

This year consists of the following competitions:

31.7	Oslo, NOR	7 th Nordic Marathon Championships
31.7-2.8	Oslo, NOR	1 st Nordic Championships
31.7-2.8	Oslo, NOR	7 th Nordic Championships Combined Events
26.-27.8	Gjøvik, NOR	12 th Nordic Junior Match
26.-27.8	København, DEN	3 rd Nordic Race Walking Championships
26.-27.8	København, DEN	3 rd Nordic Race Walking Championships Long Distances

Nordic Championships Marathon

Bislett Stadion, Oslo, NOR 31 Jul

Men

Marathon

1	Tenho Salakka	FIN	2:26:14
2	Evert Nyberg	SWE	2:26:57
3	Arnold Vaide	SWE	2:27:40
4	Paavo Kotila	FIN	2:28:57
5	Paavo Pystynen	FIN	3:32:19
6	Lars Strand	SWE	2:35:29
7	Oddvar Thorsen	NOR	2:37:02
8	Alf Neuenkirchen	NOR	2:44:04

Nordic Championships

Bislett Stadion, Oslo 31 Jul-2 Aug

Men

100 m Final

31.7

1	Carl Fredrik Bunæs	NOR	10.5
2	Ove Jonsson	SWE	10.6
3	Sven Hörtevall	SWE	10.7
4	Jorma Ehrström	FIN	10.8
5	Börje Strand	FIN	10.8
6	Sven-Åke Lövgren	SWE	10.8

Qualifying heat 1: 1 Jorma Ehrström, FIN 10.7, 2 Ove Jonsson, SWE 10.7, 3 Sven-Åke Lövgren, SWE 10.7, 4 Erik Madsen, DEN 10.9, 5 Birger Marsteen, NOR 11.0, 6 Peter Rasmussen, DEN 11.2

Qualifying heat 2: 1 Carl Fredrik Bunæs, NOR 10.7, 2 Sven Hörtevall, SWE 10.9, 3 Börje Strand, FIN 11.0, 4 Jørn Palsten, DEN 11.0, 5 Oddvar Løvås, NOR 11.1, 6 Aaro Musku, FIN 11.3

200 m

2.8

1	Carl Fredrik Bunæs	NOR	21.2
2	Ove Jonsson	SWE	21.6
3	Börje Strand	FIN	21.6
4	Jørn Palsten	DEN	21.7
5	Sven-Åke Lövgren	SWE	21.8
6	Bengt-Göran Fernström	SWE	22.0

Qualifying heat 1 (1.8): 1 Carl Fredrik Bunæs, NOR 21.8, 2 Jørn Palsten, DEN 21.9, 3 Sven-Åke Lövgren, SWE 22.2, 4 Erik Madsen, DEN 22.2, 5 Jorma Ehrström, FIN 22.3

Qualifying heat 2 (1.8): 1 Ove Jonsson, SWE 21.8, 2 Börje Strand, FIN 22.0, 3 Bengt-Göran Fernström, SWE 22.2, 4 Pentti Rekola, FIN 22.3, 5 Birger Marsteen, NOR 22.5, 6 Jørgen Grundtvig, DEN 22.9

400 m Final

1.8

1	Alf Petterson	SWE	47.1
2	Jussi Rintamäki	FIN	47.6
3	Hans O. Johansson	SWE	47.7
4	Tarmo Rauhala	FIN	48.3
5	Carl-Gustaf Johansson	SWE	48.6
6	Dag Wold	NOR	48.6

Qualifying heat 1 (31.7): 1 Alf Petterson, SWE 48.2, 2 Carl-Gustaf Johansson, SWE 49.0, 3 Tarmo Rauhala, FIN 49.1, 4 Erling Brustad, NOR 49.6, 5 Kurt Jacobsen, DEN 49.8, 6 Bent Jensen, DEN 50.3

