

1	Hannu Okkola	FIN	5:39.4
2	Klaes-Håkan Beimer	SWE	5:41.1
3	Kenneth Andersson	FIN	5:44.0
4	Arild Wathne	NOR	5:48.3
5	Jan Hagelbrand	SWE	5:52.4
6	Peder Arne Sylte	NOR	6:00.5

High jump

1	Jan From	SWE	2.07
2	Terje Totland	NOR	1.95
3	Christer Grooth	SWE	1.95
4	Jorma Tuisko	FIN	1.90
5	Morten Sæter	NOR	1.90
6	Jari Laitinen	FIN	1.90

Pole vault

1	Roger Thorstensson	SWE	4.70
2	Kalevi Kyhäälä	FIN	4.65
3	Ilkka Pekkala	FIN	4.50
4	Bertil Reppen	NOR	4.40
5	Ulf Karlsson	SWE	4.40
6	Jan Narvesen	NOR	4.00

Long jump

1	Åke Fransson	SWE	7.45
2	Gunnar Mossberg	SWE	7.12
3	Lars Os	NOR	7.05
4	Pauli Perttula	FIN	7.02
5	Esko Elsilä	FIN	7.02
6	Thomas Torgalsen	NOR	6.96

Triple jump

1	Jussi Paronen	FIN	15.31
2	Tor Broström	SWE	15.01
3	Bengt-Göran Klaar	SWE	14.49
4	Pekka Reuhkala	FIN	14.41
5	Kjell Bårdsen	NOR	14.35
6	Bjørn Gausland	NOR	13.86

Shot put

1	Kenth Gardenkrans	SWE	17.66
2	Aulis Toivonen	FIN	16.33
3	Jorma Lempinen	FIN	16.16
4	Jim Liebel	SWE	15.38
5	Ole Haugom	NOR	15.30
6	Arild Austenå	NOR	14.42

Discus throw

1	Kenth Gardenkrans	SWE	59.32
2	Erkki Kukkonen	FIN	49.96
3	Anders Hoff	NOR	49.20
4	Raimo Vento	FIN	49.00
5	Anders Nilsson	SWE	48.24
6	Kjetil Fevik	NOR	45.04

Hammer throw

			7,26kg
1	Anders Hoff	NOR	55.32
2	Tommie Sjöholm	SWE	54.54

3	Jarmo Pöyry	FIN	53.14
4	Karri Kivi	FIN	50.98
5	Jostein Aukland	NOR	50.96
6	John Jonsson	SWE	47.84

Javelin throw

1	Urpo Paananen	FIN	74.20
2	Kenth Eldebrink	SWE	73.96
3	Torfinn Pettersen	NOR	70.38
4	Pennti Nikkari	FIN	70.22
5	Tom Heieren	NOR	69.20
6	Rolf Prim	SWE	68.48

4x100m

1	SWE	42.0	(Lars Hammar, Lars-Arne Ericsson, Maths Winter, Martin Orbe)
2	FIN	42.3	
3	NOR	42.8	

4x400m

1	NOR	3:16.0	
2	FIN	3:16.4	
3	SWE	3:16.9	(Göte Green, Anders Hartman, Urban Rickardsson, Bo-Åke Persson)

Points	Men	Nation	Total
		SWE	162
		FIN	134,5
		NOR	103,5

Nordic Junior Championships Combined Events

Fredrikstad, NOR

24-25 Aug

Men

U21 Decathlon

24-25 Aug

1	Erling Hansen	DEN	7.134							
2	Lars Fagerlund	SWE	6.918							
3	Andreas Hasle	DEN	6.885							
4	Bengt Larsson	SWE	6.757							
5	Vilmundur Vilhjalmsen	ISL	6.430							
6	Jarmo Mäkelä	FIN	6.295							
7	Henning Hofstad	NOR	6.080							
8	Sauli Lehtinkangas	FIN	6.047							
9 Roland Brannström, SWE 6.006, 10 Bjørn Gulbrandsen, NOR 5.954, 11 Hannu Malminen, FIN 5.623										
1	11.3	6.93	12.17	1.90	52.3	15.2	40.58	4.00	51.84	4:40.6
2	10.8	6.86	12.85	1.81	52.5	15.8	37.55	3.60	52.12	4:49.6
3	11.1	6.73	13.06	1.96	52.8	16.0	36.75	4.00	38.56	4:40.7
5	10.8	6.67	11.95	1.78	51.0	17.1	29.10	3.10	47.84	4:37.8
6	11.8	6.21	11.79	1.84	56.0	16.2	38.44	3.70	56.48	5:15.9
7	11.7w	6.80w	9.72	1.87	56.4	15.8w	30.80	4.10	40.20	5:13.0
10	11.9w	5.97w	11.65	1.81	57.4	16.0w	33.84	3.00	55.70	4:55.7

