

This year consists of the following competitions:

7.7	Kuortane, FIN	14 th Nordic Marathon Championships
28.-29.7	Noresund, NOR	24 th Nordic Junior Match
10.-11.8	Fredrikstad, NOR	9 th Nordic Race Walking Championships
11.8	Fredrikstad, NOR	8 th Nordic Junior Race Walking Match (U20-U17)
9.9	Borås, SWE	9 th Nordic Race Walking Championships Long distances
15.9	Odense, DEN	8 th Nordic Junior Race Walking Match (U16-U13)

Nordic Marathon Championships

Kuortane, FIN 7 Jul

Men

1	Viljo Paajanen	FIN	2:20:12.6
2	Jørgen Jensen	DEN	2:22:34.0
3	Paavo Leiviska	FIN	2:22:58.6
4	Urban Larsson	SWE	2:23:40.0
5	Pekka Tiihonen	FIN	2:25:06.2
6	Ulf Håkansson	SWE	2:25:27.6
7	Hannu Partanen	FIN	2:28:30.8
8	Peter Helmer	DEN	2:31:20.8
9	Bengt Skinbjerg, DEN	2:33:44.4	

Nordic Junior Match (FIN-NOR-SWE only)

Noresund Stadion, Noresund, NOR 28-29 Jul

Men

<i>100 m</i>			
1	Tore Bjelland	NOR	10.8
2	Bo Söderberg	SWE	10.9
3	Lars Hammar	SWE	11.0
4	Knut Marius Stokke	NOR	11.1
5	Hannu Havas	FIN	11.2
6	Terho Kaikkonen	FIN	11.2
<i>200 m</i>			
1	Tore Bjelland	NOR	21.8
2	Stein Are Agledal	NOR	22.1
3	Håkan Åhberg	SWE	22.5
4	Bertil Andersson	SWE	22.5
5	Pekka Nurmela	FIN	22.7
6	Esko Elsilä	FIN	22.8
<i>400 m</i>			
=1	Stein Are Agledal	NOR	48.5
=1	Håkan Åhberg	SWE	48.5
3	Sven Johan Svensen	NOR	48.7
4	Klas Rydin	SWE	49.2
5	Jan-Ove Eriksson	FIN	50.1
6	Jouni Kareinen	FIN	51.6
<i>800 m</i>			
1	Åke Svenson	SWE	1:50.9
2	Sven Johan Svensen	NOR	1:51.8
3	Anders Olsson	SWE	1:53.7
4	Bjarte Sleire	NOR	1:53.9
5	Raimo Haanpää	FIN	1:55.1
6	Kaj Österlund	FIN	1:59.2
<i>1500 m</i>			
1	Magnus Tellander	SWE	3:50.6
2	Steinar Gressløs	NOR	3:51.9
3	Hannu Leppänen	FIN	3:52.4
4	Bjarte Sleire	NOR	3:52.7
5	Göran Lundgren	SWE	3:52.8
6	Ismo Toukonen	FIN	3:56.3

5000 m

1	Kaarlo Maaninka	FIN	14:26.0
2	Esa Tikkanen	FIN	14:33.6
3	Anders Borglund	SWE	14:47.4
4	Tor Edmund Klepp	NOR	14:55.0
5	Jonas Eriksson	SWE	14:55.2
6	Inge Simonsen	NOR	15:57.2

110 m hurdles

1	Rajne Söderberg	SWE	15.0
2	Åke Österberg	SWE	15.4
3	Arne Steinsvåg	NOR	15.6
4	Helge Tryti	NOR	15.8
5	Kimmo Jokivartio	FIN	15.9
6	Heikki Tallqvist	FIN	15.9

400m hurdles

1	Jarmo Seppä	FIN	55.0
2	Geir Hamre	NOR	55.0
3	Åke Österberg	SWE	55.4
4	Kari Lindberg	FIN	55.4
5	Göran Ernstsson	SWE	55.5
6	Helge Tryti	NOR	56.9

2000m steeplechase

1	Steinar Gressløs	NOR	5:56.4
2	Klaes-Håkan Beimer	SWE	5:57.2
3	Kjell Jansson	SWE	5:59.6
4	Arne Svensøy	NOR	6:00.2
5	Hannu Okkola	FIN	6:00.4
6	Aki Hynninen	FIN	6:08.8