Qualifying heat 2 (31.7): 1 Hans O. Johansson, SWE 48.2, 2 Dag Wold, NOR 48.8, 3 Jussi Rintamäki, FIN 48.9, 4 Torbjørn Briseid, NOR 49.1, 5 Preben Kristensen, DEN 51.4

800 m Final

31.7

1	Dan Waern	SWE	1:48.9
2	Olavi Salonen	FIN	1:49.7

3	Jan Henrik Bentzon	NOR	1:49.9
4	Pertti Ålander	FIN	1:50.1
5	Per Knuts	SWE	1:50.3
6	Gösta Lithén	SWE	1:51.0

Qualifying heat 1: 1 Olavi Salonen, FIN 1:51.9, 2 Per Knuts, SWE 1:52.2, 3 Gösta Lithén, FIN 1:52.3, 4 Carl Ehrman, SWE 1:52.3, 5 Stig Rekdal, NOR 1:52.8, 6 Kurt Christiansen, DEN 1:52.9

Qualifying heat 2: 1 Dan Waern, SWE 1:51.4, 2 Jan Henrik Bentzon, SWE 1:51.6, 3 Pertti Ålander, FIN 1:51.9, 4 Preben Kristensen, DEN 1:52.3, 5 Nils Jepsen, NOR 1:54.0, 6 Ole Kronstrand, DEN 1:54.1

1500 m

2.8

1	Dan Waern	SWE	3:44.8
2	Sten Jonsson	SWE	3:45.9
3	Olavi Salonen	FIN	3:46.0
4	Arne Hamarsland	NOR	3:47.0
5	Sven-Olof Larsson	SWE	3:47.1
6	Thor Helland	NOR	3:49.1
7	Simo Saloranta	FIN	3:50.7
8	Kåre Holm	NOR	3:52.7
9	Sven Gulbrandsen, DEN 3:54.9, 10 Peder Lykkeberg, DEN 4:01.3		

5000 m

31.7

1	Reijo Höykinpuro	FIN	14:12.4
2	Simo Saloranta	FIN	14:15.8
3	Niels Nielsen	DEN	14:16.0
4	Pål Benum	NOR	14:18.6
5	Ola Tellesbø	NOR	14:21.4
6	Magnar Lundemo	NOR	14:24.4
7	Bengt Persson	SWE	14:26.8
8	Ulf Lundstedt	SWE	14:35.2
9	Ingvar Jönsson, SWE 14:36.4		

10000 m

2.8

1	Reijo Höykinpuro	FIN	30:03.2
2	Niels Nielsen	DEN	30:03.8
3	Ola Tellesbø	NOR	30:03.8
4	Magnar Lundemo	NOR	30:13.0
5	Rickard Berglind	SWE	30:13.8
6	Eino Orava	FIN	30:19.2
7	Boris Jönsson	SWE	30:22.0
8	Ove Karlsson	SWE	30:25.0
9	Thyge Thøgersen, DEN 30:27.4		

110 m hurdles

1.8

1	Bo Forssander	SWE	14.4
2	Raimo Koivo	FIN	14.8
3	Jan Gulbrandsen	NOR	14.9
4	Lars Bergland	SWE	14.9
5	Nils-Gunnar Lindqvist	SWE	15.0
6	Bjørn Holen	NOR	15.6

400m hurdles

2.8

1	Jussi Rintamäki	FIN	51.1
2	Hannu Ehoniemi	FIN	52.0
3	Jan Gulbrandsen	NOR	52.1
4	Ove Andersson	SWE	52.9
5	Leif Librandt	SWE	52.9
6	Invar Marks	SWE	53.5

Qualifying heat 1 (1.8): 1 Ove Andersson, SWE 54.0, 2 Jussi Rintamäki, FIN 54.2, 3

Ingvar Marks, SWE 54.2, 4 Björn Berglund, NOR 54.4, 5 Pertti Aaraviita, FIN 55.2
Qualifying heat 2 (1.8): 1 Hannu Ehoniemi, FIN 53.4, 2 Jan Gulbrandsen, NOR 53.6,
 3 Leif Librandt, SWE 54.6, 4 John Skjelvaag, NOR 54.9

