

This year consists of the following competitions:

31.7-1.8	Gimo, SWE	16 <sup>th</sup> Nordic Junior Match
15.8	Helsinki, FIN	9 <sup>th</sup> Nordic Marathon Championships
15.-17.8	Helsinki, FIN	3 <sup>rd</sup> Nordic Championships
16.-17.8	Helsinki, FIN	8 <sup>th</sup> Nordic Championships Combined Events
21.-22.8	Örebro, SWE	5 <sup>th</sup> Nordic Race Walking Championships
21.-22.8	Örebro, SWE	5 <sup>th</sup> Nordic Race Walking Championships Long Distances

Nordic Junior Match (FIN-NOR-SWE only)

Gimo, SWE 31 Jul – 1 Aug

Men

100 m

1	Ole Bernt Skarstein	NOR	10.7
2	Pentti Mankila	FIN	10.8
3	Örjan Johansson	SWE	10.8
4	Tommy Karlsson	SWE	10.8
5	Seppo Jussila	FIN	10.8
6	Terje Narvesen	NOR	11.3

200 m

1	Richard Simonsen	NOR	22.0
2	Ole Bernt Skarstein	NOR	22.0
3	Heikki Mattila	FIN	22.3
4	Örjan Johansson	SWE	22.5
5	Håkan Lindberg	FIN	22.6
6	Björn Jögi	SWE	22.9

400 m

1	Tomas Ericson	SWE	48.9
2	Gunnar Lindh	SWE	48.9
3	Arne Eikås	NOR	49.2
4	Leiv Moksnes	NOR	50.4
5	Juhani Kotikoski	FIN	50.7
6	Martti Harjula	FIN	53.0

800 m

1	Harri Jansson	FIN	1:50.0
2	Anders Gärderud	SWE	1:50.2
3	Arne Kvalheim	NOR	1:50.4
4	Jan-Ingvar Ohlsson	SWE	1:51.7
5	Svein-Erik Bøhler	NOR	1:53.4
6	Teuvo Lappalainen	FIN	1:54.4

1500 m

1	Kurt Olausson	SWE	3:53.5
2	Ulf Högberg	SWE	3:54.9
3	Rune Holmén	FIN	3:55.3
4	Matti Tuura	FIN	3:57.3
5	Magne Bjørdal	NOR	3:58.4
6	Tor Åge Rønningen	NOR	4:01.7

3000 m

1	Kurt Olausson	SWE	8:22.6
2	Jan-Olof Nilsson	SWE	8:25.0
3	Bruce Nyström	FIN	8:25.4
4	Terje Schrøder-Nielsen	NOR	8:26.6
5	Matti Tuura	FIN	8:35.0
6	Svein Husby	NOR	8:40.0

110 m hurdles

1	Seppo Auvinen	FIN	14.8
2	Håkan Öberg	SWE	14.8
3	Sten-Åke Sandström	SWE	15.0

4	Trygve Jensen	NOR	15.1
5	Ari Salin	FIN	15.5
6	Leif Falck-Pedersen	NOR	16.2

400m hurdles

1	Håkan Öberg	SWE	54.0
2	Torsten Torstensson	SWE	54.3
3	Trygve Jensen	NOR	54.4
4	Heimo Jokinen	FIN	54.8
5	Terje Nordberg	NOR	55.5
6	Seppo Pitkänen	FIN	56.2

1500m steeplechase

1	Anders Gärderud	SWE	4:02.8
2	Ingemar Bergkvist	SWE	4:10.2
3	Jørn Haugen	NOR	4:16.8
4	Olavi Suomalainen	FIN	4:21.2
5	Stein Tagge	NOR	4:21.6
6	Yrjö Marttinen	FIN	4:22.0

High jump

1	Stein Sletten	NOR	2.09
2	Bo Jonsson	SWE	2.06
3	Pertti Lantti	FIN	2.03
4	Reijo Vähälä	FIN	2.00
5	Jan Dahlgren	SWE	1.97
6	Knut Strøm	NOR	1.90

Pole vault

1	Altti Alarotu	FIN	4.60
2	John Eric Blomqvist	SWE	4.50
3	Erkki Mustakari	FIN	4.30
4	Sven Moberg	SWE	4.20
5	Björn Morstøl	NOR	4.10
6	Ivar Bredholt	NOR	4.00

Long jump

1	Heikki Mattila	FIN	7.40
2	Lars-Olof Höök	SWE	7.26
3	Kari Palmen	FIN	7.17
4	Gösta Bruce	SWE	6.90
5	Arnfinn Løvås	NOR	6.89
6	Arne Ekeberg	NOR	6.83