High jump

1	Juha Porkka	FIN	2.04
2	Harri Sundell	FIN	2.04
3	Arvid Helgøy	NOR	2.01
4	Lennart Weinebäck	SWE	1.98
5	Vidar Vindal	NOR	1.95
6	Jan Wikström	SWE	1.95

Pole vault

1	Kimmo Jokivartio	FIN	4.40
2	Roger Thorstensson	SWE	4.40
3	Jonas Rask	SWE	4.30
4	Lars Skarstad	NOR	4.30
	Kalevi Kyhälä	FIN	NM
	Jan Eivind Gylterud	NOR	NM

Long jump

1	Åke Fransson	SWE	7.24
2	Esko Elsilä	FIN	7.06
3	Aron Hultin	SWE	6.94
4	Bjørn Holte	NOR	6.91
5	Lars Os	NOR	6.90
6	Tapio Hakakari	FIN	6.87

Triple jump

1	Jussi Paronen	FIN	15.36
2	Mikael Bernhardt	SWE	15.22
3	Knut Nydal	NOR	14.89
4	Kyösti Kälviäinen	FIN	14.38
5	Henry Tranberg	NOR	14.37
6	Gunno Oscarsson	SWE	14.05

Shot put

1	Per Nilsson	SWE	16.58
2	Jaakko Korpi	FIN	16.38
3	Lennart Andersson	SWE	15.81
4	Erkki Kukkonen	FIN	15.46
5	Svein Austenå	NOR	15.38
6	Kittil Olav Haugen	NOR	14.51

Discus throw

1	Kenth Gardenkrans	SWE	54.48
2	Jorma Hyytiäinen	FIN	54.42
3	Lennart Andersson	SWE	51.94
4	Jussi Isosaari	FIN	49.66
5	Svein Austenå	NOR	49.22
6	Øystein Bjørnbæk	NOR	45.42

Hammer throw

			7,26kg
1	Pentti Lindfors	FIN	55.58
2	Ingvar Pettersson	SWE	54.38
3	Stig Lien	NOR	51.84
4	Thommie Sjöholm	SWE	50.04
5	Markku Henttonen	FIN	49.58
6	Erik Gjermshus	NOR	48.80

Javelin throw

1	Pertti Liinoja	FIN	70.28
2	Leif Lundmark	SWE	67.04
3	Urpo Paananen	FIN	64.80
4	Torfinn Pettersen	NOR	64.48
5	Jan Carlsson	SWE	59.48
6	Geir Stangeland	NOR	55.84

4x100m

1	NOR	41.6	(Knut Marius Stokke, Morten Kjernli, Stein Are Agledal, Tore Bjelland)
2	SWE	41.8	(Lars Hammar, Bertil Andersson, Bo Söderberg, Lars-Arne Ericsson)
3	FIN	42.7	(Hannu Havas, Pekka Nurmela, Kari Majala, Terho Kaikkonen)

4x400m

1	SWE	3:16.3	(Bo-Åke Persson, Bertil Andersson, Per Reinholtz, Klas Rydin)
2	FIN	3:17.9	(Matti Hagman, Markku Seppälä, Jouni Kareinen, Jan-Ove Eriksson)
3	NOR	3:22.3	(Ivar Lødemel, Roy Hedgren, Stein Are Agledal, Tore Bjelland)

Points Men	Nation	Total
	SWE	156
	FIN	122
	NOR	119

Nordic Race Walking Championships

Stadion, Fredrikstad, NOR 10-11 Aug

Men

	Senior	11 Aug	20000m
1	Hans Tenggren	SWE	1:33:06.0
2	Owe Hemmingsson	SWE	1:35:07.0
3	Kjell Lund	NOR	1:36:04.0

4	Kåre Moen	SWE	1:37:01.0
5	Stig-Olov Elofsson	SWE	1:39:05.0
6	Paavo Pohjolainen	FIN	1:41:03.0
7	Dag Gaassand	NOR	1:41:36.0
8	Jan Rolstad	NOR	1:41:48.0