3000m steeplechase 1.8

1	Lage Tedenby	SWE	8:51.0
2	Gunnar Tjörnebo	SWE	8:52.0
3	Esko Sirén	FIN	8:52.4
4	Teuvo Virtanen	FIN	8:56.0
5	Kristleifur Guðbjörnsson	ISL	8:56.4
6	Lars-Erik Gustafsson	SWE	8:57.0
7	Ole Ellefsæter	NOR	9:04.6
8	Ragnvald Dahl	NOR	9:05.2

9 Reidar Næss, NOR 9:26.8
High jump 1.8

1	Stig Pettersson	SWE	2.11
2	Richard Dahl	SWE	2.01
3	Jón Ólafsson	ISL	2.01
4	Gunnar Husby	NOR	1.98
5	Henrik Hellen	FIN	1.98
6	Jukka Markkula	FIN	1.98
7	Arve Vang	NOR	1.90
8	Kjell-Åke Nilsson	SWE	1.90

Pole vault 31.7

1	Eeles Landström	FIN	4.50
2	Risto Ankio	FIN	4.50
=3	Kjell Hovik	NOR	4.45
=3	Per-Olof Jonasson	FIN	4.45
5	Valbjörn Þorláksson	ISL	4.30
6	Andreas Larsen-Nyhus	NOR	4.30
7	Svante Rinaldo	SWE	4.30
8	Richard Larsen	DEN	4.25

9 Reidulv Førde, NOR 4.10
Long jump 31.7

1	Jorma Valkama	FIN	7.45
2	Aarre Asiala	FIN	7.31
3	Juhani Manninen	FIN	7.30
4	Eddie Wingren	SWE	6.93
5	Hans Jørgen Flaathen	NOR	6.92
6	Johan Kirkeng	NOR	6.83

Triple jump 2.8

1	Kari Ranhkamo	FIN	15.47
2	Vilhjálmur Einarsson	ISL	15.34
3	Odd Bergh	NOR	15.27
4	Matti Järvi	FIN	15.14
5	Yrjö Tamminen	FIN	15.00
6	Sten Erickson	SWE	14.71
7	Martin Jensen	NOR	14.65
8	Lars Karlbom	SWE	14.41

9 Robert Lindholm, DEN 14.10
Shot put 2.8

1	Erik Uddebom	SWE	16.96
2	Jarmo Kunnas	FIN	16.90
3	Alpo Nisula	FIN	16.49
4	Raimo Leino	FIN	16.31
5	Torsten von Wachenfeldt	SWE	15.90
6	Stein Haugen	NOR	15.20
7	Olaf Evjenth	NOR	15.13
	Bjørn Bang Andersen	NOR	NM

Discus throw 31.7

1	Stein Haugen	NOR	54.09
2	Paavo Lammi	FIN	53.06
3	Erik Uddebom	SWE	52.87

4	Carol Lindroos	FIN	52.17
5	Östen Edlund	SWE	51.16
6	Lars Haglund	SWE	50.93
7	Reidar Hagen	NOR	49.15
8	Jørgen Munk Plum	DEN	48.90

9 Pentti Repo, FIN 47.39, 10 Tormod Lislerud, NOR 45.91
Hammer throw 1.8

1	Birger Asplund	SWE	62.98
2	Kalevi Horppu	FIN	62.23
3	Magne Føleide	NOR	59.61
4	Olle Johansson	SWE	57.95
5	Oddvar Krogh	NOR	57.88
6	Orla Bang	DEN	53.89

Javelin throw 2.8

1	Willy Rasmussen	NOR	79.16
2	Väinö Kuisma	FIN	78.38
3	Pauli Nevala	FIN	77.57
4	Matti Jokiniitty	FIN	74.70
5	Jan Smiding	NOR	73.74
6	Claus Gad	DEN	72.85
7	Knut Fredriksson	SWE	71.80
8	Egil Danielsen	NOR	69.47