U19 Decathlon

24-25 Aug

1	Jens Bo Rasmussen	DEN	7.030							
2	Thomas Larsson	SWE	6.866							
3	Kari-Pekka Lax	FIN	6.728							
4	Bertil Johanson	SWE	6.504							
5	Eesa Kaihlajärvi	FIN	6.465							
6	Kari Joentakanen	FIN	6.448							
7	Jón Sævar Þórðarsson	ISL	6.026							
8	Þráinn Hafsteinsson	ISL	5.845							
9 Nils G. Juel, NOR 5.709, 10 Frode Haus, NOR 5.694, 11 Erik Pihlgren, SWE 5.485, 12 Tom Lauritz Persvold, NOR 5.060										
1	10.9	6.65	11.94	4.00	52.5	14.6	35.04	1.88	48.30	4:41.0

Women

U19 Pentathlon

24-25 Aug

1	Lisbeth Larsen	DEN	3.783
2	Cecil Tidemand-Hansen	NOR	3.662

3	Pirjo Pursiainen	FIN	3.563
4	Eija Ristola	FIN	3.541
5	Carina Andersson	SWE	3.527
6	Mari Anne Mikkelsen	DEN	3.489
7	Tove Jørgensen	DEN	3.446
8	Grete Gundersen	NOR	3.395

9 Kaarina Helin, FIN 3.340, 10 Ing-Mari Asmundson, SWE 3.259, 11 Ann-Christin Wolter, SWE 3.159

1	16.0	10.90	1.68	5.40	25.5
2	15.7w	12.55	1.59	5.24w	27.1w
5	16.6	8.90	1.80	5.30	27.5
10	16.1	8.71	1.59	5.14	28.3
11	16.9	8.12	1.56	5.02	27.2

U17 Pentathlon

24-25 Aug

1	Anette Tännander	SWE	3.945
2	Anne Karine Storsveen	NOR	3.753
3	Bjørn Marifjæren	NOR	3.723
4	Lise Wilbek	DEN	3.711
5	Eva Göthberg	SWE	3.552
6	Kjerstin Olausson	SWE	3.537
7	Heidi Benserud	NOR	3.485
8	Birgitte Schelske	DEN	3.444

9 Marjo Viita, FIN 3.427, 10 Tellervo Pakarinen, FIN 3.399, 11 Arjo Keskimäki, FIN 3.256

1	14.6	10.62	1.68	5.79	26.2
2	14.9w	9.15	1.59	5.73w	25.6w
3	14.9w	8.68	1.59	5.67w	25.4w
6	15.2	9.65	1.56	5.33	26.8

Nordic Junior Race Walking Match

IP, Hallstavik, SWE 14 Sep

Men

U20	14 Sep	10000m	
1	Reima Salonen	FIN	43:46.0
2	Sven Blomkvist	SWE	46:13.4
3	Stig Fröberg	FIN	46:27.2
4	Ronny Nilsson	SWE	47:12.6
5	Lars Gunnar Simu	SWE	48:05.0
6	Anders Mattsson	SWE	48:13.4
7	Immo Rintala	FIN	50:15.8

U18

14 Sep

5000m

1	Matti Holmén	FIN	23:25.8
2	Alf Brandt	SWE	23:29.4
3	Per Rasmussen	SWE	23:50.4
4	Lars Erik Wall	SWE	24:11.2
5	Per Erik Wall	SWE	24:23.0
6	Tommy Pedersen	NOR	24:37.4
7	Martin Lingås	NOR	25:23.2
8	Rune Hatlelid	NOR	25:25.2

9 Bjørn Olsen, NOR 25:43.2, 10 Jyrki Kätkönen, FIN 26:43.6, 11 Ari Immonen, FIN 29:25.6

U16

14 Sep

3000m

1	Erling Andersen	NOR	13:30.0
2	Ulf Myrehag	SWE	14:09.0
3	Allan Nyting	DEN	14:13.6
4	Øystein Sæther	NOR	14:13.8
5	Tore Strømøy	NOR	14:13.8
6	Arne Olsson	SWE	14:14.0
7	Per Möller	SWE	14:21.8
8	Claes Wirdeborn	SWE	14:48.2