9 Jens Krogsgaard, DEN 1:43:44.0, 10 Seppo Immonen, FIN 1:44:05.0, 11 Hans Jacob Berntsen, NOR 1:46:49.0, 12 Leif Christensen, DEN 1:47:47.0, 13 Aksel Andersen, DEN 1:48:59.0, 14 Pentti Tarkkanen, FIN 1:50:12.0, 15 Stanislaw Barbuzyński, DEN 1:55:51.0, Kai P. Thomsen, DEN DNF, Tore Brustad, NOR DNF, Stefan Ingvarsson, SWE DNF, Ragnar Hofnes, NOR DNF

U20

		10 Aug	10000m
1	Arne Nilsson	SWE	45:52.0
2	Bo Gustafsson	SWE	46:56.0
3	Reima Salonen	FIN	47:19.0
4	Bengt Simonsen	SWE	47:36.0
5	Leif Karlsson	SWE	47:42.0
6	Lennart Methner	SWE	48:16.0
7	Brian Niemann	DEN	49:52.0
8	Ronny Nilsson	SWE	50:42.0

9 Immo Rintala, FIN 50:47.0, 10 Trond Persson, NOR 51:15.0, 11 Kåre Sandvik, NOR 51:57.0, Finn Kronvold, NOR DNF, Stig Frøberg, FIN DNF, Kari Linnakaari, FIN DQ, Helge Sandvik, NOR DQ

Women

Senior

		10 Aug	5000m
1	Elisabeth Olsson	SWE	25:11.0
2	Berit Jönsson	SWE	25:38.0
3	Margareta Simu	SWE	25:52.0
4	Thorhild Sarpebakken	NOR	25:58.0
5	Britt Homqvist	SWE	26:09.0
6	Margareta Olsson	SWE	26:39.0
7	Gerd Gylder	NOR	27:26.0
8	Karin Møller	DEN	27:38.0

U20

		10 Aug	5000m
1	Siw Gustavsson	SWE	25:10.0
2	Thorill Gylder	NOR	25:10.5
3	Annika Blomberg	SWE	25:52.0
4	Laila Jensen	NOR	26:10.0
5	Lena Bodin	SWE	26:28.0
6	Kerstin Netz	SWE	26:57.0
7	Elisabeth Klang	SWE	27:15.0
8	Ann Jansson	SWE	27:24.0

9 Anne Frøberg, FIN 27:48.0, 10 Rita Barbro Larsen, NOR 27:55.0, 11 Riita Immonen, FIN 28:20.0, 12 Laila Nielsen, DEN 28:55.0, 13 Mia Kjøberg, NOR 28:55.5, 14 Frøydís Hilsen, NOR 29:13.0, 15 Bente Skærlund, DEN 29:51.0, 16 Irene Jensen, NOR 30:04.0

Nordic Junior Race Walking Match (U20-U17)

Stadion, Fredrikstad, NOR 11 Aug

Men

U20

		11 Aug	10000m
1	Arne Nilsson	SWE	46:55.0
2	Bo Gustafsson	SWE	47:44.0
3	Reima Salonen	FIN	48:23.0
4	Leif Karlsson	SWE	50:20.0
5	Stig Frøberg	FIN	50:36.0
6	Kåre Sandvik	NOR	50:56.0
7	Trond Persson	NOR	53:01.0
8	Kari Linnakaari	FIN	54:31.0

9 Finn Kronvold, NOR 57:01.0, Ronny Nilsson, SWE DNF, Immo Rintala, FIN DNF

U18

		11 Aug	5000m
1	Bengt Simonsen	SWE	23:03.0
2	Cay Waldetoft	SWE	24:13.0
3	Matti Holmén	FIN	24:36.0
4	Arne T. Nilsson	SWE	25:27.0
5	Arne Rikstad	NOR	25:49.0
6	Knut Arne Strømøy	NOR	25:56.0

7	Erling Andersen	NOR	25:56.5
8	Kai Sahlberg	FIN	26:36.0

9 Tommy Pedersen, NOR 27:03.0, 10 Jyrki Kähkönen, FIN 29:42.0

Women

U19			
		11 Aug	5000m
1	Thorill Gylder	NOR	25:34.0
2	Annika Blomberg	SWE	25:50.0
3	Laila Jensen	NOR	26:03.0
4	Kerstin Netz	SWE	27:16.0
5	Elisabeth Klang	SWE	27:31.0
6	Rita Barbro Larsen	NOR	27:33.0
7	Anne Frøberg	FIN	28:45.0
8	Taina Havisto	FIN	28:59.0