9 Terje Pedersen, NOR 67.76
4x100m 31.7

1	SWE	41.2	(Lars Lundström, Sven-Åke Lövgren, Sven Hörtevall, Owe Jonsson)
2	FIN	41.5	
3	DEN	41.8	(Erik Madsen, Jørgen Grundtvig, Peter Rasmussen, Jørn Palsten)

NOR DQ (Ivar Saunes, Carl Fredrik Bunæs, Birger Marsteen, Oddvar Løvås) *

* Running order may be different
4x400m 31.7

1	SWE	3:10.6	(Carl-Gustaf Johansson, Lennart Jonsson, Hans O. Johansson, Alf Pettersson)
2	NOR	3:13.8	(Dag Wold, Jan Gulbrandsen, Torbjørn Briseid, Jan Henrik Bentzon)
3	FIN	3:13.8	(Pertti Rekola, Hannu Ehoniemi, Pertti Ålander, Tarmo Rauhala)
4	DEN	3:20.7	(Kurt Jacobsen, Bent Jensen, Preben Kristensen, Kurt Christiansen)

Women

100 m Final 31.7

1	Ulla-Britt Wieslander	SWE	12.4
2	Solgun Bovall	SWE	12.5
3	Lone Hadrup	DEN	12.5
4	Vivi Markussen	DEN	12.5
5	Reidun Buer	NOR	12.6
6	Gerd von der Lippe	NOR	12.7

Qualifying heat 1 (1.8): 1 Solgun Bovall, SWE 12.3, 2 Vivi Markussen, DEN 12.4, 3 Reidun Buer, NOR 12.5, 4 Naija Koivusaari, FIN 12.7, 5 Berit Tøien, NOR 12.9

Qualifying heat 2 (1.8): 1 Ulla-Britt Wieslander, SWE 12.1, 2 Lone Hadrup, DEN 12.3, 3 Gerd von der Lippe, NOR 12.4, 4 Brita Johansson, FIN 12.4

200 m 2.8

1	Ulla-Britt Wieslander	SWE	25.1
2	Solgun Bovall	SWE	25.1
3	Lone Hadrup	DEN	25.7
4	Gerd von der Lippe	NOR	25.7
5	Reidun Buer	NOR	25.8
6	Vivi Markussen	DEN	25.8

Qualifying heat 1 (1.8): 1 Ulla-Britt Wieslander, SWE 25.6, 2 Lone Hadrup, DEN 25.9, 3 Reidun Buer, NOR 26.0

Qualifying heat 2 (1.8): 1 Solgun Bovall, SWE 25.3, 2 Gerd von der Lippe, NOR 25.8, 3 Vivi Markussen, DEN 25.9, 4 Elisabeth Östberg, SWE 26.5

400 m Final 1.8

1	Elisabeth Östberg	SWE	56.6
2	Ann-Marie Tegelius	SWE	57.8

3	Aulikka Jaakkola	FIN	58.8
4	Anne Lise Sandberg	NOR	59.2
5	Ellen Jørgensen	DEN	59.8
6	Liv Gladheim	NOR	62.8

800 m Final 2.8

1	Ellen Jørgensen	DEN	2:17.3
2	Ylva Lindberg	SWE	2:18.2
3	Saara Vilén	FIN	2:18.5

80 m hurdles 2.8

1	Nina Hansen	DEN	11.5
2	Sirkka Norrlund	FIN	11.5
3	Gunilla Cederström	SWE	11.7
4	Kari Lillevold	NOR	12.0
5	Solveig Olsen	NOR	12.1
6	Ulla-Britt Wieslander	SWE	12.2

Qualifying heat 1 (1.8): 1 Ulla-Britt Wieslander, SWE 11.5, 2 Nina Hansen, DEN 11.5, 3 Kari Lillevold, DEN 12.2, 4 Reidun Aasnæs, NOR 12.6

