

This year consists of the following competitions:

6.7	Reykjavik, ISL	Nordic Marathon Championships
6.-7.7	Reykjavik, ISL	Nordic Championships Combined Events
10.-11.8	Växjö, SWE	19 <sup>th</sup> Nordic Junior Match
7.9	Sävedalen, SWE	3 <sup>rd</sup> Nordic Junior Race Walking Match

Nordic Marathon Championships

Reykjavik, ISL 6 Jul

Men

1	Pentti Rummakko	FIN	2:17:47.2
2	Raimo Tikka	FIN	2:18:49.2
3	Paavo Pystynen	FIN	2:19:18.4
4	Bo Johansson	SWE	2:20:00.8
5	Erik Östbye	SWE	2:20:54.6
6	Harald Bjerge	NOR	2:22:51.4
7	Trygve Sommerfeldt	NOR	2:22:55.0

Nordic Championships Combined Events

Reykjavik, ISL 6-7 Jul

Men

<i>Senior</i>		28-29 Jun
1	Lennart Hedmark	SWE 7.625w
2	Steen Smidt-Jensen	DEN 7.603w
3	Timo Tuominen	FIN 7.187w
4	Jan-Olov Lindqvist	SWE 6.737w
5	Vesa Jääskeläinen	FIN 6.705w
6	Flemming Johansson	DEN 6.559w
7	Per von Schéele	SWE 6.648w
8	Preben Olsen	DEN 6.519w

9 Jón Ólafsson, ISL 5.654

1	11.0	7.13	13.52	1.86	50.7	14.9	44.86	3.80	64.20	4:33.8
										+4,6 +4,2 +2,7
2	10.9	6.70	12.84	1.98	51.6	14.9	42.05	4.60	49.94	4:26.2
3	11.1	7.00	12.89	1.74	51.7	15.2	41.82	4.00	55.68	4:42.4
4	11.2	6.69	11.69	1.77	51.4	16.0	37.04	4.00	44.74	4:42.2
5	11.4	6.69	12.65	1.74	53.3	15.8	39.94	3.40	59.70	4:51.8
6	11.2	6.68	11.01	1.86	53.3	16.2	31.55	4.20	54.06	4:55.6
7	11.4	6.38	12.40	1.71	51.1	15.4	39.78	3.80	42.96	4:45.2
8	11.5	6.25	12.49	1.74	52.6	16.7	40.45	3.60	54.86	4:53.5

Women

<i>Senior</i>		28-29 Jun
1	Berit Berthelsen	NOR 4.733w
2	Nina Hansen	DEN 4.585w
3	Gunilla Cederström	SWE 4.543
4	Sissel Kjellås	NOR 4.487w
5	Britt Johansson	SWE 4.150
6	Orvokki Manninen	FIN 4.121w
7	Alice Wiese	DEN 4.076
8	Þuríður Jónsdóttir	ISL 3.372w

9 Sigrún Sæmundsdóttir, ISL 3.292w, Pirkko Heikkilä, FIN DNF, Gunilla Karlmark, SWE DNF

1	11.3	10.60	1.55	6.31w	24.6w
					+4,4
4	11.1	10.92	1.55	5.70	25.7w
					+4,4

Nordic Junior Match (FIN-NOR-SWE only)

Värendsvallen, Växjö, SWE 10-11 Aug

Men

<i>100 m</i>	
1	Ossi Karttunen FIN 10.5
2	Christer Jansson SWE 10.6
3	Jostein Førland NOR 10.7
4	Gunnar Johansson SWE 10.7

5	Matti Tynkkynen	FIN	10.8
6	Ole Egil Reitan	NOR	10.9

*200 m*

1	Ossi Karttunen	FIN	21.2
2	Jostein Førland	NOR	21.5
3	Christer Jansson	SWE	21.5
4	Matti Tynkkynen	FIN	21.6
5	Gunnar Johansson	SWE	21.7
6	Rolf Rosenvold	NOR	22.0