Triple jump

1	Jorma Gröhn	FIN	15.03
2	Erik Jansson	FIN	14.97
3	Knut Ragnar Knudsen	NOR	14.61
4	Asbjørn Moen	NOR	14.54
5	John Eric Blomqvist	SWE	14.27
6	Karl-Bertil Sundström	SWE	13.69

Shot put

1	Rickard Bruch	SWE	16.01
2	Per Flink	SWE	15.26
3	Steinar Andersen	NOR	15.16

4	Ove Hagen	NOR	14.85
5	Keijo Kepsu	FIN	14.78
6	Mauno Laakso	FIN	14.69

**Discus throw**

1	Rickard Bruch	SWE	50.94
2	Keijo Kyyrö	FIN	44.68
3	Seppo Juuti	FIN	43.86
4	Bjørn Wærø Heggelund	NOR	43.30
5	Bengt Nilsson	SWE	42.14
6	Jostein Myrvang	NOR	40.16

**Hammer throw**

			7,26kg
1	Raimo Savinainen	FIN	53.20
2	Heimo Polvi	FIN	49.98
3	Terje Irby	NOR	46.66
4	Hasse Börjes	SWE	46.06
5	Malvin Dalhus	NOR	44.26
6	Nils Lindwall	SWE	43.96

**Javelin throw**

1	Arne Os	NOR	70.08
2	Terje Thorslund	NOR	69.60
3	Åke Nilsson	SWE	68.76
4	Esa Åhlander	FIN	67.72
5	Mikko Hiekkänen	FIN	63.08
6	Krister Andersson	SWE	61.30

**4x100m**

1	SWE	42.0	(Örjan Johansson, Lars-Olof Ahlberg, Björn Jögi, Tommy Karlsson)
2	NOR	42.1	(Ole Bernt Skarstein, Richard Simonsen, Thorstein Larsen, Terje Narvesen)
3	FIN	42.4	(Pentti Mankila, Esko Luukinen, Seppo Jussila, Martti Pullinen)

**1000m relay**

SWE	DQ	(Tommy Karlsson, Örjan Johansson, Björn Jögi, Tomas Ericson)
FIN	DQ	
NOR	DQ	(Terje Narvesen, Thorstein Larsen, Terje Nordberg, Arne Eikås)

Points Men	Nation	Total
	SWE	149
	FIN	125
	NOR	109

**Nordic Marathon Championships**

Olympic Stadium, Helsinki, FIN 15 Aug

**Men**

1	Tenho Salakka	FIN	2:24:50.6
2	Per Gunnar Lien	NOR	2:24:51.0
3	Paavo Pystynen	FIN	2:26:55.6
4	Egil Myhre	NOR	2:27:01.0
5	Rickard Berglind	SWE	2:28:44.6
6	Erik Östbye	SWE	2:29:26.0
7	Matti Paananen	FIN	2:30:27.0
8	Juhani Häkkinen	FIN	2:30:54.0

9 Bruno Holmroos, FIN 2:31:18.6, 10 Viljo Vesenen, FIN 2:31:40.0

**Nordic Championships**

Olympic Stadium, Helsinki, FIN 15-17 Aug

**Men**

**100 m**

1	Ole Bernt Skarstein	NOR	10.6
2	Aarno Musku	FIN	10.7
3	Jorma Ehrström	FIN	10.8

4	Tommi Larsen	DEN	10.8
5	Seppo Jussila	FIN	11.0
6	Kjell Brenne	NOR	11.1

**Qualifying heat 1:** 1 Aarno Musku, FIN 10.7, 2 Seppo Jussila, FIN 11.0, 3 Kjell Brenne, NOR 11.0, 4 Örjan Johansson, SWE 11.0, 5 Jørgen Holm, DEN 11.1

**Qualifying heat 2:** 1 Ole Bernt Skarstein, NOR 10.7, 2 Tommi Larsen, DEN 10.8, 3 Jorma Ehrström, FIN 10.8, 4 Curt Johansson, SWE 11.0, 5 Per Aam, NOR 11.1, 6 Ólafur Guðmundsson, ISL 11.2

**200 m**

1	Aarno Musku	FIN	21.6
2	Ole Bernt Skarstein	NOR	21.7
3	Bo Althoff	SWE	21.9
4	Curt Johansson	SWE	21.9
5	Tommy Larsen	DEN	21.0
6	Timo-Jaakko Virkkala	FIN	22.0