Qualifying heat 2 (1.8): 1 Sirkka Norrlund, FIN 12.0, 2 Solveig Olsen, NOR 12.0, 3 Gunilla Cederström, SWE 12.6

High jump 2.8

1	Mette Oxvang	DEN	1.64
2	Leena Karna	FIN	1.61
3	Riittamajja Soppi	FIN	1.61
4	Berit Larsson	SWE	1.61
5	Maj-Lena Lundström	SWE	1.58
6	Birgitta Skerdén	SWE	1.58
7	Kari Lillevold	NOR	1.50
8	Tove Dønnum	NOR	1.50

Long jump 31.7

1	Nina Hansen	DEN	5.82
2	Oddrun Lange	NOR	5.70
3	Brita Johansson	FIN	5.65
=4	Inga Johansson	FIN	5.65
=4	Inga Broberg	SWE	5.65
6	Berit Tøien	NOR	5.53
7	Britt Johansson	SWE	5.35
8	Sirkka Norrlund	FIN	4.80

Shot put 2.8

1	Karen Inge Halkier	DEN	14.00
2	Maj-Britt Stolpe	SWE	13.06
3	Vieno Väliahde	FIN	12.91
4	Edel Leverås	NOR	12.75
5	Inkeri Talvitie	FIN	12.41

Discus throw 31.7

1	Inkeri Talvitie	FIN	45.40
2	Karen Inge Halkier	DEN	42.76
3	Edel Leverås	NOR	42.20
4	Barbro Schønberg	DEN	41.48
5	Kamma Rægaard	DEN	41.20
6	Stefi Koht	NOR	38.76

Javelin throw 1.8

1	Ingrid Almqvist	SWE	50.85
2	Railia Talvensaari	DEN	47.13
3	Sirpa Toivola	FIN	47.04
4	Britt Johansson	SWE	44.55
5	Oddrun Lange	NOR	38.48

4x100m 1.8

1	SWE	48.2	(Inga Broberg, Elisabeth Östberg, Solgun Bovall, Ulla-Britt Wieslander) *
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2	DEN	48.5	(Annelise Damm Olesen, Nina Hansen, Vivi Markussen, Lone Hadrup) *
3	FIN	48.7	(Sirkka Norrlund, Brita Johansson, Tuovi Vahtera, Maija Koivusaari) *
4	NOR	49.5	(Gerd von der Lippe, Berit Tøien, Solveig Olsen, Reidun Buer) *

* Running order may be different.

Nordic Championships Combined Events

Bislett Stadion, Oslo, NOR 31 Jul-2 Aug

Men

Decathlon

		1.-2.8	
1	Seppo Suutari	FIN	7.178
2	Markus Kahma	FIN	6.843
3	Björgvin Holm	ISL	6.229
4	Svein Hove	NOR	6.100
5	Kurt Eriksson	SWE	6.078
6	Hans B. Skaset	NOR	5.941
7	Ola M. Lerbald	NOR	5.374

R1 Finn Sønnerlund, DEN DNF, R2 Bo Axelsson, SWE DNF, R3 Valbjörn Þorláksson, ISL DNF, R4 Ossi Ojala, FIN DNF

1	11.0	6.69	15.13	1.85	50.3	15.8	41.35	3.80	61.76	4:51.7
	908	692	891	832	821	632	664	645	772	321
2	11.5	6.51	14.90	1.70	51.2	16.0	48.48	3.70	61.31	4:40.5
	737	643	866	656	758	593	824	596	761	409
3	11.7	6.41	13.80	1.70	52.7	15.6	40.74	3.50	57.57	4:47.4
	678	616	750	656	660	673	647	516	679	354
4	11.6	6.11	11.94	1.75	52.2	16.6	37.67	3.30	69.04	4:38.8
	707	540	576	711	690	489	564	438	960	425
5	11.5	6.81	10.07	1.85	49.9	15.4	30.74	3.00	50.41	4:27.5
6	11.6	6.58	12.15	1.65	51.6	16.6	41.48	3.40	48.81	4:28.1
7	12.1	6.53	10.99	1.70	53.0	18.2	32.92	3.40	49.05	4:16.9
R3	11.2	6.55	12.08	1.80	51.1	16.4	35.69	4.40	DNS	
R4	11.8	6.34	11.91	1.70	DNS					