*400 m*

1	Staffan Nilsson	SWE	48.1
2	Åke Svedmyr	SWE	48.5
3	Rolf Rosenvold	NOR	48.9
4	Jan Nævdal	NOR	48.9
5	Markku Aalto	FIN	49.2
6	Juha Salmi	FIN	49.4

*800 m*

1	Göran Ringh	SWE	1:51.3
2	Åke Ohlsson	SWE	1:51.5
3	Hans Christian Høegh	NOR	1:52.0
4	Pekka Kivelä	FIN	1:52.0
5	Pekka Vasala	FIN	1:52.2
6	Christian Fredrik Eriksen	NOR	1:55.6

*1500 m*

1	Pekka Vasala	FIN	3:47.0
2	Knut Kvalheim	NOR	3:50.3
3	Pekka Kivelä	FIN	3:52.1
4	Christian Fredrik Eriksen	NOR	3:59.0
5	Krister Söderberg	SWE	4:00.0
6	Göran Ringh	SWE	4:06.2

*5000 m*

1	Matti Liimatainen	FIN	14:34.2
2	Thor Bøhlgeng	NOR	14:52.8
3	Sjur Sætren	NOR	14:57.8
4	Seppo Nikkari	FIN	15:05.0
5	Curt Lindberg	SWE	15:23.8
6	Göte Midelf	SWE	15:32.4

*110 m hurdles*

1	Joukko Kokkonen	FIN	14.9
2	Thomas Bergqvist	SWE	15.0
3	Pauli Pursiainen	FIN	15.2
4	Ole Audun Rostad	NOR	15.5
5	Tor Jørgen Rønnevig	NOR	15.6
6	Krister Clerselius	SWE	15.6

*400m hurdles*

1	Joukko Kokkonen	FIN	52.8
2	Markku Rajala	FIN	53.9
3	Kent Öhman	SWE	54.0
4	Karl-Axel Holmfrid	SWE	55.7
5	Runar Framnes	NOR	57.1
6	Jon Fjeld	NOR	58.4

**2000m steeplechase**

1	Lennart Jansson	SWE	5:54.4
2	Aulis Viitala	FIN	5:54.6
3	Arne Brevik	NOR	5:54.6
4	Anders Bengtsberg	SWE	5:59.8
5	Tapio Kantanen	FIN	6:03.6
6	Alfred Håvemoen	NOR	6:05.0

**High jump**

1	Nils-Gunnar Oscarsson	SWE	2.04
2	Aaro Alarotu	FIN	2.01
3	Åke Johansson	SWE	2.01
4	Rune Sjölund	SWE	1.98
5	Per Erling Eide	NOR	1.95
6	Ove Steffensen	NOR	1.85

**Pole vault**

1	Kjell Isaksson	SWE	5.13
2	Unto Sjö	FIN	4.60
3	Göran Svanström	SWE	4.60
4	Wilhelm Sorteberg	NOR	4.20
5	Arild Bredholt	NOR	4.00
6	Jarkko Vainio	FIN	4.00

**Long jump**

1	Finn Bendixen	NOR	7.49
2	Vesa Vähäsarja	FIN	7.30
3	Stig Fässberg	SWE	7.21
4	Stein Engstrand	NOR	7.09
5	Christer Jonsson	SWE	6.99
6	Seppo Skyttä	FIN	6.91

**Triple jump**

1	Juhani Mäki-Maunus	FIN	15.40
2	Rune Wiborg	NOR	15.15
3	Tormod Bakken	NOR	15.10
4	Christer Jonsson	SWE	14.97
5	Kalervo Vainiomäki	FIN	14.96
6	Stig Fässberg	SWE	14.84

**Shot put**

1	Jaakko Rikkola	FIN	15.54
2	Arild Busterud	NOR	15.10
3	Olavi Hakala	FIN	14.96
4	Øyvind Fjellidalen	NOR	14.75
5	Björn Holmström	SWE	14.63
6	Bo Lindström	SWE	14.18

**Discus throw**

1	Jaakko Rikkola	FIN	47.76
2	Juhani Sillanpää	FIN	46.10
3	Bo Lindström	SWE	45.84
4	Rolf Øydvin	NOR	45.62
5	Bengt Jansson	SWE	45.48
6	Jarl Bentzen	NOR	44.46