**Qualifying heat 1:** 1 Bo Althoff, SWE 21.7, 2 Tommy Larsen, DEN 21.8, 3 Timo-Jaakko Virkkala, FIN 21.9, 4 Kjell Brenne, NOR 22.2

**Qualifying heat 2:** 1 Aarno Musku, FIN 21.4, 2 Ole Bernt Skarstein, NOR 21.8, 3 Curt Johansson, SWE 21.8, 4 Risto Hytönen, FIN 22.3, 5 Ólafur Guðmundsson, ISL 22.7

**400 m**

1	Carl Fredrik Bunæs	NOR	47.2
2	Bengt-Göran Fernström	SWE	48.0
3	Heikki Pippola	FIN	48.1
4	Anders Lärkert	SWE	48.3
5	Pekka Juutilainen	FIN	48.4
6	Stein Ingvaldsen	NOR	48.8

**Qualifying heat 1:** 1 Carl Fredrik Bunæs, NOR 48.1, 2 Anders Lärkert, SWE 48.6, 3 Heikki Pippola, FIN 48.8, 4 Richard Simonsen, NOR 49.3, 5 Ólafur Guðmundsson, ISL 50.0

**Qualifying heat 2:** Bengt-Göran Fernström, SWE 48.5, 2 Stein Ingvaldsen, NOR 48.8, 3 Pekka Juutilainen, FIN 48.9, 4 Erkki Niemelä, FIN 49.2, 5 Lennart Bring, SWE 49.6, 6 Kristjan Mikkaelsson, ISL 50.5

**800 m**

1	Juha Väätäinen	FIN	1:50.7
2	Anders Gärderud	SWE	1:50.8
3	Keijo Ceder	FIN	1:50.9
4	Heikki Kainlauri	FIN	1:51.0
5	Arne Kvalheim	NOR	1:52.3
6	Preben Glue	DEN	1:53.4

**Qualifying heat 1:** 1 Keijo Ceder, FIN 1:51.9, 2 Arne Kvalheim, NOR 1:52.0, 3 Juha Väätäinen, FIN 1:52.1, 4 Helge Phero, NOR 1:52.4, 5 Halldor Guðbjörnsson, ISL 1:56.1

**Qualifying heat 2:** 1 Anders Gärderud, SWE 1:50.3, 2 Heikki Kainlauri, FIN 1:50.7, 3 Preben Glue, DEN 1:51.0, 4 Jens Christian Berge, NOR 1:57.0

**1500 m**

1	Karl-Uno Olafsson	SWE	3:46.6
2	Stig Rekdal	NOR	3:46.6
3	Keijo Ceder	FIN	3:47.1
4	Erkki Oikarinen	FIN	3:47.7
5	Thor Solberg	NOR	3:47.7
6	Kurt Olausson	SWE	3:50.4
7	Arne Hamarsland	NOR	3:51.4
8	Olavi Lintunen	FIN	3:51.6
9	Ulf Högberg	SWE	3:54.2
10	Halldór Guðbjörnsson	ISL	4:03.4

**5000 m**

1	Bengt Nånje	SWE	14:05.0
2	Gunnar Larsson	SWE	14:14.8
3	Odd Fuglem	NOR	14:19.0
4	Pertti Sariomaa	FIN	14:19.8
5	Toivo Riihijärvi	FIN	14:33.8
6	Heikki Rinta-Marttila	FIN	14:42.6
7	Thor Helland	NOR	14:47.0
8	Ivar Isaksen	NOR	14:51.2

**10000 m**

1	Gunnar Larsson	SWE	30:18.4
2	Bjarne Sletten	NOR	30:36.4
3	Erkki Rantala	FIN	30:42.0

4	Raimo Tikka	FIN	30:52.8
5	Mikko Ala-Leppilampi	FIN	31:39.2
6	Kristleifur Guðbjörnsson	ISL	31:46.4

*110 m hurdles*

1	<b>Bo Forssander</b>	<b>SWE</b>	<b>14.0</b>
2	<b>Ove Andersson</b>	<b>SWE</b>	<b>14.8</b>
3	<b>Sture Fröberg</b>	<b>SWE</b>	<b>14.9</b>
4	Antti Lannamäki	FIN	14.9
5	Eino Laaksonen	FIN	15.0
6	Matti Harri	FIN	15.0
7	Thor Christiansen	NOR	15.0
8	Ernst Ecks	DEN	15.2