Women

Pentathlon

		31.7-1.8				
1	Nina Hansen	DEN	4.367			
2	Gunnilla Cederström	SWE	4.353			
3	Tuovi Vahtera	FIN	4.127			
4	Gunda Norrman	SWE	4.056			
5	Kari Lillevold	NOR	3.907			
6	Oddrun Lange	NOR	3.826			
7	Solveig Olsen	NOR	3.776			
1	11.15	1.55	26.4	11.5	5.64	200: heat 1
2	10.71	1.55	25.8	11.6	5.57	200: heat 2
3	12.41	1.40	25.9	12.3	5.32	200: heat 2
4	9.09	1.55	26.1	12.0	5.19	200: heat 1
5	9.84	1.50	27.2	12.6	4.92	200: heat 2
6	9.44	1.45	26.8	13.1	5.40	200: heat 1
7	8.25	1.50	27.2	12.1	4.95	100: heat 1

Nordic Junior Match (FIN-NOR-SWE only)

Stadion, Gjøvik, NOR 26-27 Aug

Men

100 m

1	Svein Johnsen	NOR	10.9
2	Bengt-Göran Fernström	SWE	10.9
3	Nils Smedlund	FIN	11.0
4	Oddvar Løvås	NOR	11.1
5	Åke Nilsson	SWE	11.2
6	Seppo Luomi	FIN	11.3

200 m

1	Bengt-Göran Fernström	SWE	22.0
2	Bo Althoff	SWE	22.1
3	Oddvar Løvås	NOR	22.4
4	Nils Smedlund	FIN	22.5
5	Arne Norborg	NOR	22.6
6	Åke Åkerfeldt	FIN	22.7

400 m

1	Rickard Holmberg	SWE	48.7
2	Arne Norborg	NOR	48.7
3	John Skjelvaag	NOR	48.8
4	Bo Althoff	SWE	49.0
5	Matti Honkanen	FIN	49.7
6	Martti Helenius	FIN	50.2

800 m

1	Lennart Johansson	SWE	1:53.5
2	Heikki Kainlauri	FIN	1:53.7
3	Erkki Oikarinen	FIN	1:54.0
4	Arild Glemme	NOR	1:55.0
5	Per Arne Tokstad	NOR	1:55.2
6	Kjell Nyström	SWE	1:57.3

1500 m

1	Lennart Johansson	SWE	3:56.8
2	Tor Andersson	SWE	3:57.6
3	Pentti Impola	FIN	3:58.4
4	Arild Glemme	NOR	4:01.0
5	Harald Ødegaard	NOR	4:02.8
6	Jarmo Ruohonen	FIN	4:16.8

3000 m

1	Alf Björkman	SWE	8:33.6
2	Sören Grahn	SWE	8:39.4
3	Toivo Riihijärvi	FIN	8:42.3
4	Harald Ødegaard	NOR	8:46.4
5	Kalevi Ihaksi	FIN	8:54.0
6	Ingvar Eriksen	NOR	9:07.4

110 m hurdles

1	Karl Salonen	FIN	15.3
2	Kurt Eriksson	SWE	15.4
3	Carl-Johan Ericsson	SWE	15.5
4	Ragnar Moland	NOR	15.7
5	Jukka Pirttijoki	FIN	15.9
6	Harald Hæreid	NOR	17.0

400m hurdles

1	Leif Librand	SWE	53.1
2	Thomas Cederholm	SWE	54.0
3	John Skjelvaag	NOR	54.2
4	Jaakko Tuominen	FIN	54.4
5	Svein Rognaldsen	NOR	55.6
6	Harry Julin	FIN	56.6