**Hammer throw**

			7,26kg
1	Björn Holmström	SWE	56.10
2	Yngve Andersson	SWE	55.50
3	Matti Järvensivu	FIN	50.72
4	Hannu Polvi	FIN	50.23
5	Arild Busterud	NOR	47.38
6	Per Kåre Bale	NOR	45.62

**Javelin throw**

1	Mauri Auvinen	FIN	71.02
2	Juhani Nummela	FIN	68.72
3	Terje Mæhlum	NOR	68.56
4	Johan Sandnes	NOR	67.40
5	Björn Koch	SWE	65.70
6	Ulf Johansson	SWE	62.50

**4x100m**

1	SWE	41.6	(Gunnar Johansson, Tore Nilsson, Lars Gustafsson, Christer Jansson)
2	NOR	42.0	(Ole Egil Reitan, Terje Hellesylt, Jan Hedenstad, Jostein Førland) *
	FIN	DQ	

\* Order may be different.

**4x400m**

1	SWE	3:13.4	(Lars Gustafsson, Åke Svedmyr, Tore Nilsson, Staffan Nilsson)
2	NOR	3:13.9	(Jan Nævdal, Björn Berg, Hans Kristian Sætrum, Rolf Rosenvold)
3	FIN	3:18.7	(Juha Salmi, Lauri Lindström, Joukko Kokkonen, Markku Aalto)

Points	Men	Nation	Total
		SWE	150
		FIN	133
		NOR	108

## Nordic Junior Race Walking Match

Vallhamra, Sävedalen, SWE 7 Sep

### Men

**U21** 7 Sep 10000m

1	<b>Kåre Moen</b>	<b>SWE</b>	<b>51:27.0</b>
2	<b>Milton Juul</b>	<b>DEN</b>	<b>52:13.0</b>
3	<b>Christer Forsström</b>	<b>SWE</b>	<b>52:20.0</b>
4	Owe Hemmingsson	SWE	52:31.0
5	Dan Georgsson	SWE	53:19.0
6	Jan Rolstad	NOR	54:45.0
7	Kai P. Thomsen	DEN	57:41.0
8	Jørgen Nielsen	DEN	58:59.0

9 Egon Andersen, DEN 60:49.0, 10 Per Aksel Straus, NOR 62:48.0

**U18** 7 Sep 5000m

1	<b>Lennart Lundgren</b>	<b>SWE</b>	<b>24:10.5</b>
2	<b>Ingvar Johansson</b>	<b>SWE</b>	<b>24:15.0</b>
3	<b>Kjell Ivar Martinsen</b>	<b>NOR</b>	<b>24:57.0</b>
4	Gunnar Lindholm	SWE	25:12.5
5	Mogens Petersen	DEN	25:44.5
6	Lennart Jonsson	SWE	26:09.0
7	Lennart Juul	DEN	26:55.5
8	Dag Gaassand	NOR	27:26.5

9 Terje Pedersen, NOR 27:57.5, 10 Benny Nielsen, DEN 28:53.5, 11 Trond Tuvstein, NOR 28:59.0, 12 Torben Jørgensen, DEN 29:12.0

### Women

**U19** 7 Sep 5000m

1	<b>Lene Kroon</b>	<b>DEN</b>	<b>27:37.4</b>
2	<b>Lene Ankersen</b>	<b>DEN</b>	<b>28:07.5</b>
3	<b>Solveig Kristensen</b>	<b>DEN</b>	<b>28:23.0</b>
4	Gerd Linde	SWE	28:53.5
5	Thorhild Sarpebakken	NOR	28:58.7
6	Berit Jönsson	SWE	29:13.7
7	Lilly Andersen	DEN	29:29.8
=8	Anna-Britt Svensson	SWE	31:06.1
=8	Rut Jonsson	SWE	31:06.1

10 Jenny H. Sælen, NOR 32:26.3, 11 Marianne Engebretsen, NOR 32:41.9, 12 Bjørg Sighvatsen, NOR 34:43.3

Nation	Total
SWE	60
DEN	50
NOR	27