*400m hurdles*

1	<b>Bertil Wistam</b>	<b>SWE</b>	<b>52.0</b>
2	<b>Jan Gulbrandsen</b>	<b>NOR</b>	<b>52.5</b>
3	<b>Lennart Bring</b>	<b>SWE</b>	<b>52.6</b>
4	John Skjelvaag	NOR	52.6
5	Pertti Pyrrö	FIN	53.1
6	Heikki Pippola	FIN	55.1

Qualifying heat 1: 1 Bertil Wistam, SWE 52.2, 2 Jan Gulbrandsen, NOR 52.6, 3 Pertti Pyrrö, FIN 53.0, 4 Harri Vesala, FIN 53.4, 5 Kristjan Mikaelsson, ISL 57.2

Qualifying heat 2: 1 Heikki Pippola, FIN 52.6, 2 John Skjelvaag, NOR 52.9, 3 Lennart Bring, SWE 53.0, 4 Jens Nielsen, DEN 53.3

*3000m steeplechase*

1	<b>Bengt Persson</b>	<b>SWE</b>	<b>8:40.0</b>
2	<b>Esko Sirén</b>	<b>FIN</b>	<b>8:40.6</b>
3	<b>Jouko Kuha</b>	<b>FIN</b>	<b>8:41.0</b>
4	Jan-Erik Karlsson	SWE	8:44.6
5	Sten Bergqvist	SWE	8:46.8
6	Ilmari Kurkivuori	FIN	8:49.0
7	Finn Sjølie	NOR	9:15.4

*High jump*

1	<b>Kjell-Åke Nilsson</b>	<b>SWE</b>	<b>2.08</b>
2	<b>Pertti Lantti</b>	<b>FIN</b>	<b>2.08</b>
3	<b>Stig Pettersson</b>	<b>SWE</b>	<b>2.08</b>
4	Jon Olafsson	ISL	2.05
5	Matti Laitinen	FIN	2.02
6	Stein Sletten	NOR	1.99
7	Reijo Vähälä	FIN	1.99
8	Bo Jonsson	SWE	1.99

9 Svein Hytten, NOR 1.90

*Pole vault*

1	<b>Aukis Kairento</b>	<b>FIN</b>	<b>4.85</b>
2	<b>Tapio Mertanen</b>	<b>FIN</b>	<b>4.80</b>
3	<b>Hans Lagerqvist</b>	<b>SWE</b>	<b>4.75</b>
4	Risto Ivanoff	FIN	4.75
5	Fritz Lindblom	SWE	4.65
6	Auvo Pehkoranta	FIN	4.65
7	Reidulv Førde	NOR	4.30

*Long jump*

1	<b>Rainer Stenius</b>	<b>FIN</b>	<b>7.89</b>
2	<b>Pentti Eskola</b>	<b>FIN</b>	<b>7.77</b>
3	<b>Juhani Manninen</b>	<b>FIN</b>	<b>7.65</b>
4	Lars-Olof Höök	SWE	7.21
5	Odd Bergh	NOR	7.20
6	Leif Nilsson	SWE	7.12
7	Jens Pettersen	DEN	6.97
8	Arne Ekeberg	NOR	6.75

*Triple jump*

1	<b>Pertti Pousi</b>	<b>FIN</b>	<b>15.61</b>
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2	<b>Kjell Arthur Paulsen</b>	<b>NOR</b>	<b>15.50</b>
3	<b>Jorma Gröhn</b>	<b>FIN</b>	<b>15.41</b>
4	Odd Bergh	NOR	15.21
5	Birger Nyberg	SWE	15.20
6	Bo Blomqvist	SWE	15.16
7	Kaj Helminen	FIN	14.88

*Shot put*

1	<b>Bjørn Bang Andersen</b>	<b>NOR</b>	<b>17.80</b>
2	<b>Matti Yrjölä</b>	<b>FIN</b>	<b>17.43</b>
3	<b>Harald Lorentzen</b>	<b>NOR</b>	<b>17.30</b>
4	Antero Juntto	FIN	17.08
5	Seppo Simola	FIN	16.60
6	Bengt Christiansson	SWE	16.18
7	Guðmundur Hermansson	ISL	15.10