1500m steeplechase

1	Alf Björkman	SWE	4:13.0
2	Erik Wiger	SWE	4:17.6
3	Matti Saarelma	FIN	4:18.8
4	Johnny Høgseth	NOR	4:20.8
5	Gunnar Dahle	NOR	4:21.4
6	Marri Vuorenmaa	FIN	4:30.6

High jump

1	Aulis Kairento	FIN	1.99
2	Kjell-Åke Nilsson	SWE	1.96
3	Anders Kamsvåg	NOR	1.96
3	Terje Haugland	NOR	1.96
5	Greger Lindström	SWE	1.93
6	Risto Sylvelin	FIN	1.85

Pole vault

1	Timo Koskela	FIN	4.20
2	Aulis Kairento	FIN	4.00
3	Kjell Dalby	NOR	3.80
4	Mats Lundkvist	SWE	3.80
5	Göte Bengtsson	SWE	3.80
	Reidulv Førde	NOR	NM

Long jump

1	Harald Pettersen	NOR	7.21
2	Rainer Stenius	FIN	7.19
3	Kjell Erik Andersen	NOR	7.00
4	Kurt Eriksson	SWE	6.94
5	Rino Danielsson	SWE	6.86
6	Raimo Asiala	FIN	6.86

Triple jump

1	Martin Jensen	NOR	14.88
2	Raimo Asiala	FIN	14.70
3	Bo Tångö	SWE	14.50
4	Terje Oftedal	NOR	14.39
5	Bo Blomqvist	SWE	14.36
6	Risto Myyrä	FIN	14.32

Shot put

1	Pekka Ahnger	FIN	15.13
2	Raimo Vedenoja	FIN	14.86
3	Harald Lorentzen	NOR	14.83
4	Stig-Lennart Eriksson	SWE	14.76
5	Thord Carlsson	SWE	14.57
6	Odd Leonhardsen	NOR	13.53

Discus throw

1	Kurt Jan Wathne	NOR	46.35
2	Rolf Larsson	SWE	44.81
3	Olavi Lahti	FIN	44.03
4	Antti Suomi	FIN	42.31
5	Ingemar Uddeström	SWE	41.56
6	Kai Hole	NOR	39.69

Hammer throw

1	Klaus Kiviniemi	FIN	50.84
2	Arto Mäkitalo	FIN	49.64
3	Oddvar Hansen	NOR	43.12
4	Lars Stenman	SWE	43.02
5	Erik Andersson	SWE	37.04
6	Erik Corneliussen	NOR	28.96

Javelin throw

1	Jorma Kinnunen	FIN	72.03
2	Erik Corneliussen	NOR	71.11
3	Heikki Könönen	FIN	69.31
4	Terje Pedersen	NOR	66.95
5	Carl-Wilhelm Ros	SWE	66.43
6	Lennart Hedmark	SWE	64.14

4x100m

1	NOR	41.9	(Per Wang-Norderud, Svein Johnsen, Helge Svaar, Lars Woldseth)
2	SWE	42.1	(Åke Nilsson, Bo Althoff, Ulf Christiansson, Bengt-Göran Fernström)
3	FIN	42.4	

1000m relay

1	SWE	1:56.0	(Åke Nilsson, Bo Althoff, Bengt-Göran Fernström, Rickard Holmberg)
2	NOR	1:57.3	

3 FIN 1:59.5 (Seppo Luomi, Nils Smedlund, Martti V. Helenius, Matti Honkanen)

Points Men	Nation	Total
	SWE	149
	FIN	130
	NOR	124

Nordic Race Walking Championships Long distances

København, DEN 26-27 aug

Men

	Senior	26-27 Aug	50km
1	Åke Söderlund	SWE	4:26:49.2
2	Evert Leonardsson	SWE	4:31:09.6
3	Ingvar Green	SWE	4:34:36.2
4	Ingvar Pettersson	SWE	4:40:29.8
5	Johan Fredrik Svendsen	NOR	4:44:28.2
6	Bengt Christoffersen	DEN	4:51:59.8
7	Harry Kristensen	DEN	4:54:37.4
8	Erik Reib	DEN	5:04:43.8