9 Eija Huovinen, FIN 29:14.0, 10 Riitta Immonen, FIN 29:30.0, 11 Mia Kjølberg, NOR 31:04.0, Siw Gustavsson, SWE DNF

U21/U18	Nation	Total
	SWE	67
	NOR	41
	FIN	30

Nordic Race Walking Championships Long distances

Borås, SWE 9 Sep

Men

Senior			
		9 Sep	50km
1	Örjan Andersson	SWE	4:21:09
2	Owe Hemmingsson	SWE	4:26:52
3	Bo Fransson	SWE	4:28:00
4	Max Sjöholm	SWE	4:29:03
5	Kjell Lund	NOR	4:31:16
6	Leif Christensen	DEN	4:50:40
7	Ragnar Hofnes	NOR	4:52:25
8	Per Ola Sverre	NOR	5:03:18

9 Svend Åge Nørgård, DEN 5:04:00, 10 Børge Simonsen, DEN 5:07:45

Nordic Junior Race Walking Match (U18-U13)

Odense, DEN 15 Sep

Men

U16			
		15 Sep	3km
1	Bengt Simonsen	SWE	13:36
2	Brian Niemann	DEN	13:47
3	Per Rasmussen	SWE	14:08
4	Alf Brandt	SWE	14:16
5	Anders Lundström	SWE	14:27
6	Tommy Bäckström	SWE	14:39
7	Allan Nyring	DEN	14:56
8	Aksel V. Bendtsen	DEN	15:09

9 Bjørn Olsen, NOR 15:09, 10 Øystein Sæther, NOR 15:44, 11 Lars Søfteland, NOR 16:15, 12 Jørgen Hempel, DEN 16:37, 13 Steen Jensen, DEN 17:03

U14			
		15 Sep	2km
1	Erling Andersen	NOR	9:35.2
2	Tore Strømøy	NOR	9:37
3	Lars Nielsen	DEN	9:38
4	Roland Westergren	SWE	9:41
5	Örjan Häggström	SWE	9:51
6	Lennart Johansson	SWE	10:01
7	Per Bolstad	SWE	10:02
8	Kai Simonsen	DEN	10:05

9 Gunnar Olander, SWE 10:16, 10 Jan Madsen, DEN 10:27, 11 Klaus Kjærsgaard, DEN 10:32, 12 Jørgen Jørgensen, DEN 10:34, 13 Vicente Modahl, NOR 10:35, 14 Dag Andersen, NOR 10:46, 15 Dag Ove Sæle, NOR 10:46

Women

U15			
		15 Sep	3km
1	Monika Karlsson	SWE	15:14
2	Lena Bengtsson	SWE	15:53
3	Ulla Kristiansen	DEN	16:00
4	Maria Hellström	SWE	16:04

5	Mia Kjølberg	NOR	16:15
6	Laila Nielsen	DEN	16:23
7	Elisabeth Drucelius	SWE	16:28
8	Irene Jensen	NOR	16:33

9 Frøydis Hilsen, NOR 16:34, 10 Eva-Lotta Aneheim, SWE 16:49, 11 Anne Julie Reppe, NOR 17:19, 12 Kjersti Johnsrød, NOR 17:29, 13 Bente Pedersen, DEN 18:08, 14 Leise Christiansen, NOR 18:15, 15 Lene Klausen, DEN 18:23

U13			
		15 Sep	2km
1	Eva Karlsson	SWE	10:08
2	Eva Broman	SWE	10:26
3	Pya Wirdeborn	SWE	10:27
4	Yvonne Söderman	SWE	10:58
5	Gunn Ramsjö	NOR	11:00
6	Elsa Karlsson	SWE	11:10
7	Annette Mikkelsen	DEN	11:19
8	Berit Flåmo	NOR	11:33

9 Pia Sørensen, DEN 11:43, 10 Janicke Gjelsvik, NOR 12:01, 11 Kirsten Pedersen, DEN 12:23, 12 Dorte Jensen, DEN 12:58, 13 Yt Sørensen, DEN 13:30

Ungdom	Nation	Total
	SWE	13.238
	DEN	11.068
	NOR	11.063