*Discus throw*

1	<b>Lars Haglund</b>	<b>SWE</b>	<b>57.68</b>
2	<b>Pentti Repo</b>	<b>FIN</b>	<b>55.24</b>
3	<b>Niilo Hangasvaara</b>	<b>FIN</b>	<b>54.78</b>
4	Erik Uddebom	SWE	54.22
5	Ragnar Skautvedt	NOR	52.16
6	Canét Norman	SWE	51.18
7	Stein Haugen	NOR	50.00
8	Reino Lammi	FIN	49.02

9 Tormod Liserud, NOR 46.76, 10 Erlendur Valdimarsson, ISL 43.50

*Hammer throw*

1	<b>Oddvar Krogh</b>	<b>NOR</b>	<b>64.30</b>
2	<b>Birger Asplund</b>	<b>SWE</b>	<b>63.46</b>
3	<b>Reino Suuripää</b>	<b>FIN</b>	<b>60.46</b>
4	Magne Føleide	NOR	60.04
5	Arne Lothe	NOR	60.00
6	Olli Tamminen	FIN	58.84
7	Olle Johansson	SWE	58.40
8	Kauko Harlos	FIN	56.56

*Javelin throw*

1	<b>Jorma Kinnunen</b>	<b>FIN</b>	<b>82.90</b>
2	<b>Willy Rasmussen</b>	<b>NOR</b>	<b>80.72</b>
3	<b>Vainö Kuisma</b>	<b>FIN</b>	<b>76.40</b>
4	Eeri Tiusanen	FIN	75.38
5	Lennart Hedmark	SWE	72.02
6	Gunnar Arntzen	NOR	70.36
7	Claus Gad	DEN	70.02

*4x100m*

1	<b>FIN</b>	<b>41.0</b>	(Jorma Ehrström, Aarno Musku, Seppo Jussila, Rainer Stenius)
2	<b>SWE</b>	<b>41.5</b>	(Curt Johansson, Örjan Johansson, Leif Nilsson, Bo Althoff)
3	<b>NOR</b>	<b>41.5</b>	(Ole Bernt Skarstein, Kjell Brenne, Per Aam, Richard Simonsen)
4	<b>DEN</b>	<b>41.9</b>	(Søren V. Pedersen, Tommy Larsen, Jens Pedersen, Jørgen Holm)

*4x400m relay*

1	<b>SWE</b>	<b>3:10.3</b>	(Bengt-Göran Fernström, Anders Lärkert, Cege Johansson, Bo Althoff)
2	<b>NOR</b>	<b>3:10.3</b>	(Stein Ingvaldsen, John Skjelvaag, Richard Simonsen, Carl Fredrik Bunæs)
	<b>FIN</b>	<b>DQ</b>	(Timo Jaakko Virkkala, Harri Vesala, Pekka Juutilainen, Heikki Pippola)

**Women**

*100 m*

1	<b>Berit Berthelsen</b>	<b>NOR</b>	<b>12.0</b>
2	<b>Karin Wallgren</b>	<b>SWE</b>	<b>12.1</b>
3	<b>Else Hadrup</b>	<b>DEN</b>	<b>12.2</b>

4	Sidsel Kjellås	NOR	12.4
5	Kirsten Rasmussen	NOR	12.4
6	Maija Koivusaari	FIN	12.5

**Qualifying heat 1:** 1 Berit Berthelsen, NOR 12.0, 2 Else Hadrup, DEN 1.2, 3 Sissel Kjellås, NOR 12.2, 4 Lena Nenzén, SWE 12.5, 5 Sirkka Norrlund, FIN 12.5, 6 Björk Ingimundardóttir, ISL 13.1

**Qualifying heat 2:** 1 Kirsten Rasmussen, NOR 12.2, 2 Karin Wallgren, SWE 12.3, 3 Maija Koivusaari, FIN 12.5, 4 Helena Turpeinen, FIN 12.6

#### 200 m

1	<b>Berit Berthelsen</b>	<b>NOR</b>	<b>24.4</b>
2	<b>Karin Wallgren</b>	<b>SWE</b>	<b>24.6</b>
3	<b>Else Hadrup</b>	<b>DEN</b>	<b>25.1</b>
4	Helena Turpeinen	FIN	25.5
5	Seija-Liisa Laavi	FIN	25.6
6	Orvokki Ojala	FIN	26.1

**Qualifying heat 1:** 1 Berit Berthelsen, NOR 24.6, 2 Helena Turpeinen, FIN 25.8, 3 Karin Wallgren, SWE 25.9, 4 Halldora Helgadóttir, ISL 28.0

**Qualifying heat 2:** 1 Else Hadrup, DEN 25.2, 2 Seija-Liisa Laavi, FIN 26.3, 3 Orvokki Ojala, FIN 26.4, 4 Björk Ingimundardóttir, ISL 27.1