9 Lars Nielsen, DEN 14:55.0, 10 Steen Jensen, DEN 14:55.0, 11 Jouni Neuvonen, FIN 15:20.8, 12 Tommy Tindlund, NOR 15:38.8, 13 Sten Vestergaard, DEN 16:34.2, 14 Leo Sørensen, DEN 16:39.6

U14

14 Sep

3000m

1	Lennart Johansson	SWE	9:44.4
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2	Ulf Karlsson	SWE	9:46.4
3	Kai Simonsen	DEN	9:52.2
4	Gunnar Larsson	SWE	10:01.6
5	Stig Bergström	SWE	10:09.8
6	Jan Madsen	DEN	10:12.0
7	Allan Thomsen	DEN	10:13.6
8	Dag Ove Sæle	NOR	10:14.0

9 Kåre Sletta, NOR 10:16.2, 10 Lars P. Mathiasen, DEN 10:17.2, 11 Dag Andersen, NOR 10:41.4, 12 Hans-Normann Gaassand, NOR 10:51.6, 13 Bjarne Jensen, DEN 10:58.2, 14 Heikki Härmä, FIN 11:14.6, 15 Markku Neuvanen, FIN 12:04.0

Women

U19

14 Sep

5000m

1	Siw Gustavsson	SWE	26:12.6
2	Elisabeth Klang	SWE	26:20.8
3	Karin Stiberg	SWE	26:54.4
4	Lena Bengtsson	SWE	27:46.6
5	Riitta Immonen	FIN	28:04.8
6	Anne Fröberg	FIN	28:47.0
7	Merja Immonen	FIN	29:19.0
8	Kaija Lento	FIN	29:23.0

U17

14 Sep

5000m

1	Thorill Gylder	NOR	25:19.4
2	Monika Karlsson	SWE	25:27.2
3	Ann Jansson	SWE	25:51.0
4	Taina Pavisto	FIN	26:11.4
5	Ylva Lindh	SWE	26:31.4
6	Frøydis Hilsen	NOR	28:08.6
7	Gunn Ingrid Sæle	NOR	28:24.0
8	Leena Hatokka	FIN	28:43.2

9 Åsa Lundin, SWE 28:57.2, 10 Irene Jensen, NOR 29:35.2, 11 Satu Hamström, FIN 31:20.8

U15

14 Sep

3000m

1	Eva Karlsson	SWE	14:54.4
2	Marina Hermansson	SWE	15:10.8
3	Mia Kjølberg	NOR	15:17.4
4	Maria Hellström	SWE	15:48.0
5	Pya Wirdeborn	SWE	15:54.6
6	Ulla Kristiansen	DEN	16:02.0
7	Birgitte Pørtner	DEN	16:21.6
8	Laila Nielsen	DEN	16:31.8

9 Berit Flåmo, NOR 16:33.2, 10 Gunn Ramsjø, NOR 17:09.4, 11 Lene Klausen, DEN 17:28.2, 12 Else Modvig, DEN 17:46.4, 13 Anne Julie Reppe, NOR 18:30.6, 14 Leila Hatokka, FIN 19:01.5, 15 Liisa Wallin, FIN 23:04.0

U13

14 Sep

2000m

1	Berit Karlsson	SWE	10:23.6
2	Marlene Claesson	SWE	10:27.6
3	Maria Dahl	SWE	10:45.4
4	Britt-Marie Carlsson	SWE	10:53.2
5	Tina Thomsen	DEN	10:55.8
6	Marte Hagen	NOR	11:05.8
7	Monica Kanne	NOR	11:07.4
8	Janicke Gjelsvik	NOR	11:11.2

9 Pia Sørensen, DEN 11:12.4, 10 Ingunn Hagen, NOR 11:17.4, 11 Annette Mikkelsen, DEN 11:38.6, 12 Maj-Britt Rasmussen, DEN 11:51.6, 13 Betina Nyting, DEN 12:53.0

U21/U17	Nation	Total	Ungdom	Nation	Total
	SWE	85		SWE	13.112
	FIN	58		NOR	11.639
	NOR	29		DEN	11.579
				FIN	2.146