9 John Blidberg, SWE 5:05:45.8, 10 Kjeld Andersen, DEN 5:07:27.4, 11 Harry Hansen, NOR 5:10:33.8, 12 Bernt Moberg, SWE 5:13:32.8, 13 Kaare Hammer, NOR 5:13:43.0, Stig Fredriksson, SWE DNF, Alf Waaler, NOR DNF, Mikko Saira, FIN DNF, Preben Hansen, DEN DNF, Paavi Saira, FIN DNF

Nordic Race Walking Championships

København, DEN 26-27 aug

Men

	Senior	26-27 Aug	20km
1	Lennart Back	SWE	1:32:32.8
2	John Ljunggren	SWE	1:34:07.0
3	Erik Söderlund	SWE	1:34:43.6
4	Tommy Kristensen	DEN	1:36:08.4
5	Christian Rosschou	DEN	1:40:03.8
6	Karl-Erik Svensson	SWE	1:41:20.2
7	Geor Davidsson	SWE	1:42:07.8
8	Runar Bertilsson	SWE	1:42:12.0

9 Rune Mossberg, SWE 1:43:18.0, 10 Bengt Gustafsson, SWE 1:43:47.4, 11 Arne Johannessen, NOR 1:44:06.8, 12 Arne Svensson, SWE 1:44:42.0, 13 Lennart Simu, SWE 1:47:17.8, 14 Benny Jønsson, DEN 1:48:01.8, 15 Ragnar Olsen, NOR 1:48:30.2, 16 Harald Persson, NOR 1:52:16.6, 17 Åke Molin, SWE 1:54:13.0, Paavo Saira, FIN DNF, Pentti Kallionpää, FIN DNF, Roy Syversson, SWE DNF, Leo Rosschou, DEN DNF, Folke Zackrisson, SWE DNF, Holger Freij, SWE DNF, Jan Nilsson, SWE DNF

	U20	26-27 Aug	10km
1	Roine Carlsson	SWE	47:36.6
2	Bjarne Sørensen	DEN	47:55.6
3	Risto Närvä	FIN	48:11.0
4	Ingemar Klasson	SWE	48:44.0
5	Jan-Ibert Håkansson	SWE	48:51.0
6	Hans allnor	SWE	49:21.6
7	Thomas Nilsson	SWE	50:27.0
8	Pentti Tarkkanen	FIN	50:31.0

9 Arne Svensson, SWE 50:56.6, 10 Göran Johansson, SWE 51:23.0, 11 Erik Quistgaard, DEN 52:34.4, 12 Ørnulf Langebeck, DEN 52:57.0, 13 Poul Olsen, DEN 53:54.8, 14 Tonni Aagaard, DEN 54:45.4, 15 Donald Berg, SWE 55:11.6, Mats Axelsson, SWE DQ, Johnny Nilsson, SWE DNF

Women

	Senior	26-27 Aug	5000m
1	Mary Nilsson	SWE	25:31.2
2	Siv Harthelius	SWE	27:11.0
3	Gerda Ankersen	DEN	27:30.2
4	Kerstin Palm	SWE	27:39.0
5	Britta Tibbling	SWE	27:41.0
6	Irma Hansson	SWE	28:38.6
7	Jytte Rasmussen	DEN	28:46.4
8	Elsa Grahn	SWE	29:05.6

9 Karin Larsson, SWE 29:13.8, 10 Maj-Britt Andersson, SWE 29:25.8, 11 Nora

Wedemo, SWE 29:34.0, 12 Margareta Olsson, SWE 29:38.0, 13 Ulla Simu, SWE 30:14.0, 14 Jonna Madsen, DEN 30:24.0, 15 Karin Nilsson, SWE 30:40.4, 16 Ulla Kristensen, DEN 32:18.0, 17 Gull-Maj Svensson, SWE 32:31.8, 18 Joan Christiansen, DEN 32:50.0