#### 400 m

1	<b>Berit Berthelsen</b>	<b>NOR</b>	<b>54.4</b>
2	<b>Elisabeth Östberg</b>	<b>SWE</b>	<b>55.6</b>
3	<b>Tove Bakkejord</b>	<b>NOR</b>	<b>55.8</b>
4	Jette Andersen	DEN	57.7
5	Orvokki Ojala	FIN	59.7
	Eeva Halmi	FIN	DNS

**Qualifying heat 1:** 1 Elisabeth Östberg, SWE 56.0, 2 Tove Bakkejord, NOR 56.5, 3 Eeva Halmi, FIN 56.6, 4 Gunilla Olausson, SWE 57.0, 5 Kirsten Hallner, DEN 61.0

**Qualifying heat 2:** 1 Berit Berthelsen, NOR 58.0, 2 Jette Andersen, DEN 59.6, 3 Orvokki Ojala, FIN 62.4, 4 Halldora Helgadóttir, ISL 64.6

#### 800 m

1	<b>Jette Andersen</b>	<b>DEN</b>	<b>2:12.0</b>
2	<b>Gunilla Olausson</b>	<b>SWE</b>	<b>2:13.0</b>
3	<b>Elisabeth Östberg</b>	<b>SWE</b>	<b>2:14.0</b>
4	Eila Pellinen	FIN	2:15.2
5	Jane Christensen	DEN	2:16.7
6	Agnes Alkeberg	NOR	2:17.4
7	Gerd Midbrand	SWE	2:20.0
8	Inkeri Vaara	FIN	2:23.7

#### 80 m hurdles

1	<b>Sirkka Norrlund</b>	<b>FIN</b>	<b>10.9</b>
2	<b>Nina Hansen</b>	<b>DEN</b>	<b>11.3</b>
3	<b>Lena Kindberg</b>	<b>SWE</b>	<b>11.5</b>
4	Gunilla Karlmark	SWE	11.6
5	Sidsel Kjellås	NOR	11.8
6	Mirja Kullas	FIN	11.9
7	Pirkko Heikkilä	FIN	12.0

#### High jump

1	<b>Agneta Falkengren</b>	<b>SWE</b>	<b>1.64</b>
2	<b>Monica Lidholt</b>	<b>SWE</b>	<b>1.64</b>
3	<b>Margareta Bergqvist</b>	<b>SWE</b>	<b>1.64</b>
4	Gun Nordlund	FIN	1.61
5	Ritva Bister	FIN	1.61
6	Oddrun Hokland	NOR	1.58
7	Randi Før	NOR	1.55
8	Riittamaija Soppi	FIN	1.50

#### Long jump

1	<b>Berit Berthelsen</b>	<b>NOR</b>	<b>6.37</b>
2	<b>Oddrun Hokland</b>	<b>NOR</b>	<b>6.08</b>
3	<b>Maija Koivusaari</b>	<b>FIN</b>	<b>5.90</b>
4	Aura-Liisa Laihorinne	FIN	5.73
5	Ulla Ohlsson	SWE	5.71
6	Sirkka Norrlund	FIN	5.61

#### Shot put

1	<b>Marjatta Mäkinen</b>	<b>FIN</b>	<b>51.70</b>
2	<b>Karen-Inge Halkier</b>	<b>DEN</b>	<b>14.23</b>
3	<b>Gun-Britt Flink</b>	<b>SWE</b>	<b>14.00</b>
4	Varpu Tuovinen	FIN	13.20
5	Leena Ruotsi	FIN	12.51
6	Britt Johansson	SWE	12.42

#### Discus throw

1	<b>Marjatta Mäkinen</b>	<b>FIN</b>	<b>51.70</b>
2	<b>Sirkka Kaupinen</b>	<b>FIN</b>	<b>44.90</b>
3	<b>Inkeri Lehtonen</b>	<b>FIN</b>	<b>44.70</b>
4	Karen-Inge Halkier	DEN	42.90
5	Lena Sandgren	SWE	41.32
6	Lillian Jensen	NOR	40.40
7	Kristina Sahlin	SWE	38.90
8	Gun-Britt Flink	SWE	38.44

#### Javelin throw

1	<b>Ellen Kortsen</b>	<b>DEN</b>	<b>47.72</b>
2	<b>Raija Mustonen</b>	<b>FIN</b>	<b>45.14</b>
3	<b>Gun-Britt Liljegren</b>	<b>SWE</b>	<b>44.74</b>
4	Laura Mielonen	FIN	44.42
5	Inkeri Pennanen	FIN	41.22

#### 4x100m

1	<b>NOR</b>	<b>47.0</b>	(Sidsel Kjellås, Tove Bakkejord, Oddrun Hokland, Berit Berthelsen)
2	<b>SWE</b>	<b>47.5</b>	(Lena Nenzén, Elisabeth Östberg, Gunnilla Karlmark, Karin Wallgren)
3	<b>FIN</b>	<b>47.8</b>	(Helena Turpeinen, Aura-Liisa Laihorinne, Sirkka Norrlund, Maija Koivusaari)

## Nordic Championships Combined Events

Olympic Stadium, Helsinki, FIN 16-17 Aug

### Men

#### Decathlon

												16-17 Aug
1	<b>Valbjörn Þorláksson</b>	<b>ISL</b>	<b>6.902</b>									
2	<b>Tore Carbe</b>	<b>SWE</b>	<b>6.801</b>									
3	<b>Stig Nymander</b>	<b>FIN</b>	<b>6.782</b>									
4	Mikael Schie	NOR	6.758									
5	Jan-Olov Lindqvist	SWE	6.615									
6	Ivar Bredholt	NOR	6.510									
7	Preben Olsen	DEN	6.480									
8	Kjartan Guðjónsson	ISL	6.268									
9	Ola M. Lurfald, NOR 6.131, Antti Vuorela, FIN DNF, Mikko Haapala, FIN DNF, Erling Bengtsson, SWE DNF											
1	11.4	6.40	12.07	1.80	51.2	15.3	35.46	4.30	59.28	4:58.6		
2	11.4	6.66	11.79	1.80	51.7	17.0	35.66	4.20	50.32	4:29.4		
3	11.6	6.59	13.56	1.75	54.0	16.2	39.92	3.70	55.82	4:34.7		
4	11.4	6.87	11.89	1.85	53.3	16.6	34.78	4.40	40.16	4:29.2		
5	11.4	6.53	12.47	1.70	51.2	16.3	38.02	3.60	46.36	4:34.0		
6	11.3	6.71	11.58	1.75	52.2	17.1	33.42	4.00	49.48	4:49.8		
7	11.7	6.06	13.09	1.70	52.4	16.6	43.20	3.60	51.86	4:50.8		
8	11.7	6.29	14.11	1.85	55.7	16.4	37.58	3.00	55.18	5:12.4		
9	12.1	6.41	10.69	1.65	52.9	17.7	38.00	3.40	50.30	4:26.8		

### Women

#### Pentathlon

												16 Aug
1	<b>Nina Hansen</b>	<b>DEN</b>	<b>4.477</b>									
2	<b>Oddrun Hokland</b>	<b>NOR</b>	<b>4.475</b>									
3	<b>Pirkko Heikkilä</b>	<b>FIN</b>	<b>4.311</b>									
4	Britt Johansson	SWE	4.196									
5	Lena Kindberg	SWE	4.161									
6	Tuovi Vahtera	FIN	3.912									
7	Sirpa Niiranen	FIN	3.905									
	Gunilla Karlmark, SWE DNF											
1	11.4	10.55	6.23	1.50	25.7							

2 11.7 9.84 6.09 1.60 25.5  
 3 11.8 11.27 5.80 1.55 27.1  
 4 12.3 12.25 5.58 1.50 27.2  
 5 11.6 10.63 5.39 1.45 26.2  
 6 12.3 10.55 5.08 1.40 26.3  
 7 12.8 10.08 5.66 1.40 26.9

### Nordic Race Walking Championships

Örebro, SWE 21-22 Aug

#### Men

	<i>Senior</i>	21-22 Aug	20km
1	<b>Göte Nygren</b>	<b>SWE</b>	<b>1:39:11</b>
2	<b>Ole David Jensen</b>	<b>DEN</b>	<b>1:39:59</b>
3	<b>Roine Carlsson</b>	<b>SWE</b>	<b>1:40:38</b>
4	Klas Gustafsson	SWE	1:41:17
5	Johnne Lindberg	SWE	1:42:19
6	Ingvar Hansson	SWE	1:42:25
7	Stig Jonsson	SWE	1:42:46
8	Jan-Ibert Håkansson	SWE	1:44:35

9 Kåre Teigland, NOR 1:45:31, 10 John Blidberg, SWE 1:45:46, 11 Martti Hokkanen, FIN 1:45:50, 12 Helge Abrahamsen, NOR 1:47:23, 13 Georg Davidsson, SWE 1:48:50, 14 Tommy Dahllöf, SWE 1:54:00, 15 Sten Körle, SWE 1:54:01, 16 Harald Persson, NOR 1:54:17, 17 Rolf Augustsson, SWE 1:55:1, 18 Gunnar Martinsson, SWE 2:11:12

	<i>U20</i>	21-22 Aug	10km
1	<b>Stefan Ingvarsson</b>	<b>SWE</b>	<b>47:42</b>
2	<b>Leif Larsson</b>	<b>SWE</b>	<b>48:50</b>
3	<b>Lennart Larsson</b>	<b>SWE</b>	<b>49:22</b>
4	Björn Söderman	SWE	49:36
5	Jonny Olsson	SWE	49:48
6	Bengt Larsson	SWE	50:05
7	Lars Göran Olsson	SWE	50:33
8	Pauli Kokkanen	FIN	50:48

9 Lennart Spännare, SWE 51:18, 10 Hasse Svensson, SWE 51:23, 11 Kåre Moen, SWE 51:37, 12 Niels Oluf Skipper, DEN 51:39, 13 Edvin Andersen, DEN 52:12, 14 Leif Kjellgren, SWE 52:34, 15 Per Rimberg, SWE 53:09, 16 Asko Launto, FIN 53:29, 17 Stig Olof Karlsson, SWE 53:49, 18 Jan Olsson, SWE 54:07, 19 Milton Juul, DEN 54:28, 20 Stanley Eriksson, SWE 54:33, 21 Leif Zars, SWE 54:39, 22 Lennart Kritz, SWE 54:51, 23 Terje Solbakke, NOR 55:00, 24 Einar Lyngar, NOR 55:37, 25 Kolbjørn Eggen, NOR 55:43, 26 Leif Johansson, SWE 55:48, 27 Morgan Almstedt, SWE 56:44, 28 Klas Eriksson, SWE 58:54

#### Women

	<i>Senior</i>	21-22 Aug	5km
1	<b>Mary Nilsson</b>	<b>SWE</b>	<b>25:12</b>
2	<b>Ingrid Sundberg</b>	<b>SWE</b>	<b>27:05</b>
3	<b>Britta Tibbling</b>	<b>SWE</b>	<b>27:07</b>
4	Anna-Lisa Bertilsson	SWE	27:43
5	Jytte Rasmussen	DEN	28:27
6	Maj Britt Frei	SWE	28:30
7	Irma Hansson	SWE	29:32
8	Eva Andersson	SWE	29:55

9 Gunilla Jansson, SWE 33:32

	<i>U19</i>	21-22 Aug	5km
1	<b>Margareta Gustafsson</b>	<b>SWE</b>	<b>26:46</b>
2	<b>Aslög Forsell</b>	<b>SWE</b>	<b>27:50</b>
3	<b>Irene Christiansen</b>	<b>DEN</b>	<b>28:08</b>
4	Eivor Johansson	SWE	28:30
5	Yvonne Jansson	SWE	28:44
6	Britta Andersson	SWE	29:04
7	Kerstin Sundberg	SWE	29:24
8	Gabi Wendel	SWE	29:36

9 Eli Rolstad, NOR 29:37, 10 Solveig Borén, SWE 29:48, 11 Birgitta Andreasson, SWE 29:50, 12 Kerstin Gödenbu, SWE 29:54, 13 Ann Mari Løvås, SWE 30:31, 14 Ulla Nilsson, SWE 31:02, 15 Monica Berglund, SWE 31:02, 16 Eva Britt Lysell, SWE 31:23, 17 Madelein Stedt, SWE 32:29

### Nordic Race Walking Championships Long distances

Örebro, SWE 21-22 Aug

#### Men

	<i>Senior</i>	21-22 Aug	50km
1	<b>Ingvar Pettersson</b>	<b>SWE</b>	<b>4:23:17</b>
2	<b>Stig Lindberg</b>	<b>SWE</b>	<b>4:25:44</b>
3	<b>Max Sjöholm</b>	<b>SWE</b>	<b>4:34:08</b>
4	Evert Leonardsson	SWE	4:35:00
5	Roy Syversson	SWE	4:41:02
6	Paavo Saira	FIN	4:55:37
7	Allan Scott	SWE	5:20:38

Kaare Hammer, NOR DNF

